

केन्द्रीय विद्यालय भारतीय राजदूतावास काठमाण्डू



Vidyalaya Patrika

2019-20

विद्यालय पत्रिका

2019 - 20

# Incandescence

**Kendriya Vidyalaya Embassy of India, Kathmandu**

[www.kvkthmandu.org](http://www.kvkthmandu.org) e-mail [princialkvkathmandu@gmail.com](mailto:princialkvkathmandu@gmail.com)

Phone No. 04414202, 4411259

विद्यालय पत्रिका  
2019 - 20  
**Vidyalaya  
Patrika**



**2019-20**

**Kendriya Vidyalaya**  
**EOI Kathmandu, Nepal**

Conceptualized and Prepared by: Mr. Kamal Jit, PRT KV Kathmandu

## Kendriya Vidyalaya EOI Kathmandu

### PATRON

**H.E. Manjeev Singh Puri,**  
Ambassador, Embassy of India

### CHAIRMAN, VMC

**Dr. Ajay Kumar, DCM EOI**

### NOMINEE CHAIRMAN, VMC

**Sh. Abhishek Dubey, First Secretary (PIC), EOI**

## Editorial Board

***Mr. R.K.G Pandey PGT Hindi***

***Mr. Pinaki Bandyopadhyaya PGT English***

***Mrs. D. Lakshmi Rao TGT English***

***Mr. Sadagopan TGT Sanskrit***

***Mr. Kamal Jit, PRT***

***Mr. A Venkata Ramana, SSA***

#### Students Member

BHUWAN RATHI	XII-A
PRASHASTI ARYAL	XII-B
ADITYA KUSHWAHA	XI-A
ANSHITA NAHATA	XI-B



राजदूत  
AMBASSADOR



भारतीय राजदूतावास  
काठमाण्डू (नेपाल)  
Embassy of India  
Kathmandu (Nepal)  
☎ : +977-1-4411425  
☎ : +977-1-4420130  
✉ amb.kathmandu@mea.gov.in



**Message**

It gives me immense pleasure to extend my warm greetings to Kendriya Vidyalaya, Embassy of India, Kathmandu on its Annual Day and on publication of its 'Vidyalaya Patrika'.

Kendriya Vidyalaya, Kathmandu continues to soar high with excellent academic achievements. The quality of education that it imparts and the values that it inculcates in the students immensely contributes to producing outstanding students. It indeed gives me a great sense of satisfaction that Kendriya Vidyalaya is not resting on its laurels but continues to move forward and stays focused on being an enviable centre of learning.

It is heartening to note that Kendriya Vidyalaya is publishing Vidyalaya Patrika providing students with an opportunity to display their creativity. Accolades to the Principal, staff and students of Kendriya Vidyalaya for publishing this wonderful Patrika.

I wish Kendriya Vidyalaya, Kathmandu success in all its future endeavours.

( M.S. Puri )

Ambassador of India to Nepal and  
Patron, KV EOI Kathmandu

**The Principal**  
Kendriya Vidyalaya,  
Embassy of India,  
Kathmandu, Nepal

संतोष कुमार मल्ल, मा.प्र.वे.  
आयुक्त

Santosh Kumar Mall, I.A.S.  
Commissioner



सत्यमेव जयते  
केन्द्रीय विद्यालय संगठन

केन्द्रीय विद्यालय संगठन

KENDRIYA VIDYALAYA SANGATHAN

18, संसदभवन क्षेत्र, शाहीद जय सिंह मार्ग, नई दिल्ली-110016

दूरभाष : 91-11-26512579, फैक्स : 91-11-26852680

18, Institutional Area, Shaheed Jee Singh Marg, New Delhi-110016 (India)

Tel : 91-11-26512579, Fax : 91-11-26852680

E-mail : kvs.commissioner@gmail.com, Website : www.kvsangathan.nic.in

केयिस/का.सं./आयुक्त

संदेश

यह जानकर अपार हर्ष हुआ है कि केन्द्रीय विद्यालय, काठमाण्डू अपनी वार्षिक पत्रिका का प्रकाशन करने जा रहा है। विद्यालय पत्रिका हमेशा से ज्योदित रचनाकारों के लिए एक सशक्त मंच बनी है, साथ ही विद्यालय में साल भर चली गतिविधियों एवं उपलब्धियों को उजागर करने का भी माध्यम है। मैं अपेक्षा करता हूँ कि यह पत्रिका अधिक से अधिक बच्चों के अंदर छिपे रचनात्मक कौशल का विस्तार करेगी। किसी भी पत्रिका में पहली बार नाम छपना एक सुखद अनुभूति होती है, मैं उन सभी विद्यार्थियों को बधाई देता हूँ, जिनकी रचनाएं इस पत्रिका में प्रकाशित होने जा रही हैं।

आशा है कि पत्रिका को आकर्षक एवं रचनात्मक बनाने के लिए प्रकाशन से जुड़े विभिन्न पदतुओं जैसे - शोध, सामग्री चयन व डिज़ाइन आदि पर विशेष ध्यान दिया जाएगा, जिससे पाठकों के हाथ में एक रचनात्मक एवं श्रुतिहीन पत्रिका पहुंचे। इसे ई-पत्रिका के रूप में वर्षवार विद्यालय की वेबसाइट पर भी उपलब्ध कराया जाए, ताकि पत्रिका का ई-संकलन वहाँ बांट भी सके लिए उपलब्ध हो।

पत्रिका के प्रकाशन से जुड़े सभी विद्यार्थियों, शिक्षकों एवं प्राचार्य को हार्दिक शुभकामनाएं।

संतोष 18/9

(संतोष कुमार मल्ल)

आयुक्त

प्राचार्य  
केन्द्रीय विद्यालय  
काठमाण्डू (नेपाल)



**Dr. Ajay Kumar**  
Deputy Chief of Mission  
Tel: +977-1-4411408  
Fax: +977-1-4428245  
Email: [dcm.kathmandu@mea.gov.in](mailto:dcm.kathmandu@mea.gov.in)



भारतीय राजदूतावास  
काठमाण्डू (नेपाल)  
Embassy of India  
Kathmandu (Nepal)



**MESSAGE**

I extend my heartiest greetings to the Principal, Teachers, staff and students of the Kendriya Vidyalaya, Kathmandu on the occasion of its Annual Day.

Students of today will shape the destiny of their country in the times ahead. It is incumbent upon educators and teachers to mould the students not only educationally but also imbibe in them a strong character and a sense of responsibility so that good students of today are responsible citizens of tomorrow. Fortunately, in Kendriya Vidyalaya, Kathmandu we have a centre of learning that lays emphasis on overall development of students; as learners and as good human beings.

The Vidyalaya Patrika being published by the Kendriya Vidyalaya, Kathmandu is a good platform providing students an avenue to display their creativity. Be it their thoughts, penchant for art, poem, or an article on any issue that stirs them, students need to be commended for this creativity. I have no doubt that the Patrika will receive praise from everyone. Indeed, the Editorial Board of the Patrika and student-contributors are worthy of generous praise.

I once again extend my warm felicitations to the Principal, teachers, staff and the students of Kendriya Vidyalaya, Kathmandu on their Annual Day and publication of Vidyalaya Patrika and wish them success in all their future endeavours.

[Dr. Ajay Kumar]  
Chairman, Vidyalaya Management Committee,  
Kendriya Vidyalaya, Kathmandu



भारतीय राजदूतावास  
काठमाण्डू (नेपाल)  
Embassy of India  
Kathmandu (Nepal)

**MESSAGE**

I extend my warm wishes and congratulations to Smt. Shalini Dikshit, K.V. Principal, teachers and students on publication of '*Vidyalaya Patrika*', an annual magazine.

'*Vidyalaya Patrika*' provides a good platform for our young writers to be creative and express themselves. I am confident that the new edition of the magazine will benefit our young friends in shaping their overall personality.

Being a KV alumni, I know that Kendriya Vidyalaya believes in applying innovative methods in school education. '*Vidyalaya Patrika*' is a step forward in this direction.

Besides being a centre of excellence in academics, Kendriya Vidyalaya, Kathmandu is also contributing in strengthening people-to-people ties between India and Nepal. I am confident that under the able leadership of Smt. Shalini Dikshit, Kendriya Vidyalaya will achieve newer heights.

My best wishes to K.V., Kathmandu family.

  
(Abhishek Dubey)

First Secretary (Press, Information and Culture)  
Embassy of India, Kathmandu  
& Chairman Nominee,  
VMC, KV, Kathmandu



उदय नारायण खवाडे  
अपर आबुक्त (शैक्षिक)  
**U. N. Khaware**  
Addl. Commissioner (Acad.)



केन्द्रीय विद्यालय संगठन  
**KENDRIYA VIDYALAYA SANGATHAN**

18, संस्थान क्षेत्र / 18, Institutional Area,  
शाहीद जीत सिंह मार्ग / Shaheed Jeet Singh Marg,  
नई दिल्ली-110016 / New Delhi-110016  
दूरभाष / Tel : 011-26533749  
फैक्स / Fax : 011-26864365  
ई-मेल / E-mail : addlcomm.acad@kvsedu.org  
kvs.addlacad@gmail.com  
वेबसाइट / Website : www.kvsangathan.nic.in

F.1-10/KVS/ADC (Acad.)/2010

October 22, 2019

**MESSAGE**

I am happy to know that Kendriya Vidyalaya, Kathmandu is going to publish its Vidyalaya Patrika for the session 2019-20.

Vidyalaya Patrika is a fruitful forum which provides the students to ventilate their ideas which are fresh, tender and getting shape in different forms of expression. I believe that Vidyalaya Patrika is an important aspect which reflects the vision and mission of the vidyalaya and gives the glimpse of all those plans and programmes. It is a matter of pleasure that Kendriya Vidyalayas are taking very meaningful strides towards the fulfillment of its objectives and their achievements speak volumes of quality education being provided in the vidyalayas.

I wish the vidyalaya to scale new heights of glory in the years to come. My best wishes to staff, students and parents for all their future endeavours.

(U. N. Khaware)  
Additional Commissioner (Acad.)

Mrs. Shalini Dikshit  
Principal  
Kendriya Vidyalaya  
Embassy of India: Lazimpat  
Kathmandu (Nepal) P.B.No.1201



*From the Principal's Desk*

**“Excellence is an art won by training and habituation”-Aristotle**

In the modern world, the role of school is not only to pursue academic excellence but also to motivate, encourage and above all, empower its students to be life-long learners, critical thinkers and productive members of a fast and ever changing global society. Integrating Life-skill education in the day to day teaching-learning process in the classrooms has become imperative in modern schools. At Kendriya



Vidyalaya Embassy of India, Kathmandu, we try to provide the students with an atmosphere for multi-faceted and multi-dimensional development of their personality so as to rightfully channelize their potential in the pursuit of excellence. The school E-magazine is an effective medium to portray the latent talents of the students to enable them to rise above their limitations and express their potential with an emphasis on sharing one's observations and the experiences of the world in their own words. It also encourages a student to give expression to his/her own latent thoughts and feelings through his/her own creations, which, otherwise, would not have been possible. It is also a powerful medium to identify potentially successful writers and artists. Publication of the school magazine should not be seen as an annual ritual. Rather it should be seen as an honest endeavour to showcase the conviction and belief in the capabilities of the students.

KV EOI Kathmandu remains indebted to H.E. Sh. Manjeev Singh Puri, Ambassador of India to Nepal and the Patron of the school, Dr. Ajay Kumar, DCM, EOI, Kathmandu & Chairman, VMC and Sh. Abhishek Dubey, FS (PIC) & Chairman(Nominee),VMC whose support and commitment for the betterment of the school has been instrumental in making it achieve international standards and recognition as one of the topmost educational institutional in Kathmandu. I remain thankful to Embassy of India, Kathmandu as a pillar of strength behind the confident march of KV EOI Kathmandu towards a more bright future. I am also indebted to Kendriya Vidyalaya Sangathan for all support and help. My heartfelt gratitude goes to all parents, sponsors and all other stakeholders who have lent unquestioned support in our journey. I am very sure; through collaborative effort we can achieve more to benefit our students who are the future leaders of tomorrow.

Wish you all a happy reading.

**SHALINI DIKSHIT**  
Principal

## Editorial...

*If your world looks gloomy  
and you are feeling grin and glum,  
Make a rainbow for yourself,  
Don't wait for one to come,  
Don't sit watching at the window  
for the clouds to part  
There'll soon be a rainbow if  
you start one in your heart.*

We are really proud and exuberant to acclaim that we are ready with all new hopes and hues to bring out this E-magazine, which will surely unfold the unravelled world of the most unforgettable and precious moments of the vidyalaya. The enthusiastic write ups of our young writers are indubitably sufficient to hold the interest and admiration of the readers. This souvenir is indeed a pious attempt to make our budding talents give shape to their creativity and learn the art of being aware because we believe that our success depends upon our power to perceive, the power to observe and the power to explore. We are sure that the positive attitude, hard work, sustained efforts and innovative ideas exhibited by our young buddies will surely stir the mind of the readers and take them to the surreal world of unalloyed joy and pleasure. We have put in relentless efforts to bring excellence to this treasure trove.

Helen Keller rightly says that the world is moved along not only by the mighty shoves of its heroes, but also by the aggregate of the tiny pushes of each honest worker. This herculean task of editing this school E-magazine would not have been possible without the sincere support of the members of the Editorial Board who sorted out the articles from the flood of articles we had got from our enthusiastic and inquisitive young writers, edited them and finally made a fair draft of them. I am thankful to all my colleagues who dipped their oars into the turbulent water of the journal and have sailed it to the shore of publication. It is a fine thing to have ability but the ability to discover ability in others is the true test. I am really thankful to our respected Principal ma'am for entrusting us with the responsibility of being a part of the Editorial Board. We take this opportunity to thank all the dignitaries for sparing their valuable time to send their best wishes for the magazine in the form of 'Messages'.

We heartily wish all the readers our best wishes and hope this souvenir will enjoy your critical acclaim and prove itself to play a vital role in the all-round development of the children.

Members of Editorial Board

**KENDRIYA VIDYALAYA: EMBASSY OF INDIA: KATHMANDU**  
**VMC MEMBERS**

S.NO	NAME OF THE VMC MEMBERS	DESIGNATION
1.	Dr. AJAY KUMAR	Deputy Chief of Mission, EOI & Chairman VMC, KV Kathmandu.
2.	SHRI ABHISHEK DUBEY	H.O.C. EOI, Chairman Nominee VMC, KV Kathmandu.
3.	Mrs. Bhubaneswari Rao, Principal DAV School, Kathmandu	Member Educationist
4.	Dr. Pankaj Prasad Raturi	Member —Educationist VMC, KV Kathmandu.
5.	Mrs. Natasha Mishra M/o Master Beevor Gautam Mishra Class IV	Member Parent
6.	Mr. Bal Krishan Ranjit	Member Parent
7.	Ms. Maithlii Jha CSO EOI Kathmandu	Member Co-opted
8.	Dr. Jay Kumar Thakur	Member Doctor
9.	Mr. Anukool Bhatnagar	Eminent Person
10.	Mr. E. Xavier Raj, Senior Teacher	Member Teacher
11.	Dr. (Mrs.) Shalini Dikshit, Principal, KV Kathmandu	Member Secretary

**“Education is what remains after one has forgotten what one has learned in school.”**

**Albert Einstein**



## STAFF MEMBERS

<i>SN</i>	<i>Name of Teacher</i>	<i>Designation</i>
1.	SHALINI DIKSHIT	Principal
2.	RISHI KUMAR GIRIJAPRASAD PANDEY	PGT
3.	MEERA G.	PGT
4.	SUDHA K R	PGT
5.	KULDIP SINGH	PGT
6.	PAWAN KUMAR LOHANI	PGT
7.	PINAKI BANDYOPADHYAYA	PGT
8.	D. SREENIVASULU	PGT
9.	RAJALEKSHMI.S	PGT
10.	E.XAVIER RAJ	PGT
11.	S SADAGOPAN	TGT
12.	SANDESH KUMAR BHAT	TGT
13.	VIPUL SAXENA	TGT
14.	D. LAKSHMI RAO	TGT
15.	MAMTA A HINGORANI	TGT
16.	DEEPA SONKAR	PRT
17.	MD YAKUB JOHNNY	PRT
18.	KAMAL JIT	PRT
19.	SUSHMA TIWARI	PRT
20.	GANGA J	PRT
21.	A VENKATA RAMANA	SSA
22.	RENU SHRESHTA	JSA
23.	AMRIT KUMAR SINGH	LIBRARIAN
24.	RAJNI SINGH MANDAL	DRAWING TEACHER
25.	SHWETA SAXENA	COMPUTER INST.
26.	PUSHKAR RAJ PANT	YOGA INSTRUCTOR
27.	RAJENDRA BAHADUR KATHAYAT	SPORTS COACH
28.	USHA DIKSHIT	MUSIC TEACHER

“Education’s purpose is to replace an empty mind with an open one.”

Malcolm Forbes

## STUDENTS' COUNCIL

Session 2019-20

PORTFOLIOS	Class	NAMES
HEAD BOY (PRIMARY)	V	SIDDHARTH SINGH
HEAD GIRL (PRIMARY)	V	SANSKRITI GAUTAM
<b>SCHOOL CAPTAINS/VICE-CAPTAINS</b>		
SCHOOL CAPTAIN (BOY)	XII-A	HARSHIT RAHEJA
SCHOOL CAPTAIN( GIRL)	XII-B	RISHANSA KOIRALA
SCHOOL VICE-CAPTAIN(BOY)	XI-A	DEVANSHU LADSARIA
SCHOOL VICE-CAPTAIN (GIRL)	XI-B	MEGHA PANT
<b>CCA CAPTAINS/VICE-CAPTAINS</b>		
SCHOOL CCA CAPTAIN (BOY)	XII-B	RAHUL SINGH
SCHOOL CCA CAPTAIN (GIRL)	XII-B	NANDINI AGRAWAL
SCHOOL CCA VICE-CAPTAIN(BOY)	XI-C	RONIT AGARWAL
SCHOOL CCA VICE-CAPTAIN (GIRL)	XI-B	GRACY BHARADWAJ
<b>SPORTS CAPTAINS/VICE-CAPTAINS</b>		
SCHOOL SPORTS CAPTAIN (BOY)	XII-C	ABHINAV THAPA
SCHOOL SPORTS CAPTAIN (GIRL)	XII-A	MARY ROSE THAPA
SCHOOL SPORTS VICE-CAPTAIN(BOY)	XI-B	TAYUSH DAHAL
SCHOOL SPORTS VICE-CAPTAIN(GIRL)	XI-B	ISHA VIDYARTHI
<b>DISCIPLINE CAPTAINS/VICE-CAPTAINS</b>		
SCHOOL DISCIPLINE CAPTAIN (BOY)	XII-B	ASHIM TIWARI
SCHOOL DISCIPLINE CAPTAIN (GIRL)	XII-B	SAMRIDHI YADAV
SCHOOL DISCIPLINE VICE- CAPTAIN (BOY)	XI-B	PRANAV ARYAL
SCHOOL DISCIPLINE VICE- CAPTAIN (GIRL)	XI-C	PRACHI RATHI
<b>PUBLICATION CAPTAINS/VICE-CAPTAINS</b>		
SCHOOL PUBLICATION CAPTAIN (BOY)	XII-A	BHUWAN RATHI
SCHOOL PUBLICATION CAPTAIN (GIRL)	XII-B	PRASHASTI ARYAL
SCHOOL PUBLICATION VICE-CAPTAIN (BOY)	XI-A	ADITYA KUSHWAHA
SCHOOL PUBLICATION VICE- CAPTAIN (GIRL)	XI-B	ANSHITA NAHATA
<b>TECHNO CAPTAINS/VICE-CAPTAINS</b>		
SCHOOL TECHNO CAPTAIN (BOY)	XII-A	PRINCE SHARMA
SCHOOL TECHNO CAPTAIN (GIRL)	XII-A	ANAMIKA MALLICK
SCHOOL TECHNO VICE-CAPTAIN (BOY)	XI-A	PRAVIJ GUPTA
SCHOOL TECHNO VICE- CAPTAIN (GIRL)	XI-A	ANUPAMA NEUPANE

