

THE WORLD AROUND US

Dear Students,

Enjoy your holidays with fun and learning! Complete the following EVS activities to explore your surroundings, enhance creativity, and develop environmental awareness.

1. Let's Explore – Nature Walk Diary (CBQ)

- ☐ Go on a nature walk with your family.
- ☐ Observe 5 plants and 3 animals/insects.
- ☐ Draw or paste pictures, name them, and write where you saw them.
- ☐ Add one interesting fact about each.

2. Our Helpers – Role Play Research (CBQ + CRQ)

- ☐ Choose a community helper (postman, doctor, farmer, etc.).
- ☐ Interview them or gather information.
- ☐ Make a simple mask or item (cap, stethoscope, etc.).
- ☐ Write 5 lines about how they help us.

3. Waste Warriors – Best out of Waste (CBQ + CRQ)

- ☐ Use waste materials (plastic bottles, newspapers, boxes) to make something useful (e.g., pen stand, bird feeder).
- ☐ Write 3 ways to reduce waste at home.

4. My Family Tree (CBQ + CRQ)

- ☐ Draw your family tree up to your grandparents.
- ☐ Paste/draw pictures and label relations.
- ☐ Write 3 values you learn from your family.

5. Food Detectives – My Healthy Plate (CBQ + CRQ)

- ☐ Make a chart called 'My Healthy Plate' divided into 5 food groups: Fruits, Vegetables, Grains, Dairy, Proteins.
- ☐ Draw or paste food items in each section.
- ☐ Write 2-3 lines about your favorite healthy dish and how it helps your body.

6. Say NO to Single-Use Plastic! – Awareness Activity (CBQ + CRQ)

- ☐ Design a poster on the theme: 'Say NO to Single-Use Plastic'.
- ☐ Include harmful plastic items and their eco-friendly alternatives.

- ☐ Write your own slogan (e.g., 'Refuse the Plastic, Choose Fantastic!').
- ☐ Write a 2-3 sentence 'Plastic-Free Pledge'.