AUTUMN VACATION ASSIGNMENT • 10-DAY PLAN

Class 4 — English & हिन्दी (Languages)

Class: 4 **Sections:** Languages (English & Hindi) **Duration:** 10 Days

ENGLISH English Holiday Homework (10 Days)

Day	Topic	Task Description
Day 1	**Reading & Writing**	Read 2 pages from textbook; write 1 page of neat handwriting.
Day 2	**Vocabulary**	Write 5 new words from your book with meanings and sentences.
Day 3	**Nouns**	List 10 nouns from your room (5 common and 5 proper nouns).
Day 4	**Short Sentences**	Write 5 lines about your favourite festival (Dussehra/Diwali).
Day 5	**Adjectives**	Name 5 home objects; write 2 describing words for each.
Day 6	**Story Time**	Read a short moral story; write the title and main character.
Day 7	**Opposites & Rhymes**	Write antonyms of 5 words and 2 rhyming words for each.
Day 8	**Verbs**	Write 6 daily-routine sentences; underline all action verbs.
Day 9	**Leaf Bookmark**	Make an autumn leaf bookmark and write 1 motivational quote.
Day 10	**Spoken English**	Tell a 5-sentence story to your parents in English; review all days.

हिन्दी हिन्दी अवकाश गृहकार्य (10 दिन)

दिन	विषय	कार्य विवरण
दिन 1	**पठन एवं सुलेख**	पाठ्यपुस्तक से एक पृष्ठ का वाचन करें तथा 8 पंक्तियों का सुलेख लिखें।
दिन 2	**शब्दार्थ व प्रयोग**	पाठ्यपुस्तक के 6 कठिन शब्दों के अर्थ लिखें तथा सार्थक वाक्य बनाएँ।
दिन 3	**पर्यायवाची शब्द**	दो-दो पर्यायवाची लिखें: सूर्य, हवा, बादल, घर, पेड़, पानी।
दिन 4	**संज्ञा के भेद**	व्यक्तिवाचक और जातिवाचक संज्ञा के 5-5 उदाहरण कॉपी में लिखें।

दिन 5	**विशेषण**	किन्हीं 6 वस्तुओं के लिए 2-2 गुण बताने वाले शब्द (विशेषण) लिखें।
दिन 6	**क्रिया**	'मेरी दिनचर्या' पर 6 वाक्य लिखें तथा प्रयुक्त क्रिया शब्दों को रेखांकित करें।
दिन 7	**मुहावरे**	अर्थ लिखकर वाक्य बनाएँ: आँख का तारा, फूला न समाना।
दिन 8	**अनुच्छेद लेखन**	'शरद ऋतु' या 'दशहरा' पर 60-70 शब्दों का छोटा अनुच्छेद लिखें।
दिन 9	**कहानी पठन**	पंचतंत्र की कोई प्रेरक कहानी पढ़ें और सीख 2 पंक्तियों में लिखें।
दिन 10	**मौखिक व समीक्षा**	कहानी परिवार को सुनाएँ तथा सभी 10 दिनों के कार्य की पुनरावृत्ति करें।

Subject – Mathematics

1 Tables Practice – Learn and write multiplication tables from 2 to 20 neatly in your notebook.

2. Solve 4-word problems based on addition, subtraction and multiplication.

3. Paste pictures of round, triangular, square, and rectangular objects from your home or surroundings and label them.

4. A rope is 3 meters long. If you cut it into 6 equal pieces, how long is each piece?

5. A water tank holds 60 liters of water. If 4 buckets of water are taken out equally, how many liters are in each bucket?

6. A bag weighs 12 kilograms. If it is divided equally into 4 smaller bags, what is the weight of each bag?

7. A cake weighs 2 kilograms. If it is cut into 4 equal slices, what is the weight of each slice?

8. A 40 cm stick is broken into 5 equal pieces. What is the length of each piece?

9. Mamta bought 3 liters of juice. She pours it equally into 6 glasses. How much juice is in each glass.

SUBJECT – TWAU

General Instructions: Complete all tasks neatly in your regular EVS notebook with proper headings, date, and margins. Write with a dark pencil or blue pen.

[TASK 1] The Balanced Diet Table (Chapter: Food for Health)

Copy and complete the table below neatly using a ruler in your notebook:

Food Group	Main Nutrients	Why Our Body Needs It	Examples (Any 3)
Energy-Giving Foods	Carbohydrates & Fats	Provides instant energy to study, play, run, and work throughout the day	Rice, Potato, Butter, Wheat
Body-Building Foods	Proteins	Helps muscles grow strong and repairs wounded or worn-out body cells	Pulses (Daal), Eggs, Milk, Paneer
Protective Foods	Vitamins & Minerals	Protects body from diseases, strengthens eyesight, gums, and skin	Spinach, Apple, Carrot, Orange

[TASK 2] Short Answer Questions (Write Complete Answers in Notebook)

1. **What is a "Balanced Diet"?**
   Answer guide: A diet that contains all essential nutrients (carbohydrates, proteins, fats, vitamins, minerals, roughage, and water) in correct proportions.
2. **Why is it important to wash fruits and raw vegetables before eating them?**
   Answer guide: To wash away harmful chemical pesticides, dirt, dust, and micro-germs sticking to their outer skins.
3. **List 3 daily habits that keep our teeth and gums healthy.**
   Answer guide: Brushing twice a day, rinsing mouth after each meal, and reducing sweet sticky candies.
4. **Why do children need 8 to 9 hours of proper sleep every night?**
   Answer guide: Sleep allows our growing brain and body to rest, repair tissues, and stay fresh and energetic for school.
5. **What happens to our body when we eat too much junk food and avoid physical exercise?**
   Answer guide: We become lazy and overweight (obesity), suffer from stomach problems, and fall sick easily.