“An investment in knowledge pays the best interest.” Benjamin Franklin

## NAME OF THE HOUSE : MARY KOM

PORT FOLIO	CLASS	BOY	GIRL	CLASS
HOUSE CAPTAIN	XII-C	PRANAY TAYAL	ANJALI SINGH	XII-B
VICE-CAPTAIN	XI-B	SUPREET DANGOL	ADITY SINGH	XI-B
CAPTAIN(CCA)	XII-C	AAYUSH MODI	AABHILASHA RANJITKAR	XII-B
VICE-CAPTAIN(CCA)	XI-A	SHIVANSH SANGAL	ROSE AGRAWAL	XI-C
CAPTAIN(SPORTS)	XII-B	RAM KUMAR THAKUR	SHRAYA THAPA	XII-C
VICE-CAPTAIN(SPORTS)	XI-A	ABHYUDAYA PANDEY	EMMY SHRESTHA	XI-B
CAPTAIN(DISCIPLINE)	XII-A	SARTHAK YADAV	ANANYA BANG	XII-C
VICE-CAPTAIN(DISCIPLINE)	XI-A	AKSHAJ J. THAPA	ANSHU PUDASAINI	XI-B
CAPTAIN(PUBLICATION)	XII-C	KESHAV MAHATO	IFFAT AARA	XII-B
VICE-CAPTAIN(PUBLICATION)	XI-A	HARSHWARDHAN SINGH	SHRUTI KHETAN	XI-C
CAPTAIN(TECHNO)	XII-C	YASH PAREEKH	SIMRAN	XII-A
VICE-CAPTAIN(TECHNO)	XI-B	SHASHAN DHAKAL	SAKSHI JHA	XI-A

## NAME OF THE HOUSE : TARA DEVI HOUSE

PORT FOLIO	CLASS	BOY	GIRL	CLASS
HOUSE CAPTAIN	XII-B	PRANJAL DAS	TANIYA SHAH	XII-A
VICE-CAPTAIN	XI-C	AABHAS BASNET	HARSHITA JAIN	XI-C
CAPTAIN(CCA)	XII-C	MANISH BANSAL	D.TANUSHREE	XII-B
VICE-CAPTAIN(CCA)	XI-A	ROHIT RANA	ANUSHKA UPADHAYAY	XI-B
CAPTAIN(SPORTS)	XII-C	PRATHAM CHIRANIA	SAKSHI SINGH	XII-A
VICE-CAPTAIN(SPORTS)	XI-B	ANUBHAV K. PANDEY	SUHANA PRABIN	XI-A
CAPTAIN(DISCIPLINE)	XII-B	SHASHANK CHOUBEY	SOUMYA SINGHAL	XII-C
VICE-CAPTAIN(DISCIPLINE)	XI-A	SANKET K. JHA	DIVISHA KHADKA	XI-C
CAPTAIN(PUBLICATION)	XII-C	ABHINAV AGRAWAL	NANCY MISHRA	XII-B
VICE-CAPTAIN(PUBLICATION)	XI-A	SAGARMATHA KHATRI	AYUSHMA KACHHIPATI	XI-B
CAPTAIN(TECHNO)	XII-A	HARSH AGRAWAL	PALLAVI JOSHI	XII-A
VICE-CAPTAIN(TECHNO)	XI-C	MOHIT MITTAL	JENISHA NIRLA	XI-B

## NAME OF THE HOUSE :LALJI SINGH HOUSE

PORT FOLIO	CLASS	BOY	GIRL	CLASS
HOUSE CAPTAIN	XII-A	ROHAN GUPTA	SHIVANGI KARANTHA	XII-A
VICE-CAPTAIN	XI-B	ASHUTOSH MISHRA	YASHASWI RANA	XI-B
CAPTAIN(CCA)	XII-B	RAHUL AGRAWAL	RISHIKA AGRAWAL	XII-B
VICE-CAPTAIN(CCA)	XI-A	JAY AGARWAL	ANANYA CHACHAN	XI-A
CAPTAIN(SPORTS)	XII-A	MANAV PARIKH	PRAPTI THAPA	XII-B
VICE-CAPTAIN(SPORTS)	XI-A	RISHI GUPTA	LEESA SHARMA	XI-C
CAPTAIN(DISCIPLINE)	XII-A	SAURAV GARG	KARUNA AGRAWAL	XII-C
VICE-CAPTAIN(DISCIPLINE)	XI-A	ABHIRAJ DC	RITU RAWAL	XI-B
CAPTAIN(PUBLICATION)	XII-C	AKASH AGRAWAL	AADRITA BHATTARAI	XII-B
VICE-CAPTAIN(PUBLICATION)	XI-B	SARTHAK P. YADAV	KRIPA ADHIKARI	XI-A
CAPTAIN(TECHNO)	XII-A	NAYAN BANSKOTA	AKANSHA MISHRA	XII-B
VICE-CAPTAIN(TECHNO)	XI-C	SAURAV K. CHAUDHARY	SANIYA JAIN	XI-C

## NAME OF THE HOUSE : ARANIKO HOUSE

PORT FOLIO	CLASS	BOY	GIRL	CLASS
HOUSE CAPTAIN	XII-B	PRANAV PRATAP SINGH	PRACHI AGRAWAL	XII-C
VICE-CAPTAIN	XI-A	DIVYANSH SETHIA	AKSHITA MAHESHWARI	XI-C
CAPTAIN(CCA)	XII-C	RITESH AGRAWAL	SAAMBHAVI JHA	XII-B
VICE-CAPTAIN(CCA)	XI-B	SHUBHANGA BISTA	NOREEN NASEER	XI-C
CAPTAIN(SPORTS)	XII-C	SANKET SENGUPTA	BRISTI SUWAL	XII-B
VICE-CAPTAIN(SPORTS)	XI-A	EKLABAY MISHRA	SUPRIYA GAUTAM	XI-C
CAPTAIN(DISCIPLINE)	XII-B	PIYUSH AGRAWAL	TEESHA AGRAWAL	XII-B
VICE-CAPTAIN(DISCIPLINE)	XI-C	ROHIT AGRAWAL	SUHANI SINGHANIA	XI-B
CAPTAIN(PUBLICATION)	XII-B	HARDIK LAMICHANE	ANUMITA MAJUMDAR	XII-B
VICE-CAPTAIN(PUBLICATION)	XI-A	SARTHAK SANGHAI	SWOICHHYA THAPA	XI-B
CAPTAIN(TECHNO)	XII-A	ANIKET AGRAWAL	SHRUTI THAPA	XII-B
VICE-CAPTAIN(TECHNO)	XI-A	AKSHAT JAIN	ISHA SHARMA	XI-A

“Education is for improving the lives of others and for leaving your community and world better than you found it.” **Marian Wright Edelman**



## WORLD ENVIRONMENT DAY –TREE PLANTATION

World environment day is a campaign celebrated every year on 5<sup>th</sup> of June to bring some positive environmental changes all over the world to make life better and more natural. Environmental issues are big issues now-a-days to which everyone must be aware and give their positive efforts to solve such issues. Youths of any country in the form of students are big hope to bring some positive changes in the environment full of pollution, global warming, etc.



Students generally get this topic in the school to write paragraph, essay, and article, narrate speech, or topic of debate, etc. . It is handled by the United Nations Environment Programme and was established by the United Nations General Assembly in 1972. It is the day when public and politicians get stimulated through awareness programs regarding environment to enhance the political attention as well as public actions. This day was created to promote people to work for environmental issues and become active agents of the sustainable and eco-friendly development worldwide.

In connection with this significance of the day we have organized awareness rally by students and teachers of our vidyalaya under the leadership of principal . We involved in tree plantation programme organized by Dr. Ajay kumar DCM and chairman of KV EOI,Kathmandu.His excellency Shri.Manjit singh Puri Ambassador of India to Nepal was delivered inspirational speech followed by Tree plantation programme by planting hundreds of sapling in and around periphery area of EOI,KTM campus.

The condition of our environment is getting degraded day by day because of the pollution and global warming. We should celebrate and promote eco-friendly development in our vidyalaya in order to save the environment for better future.

### CLASS -I ORIENTATION PROGRAMME

It was held on 13.03.2019 in Kendriya vidyalaya campus for inspiring tiny tots and to welcome the new parents and students of class I. The students were introduced with their new class teacher and welcomed by the Principal. It was a very interactive session and even the other primary kids welcomed the new students with the beautiful song and presented a little token of love to them. The parents and the students showed their keen interest in getting admission to the vidyalaya based on INDIAN CULTURE as it is very inspiring and encouraging. As all we know that India is a country of unity in diversity the same is shown in each Kendriya vidyalaya and K V KATHMANDU too.

### SCHOOL READINESS PROGRAM

School readiness program makes the child revise all the things learned earlier. It makes the child comfortable in new environment so that the teaching learning goes on effectively. The program runs for 45 days which includes basic learning outcomes necessary for the all-round development of the child. It also includes developing the concept of regular sitting in discipline by creating the environment according to their need as well as giving them great care and love. During this period of Readiness the children are taught about colours, identification of picture and society related to their environment. Various rhymes and poems were taught in order to make them active and teach good manner. So that they can be a part of this society.

WE ARE PROUD LEARNERS AT KV KATHMANDU

## The Common Minimum Programme (CMP)

We live in a dynamic world change is inevitable in this world. No improvement is possible without change. Accepting change is a difficult task for human beings. Since change leads us to improvement, we should evolve a national approach towards accepting change. These days our educational systems are undergoing a drastic change. In school system, the knowledge dynamics has opened new vistas and newer challenges to approaches to curriculum pedagogy and methods of testing and assessment. It leads to empowering children to construct situations in a way that their motivation is aroused. Activity based learning, peer learning and group work seems to work better with children and the teacher is a facilitator who develops the ability to scaffold knowledge. Common minimum programs are the spirit of this scheme. Activity related to teaching of different subject is conducted. While teaching language, activities like spelling games, reading cards, flash cards, story development, picture composition, picture glossary, dramatization, dialogue delivery etc. are conducted. As far as math and EVS are concerned activities such as reparation, capitals and many more are conducted. These activities given an insight into the basic concepts of the subject concerned for classes I to V. Students of class I are taken for visit to the school environment during School Readiness Program. They were shown



Principal Office, Staff Room, Music Room, Sports Room, Library, Playground and etc. They felt quite joyous and happy while visiting the school.

Modern age is the age of Computer Education. We have adopted this new technique. Power Point Presentation and Videos fulfill this need of the hour. We utilize this facility to a great extent. Students are shown PPT through LCD

Projector. Every class has their own LCD Project with internet facility.

## Report of CMP Activities

Kendriya Vidyalaya EOI Kathmandu is doing on effective and praiseworthy job in successful implementation of CMP activity. We are trying our level best to execute this program in its time spirit. School is the gateway to knowledge and teaching through CMP Activities becomes a dialogue rather than monologue. Through these gateways of knowledge, we try to benefit the students. The following activities are being conducted in our Vidyalaya: -

- 1) **Preparation of Time Table:** A perfect planning leads to perfect realization of objective. Under this head, we re-designed the time-table according to the requisites of CMP Program. Block periods are allotted for various subject.
- 2) **Parent's Teacher Meeting for Class –I:-** A good co-ordination between school and society leads to the all-round development of the students' Parents – Teacher – Student triangle can lead to the betterment of society. In this regard we invited the parents of Class I. An exchange of ideas helped the parents to understand our policy. The doubts and queries full co-operation in this regard.
- 3) **Conduction of CCA Activities:** Co-curricular activities provide a wide platform to a child to nurture his innate qualities of creativity and cultural heritage. A CCA calendar is being followed by the primary students. Mr. Kamal Jit is taking full interest for the smoothly transmission of CCA activities, So we divided all class in four different houses. In this regard we have conducted English, Hindi calligraphy and Drawing competition other activities are being followed.
- 4) **Class Library:** Every class teacher has been provided sufficient reading material and books are distributed in the library periods. Stories are discussed and experiences are shared by the students through discussions.
- 9) **Monitoring of CMP Activities:** Continuous monitoring of CMP is being done by Ms. Deepa Sonker, Senior Most PRT on monthly basis.





### **Nurturing Scientific Temperament -2019**

With an overriding aim to foster scientific zeal and temperament and to empower the young learners with the requisite skills to practice their scientific knowledge for purposeful activities, innovation and experimentation well planned activities are conducted throughout the year. Science Subject Committee meetings are held regularly to formulate ways and means to make learning of science a joyful and enriching small experiments/ demos are presented in the morning assembly to enhance the interest of the students. Various Olympiads like TERI-Green Olympiad, Science Olympiads are conducted in the Vidyalaya to inculcate a competitive and scientific spirit in students. Children won Gold, silver and Bronze medals with appreciation certificate. Following students won country winner award in green Olympiad. Further more science exhibition is held every year which brings out latest innovative scientific talents

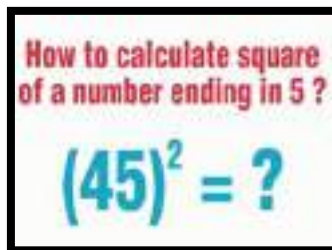
### **BHARAT MAHOTSAV 10 AUGUST 2019**

To cherish the memories of freedom of India Indian citizen association of Nepal and Indian Embassy organised BHARAT MAHOTSAV on 10August2019. 83 students of Kendriya Vidyalaya Kathmandu presented cultural programme. The theme of the dance was diversity and unity. Dances from Assam to Punjab and Rajasthan to Karnataka were presented by the students from class IV to class IX. All staff members under the leadership of Principal Dr. Shalini Dikshit were present to motivate the students and to make the event successful. The cultural programme presented by Kendriya Vidyalaya Kathmandu received a massive appreciation from audience. Indian citizen association of Nepal presented a memento to the principal Dr. Shalini Dixit as a token of appreciation.

## Vedic Maths...

Vedic Maths is a system of reasoning and mathematical working based on ancient Indian teachings called Veda. It is fast, efficient and easy to learn and use. Vedic mathematics, which simplifies arithmetic and algebraic operations, has

increasingly found acceptance the world over. It can be a handy tool for those who need to solve mathematical problems faster by the day. How fast you can solve a problem is very important. There is a race against time in all the competitions. Only those people having fast calculation ability will be able to win the race. Time saved can be used to solve more problems or used for difficult problems.



The "Vedic Mathematics" is called so because of its origin from Vedas. To be more specific, it has originated from "Atharva Vedas" the fourth Veda. "Atharva Veda" deals with the branches like Engineering, Mathematics, sculpture, Medicine, and all other sciences with which we are today aware of. The Sanskrit word Veda is derived from the root Vid, meaning to know without limit. The word Veda covers all Veda-Sakhas known to humanity. Vedic Mathematics introduces the wonderful applications to Arithmetical computations, theory of numbers, compound multiplications, algebraic operations, factorizations, simple quadratic and higher order equations, simultaneous quadratic equations, partial fractions, calculus, squaring, cubing, square root, cube root and coordinate geometry etc.

Vedic Maths provides answer in one line where as conventional method requires several steps. It is an ancient technique, which simplifies multiplication, divisibility, complex numbers, squaring, cubing, and square and cube roots. Even recurring decimals and auxiliary fractions can be handled by Vedic Mathematics. In Vedic Maths System a manual approach is preferred. The simplicity of Vedic Mathematics encourages most calculations to be carried out without the use of paper and pen. This mental approach sharpens the mind, improves memory and concentration and also encourages innovation.



Mr. Kamal Jit, 51522. KV Embassy of India, Kathmandu,















**Kendriya Vidyalaya EOI Kathmandu**

LIST OF TOPPERS IN CBSE XII – SCIENCE (2018-19)



**HARSSHIKA BAJAJ**  
95.6



**PRACHI CHAUDHARY** 94.8



**SNEHA RAUT**  
93.6



**STUTI RIMAL**  
92.8



**KOMAL TAYAL**  
92.0



**SHUSHOVIT KHANAL**  
91.6



**TEJSWOTI TIWARI**  
91.2



**MAYANK MANI JHA**  
91.2



**DIVYANSHI BHATTARAI,**  
91.0



**SARHANA SHRESTHA**  
91.0



**SHEETAL AGRAHARI**  
90.8



**SHAURYA RAJ VERMA** 90.6



**DIYA KHADGI**  
90.4



**TEJAL NITIN KORE**  
90.4



**BIPASSANA SHRESTHA**  
90.2



**BHUMIKA JAIN**  
90.0

## Kendriya Vidyalaya EOI Kathmandu

### LIST OF TOPPERS IN CBSE XII – COMMERCE (2018-19)



**RIDHI AGARWAL**  
96.4



**RITU RAJ GUPTA**  
94.8



**SAUJANA RAUNIYAR**  
94.4



**VEDHANT SUREKA**  
93.8



**PIYUSH AGARWAL**  
93.2



**NANDINI SHARMA**  
93.2



**UDIT GOYAL**  
92.8



**ADITYA GOYAL**  
91.0



**BHAVINI AGARWAL**  
91.0



**AARYA THAPA**  
90.6



**CHIRAG CHORARIA**  
90.2



**SIMRAN THAPA**  
90.0

**“You have the creativity and determination to do whatever you can dream. We hope you feel proud today and confident in your ability to rise to your next challenge.”**



**Kendriya Vidyalaya EOI Kathmandu**  
**STUDENTS SELECTED FOR MERIT AWARDS**

S NO.	STUDENT NAME	MARKS	STREAM
1.	RIDHI AGARWAL	482	COMMERCE
2.	HARSSHIKA BAJAJ	478	SCIENCE
3.	RITU RAJ GUPTA	474	COMMERCE
4.	SAUJANYA RAUIYAR	472	COMMERCE
5.	VEDHANT SUREKA	469	COMMERCE

**CLASS X TOPPERS**



**Ahana Gupta,**  
**94.8**



**Devanshu Ladsaria,**  
**94.6**



**Anshika Nahata,**  
**93.0**



**Navarshi Paudel,**  
**92.2**



**Anubhav Kumar**  
**Pandey, 91.2**

## AISSE - Class X - Result Analysis

No. of students				Pass%	P.I.
App	Pass	Comp	Fail		
48	48	0	0	100	75.16

Class	Number of Grades								
	(Considering only 5 main subjects excluding Phy. Edn.)								
GRADE	A1	A2	B1	B2	C1	C2	D1	D2	E
Class X	50	60	54	31	23	10	10	2	0

## AISSCE - Class XII - Result Analysis

Class	Number of Grades								
	(Considering only 5 main subjects excluding Phy. Edn.)								
GRADE	A1	A2	B1	B2	C1	C2	D1	D2	E
Class XII - All	161	187	130	72	45	14	5	1	0
Science	95	124	105	61	36	10	3	1	0
Commerce	66	63	25	11	9	4	2	0	0

No. of students				Pass%	P.I.
App	Pass	Comp	Fail		
123	123	0	0	100	80.69
87	87	0	0	100	78.85
36	36	0	0	100	85.14











## English Section

### What Is Life...

Life is not a book,  
Which can be memorized.  
Life is not a mom's love,  
which always falls on you.  
Life is not a bed of roses,  
Which always smells good.  
Life is not a bird's chirp,  
Which always brings good feelings.  
Life is not a poetry of a poet,  
Which stands on emotions.  
Life is not a bright night,  
Which brings a chill to you.  
Life is not a drop of rain,  
Which drops and finishes at once.  
Life is a flowing river,  
Which is to be flown in right  
direction.  
Life is a subject,  
Which is to be understood.  
Life is a battle field,  
In which you have to struggle.  
Life is a dress ,  
In which you have to fit in.  
Life is a food,  
Which you only can taste.  
Life is a situation,  
In which you have to live.  
Life is an accident,  
In which you have to die  
unknowingly...

