

PM SHRI KENDRIYA VIDYALAYA MISA CANTT
MULTI-DISCIPLINARY PROJECT(MDP) 2026-27
Term - II

Name of the student:

Class & Section :

Roll No. :

Theme :

Project title:

Guide teachers:

SUBJECT

TEACHERS

ENGLISH

HINDI

MATHS

EVS

Date:

Signature:

Certificate

This is to certify that
student of Class Section has successfully completed
her/his project on the theme and title
..... under the guidance of
..... PM SHRI Kendriya Vidyalaya Misa Cantt.
For the session 2026-27.

Date -

Teacher sign:

ACKNOWLEDGEMENT

I would like to express my heartfelt gratitude to my subject teachers for their guidance and support, my honorable Principal for providing me all the facilities in our school.

I would also like to thank my parents and friends for helping me to complete this project.

Name of the student :

Date :

MULTI DISCIPLINARY PROJECT

THEME –

OUR BODY AND HEALTH

MAX. MARKS ALLOTTED -20

GUIDELINES FOR THE PROJECT :-

I

1. • Do this work neatly on A4 size colour/white(plain) sheet.
2. • Bind the work in a file.
3. • Your work should be original and authentic.
4. • Paste photos wherever required.
5. • You can express yourself with pictures, sketch or drawings.
6. • You can use artistic pictures, sketch or drawings to make your project more creative and innovative.
7. You must think out of the box for making your project interesting and USEFUL.

MARKING SCHEME

SUBJECTS	TASK	Creativity (4)	Presentation (4)	Content (4)	Authenticity (4)	Time bound (4)
Task 1 ENGLISH	Item No1 TERM 1					
	Item No 2 TERM 2					
TASK 2 HINDI	Item NO 2 TERM 1					
	Item NO2 TERM 2					
TASK 3 MATHS	Item No 1 TERM 2					
	Item NO 2 TERM 2					
TASK 4 EVS	Item NO 1 TERM 1					
	Item NO 2 TERM 2					

SUBJECT :- MATHS

A1	Step Count Tracker Daily steps: Mon–1500, Tue–2000, Wed–1750, Thu–2500, Fri–3000. Find total for the week. Target is 10,000 steps. By how many steps did you exceed? Average steps per day?
A2	Time Pie Chart Draw a circle divided into sections for: Sleep–10 hrs, School–7 hrs, Play–2 hrs, Eating–1 hr, Homework–2 hrs, Other–2 hrs. Label each section as a fraction of 24 hours.
A3	Growth Chart Record your height and weight at the start of the project. Ask a parent for your height and weight from 1 year ago. Find: how much you have grown in height (cm) and weight (kg).



SUBJECT – ENGLISH

A1	Exercise & Health Write a paragraph (8 sentences) about how exercise keeps us healthy. Name 3 types of exercise (running, yoga, swimming). Describe the benefits of each for body and mind.
A2	Respiratory System Draw the respiratory system: nose, windpipe, lungs, and diaphragm. Label all parts. Write 3 sentences explaining what happens when you take one breath in and out.
A3	How Diseases Spread Research how diseases spread. Write about 3 ways: through air, water, and touch. For each: name a disease, how it spreads, and 2 specific prevention steps.

SUBJECT – EVS

A1	The Immune System What is the immune system? How does it protect us from germs? Write 5 sentences. Name 2 things that strengthen it (sleep, good food) and 2 things that weaken it (stress, junk food).
A2	Circulatory System Draw the heart, arteries (red), and veins (blue). Label: heart, arteries, veins, blood flow direction. Write 3 facts: how many times the heart beats per minute, what blood carries.

SUBJECT – HINDI

A1	स्वस्थ दिनचर्या एक स्वस्थ और अनुशासित व्यक्ति की पूरी दिनचर्या हिंदी में लिखें (8–10 वाक्य)। सुबह उठने से रात सोने तक — व्यायाम, पौष्टिक खाना, पानी पीना, स्वच्छता, पढ़ाई और नींद — सब आदतें शामिल करें।
A2	स्वस्थ बनाम अस्वस्थ एक स्वस्थ बच्चे और एक अस्वस्थ बच्चे का तुलनात्मक चित्र बनाएं। 5 अंतर लिखें।
A3	स्वास्थ्य पत्रिका एक हफ्ते की 'स्वास्थ्य पत्रिका' बनाएं — हर दिन: क्या खाया, कितना पानी पिया, कितना व्यायाम किया, कितना सोए। लिखें।
A4	डॉक्टर से बातचीत एक बच्चे और डॉक्टर के बीच स्वास्थ्य जाँच के समय का संवाद लिखें। बच्चा अपनी सेहत से जुड़े 4 प्रश्न पूछे और डॉक्टर 4 उत्तर दे। कुल 8 पंक्तियाँ। बातचीत को असली और मददगार बनाएं।