*-Gracy Bhardwaj, XI-B*

### THE STRANGE GIRL

Today morning I woke up,  
Like no ordinary day.  
For a girl sat in front of me,  
Less than a metre away.

She wore two pigtails,  
and a light pink dress.  
she was probably of my age  
or could have been less.

How had she come there?  
I simply had no clue.  
Did she have some work?  
That she had come to do.

I rubbed my eyes,  
And looked once more;  
And it certainly looked  
Like I had seen her before.

It took a lot of time  
Before it struck to me,  
That I was just looking at  
A reflection of me!

SIENNA CHAMBIAL  
CLASS IX

### WHAT TO WRITE

I heard about the school magazine.  
I thought with all my might,  
I thought hard : what to write  
I thought about this day and night.

Thinking about what to pen.  
I asked my mother for some tips.  
She told me to work alone and kissed me good night.  
And then, I went to my father.

He said, "SCHOOL MAGAZINE ! "  
Eagerly, I want to ask my studious friend.  
She said "Don't disturb . I want to study".  
I feel very bad  
Suddenly an idea came in my mind.  
At last! I have written a poem "what to write".

### SEJAL TANGAR CLASS :-IX

## **Will Artificial Intelligence over take Human Intelligence?**

Knowingly or unknowingly we all have used artificial intelligence in our life but most of the times, knowingly. Those who are smartphone users are very familiar with artificial intelligence. Siri, Google Assistant, Google maps, calculators and robots are few examples of artificial intelligence which are very common. All of us have started depending on artificial intelligence and no one can deny this fact. We need Siri to find out things on iPhone because we don't have enough time and energy to move our fingers on mobile, when we plan to get a new vehicle a smart phone is must with running mobile data for google maps because we hesitate to ask routes to a real person. Math's was created for us but now it seems to be created for calculators and google. According to an experiment, robots could do better surgeries than humans. China and japan are working on cars which are self-controlled and doesn't needs any kind of human effort.

As we know, artificial intelligence do not have emotions in it, which leads them to make better decisions than humans.

After knowing all these facts about artificial intelligence, I started imagining that one day artificial intelligence will dominate us but then instantly I realized that we are dominating ourselves! We prefer artificial intelligence over human intelligence. We are the reason why artificial intelligence is getting stronger day by day. In past, no change was sudden, things took many years to evolve and if the situation remains like this or get worse then there is a very high possibility that one day, we will be the slaves of robots which we haven't experienced yet.

Always remember, artificial intelligence was created by us and for us to ease our burden but if situations changed as predicted then we will be a burden on earth, and remember artificial intelligence don't have emotions in it, so they won't tolerate us.

Human brains can do wonders and we all have got one, but the difference is that some are clever enough to use it while others are fool enough to provide their precious brains to artificial intelligence for life long and surprisingly, they don't pay us, we pay them with hard earn money and god gifted time.

Always be aware that artificial intelligence is growing with time whereas humans are losing their intelligence. The exercise which was made for our brain to keep it fit and fine are now being done by artificial intelligence and we are not bothered, but now it's the time to understand and to make others understand that humans are superior and they always should be, so that the world develops in the best way possible.



Name: Shubhangi Jha, Class:IX

## You

You are stronger  
You are braver  
You let them think, you are a go getter,  
But you know you crumble  
You still stumble]

Late at nights, Stars make you wonder  
You have many problems but there are  
infinite others  
You, my dear, are breath taking, piece  
of art  
That no one understands  
But that's okay, they don't matter in  
fact!

You have courage,  
You have knowledge,  
The World needs you to challenge  
With utmost glory,

Life may give you a thousand reasons  
to stand back,  
But you know, you still have that one  
reason to strike back,  
Darling, you know that you are worth  
it, Even when you doubt it

You are the calmness before the storm  
arrives  
You are the rainbow after the sunshine,  
You make it look so simple. Yet you  
know the havocs that go through your  
mind.

Royal Shrestha Class X

## IN THIS ROOM

Here in this white, sanguine room,  
With you coming in,  
Declaring yourself my FRIEND, And  
Laughing like there was no tomorrow,  
It all started.

It took just one look,  
To feel a place in my heart,  
Filling with warmth,  
Which grew, Soon to be,  
Fuzzy and devout.

Alas! All good things come to an end,  
And when the end approached,  
A tear, it bore in my spirit.  
Which now has grown to be  
A gaping hole that  
Resonates with the ache of missing you.  
Along which, the echoes of the days past,  
Fadeaway into the dark.

Remembering your glittering warm eyes,  
As I watched, through windows to my  
soul,  
Helpless, Shook and in denial,  
As it slowly flickered out.

That is how I felt,  
And how I still feel.  
As I lay facing down,  
In this dark, forsaken room,  
Where it all started,  
Only now, Without you.

Eshan Lal Shrestha  
Class X



**WORLD OF FEMINIST**

People have different perspectives about feminism. let me clear this first what it really means, "Feminist is a person who believes in the social, political and economic equality of all sexes." Now if we differentiate men and women from each other, the men and the women are different we have different hormones, we have different sexual organs, we have different biological abilities ,women can have babies, men cannot (at least not yet), men have testosterone and are in general physically stronger than women. There is slightly more women than men in the world about 52 percentage of the world's population is female, but most of the positions of power and prestige are occupied by men. The late Wangi Maathai once put it simply and well when she said "the higher you go fewer women there are."Even in the working sector, if the women and the men share the same job and equally qualified and the men being paid more because he is a man, so in literal way, men rule the world, and this made sense thousand years ago because women being lived then in a world in which physical strength was most important for survival. The physically stronger person were are physically stronger [of course today we live in vastly different likely to lead is not the one who is who is more creative, intelligent and hormones for those attributes. A intelligent, to be creative, seems to me that our idea of gender functions today is grave injustice. world, I want to ask you today that plan for a different world, a fairer happier women, who are truer to themselves and this how to start: We must raise our daughters differently, we must also raise our sons differently, we do a great disservice to boys on how we raise them, we stifle the humanity of boys, we define masculinity in very narrow way, masculinity because this hard, small cage and we put boys inside this cage. We teach them to be afraid of fear, we teach boys to be afraid of weakness, of vulnerability, we teach them to mask their true selves because they have to be so called 'hard man'! If a girl and a boy with the same amount of pocket money goes out, then the boy is always expected to pay to prove is masculinity. What if both boys and girl were raised not to link masculinity with money? What if the attitude was not "the boy has to pay" but "whoever has more should pay?" If we start raising children differently than in around 50 to 100 years, boys will no longer have the pressure of having to prove masculinity. We do a much greater disservice to girls; we raise them to cater to the fragile egos to men. We teach girls to shrink themselves, to make themselves smaller, we say to girls "You can have ambition but not too much", " You should aim to be successful but not too successful otherwise you will threaten the men" so annoying. Things are changing in many places people are being liberal and thinking the possibilities, perspectives are changing but in some places there is issue for it people are conservative and things have to change there. Some people will say that it is the culture that made the women subordinate to men, but culture is constantly changing, people need to understand that 'Culture doesn't make people, people make culture.' And if this culture is not giving justice to women than we should change it.



likely to lead, and men in general there are many exceptions] But world, the person who is more physically stronger, but it is the one innovative person, and there is no man is as likely as women to be innovative. We have evolved but it has not evolved. Gender as it Genders matters everywhere in the if we begin to dream about and world, a world of happier men and

'The problem with gender is that it pressurizes how we should be rather recognizing who we are.'

Name- Belishma Class- IX

## True Purpose of LIFE

Once upon a time, a long time ago. A young man said to the wise man.

"I want happiness"

The wise man smiled, then replied.

"If you want happiness, first remove the 'I' that is your ego, and then remove the 'want' which is desire. There, now you are only left with happiness."

The wise man is the one who we know today as Gautama Buddha.

But we are humans and though all of us strive to be the best versions of ourselves, we get frustrated often and give up easily. But that's alright because no one is perfect. You can be really good at something but you cannot be perfect, that's what makes us humans. We are not robots or machines with no feelings nor are we creations of science or technology. We are living beings with our own unique personalities and attributes. Different but yet the same, the flawed but perfect creation of the God.

All of us are growing up and it can get pretty tough sometimes but things will eventually get better in due course of time. Every situation in life is temporary.

So when life is good, enjoy it to the fullest and when life is not good, remember that it won't last forever and better days are on the way because in this life, nothing is permanent.

Don't be insecure, overcome your fears by taking action. Try not to compare yourself to anybody. We are most likely to compare ourselves to people who are better than us in something. Which results in over thinking and over thinking always leads to unhappiness. In today's generation, comparison usually happens due to the use of social media. It is a virtual world, people only put what they want you to see, don't believe everything and don't take it too seriously. Focus more on reality because in reality nobody really cares about your "likes" or "followers". Think, from all the people in your social media, how many do you think really care for you.

If people judge you by your social media, leave them alone, they are fake.

Find your purpose in life, or at least in your day to day life. Try to excel at something. Anything. Something that you can do better than anybody, be it playing football, basketball, cricket or playing the guitar, piano, drums or studies, it could be literally be anything. But, most importantly try doing things that make you happy, it doesn't matter what "others will think" and as cliché as it sounds, be yourself, because those who mind, don't matter and those who matter, don't mind. Don't try to change for others, if you want to change, then change for yourself. Have goals and never give up on what you want.

Lastly life is full of ups and downs, highs and lows. The only thing that remains after you are gone is the impact you made on the people you came across, on the places you visited and mainly, in the hearts of loved ones.

And don't worry about the little things because every little thing is going to be alright.

Anunaya Pandey, Class XI Commerce

**“Never Ending Relation-FRIENDSHIP”-**

The God's most precious gift that is a peculiar bond which isn't tied by any ribbons ,a bond which knows no genetics ,a relation which you don't know how it happens or where it begins but it gives you a special kind of feeling is 'friendship'.

A relation which makes you smile even when you are crying is friendship. A relation which gives you courage to live your life even during worst situation is friendship. Friendship is what makes school memories, bunk memories unforgettable. When there is no one beside you except that person, this relation is friendship. Making plans, cancelling them and yet after a small fight both are laughing together is friendship. A relation which is not affected by small fights, a relation where both can say anything to each other but when the third person says something, it becomes unbearable is friendship. The fear of losing each other is friendship. Wishing that the day of farewell doesn't arrive so they don't need to bid byes to each other is friendship. In busy schedule of today when there is no time but by some pictures or by some memories when eyes get filled with tears missing each other it is friendship. All those memories, all those talks, that never ending relation that feeling of togetherness is friendship.

There is tradition in this world that first they will make promises to you but in the end they will forget all the promises and leave you but a true friend is one who will always complete all the promises made to you no matter what the circumstance is. In this journey of life you meet many people everyday and they will return back, but the one who stays with u till the end is true friend.

Shruti Khetan-XI-C

**What Is Life...**

Life is not a book,  
Which can be memorized.  
Life is not a mom's love,  
which always falls on you.  
Life is not a bed of roses,  
Which always smells good.  
Life is not a bird's chirp,  
Which always brings good feelings.

Life is not a poetry of a poet,  
Which stands on emotions.  
Life is not a bright night,  
Which brings a chill to you.  
Life is not a drop of rain,  
Which drops and finishes at once.

Life is a flowing river,  
Which is to be flown in right direction.

Life is a subject,  
Which is to be understood.  
Life is a battle field,  
In which you have to struggle.  
Life is a dress ,  
In which you have to fit in.

Life is a food,  
Which you only can taste.  
Life is a situation,  
In which you have to live.  
Life is an accident,  
In which you have to die unknowingly...

**Gracy Bhardwaj XI "B"**



# TEACHERS

*They are the one who never want credits...  
but always ready to help till their child exists.  
In a child's life they have a special place which no one can fill  
they build up the Childs confidence, wish and will.  
Every parent expects his child to take care of him in future  
but they selflessly make us capable of making our own  
career.  
They are teaching us since years and more...  
we also promise them we will never forget them from our  
inner heart core.  
Sometime they scold us very bitterly  
but that is because they want our future to shine brightly.  
Every child is attached to that one teacher or other  
but for us our all teacher are like our second parent.....*

**PRACHI RATHI**

## Don't Know How?

It was time to go  
to bed,  
And the moon  
was on our head.  
After all of us  
were fed,  
With very fine  
brown bread.  
Stars were  
shinning high,  
In the very dark  
sky,  
I could not sleep  
but I had to try,

Under the blanket  
I warmly lay.  
The same night I  
got a dream,  
In which I was  
eating ice-cream,  
I suddenly started  
to scream.  
Realizing it was  
morning and I  
was,  
Found near an  
unknown street.

**Shivam Shah**  
**XI-'A'**

## LIFE

is like a ship  
we sail on  
Life is like a  
festival  
we celebrate  
Life is like a puzzle  
we struggle on  
Life is learning  
we follow on  
Life is like maths  
friends to add  
enemies to  
subtract

sorrows to divide  
happiness to  
multiply

Life is a task  
given to us by god  
Life is like a flower  
We bloom and die  
Life is a gift of god  
He made us all.

Supriya Gautam-  
XI-C

## WHAT IS OUR RESPONSIBILITY?

We, as conscious people, have allocated the word responsibility to a wide range of ethics but whether we have added our responsibility for nature to it? You might consider this as another paper highlighting the environmental threats and suggesting measures to mitigate it, but I would like you to consider this as an appeal.

We have justified all concerns regarding the environment to suit our perception but whether there isn't a more significant stakeholder to whom our justification should be suitable? In the 21<sup>st</sup> century, while coming across the term nature we have various options to relate it with and there is always the interrupting factor pollution which weakens the beauty of the rest. Surely, all favorable actions needed for healing the abject condition of the planet act as voluntary to perform however the repercussions of not acting is surely not voluntary for experiencing. There are subjects to disagree in terms of what is the appropriate action but it is not our privilege to terminate the intention behind it as our incapability of not acting should not serve as an obstacle for the capable champions.

Now, as the onus is on us, let us initiate all feasible steps to sustain our environment so that we can assure our footsteps of our deed and also let's rethink that our healers are ailing.

BY ARNOB CHAKRABORTY, XI C

## Are We Happier Than Our Ancestors???

*It is a million-dollar question.*

*There are always two sides of a coin.*

The answer depends on how you look at things. In many ways, we are happier than our ancestors' say for example, the life-span was horribly low. Wars, famines, floods and diseases took a heavy toll of human life. Life expectancy was even less than forty years. Today it is around sixty two. Child-birth resulted in death of many mothers and infants. The survival rate was quite dismal. T.B. plague and other epidemics killed people in thousands in a single year.



Today advanced medical science has made child-birth quite easy and safe. T.B. and Plague are no more incurable diseases. In ancient times education was the privilege of only higher cast and the ruling classes. Farmers and workers were deprived of these basic rights. Slavery labour was quite common in practice. Today education is free up to secondary level. Even the scheduled caste and tribals can send their children to school. The invention of electricity, machines and new electric gadgets have revolutionised the art of living. We have more leisure and enjoy more material comforts. TVs, computers, cars, trains and aeroplanes have made this world a global village.

But are we really happier than our ancestors? No, certainly not. The world is too much with us. We don't have leisure. We have lost touch with nature. Rarely have we time or inclination to enjoy the bliss of nature. We have become robots, insensitive and even feelingless to other fellow beings, animals and even environment. We are cursed and doomed to lead a life of tension and anxiety in the midst of plenty.

Md. Yakub Johnny, PRT Emp Code- 29140, KV Kathmandu

# Primary Section

### My favourite teacher

You are my favourite teacher  
This is very clear,  
You encourage me,  
To learn and create.  
Your teaching style.  
Is a wonderful trait.  
You're my favourite teacher  
This is very clear.  
I hope and I pray  
You'll be my teacher.  
Next year.  
Tanvi – Class I

### Why God created daughters

He took very special care  
To find precious treasures  
To make them sweet and fair  
He fashioned them from  
sugar and  
a lit bit of spice.  
He gave them sunny laughter  
and everything that's nice.....  
God smiled when he made  
daughters because he knew

He had created love and  
happiness  
for every mom and dad  
Aryaa – Class I

### Don't waste paper!

As papers are made from  
trees  
We cut the tree and make  
paper  
We waste the paper  
And we waste the tree.  
There are many people  
Who have no papers to write  
Lucky are we  
We can write even our fright  
So we should not waste  
paper  
As precious are they  
For generations to come  
tomorrow  
Save the trees today.  
Shreevidya -III

### Largest, highest, longest and coldest places of the earth.

1. The highest mountain - Mount Everest
2. The deepest point - Mariana Trench
3. The coldest continent - Antarctica
4. The longest river - Nile river
5. The lowest river - Jordan river
6. The largest salt lake - Caspian sea
7. The largest freshwater lake - Lake Superior
8. The highest waterfall - Angel falls
9. The biggest ocean - Pacific ocean
10. The highest lake - Ojos del salado
11. The biggest river - Amazon river
12. The largest island - Greenland
13. The deepest lake - Lake Baikal
14. The largest desert – Sahara

Deeksha Lama-  
Class III



A TRUE FRIEND

A true friend never betrays, she never leaves us alone and always stay with us because she is 'one in a million'. Friendship is another name of care and support to each other. A friend is someone who understands and appreciates other one without any hesitation. A True friend never become greedy to each other instead they want to give something better to each other in a life. Friends share their feelings and emotions with each other to build bond of trust and having trust in each other gives mental satisfaction to share things with each other. A true friend trust and support other without showing their ego, self-respect and power. Friendship is incomplete without proper understanding. It requires dedication and trust to maintain friendship for whole life. A person can never have true friend till the time his/her ego and self-respect have first priority in his/her life. Someone said that 'A true friend never betrays', yes it true as a friend is always there for you at any time being it bad or good.

Finding a best friend is not an easy process, sometimes we fail to find one and sometimes we succeed. But if you have a true friend in your life you are the



luckiest person living on the Earth. He/She is always there to cry with you and support you when you are sad and emotional whereas she is always there to laugh with you in your good times.

Friendship is never based and caste, color and gender and is also not based on the similarities between them.

Instead it is a relationship of trust, understanding and happiness .It is the most precious gift in the life of the person. A true friend always keeps other on the correct track in his life, even if she needs to criticize the other, she will do so to bring some positive changes in each other. Friendship is the most precious asset in one's life which she never wants to lose. A life without a true friend is not worth living because she is 'one in a million'.

A true friend accepts who you are but also helps you to become who you should be. A true friend is someone who sees the pain in your eyes, when everyone else believes the smile on your face. True friendship is seen through the heart, not through the eyes. One of the most beautiful qualities of true friendship is to understand and to be understood. Do not be greedy, be friendly to everybody.

SANSKRITI GAUTAM CLASS-V

## Reading for Entertainment

Keep a variety of magazines in your classroom library. This will give students the opportunity to choose a magazine for leisure instead of a novel. When students choose a magazine to read on their own time, they are being exposed to nonfiction and expository writing. This helps to broaden their reading skills, and activate their proper knowledge, which in turn will help them on state assessments.

Classroom magazines are a great source of high-interest nonfiction. Students are exposed to up-to-date information on a daily, weekly or monthly basis. Since textbooks can go years before revisions, magazines are ultimately the best choice for the most-current information. They are also an effective way to teach strategies, and can also be used to prepare students for state tests since many of the passages are very close in structure to the tests. Give them a try, many companies offer free examples so you can see which ones will work best in your classroom.

Subra Kangno Class V

♦♦We have the right to walk anywhere, but don't have the right to make that place dirty.

♦♦We have the right to wear different clothes, but don't have the right to do wildlife trade for it.

♦♦We have the right to eat anything, but don't have the right to waste food. We have the right to write in our copy, but don't have the right to waste the pages.

♦♦We have the right to do friendship with everyone, but don't have the right to break old relationship. We have the right to love everyone, but don't have the right to hurt anyone.

♦♦We have all the right to live our life, but don't have the right to kill anyone.

Bhawani Sharma V

## Amazing Facts

1. Women blink nearly twice as much as men.
2. Right handed people live an average 9 years more than others.
3. It is impossible to sneeze with your eyes open.
4. A snail can sleep for 3 years.
5. The strongest muscle in the body is the TONGUE.
6. Polar bears are left handed.
7. A cockroach will live for 9 days without its head, before it starves to death.
8. An ostrich's eye is bigger than its brain.
9. Ants never sleep.
10. Human brain is 80% water.
11. The African Lungfish can live out of water for 4 years.
12. At birth, a panda is smaller than a mouse and weighs about four ounces.
13. A leech has 32 brains.
14. A shark skeleton is made up of cartilage.
15. Male lions can sleep twenty hours a day.

Supreme Adhakari class V

And just want to say,  
That's where I spend  
most of my day.  
Countless activities,  
I get to do.  
For art and craft,  
I always use glue.  
I really like my school,  
And just want to say,  
I'm always excited,  
for the very next day.

Pratham Kochar Class III

## Laugh

1. Josh : The time spent stuck in traffic was sending me over the edge. So I was happy when I found a new job closer to home.  
Tom : That's great, what are you doing now?  
Josh : I'm a bus driver.
2. Wife : I hate the beggar.  
Husband: Why?  
Wife : Stupid..... I gave him food yesterday. and today he gifted me a book "How to cook!".
3. Kid to doctor : How do you know that carrots are good for your eyesight?  
Doctor : Have you ever seen a rabbit with glasses?

Aziz Ansari Class V

## INTERESTING FACTS ABOUT CHANDRAYAAN-2

Chandrayaan-2 consists of three components:

The Orbiter, the Lander (Vikram) the Rover (Pragyaan).

- ❖ It is the 1st space mission to conduct a soft landing on moon's South Polar Region. India has spent about \$140 Million to get Chandrayaan 2 ready for the 3,84,400 km trip.
- ❖ Lander — Vikram Weight 1,471 kg. The Lander of Chandrayaan 2 is named Vikram after Dr Vikram A Sarabhai, the Father of the Indian Space Programme. It is designed to function for one lunar day, which is equivalent to about 14 Earth days.
- ❖ Rover — Pragyaan Weight 27 kg. Chandrayaan 2's Rover is a 6-wheeled robotic vehicle named Pragyaan, which translates to 'wisdom' in Sanskrit.

KARMIT THAKUR CLASS: V

## Career and I

Oh my god

Where I am

Where I have to go

It's a long journey.

Dreams are big



Having little knowledge .

Is there any one

Who can guide me?

It may be my parent

It might be my teachers.

I have to struggle

A lot to achieve target.

I have to concentrate

Doing hard labour

With vision and

Disciplined life.

Shruti Kejriwal, VI



IN THIS ROOM

Here in this white, sanguine room,  
With you coming in,  
Declaring yourself my FRIEND, And  
Laughing like there was no tomorrow,  
It all started.

It took just one look,  
To feel a place in my heart,  
Filling with warmth,  
Which grew, Soon to be,  
Fuzzy and devout.

Alas! All good things  
come to an end,  
And when the end  
approached,  
A tear, it bore in my  
spirit.  
Which now has  
grown to be  
A gaping hole that  
Resonates with the  
ache of missing you.  
Along which, the  
echoes of the days  
past,  
Fadeaway into the dark.

Remembering your  
glittering warm eyes,  
As I watched, through  
windows to my soul,  
Helpless, Shook and in denial,  
As it slowly flickered out.

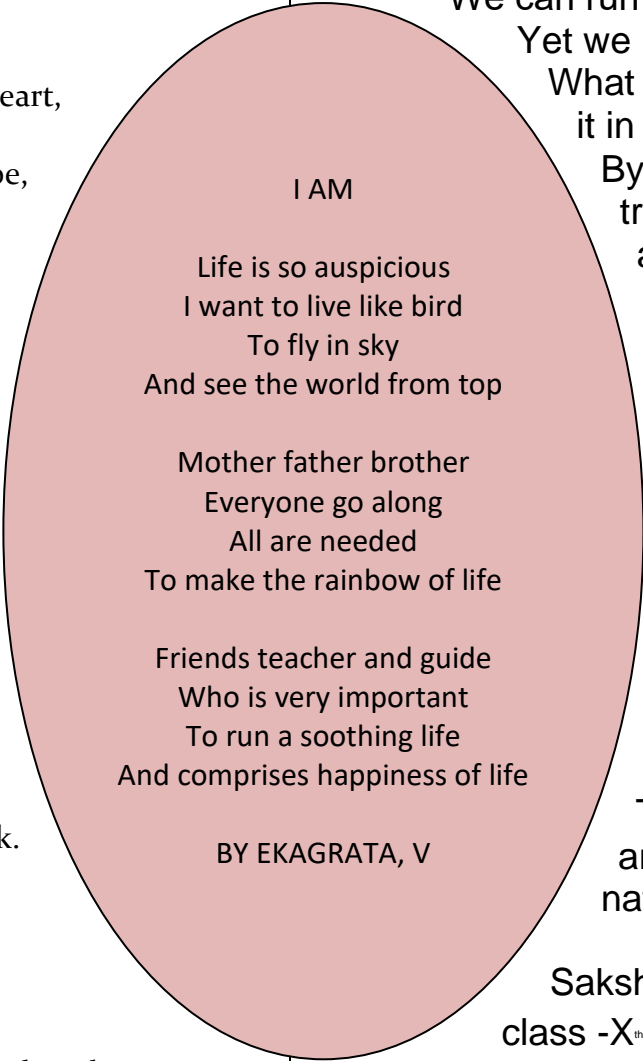
That is how I felt,  
And how I still feel.  
As I lay facing down,  
In this dark, forsaken room,  
Where it all started,  
Only now, Without you.

Eshan Lal Shrestha  
Class X

Nature

Look at the sunshine  
“What a beautiful day!”  
Under the trees  
“We can run and play.”  
Yet we pollute nature.  
What will happen to  
it in the future?  
By cutting down  
trees and  
animals  
How long is  
Mother Earth  
going to live?  
Nature is  
getting older  
and older.  
Are we going  
to live any  
longer?  
The bolder  
and bolder  
we get.  
The shorter  
and shorter the  
nature lives.

Sakshi Tangar  
class -X<sup>th</sup>



MOTHER YOU ARE SO GREAT

Mother you are so great  
Mother you gave me birth  
By keeping nine month in your womb  
Tolerating the pain  
Showing the beautiful earth  
Mother you are so great , mother you are  
so great  
You are my first teacher

Who bless for my future  
Making my difficulties fair  
And take my bother away  
Mother you are so great , mother you are  
so great  
Mother you gave me name  
You gave me fame  
You gave me courage  
You gave me love and shine  
Mother you are so great , mother you are  
so great

Mother you are my earth  
Just like a god  
Being helpful and friendly  
Sharing all the pains in my life  
Mother you are so great , mother you are  
so great

## Ananna Ghimire -VII

## Staring at the cat

Once I was walking down a street  
Eager to go home and eat a delicious  
treat  
But in front of my door was a majestic  
looking cat.  
Instead of thinking “what is this beautiful  
cat doing on my mat?”  
I, like the weirdo I am, stared at the cat.  
The cat stared at me  
And I stared at the cat.  
Such an eye contact hadn’t been  
maintained by me since years  
Neither with strangers nor with peers.  
After what seemed like eternity suddenly  
the eye contact broke,  
My brother came in wearing a cloak.  
And like the villain he is, he chased the  
cat away  
I still can’t forget the cat and the eye  
contact we made that day.

Deepali Dutta -VIII

## Math Magic/Tricks

### Trick 1: Number below 10

**Step1:** Think of a number below 10.

**Step2:** Double the number you have thought.

**Step3:** Add 6 with the getting result.

**Step4:** Half the answer, that is divide it by 2.

**Step5:** Take away the number you have thought from the answer, that is, subtract the answer from the number you have thought.

**Answer: 3**

## Trick 2: Any Number

**Step1:** Think of any number.

**Step2:** Subtract the number you have thought with 1.

**Step3:** Multiply the result with 3.

**Step4:** Add 12 with the result.

**Step5:** Divide the answer by 3.

**Step6:** Add 5 with the answer.

**Step7:** Take away the number you have thought from the answer, that is, subtract the answer from the number you have thought.

**Answer: 8**

### Trick 3: Any Number

**Step1:** Think of any number.

**Step2:** Multiply the number you have thought with 3.

**Step3:** Add 45 with the result.

**Step4:** Double the result.

**Step5:** Divide the answer by 6.

**Step6:** Take away the number you have thought from the answer, that is, subtract the answer from the number you have thought.

**Answer: 15**

Sakshi Tangar Class X

## Euclid, Euclidean Geometry and its Exceptions

Euclid was an ancient greek mathematician who is popularly know for his discoveries in geometry. Euclid made postulates and axioms on which his geometry is based upon. Euclid is popularly known as the 'Father of Geometry'. Euclid has used these postulates and axioms to form a base on geometric theory. Based on this theory, many other mathematicians have developed our knowledge in geometry unto today. Here are some of the Postulates given out by Euclid:

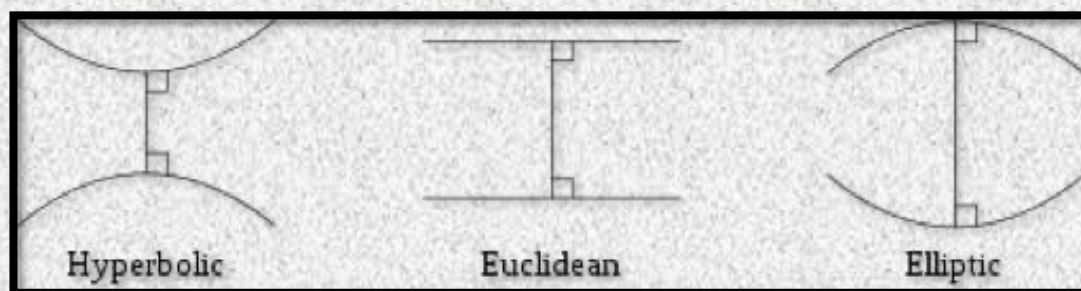
A straight line may be drawn between any 2 points.

A line segment can be produced indefinitely on both sides.

A circle may be drawn with any center and any radius.

All right angles are equal.

If a straight line crossing two straight lines makes the interior angles on the same side less than two right angles, the two straight lines, if extended indefinitely, meet on that side on which are the angles less than the two right angles.



There is something very special about the 5th postulate as it hints towards the existence of parallel lines. Many people tried to prove it as a theorem but they failed. But during this period, they discovered 2 new streams of geometry broadly classified as non-Euclidean geometry. With further discoveries scientists figured out that our universe functioned on non-Euclidean geometry. Einstein and his theory of the space-time fabric showed a new face of non-Euclidean geometry. Non-Euclidean geometry (Esp. Elliptic) has helped us understand how our universe functions as a whole.

Abhi Kumar, Class X



## AMAZING FACTS ON MATHEMATICS

---

1. Zero is the only number that is not represented in the Roman numerals. It is also the only number with a variety of names like nil, naught, zip and zilch. It is derived from the Arabic word 'sifr' which means a secret way of writing.
2. The opposite sides of a dice always add up to the number seven. Try noticing it the next time you play a game!
3. Ever heard people saying they'd be back in a jiffy? A Jiffy is an actual unit of time i.e.  $1/100$ th of a second!
4. Googol is a term used for the number 1 followed by 100 zeros. It was coined by a nine year old in 1940. Google, the iconic search engine, derives its name from the misspelling of this word googol.
5. Add the numbers from 1-100. You will get a total of 5050!
6. The Greek mathematician, Pythagoreans used small rocks to signify numbers while working on mathematical equations. This is how the word Calculus originated, which means pebbles in Greek.
7. There is only number in math that is spelt using the same number of letters as the number itself- Four.
8. A parallelepiped is a three dimensional parallelogram!
9. In the series of the numbers 0-1000, the letter 'A' figures only once. It only appears in one thousand!
10. If you take the set of all possible shapes of the same area, a circle will have the shortest perimeter.
11. Here is why the number 9 is a magic number. If you multiply a number with nine and add all digits of the resulting number, the sum would always be nine.
12. Among all the shapes with same area, the circle has the smallest perimeter.

-VEDIKA BAJAJ - CLASS 10

## FAMOUS NOBEL LAUREATES OF PHYSICS

The Nobel Prize in Physics is awarded annually by the Royal Swedish Academy of Sciences to scientists in the various fields of physics. It is one of the five Nobel Prizes established by the 1895 will of Alfred Nobel, awarded for outstanding contributions in physics. As dictated by Nobel's will, the award is administered by the Nobel Foundation and awarded by the Royal Swedish Academy of Sciences. The award is presented in Stockholm at an annual ceremony on 10 December, the anniversary of Nobel's death. Each recipient receives a medal, a diploma and a monetary award prize that has varied throughout the years. The famous of scientist who got Nobel prize in 21st century for their contribution in the field of physics are :

- **Albert Einstein** (14 March 1879–18 April 1955) was a German-born scientist. He worked on theoretical physics. He developed the theory of relativity. He received the Nobel Prize in Physics in 1921 for theoretical physics.
- **Werner Karl Heisenberg** (5 December 1901 – 1 February 1976) was a German physicist. He won the Nobel Prize in Physics for his work in quantum mechanics. He discovered the Heisenberg uncertainty principle, which shows there is a limit on how well some things can be measured.
- **Marie Salomea Skłodowska–Curie** (7 November 1867 – 4 July 1934) was a Polish and French physicist, chemist and feminist. She did research on radioactivity. She was also the first woman to win a Nobel Prize. She was the first woman professor at the University of Paris. She was the first person to win two Nobel Prizes. She received a Nobel Prize in physics for her research on uncontrolled radiation, which was discovered by Henri Becquere
- **Guglielmo Marconi** (25 April 1874 – 20 July 1937) was an Italian inventor and electrical engineer. He was a pioneer of long-distance radio transmission. Which he used to build up a radio telegraph system. Marconi is often named as the inventor of radio. He shared the 1909 Nobel Prize in Physics with Karl Ferdinand Braun.
- **Enrico Fernando Fermi** (September 29, 1901 — November 28, 1954) was an Italian-American physicist who worked on the first nuclear reactor and helped make quantum theory. He also was important to particle physics, and statistical mechanics. Fermi won the Nobel Prize in Physics in 1938 for his work on induced radioactivity. He built the world's first nuclear reactor.
- **Paul Adrien Maurice Dirac** (August 8, 1902 in Bristol – October 20, 1984 in Tallahassee). In 1928 he found the Dirac equation and he found out that spin in quantum mechanics is an effect of relativity. The Dirac equation allowed Dirac to predict the existence of antimatter, which is the opposite of matter. In 1933 he won the Nobel Prize in Physics.
- **Sir Chandrasekhara Venkata Raman** (7 November 1888 – 21 November 1970) was an Indian physicist. He studied light scattering. He won the Nobel Prize in Physics in 1930 for his work in this subject. He discovered that, when light passes through a transparent material, some of the deflected light changes in wavelength. This phenomenon is now called Raman scattering and is the result of the Raman effect.
- **Subrahmanyan Chandrasekhar** (19 October 1910 – 21 August 1995) is an Indian Physicist. He received the 1983 Nobel Prize in Physics "for his theoretical studies of the physical processes of importance to the structure and evolution of the stars

KULDIP SINGH, PGT (Physics) Emp Code -34660

**MATHEMATICS PRACTICE MAKES ONE PERFECT**

My 12 years of teaching mathematics to school students has revealed one surprising thing about my students that is the word “Maths”, brings fear into their minds. Brooding over the reason and experimenting with the problem has proud me to a feeling that I must make it clear for my students that math is a really interesting subject. Majority of the students are shy about expressing their weak area in Maths. They don't try to understand the concepts but merely mug up. So the concept always remain vague for them. Maths is not about mugging up. Understand the concept and that form the base. If the base remains weak it will have a Domino effect on the concepts to come. So the weakness would remain draining you and your confidence resulting in a fear of mathematics.

Student feels that match is their hardest subject. It's not necessarily harder but it is different. When students can recognize those differences, they will succeed in Maths. Maths is a similar to learning a new sport, just as athletic need to practice, students need to practice their Maths skill as well. It may seem hard at first, but the more often Maths drills and exercise are performed, the better the Maths abilities will become. You know that “Practice Makes Man Perfect” is true when it comes to building Maths proficiency.

Games are a great way to help our student to improve that feeling as if they are constantly working on school assignment. Including Maths education in free time and everyday life can help manage students who struggle with Maths to see the figure picture. Multiplication is the cornerstone of mathematics specifically algebra get a lot of people who spend a lot of time in learning the multiplication table, division, proportion and fraction still struggle with it later on. Multiplication is the basis of a pattern reasoning and thinking and a lot of practice will help child in perfecting the skill. Multiplication Maths games can be put into good used to enhance child math skills. Students usually respond well to repetitive learning and memorization which make the old saying “practice makes man perfect” true. Constant practice is important in putting multiplication principle and functions into memory and will lessen the ordeal of learning these skills. One area which can be in a hard to practice is speed and accuracy in solving multiplication problems.

Practicing multiplication does not have to be in next Nightmare and can be done simply and easily through multiplication Maths games. Many people are intimidated by Maths but learning to be a good at Maths is a matter of putting in effort. As it most things, the key of improvement lies in hard work and plenty of practice along with the ability to do some memorization. Practice makes perfect when it comes to improve math skills. We need to train our brain to think in a certain way to perform certain magical mental maneuvers, to learn to control number and the equation so that they do what we want. In Maths, just in a sport, repetition leads to perfection, or the least an ability to perform accurately and quickly. Math practice is very important so that they can learn to master Maths skills. I would suggest you to open up and ask the teacher was simplifying and explaining the concept till you understand. Once you understand you don't need to mug up, I have observed that most of the students do not learn Tables by heart so there is problem in calculation which makes Calculation tedious and time consuming. It also brings down their confidence level. Vedic Maths is one of the best platforms to recognize the problem and simple way to solve it in second, it also enhances your confidence. So, don't be late practice regularly and Maths would be your companion solve the problem and don't create them. All the best.

Mr. Kamal Jit, PRT, KV EOI Kathmandu Emp Code- 51522



The Best Dowry that Parents can ever give to their Daughter is 'Education'

"Education is the key that unlocks an infinite number of doors. It is the uplifting force that empowers us to set our sights higher.' The dowry system is so deeply rooted in Indian culture, that sometimes one feels that there's going to be no way out at least for another century. When demands for dowry are not met, the bride is subjected to torture and often even killed. Even modern, well-educated families start saving up money for their daughter's dowry as soon as she is born. So, what can anybody expect from the uneducated masses, whose only form of education is tradition. When a girl is married, she brings joy and prosperity to her home. But in spite of this, she is tortured by the members of her family. In this, what we call a male dominated society, girls are given no respect, but only tortured. Her whole life is a struggle. In spite of repenting, parents should give a better education to their girl child so that a girl can stand on her own feet and can face the challenges of her life. Educating a girl can change not only her life, but can benefit others as well. Educated girls improve the lives of their families, their communities & even their countries.

It has been rightly said, 'The hand that rocks the cradle, rules the world'. The meaning of this is that the mother exercises a great influence over the lives of her children and is able to mold their thoughts and character. But it will only be possible when she is educated. Education teaches a mother what she should be. It also teaches a girl, how she could be a good daughter, a good wife and a good mother. Education will enable women to make their parents, husbands and children truly happy. If she is educated, she will make a positive impression on the mind of her child, which will enable him/her in his life to grow into a good human being. Parents should understand that if their daughter is educated then she would be able to fight for her justice. Parents should give her a chance to be self-reliant. Providing their daughter with empowering education and encouraging her to pursue a career of her choice is the best dowry any parent can ever give to their daughter. So, whenever she is tortured, mistreated or harassed, by any one she can proudly walk out and make a life of her own. Let's not save for the dowry of our daughters, let's give the best possible education to them.



**LET US EMPOWER THEM WITH EDUCATION**

**A.VENKATA RAMANA, SSA, KV EOI KATHMANDU  
EMPLOYEE CODE: 28429**

## A TRIP TO DUBAI

I am Reet Pathak and I am going to tell about my trip to Dubai . I went there with my grandparents. So, on 18<sup>th</sup> march 2019 we departed from Kathmandu and it took 5 hours flight to Dubai to reach there. During the flight we ate sandwiches and as it was 10:00 pm at night we soon slept after eating and I woke up when the plane was above the Mediterranean sea and I could see the lights of the houses from above and it was a wonderful scene. We soon landed in Dubai and my grandparents were still sleeping so I woke them up and we came to Dubai airport and collected our luggage. After collecting our luggage we went to our hotel and while going to our hotel I saw many big skyscrapers and also there was no pollution at all. Soon after we checked in the hotel we went to our room and came down stairs and ate our dinner. The next days of our trip we visited Burj Khalifa, Desert safari , global village and also miracle garden which actually was a miracle, it had trees in shape of a cat, clock, plane and many more. Lastly we went to the gold souq for shopping and there we could see many types of gold. it was really a very exciting time in Dubai we enjoyed a lot . The next day that is 24 march 2019 we departed from Dubai and arrived in Kathmandu . It was a very nice time there and Dubai is a place we must visit in our holidays.



Reet Pathak, IX

## MARS ORBITER MISSION

Marking India's first venture into the interplanetary space, MOM explored and observed Mar's surface features, morphology, mineralogy and the Martian atmosphere. Further, a specific search for methane in the Martian atmosphere will provide information about the possibility or the past existence of life on the planet.

The enormous distances involved in interplanetary missions present a demanding challenge; developing and mastering the technologies essential for these missions will open endless possibilities for space exploration. After leaving Earth, the Orbiter had to endure the interplanetary space for 300 days before Mars capture. Apart from deep space communications and navigation-guidance-control capabilities, the mission required autonomy at the spacecraft end to handle contingencies.

Once India decided to go to Mars, ISRO had no time to lose as the nearest launch window was only a few months away and it could not afford to lose the chance, given the next launch would present itself after over 780 days, in 2016. Thus, mission planning, manufacturing the spacecraft and the launch vehicle and readying the support systems took place swiftly.



Vedika Bajaj Class X

## Our Really Real Hero's

### Missile Man of India

**Avul Pakir Jainulabdeen Abdul Kalam** was born on October 15<sup>th</sup>, 1931 in Rameswaram, Tamil Nadu. He is prominently known as the **Missile Man of India** became the President of India in the year 2002 and served in the office till the year 2007. He became the **11<sup>th</sup> President of India** and is eminent for his major role in developing the civilian space program of the country and the military missile development of the country. In 1998, Kalam made vital beneficiations to India's Pokram-II nuclear tests which presented A.P.J. as a nationwide hero.

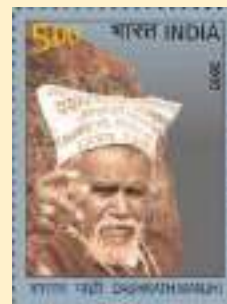


### Milk Man of India

'Milkman of India', Dr Verghese Kurien. It was largely due to his efforts that India went from a milk-deficient country to become the largest producer of milk in the world. He will always be remembered for his efforts in channelizing the co-operative movement to make India the largest milk producer. The younger generation should aspire to be like him and dream big.

### Mount Man of India

Dashrath Manjhi, popularly known as the "Mountain Man" is a legend who proved that nothing is impossible to achieve. His life gives a moral lesson that a small man, who has no money and no power can challenge a mighty mountain.



### Metro man of India

The first ever metro in the country. This was Sreedharan's first step towards changing the way India moves. Sreedharan's work in Delhi Metro got him the title of The Metro Man of India. His expertise kept roping him to projects across the country. He served as the advisor of the Kochi Metro, Lucknow Metro and Jaipur Metro.

### Electric man of Nepal :

**Mr. Kul Man Ghising.** Kulman Ghising is the present Managing Director of **Nepal Electricity Authority (NEA)** of **Nepal**. He is best known for his approaches in managing **Electrical Demand and Supply**, thus eliminating Load shedding issues all over **Nepal**.

RAGHAV , IV



## Space

Space is the vast zone that lies beyond our cozy home 'Earth'. It is full of mysteries that await to be solved and unknown places waiting to be explored. Often we think of it as just an area with Stars and Planets. That's not all. It has not only Stars and Planets but Nebulas, Black holes, Asteroids, Comets and many more. Who knows maybe Aliens? The possibility of life beyond earth is very high. Imagine the whole universe was equal to the earth, our planet would just be speck of dust. Now, it is easier to imagine the life existence, on just a speck of dust is far-fetched. I am pretty sure there are lots of arenas waiting to be explored. Some of us might think that Space is dangerous. Yes, dangerous/unknown but very beautiful. I would like to conclude with Carl Sagan's beautiful definition of Space. 'Somewhere, Something incredible waiting to be known'.

By: Dhruv Joshi Vyas Class VII

## YENYA PUNHI (INDRA JATRA )

Yenya Punhi also known as Indra jatra. It is an important annual festival in Nepal. Indra is Lord of rain and the King of heaven, Indra Jatra is celebration of God Indra's Day.

It is the biggest religious street festival in Kathmandu. It is marked by masked dances of deities & demons, displays of sacred images & tableaus in honor of the deity Indra, the king of heaven. Some believe Indra Jatra is thanking day to lord for rain, while others celebrated in the honor of Bahirab , who is Shiva's manifestation and is believed to destroy evil. The main venue of the festivities is Kathmandu Durbar Square. The celebrations last for 8 days from the 12<sup>th</sup> day of the bright fortnight to 4<sup>th</sup> day of the dark fortnight .

Newars are well known for their lavish festivals among them are :-

- Sakimila Punhi
- Yomari Punhi
- Bisket Jatra
- Bundya Jatra
- Sithi Nakhah
- Kuchhi Bhoyey
- Yenya
- Mohani

There are three things that happen after the chariot of Goddess Kumari , Lord Ganesh & Lord Bhairab are pulled , they are –

- **Mata Biye Procession** in which the Newars offer small butter lamps in the memory of their deceased loved ones.
- **Dagin Procession** is the procession carried out in the name of goddess Dagin which represents the Lord Indra's mother wandering around the city searching for her son.
- **Bau Mata Procession**, The Manandhar caste group of Newar Community organizes the Bau Mata Procession.

For me , Indra Jatra is one of my favourite festival. On that day I usually go to Mamaghar (our ancient place) where I can watch the festival. Before, the occasion take place Our senior most members offer some Samay Baji to all goddess then we have little pooja and then after the rituals are over ..

Here comes the time ,where all the gods comes and dance, the most important the chariot finally comes.

1<sup>st</sup> person who comes on the chariot is Lord Ganesh, then comes Lord Bhairab and the last The main Living goddess Kumari. They go around the places and then at night they again return, I watch the whole procession twice . Now, I will wait for Dagin to come & after that I come Basantapur and see different activities take place. At around 10 pm, I finally return to my home. I love my culture and do my best to preserve it.

Name: Pritisha Pradhan Class- IX

## What Are Wind Tunnels?

Wind tunnels are tube-shaped facilities that allow engineers to move air over a vehicle as if it were flying. They help researchers to learn more about how an aircraft will fly. wind tunnels are used to test scale models of aircraft and spacecraft. Some wind tunnels are big enough to hold full-size versions of vehicles. By moving air around an object, the wind tunnel simulates the conditions of the object in flight.

## How Do Wind Tunnels Work?

Wind tunnels usually have powerful fans to move the air through the tube. The object being tested is placed in the tunnel so that it will not move. The air moving around the still object shows what would happen if the object were moving through the air. The object can be a smaller-scale model of a vehicle, one piece of a vehicle, a full-size aircraft or spacecraft, or even a common object like a tennis ball. Usually, the object carries special instruments to measure the forces produced by the air on the object. Engineers also study how the air moves around the object by injecting smoke or dye into the tunnel and photographing its motion around the object. Improving the flow of air around an object can increase its lift and decrease its drag.



Uses of wind tunnels in sustainable development

1. to make more fuel efficient planes ,cars
2. to test buildings in cyclone prone areas for resistance to high wind speed
3. to make more efficient ships, submarines, and water pumps
4. overall reducing world fuel consumption

bibliography:<https://www.nasa.gov/audience/forstudents/5-8/features/nasa-knows/what-are-wind-tunnels-58.html>

Nihal Singh Sekhon, Class VII

## WHAT DO YOU THINK?

Since my childhood I was immensely fascinated by my all time favorite cartoon 'Doraemon'. The idea of a robot coming from future and all that time travel, time machine roamed around my mind all day.

Once, I was watching the movie 'Doraemon and Nobita's dinosaur', then all of a sudden, a scene came in which Nobita and Doraemon went into the past in their time machine. My phone was kept just beside me and suddenly a random thought hit my mind. I immediately picked up my phone, opened Google, and then typed 'is time travel actually possible' and instantly pressed the search button. What came next was really shocking. I found that there were many people who said that they have encountered time travel incidents. I found 5-6 articles on the same topic. I was extremely excited and opened one of them I had just gone half way through it but my mum called me for some work right then.



I had completely forgotten about this until my phone beeped 2 weeks later, I had gotten a notification from my favorite YouTube channel. “A man claims he has come from 2036” it stated. I played the video, according to the video, a man suddenly entered social media and texted that he had come from 2036 and travelled back to 1975 as the scientists of 2036 needed a computer of that time. He said that while returning to 2036, he stopped in between and entered the year 2000 to know about the past. This post went viral all over the social media. Similar cases came up all over the world. One of those was that a man was running after stealing something from a grocery store and suddenly disappeared. He said that he reached a strange place and when he reached a newspaper shop, the date shown there was of was 1960’s. He got frightened and lost all his senses. When he gained his subconscious back, he was back to the present.

These were not the only cases that challenged the existence of time travel. No one knows the truth behind these stories. They remain a mystery. But from the bottom of my heart, I feel that time travel is actually possible. What do u think??

By- Ishita Singh class IX

<b><u>"A man of inspiration – Modi"</u></b>	<b>He worked hard to reach the top and set an impression</b>	<b>In 2014, he became the PM of India</b>
<b>Born in family of grocers</b>	<b>He joined RSS at the age of eight</b>	<b>No one could ever compete with his hard work's criteria</b>
<b>His life was filled with difficulty and no pleasure</b>	<b>He didn't have a good life but worked for other's good fate</b>	<b>He did everything people thought was impossible</b>
<b>His family's economy was not stable</b>	<b>He left his house after high school</b>	<b>He made his dreams come true by making impossible become possible</b>
<b>So his dreams of becoming a boulder was turning into a pebble</b>	<b>He wanted to shake the world and become a typhoon</b>	<b>PM Modi's story is filled with only one message</b>
<b>He used to help his father sell tea</b>	<b>He soon became the CM of Gujarat</b>	<b>Constant hard work, compassion and courage leads us to every success.</b>
<b>He thought it was all he could be</b>	<b>His success started walking behind his footpath</b>	
<b>But he didn't lose hope and dedication</b>		<b>Saniya Jain , XI-C</b>

## Night Dreams

When dark is the sky,  
When the fox and the wolf  
Start to scream a high,  
When pupil are off to bed  
And the ghosts are in the  
air.  
When fairies enter our  
dream  
And the stress leaves its  
greed.  
When one day has to begin  
With the clock's tinnk,  
When you have to start  
abinding the wrong  
And think about curing the  
present in your dreams.  
When you start with your  
granny's stories,  
And end up to winning  
your goal,  
Or heeding from the foe.  
When your head is held  
high  
And you are curing yourself  
To be the diva or demigod  
In the heaven of your  
passion.  
When its half in the mid-  
night,  
And you are stuck with  
your ongoing dreams .....,  
And a scoundrel trinks a  
loud  
And scares you a bit .....,  
but only a bit;  
When you are still not  
afraid,  
And pledge to move,  
And pledge to kill the  
presumption.  
When you are terminating,  
And there's a challenge on  
...!  
And an aesthetic  
pleasure.....!,

Where you are filled with  
enthusiasm and emotion,  
Suspense or may say  
thriller...  
When you want to win...  
And are just seconds  
away.....!!  
Natheless,  
The stars start to fade!.  
Sorry boss!  
But its branched ...  
Its 6' in the night,  
Or say the time of rise.  
The nights now over.  
But the scene still has to  
continue...,  
Whether in original ... or  
end it up in your minds,  
When only you and your  
soul are present.  
But remember,  
These dreams'll never speak  
in original,  
Happiness won't arrive in  
real,  
Until and unless you be the  
hero of your dreams in  
truth.

Many things are to be said,  
Morning dreams come true  
is an example of the same  
...  
But,  
Its only true when you put  
in  
Your own hardwork there.

HARSHITA JAIN XI - C

## TEACHERS

They are the one who never  
want credits...  
but always ready to help till  
their child exists.  
In a child's life they have a  
special place which no one

can fill  
they build up the childs  
confidence,wish and will.  
Every parent expects his  
child to take care of him in  
future  
but they selflessly make us  
capable of making our own  
career.  
They are teaching us since  
years and more...  
we also promise them we  
will never forget them from  
our inner heart core.  
Sometime they scold us  
very bitterly  
but that is because they  
want our future to shine  
brightly.  
Every child is attached to  
that one teacher or other  
but for us our all teacher  
are like our second  
parent.....  
-PRACHI RATHI, 11  
COMMERCE

## What Is Life...

Life is not a book,  
Which can be memorized.  
Life is not a mom's love,  
which always falls on you.  
Life is not a bed of roses,  
Which always smells good.  
Life is not a bird's chirp,  
Which always brings good  
feelings.  
Life is not a poetry of a  
poet,  
Which stands on emotions.  
Life is not a bright night,  
Which brings a chill to you.  
Life is not a drop of rain,  
Which drops and finishes at  
once.  
Life is a flowing river,

Which is to be flown in right direction. Life is a subject,	Life is a dress , In which you have to fit in. Life is a food,	In which you have to die unknowingly...
Which is to be understood. Life is a battle field, In which you have to struggle.	Which you only can taste. Life is a situation, In which you have to live. Life is an accident,	-Gracy Bhardwaj XI "B"

### INTO THE MIND OF A TEENAGER

By- Prashasti Aryal 12<sup>th</sup> section B.

I believe that Teenage is a roller coaster of mental and emotional instability. Most of the teenagers these days are suffering from anxiety- stress, which causes them to look at the world around them differently. And in nothing but black and white. There is no middle ground, no in-between. Some may disagree with me and say I'm exaggerating and that no teen could feel such emotions at such an extent but, they do. We do.

The boy who lives near you may be giving himself scars because he cannot be what his parents want him to.

The girl you see everyday in the school- cheerful and smiley- may have a serious case of depression. She may be suppressing her true expressions behind that smile she fakes so beautifully.

The girl sitting behind you- the weird one who doesn't speak much- when does speak just spouts out a bunch of random things running around in her head that she tries so hard to express and make meaningful sentences out of but can't.

Just like the other boy who doesn't speak and minds his own business. Who cannot strike up a conversation easily as if he does not need any self-confidence and practice to do so, like the so called 'extroverts'.

The boy sitting next to you in the class, who is dorky and says funny things to make you laugh may not have anything that makes him laugh out loud.

People think that such trivial things do not matter. That only the bigger things matter in a person's healthy mental growth. But it is not so.

There is a chapter in my English book this year where the writer quotes- 'We must take care of the smaller things then, the bigger things will take care of themselves.'

Perhaps these merest things haven't mattered until now but the world is undergoing some constant and unnoticeable changes. Mainly in the new generation and their mental health. Any small, wrong word can tick us off. Our emotions are heightened, I have come to realize. We all are overwhelmed by the sensations and changes happening in us and around us.

Parents, teachers and our guardians need to understand that this is the phase where we are the most sensitive. A fragile piece of porcelain. Also, we all differ, so our mechanism of coping with stress differs too. Some of us become highly sensitive, quiet, timid and 'introverted'. Whilst the others, who are the most sensitive, try to stop feeling. Those are the ones that should be given extra care to- the rebels or 'the bad guys'. They try to show they don't care while they do- much more than others. They become cold, distant and unfeeling. Or rather, that is what they try to show the world. In my words, Teenage is a temporary heartlessness for them.

People need to understand us more. Be in our shoes; see and live our hectic lives from our perspectives. Every word people say against us, stays with us in our hearts and minds. We try to become what the people around us want us to, just to fit in, because we do not know where to belong. And whoever fails to fit in is the 'outsider' the 'weirdo' and ultimately a loner. Being who we are and being our true selves has become difficult because the world all around us wants us to stick with our traditions and cultures that are slipping past our hands in this changing world.



We are like a soft dark piece of clay and this society is the hands of a potter. We take the shape of what is made of us.

Trying to come up to our teachers and parent's expectations, trying so desperately to 'fit in' we forget that it is not supposed to be so difficult. That school and making friends (maintaining a healthy relationship with them) shouldn't be difficult. It shouldn't make us insecure and unsure of ourselves. Especially, in school.

All the stereotypes, name-calling, the base of all the drama in a normal teen's life is Highschool. The period between grade ninth till grade twelve. Or even in middle school. Infatuations that lead to dangerous obsessions; exertion that leads to fatigue; academic issues, family issues and self-esteem issues that lead to anxiety- these are some things in our day to day school life that are definitely necessary for maturing but eats up our energy making us feel an immense amount of hopelessness and making us believe that we cannot go on anymore.

Just like anything else in this world anxiety is a step by step process. It cannot produce to higher levels if it doesn't have a foundation.

We teenagers should know how to handle ourselves. Also, the ones around us must too, know how to approach us- what our elders say to us may not be serious for them but it hits a sensitive spot deep within us, that is ego a.k.a pride a.k.a the base of rebellion. Self-awareness is a must.

Teenage is a difficult phase, my fellow teens. Yet it is just that- a phase. It will pass. All we have to do is keep going. Continue the walk on our bright path of future which seems to have dampened down by a few notches, right now.

### LOOKING AT LIFE FROM A POSITIVE PERSPECTIVE

Life is what you make it. Ernest Holmes said that life is a mirror which reflects to a thinker what he thinks of it. We live in a world which is filled with both good things as well as bad things. While there are many things which are exquisite and people who are full of love and kindness, on the other hand, the world is also filled with cruelty and hatred.

Living in such kind of world, it is hard to keep a positive perspective. We are often too insecure about certain things and fill our minds with all negative thoughts that just make life sadder. We make life harder by remembering the past and all the bad things that happened or thinking about the future so much that we forget to live in the present. We often surround ourselves with negativity that it is hard to keep a positive perspective.

Caring too much of what others think, people often forget how to listen to the voice of their inner selves and the voice of the Universe. Life is too short to waste it on boring days, rude people and lonely evenings. Everyone can fill life with amazing moments, sharing hope and happiness with others

Optimism and positive attitude to life and the surrounding world is like a magnet attracting positive events and people to a person. The only thing we sometimes have control over is perspective. You don't have control over your situation but you have a choice how you view it. Next time, you think that you are a lost cause and cannot figure out what your future holds for you just ask yourself how you want to see it. Look at your future with a positive perspective eliminating all the negativity. Instead of thinking about the things that could go wrong think of all the things that could go right.

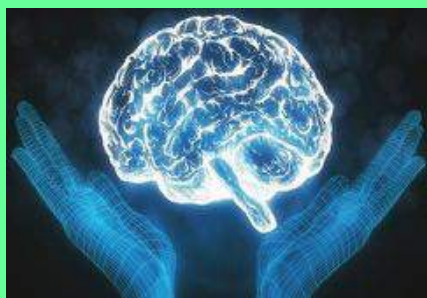
Stay positive and happy. Work hard and don't give up hope. Be open to criticism and keep learning. Surround yourself with happy, warm and genuine people. Above all believe in yourself and life will become beautiful.

Name- Iffat Aara

Class- 12th 'B'

## MENTAL HEALTH: DEPRESSION IN TEENAGERS

It's not unusual for young people or teens to experience 'the blues' occasionally. Adolescence is always an unsettling time with many changes. There are many reasons that can lead to this which includes unrealistic academic, social or family expectations. These can create a strong sense of rejection and lead to deep disappointment. When things go wrong at school or at home teens often overreact and create a feeling that nothing is going their way and they feel stressed out. To make matters even worse, teens are bombarded by conflicting messages from parents, friends and society.



Teens need adult guidance more than ever to understand all emotional and physical changes they are experiencing. When teens' moods disrupt their ability to function on a daily basis, it may indicate some serious emotional or mental disorder that needs attention. Parents or guardians should take action.

Adolescent depression is increasing at an alarming rate.

Recent surveys indicate that as many as one in five teenagers suffer from clinical depression. This is a serious problem and calls for proper treatment.

Sometimes teens feel so depressed that they consider ending their lives. Every year, almost 5000 young people ages 15-24 kill themselves.

Mental health is one of the most important topics that should be discussed and people should be made aware of this.

People should understand that mental illness is also a problem and should be treated as soon as possible. Many people think that having any mental illness is shameful but they need to understand that mental health is as important as physical health.

"People with mental health issues deserve just as much support and compassion as people with physical health issues."

Written by- Iffat Aara

*The things that make life worth living  
should always be felt by the heart,  
and not purely a thought of the mind.*  
Johnny Tan

Class – 12<sup>th</sup> 'B'

## Microsoft Word

Microsoft Word is a word processor sometimes called **Winword**, **MS Word**, or **Word**, **Microsoft Word** published by Microsoft and like other word processors it's capable of helping the user create a variety of different types of documents. It is one of the office productivity applications included in Microsoft Office. Originally developed by **Charles Simonyi** and Richard Brodie, it was first released in October 25, 1983 under the name *Multi-Tool Word* for Xenix systems<sup>1983</sup>. Its name was soon simplified to *Microsoft Word*.

Microsoft Word allows us to create professional-quality documents, reports, letters, and résumés. Unlike a plain text editor, Microsoft Word has features including spell check, grammar check, text and font formatting, HTML support, image support, advanced page layout, and more.

We can find Microsoft word in start menu of any computer if entire Microsoft Office package installed on Microsoft Windows.

The first version of Word for Windows was released in 1989. With the release of Windows 3.0 the following year, sales began to pick up and Microsoft soon became the market leader for word processors for IBM PC-compatible computers.

**Uses of Microsoft Word:** **MS Word** is a popular **word**-processing program used primarily for creating documents such as letters, brochures, learning activities, tests, quizzes and students' homework assignments. There are many simple but useful features available in **Microsoft Word** to make it easier for study and work

Microsoft Word for windows release History

Year	Name	Version	Comments
1989	Word for Windows 1.0	1.0	Code-named Opus
1991	Word for Windows 2.0	2.0	Included in Office 3.0.
1993	Word for Windows 6.0	6.0	Version numbers 3, 4 and 5 were skipped
1995	Word for Windows 95	7.0	Included in Office 95
1997	Word 97	8.0	Included in Office 97
1998	Word 98	8.5	Included in Office 97
1999	Word 2000	9.0	Included in Office 2000
2001	Word 2002	10.0	Included in Office XP
2003	Microsoft Word 2003	11.0	Included in Office 2003
2006	Microsoft Word 2007	12.0	Included in Office 2007
2010	Word 2010	14.0	Included in Office 2010
2013	Word 2013	15.0	Included in Office 2013
2016	Word 2016	16.0	Included in Office 2016
2019	Word 2019	16.0	Included in Office 2019

Submitted by: Mayank Singh Yadav    Class:V    School: KVS, Embassy of Indian, Kathmandu



JOKES GK

1. What is always coming, but never arrives?
2. What can be broken, but is never held?
3. What is it that lives if it is fed, and dies if you give it a drink?
4. What can one catch that is not thrown?
5. What is it that if you have, you want to share me, and if you share, you do not have?
6. If it takes eight men ten hours to build a wall, how long would it take four men?
7. If you have a bowl with six apples and you take away four, how many do you have?
8. If Mrs. John's bungalow is decorated completely in pink, with the walls, carpet, and furniture all shades of pink, what color are the stairs?
9. What breaks and never falls, and what falls and never breaks?
10. Some months have 31 days, others have 30 days, but how many have 28 days?
11. What do you sit on, sleep on, and brush your teeth with?
12. What is white and black, but red all over?
13. Why did Superman cross the road?
14. What do you always see at the beginning of a parade?
15. Which room has no walls?
16. How can a woman go eight days without sleep?

**Answer:-**

1. Tomorrow 2. A promise 3. Fire 4. A cold 5. A secret 6. No time, because the wall is already built. 7. The 4 you took away. 8. There are no stairs, because bungalows do not have a second floor. 9. Day breaks and nights falls. 10. All the months have 28 days. 11. A chair, a bed, and a toothbrush. 12. The newspaper is "read" all over. 13. He wanted to get to the supermarket. 14. The letter p. 15. A mushroom. 16. She sleeps at night.

**Souritra Pharikal Class : - V**

*Teachers*

*Teachers*

*Paint their minds  
and guide their thoughts  
Share their achievements  
and advise their faults*

*Inspire a Love  
of knowledge and truth  
As you light the path  
Which leads our youth*

*For our future brightens  
with each lesson you teach  
Each smile you lengthen  
Each goal you help reach*

*For the dawn of each poet  
each philosopher and king  
Begins with a Teacher  
And the wisdom they bring.*

*Name: Shreeyashi Khanal  
Class V*

JOKES

**TEACHER-** How old is your father?

**KID-** He is 10 years old.

**TEACHER-** What? How is it possible?

**KID-** He became father only when I was born.  
(LOGIC!)

**TEACHER-** Donald, what is the chemical formula for Water?

**DONALD-** H I J K L M N O.

**TEACHER-** What are you talking about?

**DONALD-** Yesterday you said its H to O

**Name- Siddharth Singh Class-V**

**KVS-A TRENDSETTER IN SCHOOL EDUCATION**

*“Education is the manifestation of the perfection already in man.”—Swami Vivekananda*

The above definition of education is probably the most comprehensive definition of education ever given. The main aim of education is to bring out or manifest the perfection which already exists in human beings. With this broader aim of the purpose of education in mind, Kendriya Vidyalaya Sangathan or KVS was established in the year 1962 under the Ministry of Human Resource Development, Government of India. The primary aim of KVS is to provide, establish, endow, maintain, control and manage the Kendriya Vidyalayas (formerly called Central Schools) spread across the length and breadth of the country and also abroad.

The primary objectives of all Kendriya Vidyalayas are four fold—

- i) To cater to the educational needs of the wards of Central Government employees who are transferred frequently
- ii) To pursue excellence and set the pace in the field of school education
- iii) To initiate and promote experimentation and innovations in education in collaboration with Central Board Of Secondary Education(CBSE) and National Council Of Educational Research and Training(NCERT) and
- iv) To develop the spirit of national integration and create a sense of ‘Indianess’ among children

Every school, hence, is a ‘Miniature India’ in itself and tries to inculcate in its students feelings of patriotism, brotherhood and nation integration. Apart from this, modern day KVs are trying to produce ‘World Citizens’ by promoting Internationalism where the students are told to look beyond the borders of the country and be a ‘World Citizen’ and contribute in bringing about World Peace and a sense of conservation of the Planet. Foreign languages like German have been introduced as optional language in the curriculum so as to promote Internationalism.

KVS strives to maintain excellence in academic pursuits through an ideal and updated methodology. Teaching-learning process is made more alluring and rewarding by integration of technology through establishment of E-Classrooms with state-of-the-art teaching-learning materials (TLM). Computer-aided teaching has replaced the ‘Chalk and Talk’ method in classrooms. KVS also aims at imparting Holistic education with the primary objective of all-round development of students. Co-curricular activities, games and sports, adventure activities—all these prepare the students through holistic development and mould them into a complete citizen. All educational ventures of the Government of India is implemented in letter and spirit in Kendriya Vidyalayas. Organisations like CBSE, NCERT, NCF—all contribute to the success of KVS through their continuous experimentation and innovations in the field of school education. Students who passed out of KVs are found across every profession rendering selfless service to the nation and contributing immensely in the great task of ‘Nation Building.’ Hence, it is true enough that KVS can be worthily labelled as the pioneer, trendsetter and a trail-blazer in the field of school education with its objective of imparting holistic quality education and promoting nationalism and internationalism.

**PROUD TO BE A KVian !!!! JAI HIND!**

**PINAKI BANDYOPADHYAY PGT-ENGLISH**

**KV Embassy of India, Kathmandu**











# हिन्दी विभाग



हिंदी पखवाडा समारोह

- प्रतिवेदन -

केंद्रीय विद्यालया काठमांडू में हिंदी पखवाडा धूमधाम से मनाया गया। दिनांक 16 सितम्बर को प्राचार्य महोदय डॉ शालिनी दीक्षित ने दीप प्रज्ज्वलन कर सरस्वती वंदना के साथ हिंदी दिवस का उद्घाटन किया। तत्पश्चात हिंदी समारोह के प्रभारी श्री ऋषि कुमार पाण्डेय ने हिंदी भाषा के महत्व पर प्रकाश डाला तथा पखवाडा की रूपरेखा प्रस्तुत की। कक्षा 12 वीं की छात्रा रिशांषा कोइराला ने कविता प्रस्तुत की। कक्षा 9 वीं के छात्र अंश गोयल तथा अमर्त्य मिश्र ने भाषण दिया, कक्षा 11 वीं की छात्रा ईशा विद्यार्थी ने हिंदी भाषा पर रोचक जानकारी प्रस्तुत की। पुण्यः वचन श्री सदगोपन जी ने तथा आभार प्रदर्शन प्रस्तुत किया। दिनांक 16 से 25 सितम्बर तक विद्यालय में बहुविध प्रतियोगिताएं आयोजित की गयीं। प्रतिदिन प्रार्थना सभा में एक शिक्षक ने हिंदी भाषा पर अपने विचार प्रस्तुत किये इनमें सर्वश्री ; याकूब जोनी, श्रीमती सुधा के, श्रीमती मीरा जी की कविता प्रस्तुति, एवं कक्षा 9 वी की छात्राएं :- सिएना चम्बियल, इशिता सिंह का कार्यक्रम सञ्चालन अपने आप में बेमिसाल था,, सारगर्भित था,, आदि उल्लेखनीय हैं। पखवाडा में निबंध लेखन, नारा लेखन, तात्कालिक भाषण, वाद विवाद तथा काव्य पाठ प्रतियोगिता का आयोजन किया गया।

पखवाडा में विद्यालय के छात्रों ने बढ़-चढ़कर हिस्सा लिया। संक्षिप्त विवरण इस प्रकार है :- प्राथमिक विभाग से कुल 5 स्पर्धाओं में 150 विद्यार्थियों ने तथा माध्यमिक एवं उच्च माध्यमिक से 5 स्पर्धाओं में 181 विद्यार्थियों ने भाग लिया।

पखवाडा का सफलतापूर्वक आयोजन भारतीय राज दूतावास तथा केन्द्रीय विद्यालय के संयुक्त तत्वावधान में संपन्न हुआ। समापन समारोह विद्यालय प्रबंध समिति के अध्यक्ष डॉ अजय कुमार जी के कर कमलों द्वारा विजेता छात्रों को पुरस्कार वितरण के साथ संपन्न हुआ। इस अवसर पर राजदूत महोदय के हस्तार्युक्त प्रमाणपत्र तथा नकद राशि प्रदान की गई। कार्यक्रम की अध्यक्षता माननीय प्राचार्या द्वारा की गयी। इस अवसर पर उन्होंने अधिकाधिक कार्य हिंदी में सम्पादित करने की अपील की।



### शिक्षण के नये आयाम

“हर फूल एक आत्मा के रूप में प्रकृति में खिलता है हर बच्चा एक ईश्वर की भेंट में हमें मिलता है “

बाल्यकाल से ही मैं प्रकृति प्रेमी रही हूँ। प्रकृति के असीम सौन्दर्य को निहारना व आत्मसात करना मुझे सदैव आनंदित करता है। प्रकृति के समान ही निर्मल व पवित्र होता है बच्चों का स्वभाव, यही कारण है की मुझे बच्चों का साथ बहुत भाता है। इस वर्ष जब मुझे नैसर्गिक सौन्दर्य के प्रचुर भण्डार नेपाल के काठमाण्डू स्थित केन्द्रीय विद्यालय में शिक्षण करने का अवसर प्राप्त हुआ तो जैसे मेरा मन मयूर नाच उठा। स्थानांतरण, सेमिनार व कार्यशालाओं के माध्यम से प्रायः मुझे अन्य केन्द्रीय विद्यालयों के शिक्षकों व छात्र - छात्राओं से मिलने के अवसर प्राप्त होते रहते हैं। मेरा अनुभव यह रहा है कि प्रायः सभी केन्द्रीय विद्यालयों की कार्यशैली एकसमान ही होती है। बच्चे भी कमोबेश एक ही प्राकृति के होते हैं। कुछ इसी तरह की सोच के साथ मैंने केन्द्रीय विद्यालय काठमाण्डू में शिक्षण कार्य आरम्भ किया था। किन्तु शीघ्र ही मुझे अनुभव हुआ की मेरा यह सोच नितांत भ्रम था। यहाँ के असीमित सौन्दर्य की भांति यहाँ के छात्र - छात्राओं के व्यक्तित्व भी अत्यन्त बहुआयामी हैं। स्वास्थ्य व शरीर सौष्ठव की दृष्टि से भी कहीं अधिक सुदृढ है। प्रायः बच्चे बहुमुखी, निडर एवं आत्मविश्वास से भरे हुए मिले। यहाँ मेरा प्रथम परिचय हुआ सांस्कृतिक विभिन्नताओं से और अवसर प्राप्त हुआ नई संस्कृति को जानने का। “ बच्चे ऊर्जा का भण्डार होते हैं “ - जिस प्रकार पानी सही दिशा में बहने पर अमृत का कार्य करता है किन्तु यदि वह प्रवाह अनियंत्रित हो जाए तो विनाशकारी बन जाता है। ठीक उसी प्रकार बच्चों की सभी विशेषताओं को अनुशासित कर सही दिशा दी जाए तो जीवन में उनका सफल होना निश्चित हो जाता है। इसी विचार को आधार बनाकर मैंने अपनी इस नवीन पौध को बढ़ाने का कार्य करना आरम्भ किया। कुछ ऐसा ही प्रयास व प्रयोग कर रहे हैं मैं और मेरे छात्र - छात्राएँ और बदले में जान रहे हैं एकदूसरे के देश व संस्कृति को और सीख रहे हैं एक नई भाषा। हर बच्चे की अपनी सोच होती है, समझ होती है। उनकी समझ और चिन्तन में स्वतन्त्रता तब आती है,

जब वे दूसरे देशों की संस्कृति से सामंजस्य बैठते हैं। मुझे भी नये देश, नयी भाषा, नयी संस्कृति से सीखने का अवसर प्राप्त हुआ है। एक किताब, एक कलम, एक बच्चा, एक शिक्षक दुनिया को बदल सकते हैं। एक प्रयास मेरा भी...

Deepa Sonker, PRT

## बेटी बचाओ, बेटी पढ़ाओ

जहाँ नारियों को सम्मान दिया जाता है वहाँ साक्षात् देवता निवास करते हैं ये आपकी और मेरी कही हुई बात नहीं हैं वरन् वेद वाक्य है, फिर भी इस ध्रुव सत्य पर उपेक्षा के बदल सदियों से मँडराते आ रहे हैं। विषय के आधुनिक पक्ष की ओर विचार करें तो मुझे एक तरफ़ यह जानकर बड़ी प्रसन्नता होती है कि नारी सशक्तीकरण, लाड़ली योजना, बेटी-बचाओ, बेटी पढ़ाओ आदि योजनाएँ लागू की जा रही हैं जो साबित करती है कि अभी भी समाज के ऊँचे पदों पर बुद्धिजीवी लोग आसीन हैं जो सृष्टि की संरचना में आधीभूमिका निभाने वाली महीयशी महिलाओं को उनके अधिकार दिलाने के लिए कार्यरत हैं दूसरी तरफ़ यह सोचकर मुझे काफ़ी दुःख होता है कि भारत जैसे देश में ऐसे भी लोग हैं जिन्हें यह बताने की ज़रूरत है कि नारियों को भी उनका अधिकार मिलना चाहिए। उनलोगों के ज़हन में ये साधारण-सी बात क्यों नहीं आती कि उनके अस्तित्व में आधी साझेदारी स्त्री की ही है और अगर वो इस विषय पर थोड़ा और विचार करें तो वे यह भी जान पाएँगे कि अगर उनके व्यक्तित्व में कहीं भी कुछ भी कमी रह गई है तो इसके पीछे का एकमात्र कारण उनसे जुड़ी स्त्रियों के अधिकारों का हनन है। आज के इस विकासशील देश में जहाँ मंगलयान की सफलता पर पूरा विश्व भारत को शुभकामनाएँ दे रहा है। उसी समय एक सवाल मुंह उठाता है कि क्या भारत केवल तकनीकी क्षेत्र में आगे बढ़ रहा है? क्या नारियों के प्रति सोच-विचार की मानसिकता में प्रगति शिथिल पड़ी हुई है? लिंगानुपात के बढ़ते असंतुलनको देखकर भी हमारी आँखें नहीं खुलती। पिछले 14 वर्षों से सीबीएसई की बोर्ड परीक्षाओं में लड़कियाँ ही अक्लमाल रही हैं। यहाँ तक कि विश्वविख्यात मनोवैज्ञानिक सिगमंड फ़्रोएड ने अपने प्रयोगों से सिद्ध कर दिया है कि स्त्रियाँ पुरुषों की तुलना में अधिक मेहनती, धैर्यवान, अहिंसक और ईमानदार होती हैं और ये सभी गुण उन्नति के मार्ग में मील का पत्थर साबित होती है। ये सब जानने के बाद भी हम नारियों के साथ अमानवीय व्यवहार कैसे कर सकते हैं? क्या ऐसा कृत्य पाशविकता का पर्याय नहीं है?

अब आवश्यकता है कि हम नज़र उठा कर देखें उन देशों की तरफ़ जो विकसित हैं और पाएँगे कि सभी विकसित देशों में एक बात सामान्य है कि वहाँ नारियों को पुरुष के समान अधिकार दिया जाता है। शायद ऐसे ही कुछ कारण हैं जिस वजह से हमारे माननीय प्रधानमंत्री श्री नरेंद्र दामोदर मोदी जी ने 22 जनवरी 2015 को बेटी-बचाओ, बेटी पढ़ाओ अभियान की शुरुआत की है।

एंजेल VI

## पर्यटन

पर्यटन दुनिया के सबसे बड़े उद्योगों में से एक के रूप में उभरा है। पिछले दो दशकों में तेजी से बढ़ रहा है, आज यह दुनिया के 7 प्रतिशत से अधिक उत्पादन के लिए जिम्मेदार है और दुनिया भर में लगभग 150 मिलियन लोगों को रोजगार देता है। द्वितीय विश्व युद्ध के अंत के बाद से, इसने विशाल राजस्व और विकास क्षमता विकसित की है और आज एक अद्वितीय प्राकृतिक अक्षय संसाधन उद्योग के रूप में खड़ा है।



पर्यटन- यात्रा-आधारित मनोरंजन- लोगों को जगह बदलने और दैनिक जीवन की एकता से एक ब्रेक प्रदान करता है। यह विभिन्न राष्ट्रों के लोगों को एक साथ लाता है, जिससे वे एक-दूसरे के रीति-रिवाजों और जीवन के अन्य पहलुओं के साथ घनिष्ठ संपर्क में आ सकते हैं। यह अन्य देशों से संबंधित लोगों के लिए एक सुंदर देश की सुंदर सुंदरता और पिछली विरासत का खुलासा करता है। प्रक्रिया में प्राप्त ज्ञान और अनुभव से अधिक समझ और सहिष्णुता हो सकती है और यहां तक कि विश्व शांति को बढ़ावा भी मिल सकता है। अर्थव्यवस्था में पर्यटन का योगदान हड़ताली है। संयुक्त राष्ट्र द्वारा किए गए एक अध्ययन से पता चला है कि विशेष रूप से विकासशील देश पर्यटन से सुन्दर लाभ प्राप्त कर सकते हैं जो राष्ट्रीय आय को काफी बढ़ाता है। पर्यटन संतुलन-भुगतान की स्थिति को ठीक करने में भी मदद करता है। एक परिसंचरण अर्थव्यवस्था सुनिश्चित करने के लिए, यहां तक कि courtiers भी पर्यटन पर भरोसा नहीं कर रहे हैं आंतरिक पर्यटन को बढ़ावा देने के लिए। पर्यटन रोजगार पैदा करता है, और एक राष्ट्र की उद्यमी संपत्ति में जोड़ता है। जबकि पर्यटन के कई फायदे हैं, इसके कुछ अवांछनीय दुष्प्रभाव भी हैं।

पर्यटन सामाजिक, सांस्कृतिक या पर्यावरणीय व्यवधान का कारण बन सकता है। सबसे बड़ी चिंता पर्यावरण के लिए नुकसान है। अधिक पर्यटकों को आकर्षित करने के लिए, विशाल रिसॉर्ट का निर्माण किया जाता है जो न तो स्थानीय वास्तुकला शैलियों और न ही पारिस्थितिकी को ध्यान में रखता है। अंधाधुंध निर्माण और पानी और अपशिष्ट निपटान सुविधाओं और पर्यटकों को मनोरंजक व्यवस्था प्रदान करने के प्रयासों के परिणामस्वरूप प्राकृतिक प्रणालियों को नष्ट किया जाएगा। पर्यावरणीय संपदा का अत्यधिक उपयोग पारिस्थितिक संतुलन को परेशान करता है। नंदा डेवी ट्रेल की तरह हिमालयी ट्रेल्स के पर्यटक उपयोग, उन्हें एक दुखी दुर्दशा में कम कर दिया है। हिमालयी चोटी के रास्ते खाली भोजन टिन के साथ strewn। हिमाचल प्रदेश में शिमला का यह सुरम्य पहाड़ी स्टेशन अपनी पूर्व प्राचीन सुंदरता की नीली छाया है। पर्यटकों की बाढ़ और आगंतुकों को समायोजित करने के लिए अधिक से अधिक होटल / लॉज बनाने के लिए बिल्डरों के बढ़ते हुए लालसा ने परिदृश्य को खराब कर दिया है। वास्तव में, शिमला अब एक ठोस जंगल बन गया है और धीरे-धीरे समय बीतने के साथ 'मर रहा है'। लेकिन इस बात से अनजान, स्थानीय प्रशासन और क्षेत्र में काम कर रहे लालची होटलियर पैसे बनाने के लिए इस जगह की पारिस्थितिकी और सुंदरता को नुकसान पहुंचा रहे हैं। दुर्भाग्यवश पर्यटन के लिए, शिमला का ठोसकरण तेजी से पर्यटकों को दूर कर रहा है। वन्यजीव पार्कों में नुकसान सबसे स्पष्ट है जो पर्यटक आकर्षण की सबसे प्रमुख साइट है। पर्यटक वैन और आगंतुकों के पैर जमीन की वनस्पति को नष्ट कर देते हैं, इस प्रकार जानवरों और परिदृश्य की खाद्य आदतों को भी प्रभावित करते हैं। अतिसंवेदनशीलता भीड़ के बारे में लाती है, जिससे पर्यावरण और स्वास्थ्य संबंधी खतरे पैदा होती हैं। साइट अंत में अपना आकर्षण खो देता है। स्मारकों को भी पर्यटकों से पीड़ित है। ताजमहल, दुनिया के सात आश्चर्यों में से एक, और राजसी खजुराहो मंदिरों ने बहुत सारे वस्त्रों का सामना किया है और पर्यटकों के तंग पैर बनाते हैं।

प्रशरित आर्याल XII ब



### केदारनाथ मंदिर

केदारनाथ मंदिर भगवान शिव को समर्पित हिन्दू मंदिर है। भगवान शिव ज्योतिर्लिंग के रूप में प्रकट हुए थे। यह प्राचीन और पवित्र मंदिर रुद्र हिमालय की श्रृंखलाओं पर बना हुआ है। हजारों साल पुराना यह मंदिर विशाल पत्थरों से बना हुआ है। मंदिर की सीढ़ियों पर हमें प्राचीन शिलालेख भी दिखाई देते हैं। मंदिर के पवित्र स्थल की आंतरिक दीवारें पौराणिक कथाओं और बहुत से देवी-देवताओं की चित्रकला से विभूषित हैं। प्रतिष्ठित मंदिर की उत्पत्ति के प्रमाण हमें महान महाकाव्य महाभारत में दिखाई देते हैं। यह मंदिर भारत के उत्तराखंड में केदारनाथ की मंदाकिनी नदी के पास वाली घरवाल हिमालय पर्वत श्रृंखलाओं पर बना हुआ है। चरम मौसम की स्थिति के कारण यह मंदिर अप्रैल (अक्षय तृतीया) से कार्तिक पूर्णिमा (साधारणतः नवम्बर) तक ही खुला रहता है।

सर्दियों के मौसम में केदारनाथ के भगवान शिव की मूर्ति को उखीमठ ले जाया जाता है और वहाँ 6 महीनों तक उनकी पूजा की जाती है। भगवान शिव की पूजा 'केदारनाथ धाम - के नाम से की जाती है। यह मंदिर 3581 मीटर की ऊँचाई पर बना हुआ है, सीधे रास्ते से आप इस मंदिर में नहीं जा सकते और गौरीकुंड से मंदिर तक जाने के लिए आपको 21 किलोमीटर की पहाड़ी यात्रा करनी पड़ती है।



मंदिर तक जाने के लिए गौरीकुंड में टट्टू और मेनन की सेवाएँ भी प्रदान की जाती हैं। इस मंदिर का निर्माण पांडवों ने करवाया था और आदि शंकराचार्य ने इसे पुनर्जीवित किया। साथ ही यह मंदिर 275 पादल पत्र स्थलों में से भी एक है। कहा जाता है की पांडवों ने केदारनाथ में तपस्या कर भगवान शिव को प्रसन्न किया। मंदिर के बाहर दरवाजे के पास नंदी का पुतला भी बना हुआ है, जो एक रक्षक का काम करता है।

भारत में उत्तरी हिमालय के छोटे चार धामों में से एक यह मंदिर है। भगवान शिव के 12 ज्योतिर्लिंगों में से यह सर्वोच्च है। 2013 में उत्तर भारत में आयी बाढ़ की वजह से केदारनाथ और उसके आस-पास का क्षेत्र काफी प्रभावित हुआ। केदारनाथ और उसके आस-पास के क्षेत्रों को इस बाढ़ से काफी क्षति पहुँची। लेकिन मंदिर के आंतरिक भाग को इससे ज्यादा क्षति नहीं पहुँची। केदारनाथ मंदिर - के चारों तरफ फैले विशालकाय पहाड़ बाढ़ से मंदिर की रक्षा करते हैं। लेकिन वर्तमान में यहाँ की परिस्थिति सुधर चुकी है और अब आम लोगों के लिए केदारनाथ के द्वार खुल चुके हैं।

नांदनी अग्रवाल XII-ब

## अपने समां को

अगर समय और नदी एक दिन  
 तुम ठहर जाओ  
 तो मैं ढूँढ सकती हूँ  
 तुम्हारे रेतिले तट पर  
 मेरी गुजरी हुई जिंदगी के हसीन पल,  
 वो गुनगुनाती धूप,  
 वो तेरा अलहड़ उमड़ाव,  
 वो रंगीन दुपहरिया,  
 वो उसका साथ  
 उससे बात  
 मेरे हाथों में उसका हाथ  
 उसके कंधों का सहारा  
 सारी दुनिया को छोड़  
 मेरे साथ रहने का वादा  
 वो ओस भरी म,  
 कप-कपाते होठों से  
 कल मिनले की आस  
 वो शाम का सन्नटा किनारा,  
 वो उदास नौका,  
 वो सांय सांय की आवाज,  
 वो रेतिला पानी,  
 दूर रेल की सीटी और तेरा अंतहीन किनारा,  
 वो तेरे तट से टकराती अजान और आरती,  
 सब कुछ छूट तो गया है,  
 पर छूटा नहीं है,  
 मेरा संतोष जो आज भी मेरे पास है।  
 मैं अपने अन्तर्मन में महसूस करती हूँ  
 और ढूँढ लेती हूँ अपने भीतर अपने समां को।

सुषमा तिवारी,  
 प्राथमिक अध्यापक

हिंदी पहेलियाँ

#1.

एक हरा घर, घर के अंदर सफेद घर,  
 सफेद घर के अंदर लाल घर,  
 लाल घर के अंदर रहते काले बच्चे,  
 तो बताओ इसे क्या कहते?

#2.

बूझो भैया एक पहेली,  
 जब काटो तो नई नवेली।

#3.

मैं मरूँ, मैं काटूँ,  
 तुम क्यों रोते हो।

उत्तर

1. तरबूज
2. पेंसिल
3. प्याज

प्रिया शा कक्षा: 12

## जीवन की सच्चाई

जीवन हो संगीत भरा तो,  
 जीवन में हो कलेश तो।  
 जीवन में हो कलेश तो,  
 जीना दुरभर हो जाता।  
 मन हो अपना शांत चित्त तो,  
 पढ़ना आसान हो जाता।  
 हो अपना विद्यालय अच्छा हो,  
 करियर अच्छा हो जाता।  
 माता-पिता का हो आशिर्वाद,  
 जीवन सफल हो जाता।  
 हो मित्रो या साथ सर्व ने,  
 जीवन धन्य हो जाता।  
 हो प्रभु कि कृपा अगर तो,  
 जीवन सुखमय  
 हो जाता।

Jheel Sha -VI

### ओ बूलबुल

ओ बुलबुल ओ बुलबुल, तेरी  
बाकी सखियाँ कहा गई---2  
एक सखी है खाना बनाती,  
एक बच्चों को है पढ़ाती  
एक है ममता की सूरत,  
एक है दुनिया को दिखलाती  
क्या -

मैं बुलबुल हूँ, मैं प्यारी हूँ,  
मैं सबका साथ निभाती हूँ,  
ओ बुलबुल ओ बुलबुल ,  
तेरी बाकी सखियाँ कहा गई--  
--2

एक सखी मेरी घर को सजाती,  
एक सखी इलाज़ है करती  
एक है ममता की सूरत,  
एक है दुनिया को दिखलाती  
क्या -

मैं बुलबुल हूँ, मैं प्यारी हूँ,  
मैं इस जग की सूरत हूँ।  
एकाग्रता , कक्षा पाँचवी



### चंद्रयान

भारत की इंजीनियरिंग तपस्या का  
प्रतीक हमारा चंद्रयान,  
जब यकायक ओझल हुआ संपर्क से  
अंतिम क्षणों में।  
देश हुआ स्तब्ध, उस आकस्मिक बाधा  
से निपट अनजान,  
भर गया अवसाद, अब तक की सफलता  
से उत्साहित मनो में॥1॥

छलछला गई तपस्या की सिवन आंखें,  
ढाई सौ इंजीनियरिंग प्रतिभाएं हुई  
हतप्रभ, उदास।  
कुछ क्षण बीते शून्यता में, अनिश्चितता,  
घबराहट में,  
फिर प्रधानमंत्री की आश्वासनभरी  
थपकियों/ शब्दों से लौटा विश्वास ॥ 2॥

अब हम हैं आनंदित चंद्र-मिशन की  
95% सफलता पर  
संसार चमत्कृत है भारत की मितव्ययी  
स्वदेशी तकनीकों से।  
'नासा' तक ने की है सराहना, भविष्य में  
साझेदारी की पेशकश के साथ  
बहुत प्रकाश मिलेगा आगे इस मिशन  
की छोटी त्रुटियों की सीखों से ॥3॥

देश हुआ गौरवान्वित, निहार अपने  
वैज्ञानिकों के अपूर्व धैर्य, समर्पण व  
लगन।  
कृतज्ञ भाव से समूचा देश कर रहा है  
अभिनंदन ॥

नई युवा पीढ़ी को मिलेगी दिशा व प्रेरणा  
अनंत,  
चांद की धरती पर निश्चय ही एक दिन  
करेंगे हम ध्वज-वंदन ॥4॥  
अपूर्व राणा कक्षा: 12

### दोस्ती

यार दोस्त सखे सहेली  
जितने चाहो उतने बनाओ  
लेकिन साथ देता वो दोस्त  
जब रात बन जाये पहेली...  
उस वख्त समय की न हो कोई  
बात  
भरा सवेरा हो  
या हो काली रात!  
साथ देंगे वो हमारी उस वख्त में  
खुशी देंगे चुटकियों में  
मस्ती में इस कदर घोल लेंगे  
दर्द का निवाला नज़र न आने  
देंगे तख्त में!  
शुक्रगुज़ार हु मैं तुम्हारा यारो  
हर पल जब तुमने थामा मेरा  
हाथ!  
वादा करता हु  
मैं न छोड़ूंगा तुम्हारा साथ!  
Ankit Agarwal -Class VIII





भारत माँ की रक्षा

**फ़ौजी**



सहमी हुई थी यह जमीन  
सहमा था सारा आसमां  
जीवन के इस मोड़ पर  
छाई गहरी खामोशियां॥

इस हादसे की गवाह  
थी भारत की सरजमीं  
मातृभूमि की रक्षा में  
छोड़ी ना थी कोई कमी॥

छीन लिया उस जालिम ने  
मेरी मां से उसका अभिमान  
राक्षस के रूप में था, हे प्रभु  
मेरे ही जैसा एक इंसान॥  
गम का सागर था गहरा  
डूबा था जिसमें मेरा परिवार  
देश के लिए हुआ था शहीद  
इस बात का था उन्हें अभिमान॥

इस हादसे को देकर अंजाम  
क्या हुआ उस जालिम को नसीब  
क्या जीत ली उसने ये जंग  
या हुआ वो, ऐ खुदा, तेरी जन्नत में  
शरीक॥

मिलता नहीं अवसर यह आसानी  
से  
कि कर सके इंसान का रूप  
धारण  
फिर क्यों यह चलता अनैतिकता  
की राह पर  
और बन जाता तबाही, दुख-दर्द  
का कारण॥

हे प्रभु, यही होती है  
हर सैनिक की कामना  
कि सरहदों पर ना हो  
इंसानों का इंसानों से सामना॥

हे ईश्वर, कब आएगा वो सवेरा  
जिसका है सबको इंतजार  
कब हटेगा अराजकता का अंधेरा  
और होगा इंसानों में प्यार  
बेशुमार॥

नंदिनी अग्रवाल  
कक्षा: 12

**जिंदगी**

तू जिंदगी को जी,  
उसे समझने की कोशिश न कर

सुन्दर सपनों के ताने बाने बुन,  
उसमे उलझने की कोशिश न कर

चलते वक़्त के साथ तू भी चल,  
उसमे सिमटने की कोशिश न कर

अपने हाथों को फैला, खुल कर  
साँस ले,

अंदर ही अंदर घुटने की कोशिश  
न कर  
मन में चल रहे युद्ध को विराम दे,  
खामखाह खुद से लड़ने की  
कोशिश न कर  
कुछ बाते भगवान् पर छोड़ दे,  
सब कुछ खुद सुलझाने की  
कोशिश न कर  
जो मिल गया उसी में खुश रह,  
जो सकून छीन ले वो पाने की  
कोशिश न कर  
रास्ते की सुंदरता का लुत्फ़ उठा,  
मंजिल पर जल्दी पहुंचने की  
कोशिश न कर !

प्रशस्ति आर्यल कक्षा: 12

**पहेली**

वो कौन सी चीज़ है  
जिसे खाने के लिए खरीदते हैं  
लेकिन उसे खाते नहीं  
लगाओ दिमाग ??? फेल हो गए  
क्या  
उत्तर – प्लेट



खुली रात में पैदा होती  
हरी घास पर सोती हूँ  
मोती जैसी मूरत मेरी  
बादल की मैं पोती हूँ  
बताओ क्या ?  
उत्तर – ओस की बूंद

खुशबू है पर फूल नहीं  
जलती है पर ईर्ष्या नहीं

बताओ क्या ?  
उत्तर – अगरबत्ती

प्यास लगे तो पी लेना  
भूख लगे तो खा लेना  
ठण्ड लगे तो जला लेना  
बोलो क्या ?  
उत्तर – नारियल

हरे रंग की टोपी मेरी हरे रंग का है  
दुशाला  
जब पक जाती हूँ मैं तो  
हरे रंग की टोपी लाल रंग का होता  
दुशाला  
मेरे पेट में रहती मोती की माला  
नाम जरा मेरा बताओ लाला ?  
- हरी मिर्च

रंग है मेरा काला  
उजाले में दिखाई देती हूँ  
अँधेरे में छिप जाती हूँ  
- परछाँई

इफ्त आरा  
कक्षा: 12

जिन्दगी

प्रकृति की सुंदरता को न समझ पाउ मैं  
उसके अद्भुत करनामाओ को न समझ पाउ  
मैं

कब क्या मोड लाये, न कोइ भरोसा  
न कोइ अनुमान  
एक पल में दे जी भर के खुशी  
कुछ ही देर की बात है, फिर  
दे देती है दुख और नाराजगी



Bhuwan Rathi, XII-B

हौसला

गहरी इन घटाओ की तरह  
काली इन बादलो की तरह  
भीगी सडको में  
फिसलन बाधाओ कि तरह  
अगले दिन सूरज की असीम किरणों से  
सब छूमंतर हो जाये  
सब पहले जैसा हि जाये!  
हर मुश्किलो में होता एक सूरज  
बस उसके प्रकट होने की है देरी  
एक बार उसकी प्रकाश तो पडे  
खत्म हो जाएगी सारी कहा सुनी!

विद्यार्थी जीवन

विद्यार्थी जीवन सबसे प्यारा  
हँसते, खेलते, घटते, गुजारा,  
प्यारे-प्यारे मित्रो के संग,  
नाचते गाते कभी न आएगा दोबारा।  
घर मे माँ,  
विद्यालय मे शिक्षाको को पाया,  
प्यार, दुलार, जीवन मे भरपूर पाया,  
अक्षरो को पाकर जीवन सुधारा,

अंधेरी दुनिया में जैसे प्रकाश है आया।  
परीक्षा से कभी जी घबराया,  
तो परीणाम पत्र देख मन हर्षाया,  
खेलकूद ने स्वास्थ्य सुधारा,  
तो तर्क-वितर्क में दिमाग तीव्र बनाया।  
ऐसा प्यारा विद्यार्थी जीवन,  
सब याद रखेंगे हर पल,  
मित्र, शिक्षक सभी एक दुजेको,  
प्यार करेंगे जीवनभर।

शिवांश लोहानी IX

## नया साल

नया साल नया उत्साह  
नए चेहरे नए उम्मीदें  
सब नया लेकिन एक वो चीज़  
मरते दम तक साथ रहे  
दोस्ती यारी और परिवार का साथ

पिछले साल को जाओ भूल  
इस साल को करो कुबूल  
यारो! आओ बनाये साथ यादें  
छोड़ देते हैं सारी पुरानी बातें  
भूल जाओ सारे दुख और दर्द  
मनाओ नया साल पूरी खुशियों के संग

सियना चंबियाल कक्षा IX

## सर्दी

सर्दी आई सर्दी आई, कीट-कीट कराती सर्दी  
आई  
गर्मी, वर्षा सबके बाद, यह श्रुतु सबको डराई।  
मम्मी, पापा, दादा, दादी, सबको यह बहुत  
सताई खेल कुद मे व्यस्त होकर, बच्चे भूल  
गए अपनी पढ़ाई।

भाग गये सब पतले चादर, निकली मोटी  
रजाई,  
भूल गये आईस्कीम, गोले, आ गई गरम  
चाई।  
सब सर्दी से डरते, ठिठूर ठिठूर कर मरते,  
मरते क्या न करते, धूप सेकते, आग तापते ।

भुकंप पिडित का हाल है बेहाल,  
ठंडी के मारे सबका है बुरा हाल ।  
सोच रहे हैं सब बूढ़े-बाल,  
कब आएगा उनका अच्छा साल ।

लेकिन हमसब छोटे बच्चे,  
कभी नहीं घबराते  
मस्ती करते हैं सर्दी में  
दिन भर मौज मनाते।

इशिता सिंग कक्षा ix

## ज़िन्दगी का दूसरा नाम इम्तिहान

कहते हैं ज़िन्दगी का दूसरा नाम इम्तिहान हैं  
पर क्यूँ हर इम्तिहान में कोई न कोई कुर्बान हैं  
अक्सर टूटे सपनों से बिखर जाया करते हैं वो  
लोग...

जो भी यहां जीवन के सच से रहते अनजान हैं  
अब सपने संजोने वाली उन आखों का क्या  
कसूर

नादान दिल की वो तो बस एक छवि, एक  
पहचान है

ज़िन्दगी समझते हैं कुछ लोग चंद पलों को  
इश्क में कहाँ रहता ज़मीन पर कोई इंसान है  
जब मिलती है सजा ज़िन्दगी में, किसी से दिल  
लगाने की,

लगे बोझ खुदा का वो तोहफा, जिसका नाम जान  
है

ज़िन्दगी कितना भी दे गम, हंस के जी लो यारों  
मौत भी आज तक कहाँ हुयी किसी पे मेहरबान  
है जीवन सुख दुःख का एक घूमता चक्र है  
जो ना समझा ये, वो नादान है, वो नादान है

ज्योति अग्रवाल कक्षा XI अ



हम भारतीय कहलाते हैं



हम बच्चे हँसते गाते हैं।  
हम आगे बढ़ते जाते हैं।  
पथ पर बिखरे कंकड़ काँटे,  
हम चुन चुन दूर हटाते हैं।  
आयें कितनी भी बाधाएँ,  
हम कभी नहीं घबराते हैं।  
धन दोलत से ऊपर उठ कर,  
सपनों के महल बनाते हैं।  
हम खुशी बाँटते दुनिया को,  
हम हँसते और हँसाते हैं।  
सारे जग में सबसे अच्छे,  
हम भारतीय कहलाते हैं।

कल्पित ठाकुर ix

### आह्वान

कस ली है कमर अब तो, कुछ करके  
दिखाएंगे,  
आजाद ही हो लेंगे, या सर ही कटा देंगे  
हटने के नहीं पीछे, डरकर कभी जुल्मों से  
तुम हाथ उठाओगे, हम पैर बढ़ा देंगे  
बेशस्त्र नहीं हैं हम, बल है हमें चरखे का,  
चरखे से ज़मीं को हम, ता चर्ख गुंजा देंगे  
परवाह नहीं कुछ दम की, ग़म की नहीं,  
मातम की,

हैं जान हथेली पर, एक दम में गंवा देंगे  
उफ़ तक भी जुबां से हम हरगिज़ न  
निकालेंगे

तलवार उठाओ तुम, हम सर को झुका देंगे  
सीखा है नया हमने लड़ने का यह तरीका  
चलवाओ गन मशीनें, हम सीना अड़ा देंगे  
दिलवाओ हमें फांसी, ऐलान से कहते हैं  
खूं से ही हम शहीदों के, फ़ौज बना देंगे  
मुसाफ़िर जो अंडमान के, तूने बनाए, ज़ालिम  
आज़ाद ही होने पर, हम उनको बुला लेंगे ॥

चिरायु अग्रवाल XI -क



### प्रकृति

हरी हरी खेतों में बरस रही है बूंदें,  
खुशी खुशी से आया है सावन,  
भर गया खुशियों से मेरा आंगन।  
ऐसा लग रहा है जैसे मन की कलियां खिल  
गई, ऐसा आया है बसंत,  
लेकर फूलों की महक का जशान।  
धूप से प्यासे मेरे तन को,  
बूंदों ने भी ऐसी अंगड़ाई,  
उछल कूद रहा है मेरा तन मन,  
लगता है मैं हूँ एक दामन।  
यह संसार है कितना सुंदर,  
लेकिन लोग नहीं हैं उतने अकलमंद,  
यही है एक निवेदन,  
मत करो प्रकृति का शोषण।

Prince Sharma- XIIAr

## वो है मेरी माँ

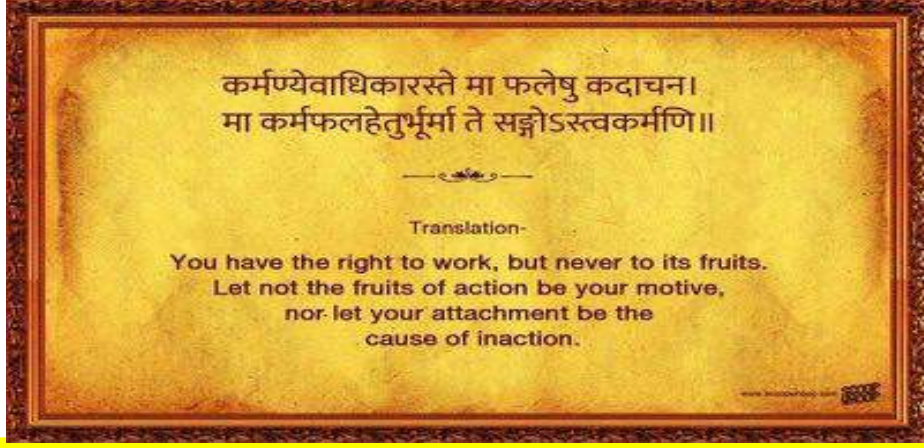
मेरे सर्वस्व की पहचान  
अपने आँचल की दे छाँव  
ममता की वो लोरी गाती  
मेरे सपनों को सहलाती  
गाती रहती, मुस्कराती जो  
वो है मेरी माँ।

प्यार समेटे सीने में जो  
सागर सारा अशकों में जो

हर आहट पर मुड़ आती जो  
वो है मेरी माँ।  
दुख मेरे को समेट जाती  
सुख की खुशबू बिखेर जाती  
ममता की रस बरसाती जो  
वो है मेरी माँ।

प्रवेद्य गुप्ता XI ब





### संस्कृत भाषाया महत्त्वम्

संस्कृतम् भारतस्य विश्वस्य च पुरातनतमा भाषा। अन्यासा भाषाणां तथा पुरातनं साहित्यमद्य नोपलभ्यते यथा पुरातनं संस्कृतसाहित्यम् । विश्वस्य पुरातनतमो ग्रन्थः ऋग्वेदः संस्कृतभाषयैव निबद्धः । इयमतीव वैज्ञानिकी भाषा, अस्याः पाणिनिमुनिप्रणीतं व्याकरणमतीव वैज्ञानिकं यस्य साहाय्येन अद्यापि वयं तान् पुरातनग्रन्थान् अवबोधुं शक्नुमः । संस्कृतमेव हि भारतम् । यदि वयं प्राचीन भारतमर्वाचीनं वापि भारतं ज्ञातुमिच्छामः तर्हि नास्ति संस्कृतसमोऽन्य उपायः । भारतीयजनस्य अद्यापि यत् चिन्तनं तस्य मूलं प्राचीनसंस्कृतवाङ्मये दृश्यते । यदि च तत् चिन्तनं वयं नूतनविज्ञानाभिमुख कर्तुमिच्छामस्तर्हि तस्य मूलं पृष्ठभूमि च अविज्ञाय विच्छिन्नरूपेण कर्तुम् न शक्नुमः। यदि वयमिच्छामो यत् भारतीयजनः परिवर्तनम् आत्मसात् कुर्यात् तदा तेन परिवर्तनेन आत्मरूपेण संस्कृतिमयेन संस्कृतमयेन च भाव्यम् ।

संस्कृतसाहित्यम् अति समृद्धं विविधज्ञानमयं च वर्तते । अत्र वैदिकं ज्ञानमुपलभ्यते, यस्य क्वचिदपि साम्यं नास्ति । महाभारतं तु विश्वकोशरूपमस्ति । रामायणशिक्षाः दिशि दिशि प्रचरिताः। उपनिषद्भिर्वैदेशिकैरपि विद्वद्भिः शान्तिः प्राप्ता। कालिदासादीनां काव्यानाम् उत्कर्षस्य तु कथैव का। चरकसुश्रुतयोरायुर्वेदः, भारद्वाजस्य विमानशास्त्रम्, कणादस्य परमाणुविज्ञानम्, गौतमस्य तर्कविद्या, शुल्बसूत्राणां ज्यामितिविज्ञानम्, आर्यभट्टस्य खगोलशास्त्रम् इत्येवमादीनि अनेकानि विज्ञानानि शास्त्राणि च संस्कृतभाषोपनिबद्धान्येव । अद्यापि राजनीतिविषये शासनतन्त्रविषये च कौटिल्यस्य अर्थशास्त्रं मनुस्मृतिश्च मार्गप्रदर्शके स्तः ।

वयं भारतीयाः । अस्माभिः स्वकीयं गौरवमयं वाङ्मयमधीत्यैव तदाधारे भविष्यनिर्माणं कर्तव्यं, तदैवात्मोत्कर्षः सम्भाव्यते। स च उत्कर्षः आत्माधिष्ठितो हृदयग्राही वास्तविकोन्नतिकारी भविष्यति । यानि राष्ट्राणि स्वगौरवं न विस्मरन्ति तान्येव सफलतायाश्चरमोत्कर्षं प्राप्नुवन्ति ।

Shreya Saxena Class IX



## कक्षाध्यापिका

लक्ष्मीराव मम कक्षाध्यापिका अस्ति। सा अस्मान् आंग्लभाषाम् समाजशास्त्रम् च अध्यापयति। सा सुष्ठुतरम् पाठयति अस्मान्। कदाचित् रुचिकराः कथाः कथयति। कथाभिः सा अस्मासु सदगुणानाम् सिञ्चनम् करोति। प्रथमहोरायाम् अस्माकं नामावलिपठनेन सा उपस्थितिपत्रके अंकयति। सा अस्मत् शुल्कम् स्वीकरोति प्रतिग्रहपत्राणि च यच्छति। सा अस्माकं प्रगतिपत्रकाणि सज्जीकरोति। आवश्यकतानुसारम्

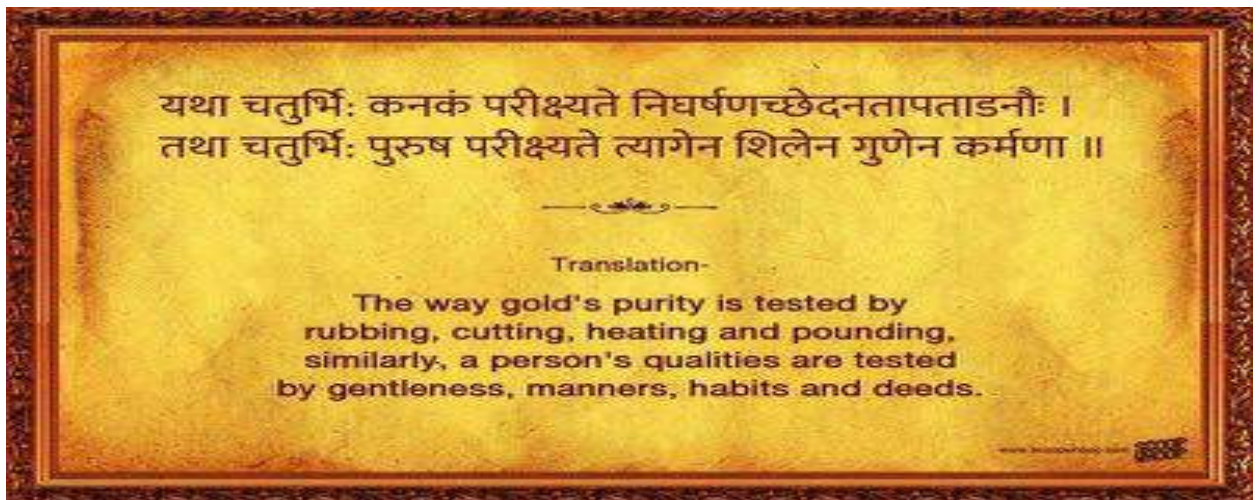
जय वृक्ष! जय वृक्ष

श्रूयताम् सर्वे वृक्षपुराणम्,  
क्रियताम् तथा वृक्षारोपणम्।  
वृक्षस्यास्ति सुन्दरम् याति मूलं बहुदूरम्॥  
मूलेपि अन्नम्, तस्य काष्ठं कठिनम्,  
काष्ठं कठिनं भवति इन्धनार्थम्।  
पर्णेषु भवति हरितद्रव्यम्,  
अतो हि अस्ति रे पर्ण हरितम्॥  
पुष्पम् सुन्दरम्, अतीव मोहकम्,  
पुष्पम् तस्य भवति रे देवपूजार्थम्।  
फलम् रसमयं, तस्य फलं स्वादपूर्णम्,  
फलम् हि अस्ति रे खगस्य अन्नम्॥  
जलवातप्रकाशैः निर्माति अन्नम्,  
तेन हि अन्नेन वर्धते नित्यम्।

वृक्षस्य दृश्यताम् सर्वम् हि कार्यम्,  
जीवनं तस्यास्ति परोपकारार्थम्॥  
वृक्षे हि कुर्वन्ति विहगाः नीडम्,  
केचित् तु कुर्वन्ति काष्ठे हि छिद्रम्।  
आतपे तिष्ठति वर्षानुवर्षम्,  
अन्येषां करोति छायाप्रदानम्॥  
वृक्षो नैव अस्ति रे स्वकीयं फलम्,  
सर्वम् हि अंगम् तस्य लोकहितार्थम्।  
जनाः न स्मरन्ति तस्य उपकारम्,  
बहुधा कुर्वन्ति वृक्षच्छेदनम्॥

मास्तु रे मास्तु ईदृशं पापं,  
यथाशक्ति क्रियताम् वृक्षारोपणम्।  
नैव रे नैवास्तु वृक्षकर्तनम्,  
सर्वे हि कुर्वन्तु तद्संवर्धनम्॥

नाम :- सेजल तंगर कक्षा :- नवमी



### विद्या संबन्धी श्लोकः

कामधेनुगुणा विद्या ह्यकाले फलदायिनी।  
प्रवासे मातृसदृशी विद्या गुप्तं धनं स्मृतम्॥

अर्थ:- विद्या कामधेनु समान सबकि इच्छा पूर्ण करति है। विद्यासे सब फल समये में प्राप्त होते है। परदेश में विद्या माता समान रक्षा करति है। विद्वानों ने विद्या को गुप्त धन कहा है।

विद्वान्प्रशस्यते लोके विद्वान् गच्छति गौरवम्।  
विद्याया लभ्यते सर्वं विद्या सर्वत्र पूज्यते ॥

अर्थ:- संसार में विद्वानों कि ही प्रशंसा होती है, विद्वान व्यक्ति ही सब जगहों में पूजा जाता है। विद्यासे सब कुछ मिलता है, विद्या कि ही सब स्थानों में पूजा होती है।

रूपयौवनसम्पन्ना विशालकुलसम्भवाः।  
विद्याहीना न शोभन्ते निर्गन्धा इव किंशुका ॥

अर्थ:- रूप यौवनसे सम्पन्न, बड़े कुल में पैदा होकर भी विद्याविहीन पुरुष सुगन्धहीन फूल पलाश समान शोभा अर्थात् आदर प्राप्त नहीं करता।

पुस्तकेषु च या विद्या परहस्तेषु यद्वनम।  
उत्पन्नेषु च कार्येषु न सा विद्या न तद्वनम् ॥

अर्थ:- जो विद्या पुस्तकों में लिखी है पर कण्ठस्थ नहीं है तथा जो धन किसी और के हाथ में जा चुका है, ये दोनों आवश्यकता के समय काम नहीं लगते।

प्रेषण दाहाल खरेल कक्षा ७

### भगवद्गीताश्लोकाः

यो न हृष्यति न द्वेष्टि न शोचति न काङ्क्षति।  
शुभाशुभपरित्यागी भक्तिमान्यः स मे प्रियः॥12.17॥

*भावार्थः*

जो न कभी हर्षित होता है, न द्वेष करता है, न शोक करता है, न कामना करता है तथा जो शुभ और अशुभ सम्पूर्ण कर्मों का त्यागी है- वह भक्तियुक्त पुरुष मुझको प्रिय है।

कर्मेन्द्रियाणि संयम्य य आस्ते मनसा स्मरन् ।

इन्द्रियार्थान्विमूढात्मा मिथ्याचारः स उच्यते ॥3.6॥

भावार्थः

जो मूढ़ बुद्धि मनुष्य समस्त इन्द्रियों को हठपूर्वक ऊपर से रोककर मन से उन इन्द्रियों के विषयों का चिन्तन करता रहता है, वह मिथ्याचारी अर्थात् दम्भी कहा जाता है ।

न हि कश्चित्क्षणमपि जातु तिष्ठत्यकर्मकृत् ।

कार्यते ह्यवशः कर्म सर्वः प्रकृतिजैर्गुणैः ॥3.5॥

भावार्थः

निःसंदेह कोई भी मनुष्य किसी भी काल में क्षणमात्र भी बिना कर्म किए नहीं रहता क्योंकि सारा मनुष्य समुदाय प्रकृति जनित गुणों द्वारा परवश हुआ कर्म करने के लिए बाध्य किया जाता है ।

यो मामजमनादिं च वेत्ति लोकमहेश्वरम् ।

असम्मूढः स मर्त्येषु सर्वपापैः प्रमुच्यते ॥10.3॥

भावार्थः

जो मुझको अजन्मा अर्थात् वास्तव में जन्मरहित, अनादि (अनादि उसको कहते हैं जो आदि रहित हो एवं सबका कारण हो) और लोकों का महान् ईश्वर तत्त्व से जानता है, वह मनुष्यों में ज्ञानवान् पुरुष संपूर्ण पापों से मुक्त हो जाता है ।

यद्यदाचरति श्रेष्ठस्तत्तदेवेतरो जनः ।

स यत्प्रमाणं कुरुते लोकस्तदनुवर्तते ॥3.21॥

भावार्थः

श्रेष्ठ पुरुष जो-जो आचरण करता है, अन्य पुरुष भी वैसा-वैसा ही आचरण करते हैं। वह जो कुछ प्रमाण कर देता है, समस्त मनुष्य-समुदाय उसी के अनुसार बरतने लग जाता है (यहाँ क्रिया में एकवचन है, परन्तु 'लोक' शब्द समुदायवाचक होने से भाषा में बहुवचन की क्रिया लिखी गई)

Name: Suyab Subedi Class: VII









*Kendriya Vidyalaya*  
*Embassy Of India*  
*Kathmandu*  
*NEPAL*

*lazmipat road*

*phone - 04414202, 4411259*

*email - principalkvkathmandu@gmail.com*

*www.kvkathmandu.net*

**Incandescence**

**E-Magazine 2019-20**

**Conceptualized and Prepared by -Kamal Jit**

**PRT, Kendriya Vidyalaya EOI Kathmandu**

**+91-977 9595 571E-mail - kml39c@gmail.com**