पीएम श्री केन्द्रीय विद्यालय मथाना



विद्यालय पत्रिका
(2025-26)
“ सुरभि ”

EDITORS :
हिन्दी : श्री जितेंद्र कुमार (पीजीटी , हिन्दी)
संस्कृत : श्रीमती सुनील कुमारी (टीजीटी, संस्कृत)
ENGLISH : SMT. CHANDRIMA GAUR (PGT , ENGLISH)

पीएम श्री केन्द्रीय विद्यालय मथाना



उपायुक्त महोदय की कलम से

संदेश

यह प्रसन्नता का विषय है कि केंद्रीय विद्यालय मथाना कुरुक्षेत्र अपनी विद्यालय पत्रिका का प्रकाशन कर रहा है |
यह विद्यार्थियों के अंदर सर्जनात्मकता बढ़ाने का एक उत्तम प्रयास है |
वर्तमान युग में विद्यार्थी बहुत कारणों से अपने लक्ष्य से भटक गया हुआ लगता है |
यदि हम बच्चों को एक ऐसा कार्य देंगे जो उनकी रूचि का विकास करता हो तो इससे अच्छी बात और कोई नहीं हो सकती |
विद्यालय पत्रिका का प्रकाशन भी एक ऐसा ही प्रयास है | इसमें बच्चे अपनी अभिव्यक्ति कर सकते हैं |
फिर चाहे वह नया सृजन कुछ लिखकर हो या चित्र आदि के माध्यम से| पत्रिका के प्रकाशन पर मैं पूरे विद्यालय परिवार को बधाई देता हूँ |

(चंद्र शेखर आजाद)

पीएम श्री केन्द्रीय विद्यालय मथाना



प्राचार्य की कलम से

केंद्रीय विद्यालय मथाना में आपका स्वागत है

मेरे लिए यह प्रसन्नता का विषय है कि हमारा विद्यालय त्रैमासिक समाचार पत्र प्रकाशित करता है। पत्र विद्यालय की विभिन्न गतिविधियों का दर्पण होता है। विद्यालय में शिक्षण कार्य के साथ साथ छात्र छात्राओं के सर्वांगीण विकास हेतु अनेक गतिविधियां वर्ष पर्यंत चलती रहती हैं। इस पत्र के माध्यम से आप अवगत हो सकेंगे कि विद्यालय में खेलकूद एवं विभिन्न कौशलों के विकास के लिए अनेक प्रतियोगिताओं का आयोजन प्रत्येक सप्ताह होता है, जिसमें विद्यार्थी भाग लेते हैं और अपनी प्रतिभा को निखारते हैं।

मुझे विश्वास है कि हमारे विद्यार्थी आगे चलकर प्रबुद्ध,देशभक्त एवं विविध कौशलों से परिपूर्ण सभ्य नागरिक बनेंगे एवं समाज और देश के विकास में अपना यथासंभव सक्रिय योगदान देकर अपने मानव जीवन को सफल बनाएँगे।

प्राचार्य

श्री बस्ती राम

पीएम श्री केन्द्रीय विद्यालय मथाना

From the pen of the Editor……

It's a matter of great pride that Kendriya Vidyalaya Mathana is publishing the e- edition of Vidyalaya Patrika. It's a platform where the budding and the latent talent of the students is revealed and it gets reflected in the shape of poem, article or story. Young children have great talent and they can showcase it through school magazine. Their small endeavors can turn into big ventures in future. We are thankful to our higher authorities for the support and guidance that they provided in the completion of this task. Wishing a very good luck to the students…..

Chandrima Gaur PGT English

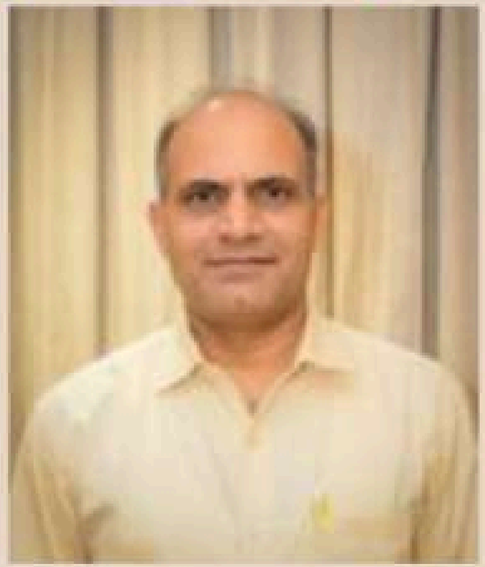
पीएम श्री केन्द्रीय विद्यालय मथाना

स्वच्छ बनाएँगे

आओ मिलकर करें प्रतिज्ञा,
स्वयं को स्वच्छ बनाएँगे |
स्वयं को स्वच्छ बनाएँगे,
देश को स्वच्छ बनाएँगे |
कैसा ये मैला गगन हो गया है,
विषैला-विषैला पवन हो गया है |
हम गगन व पवन की,
मैल को दूर भगाएँगे |
स्वयं को स्वच्छ बनाएँगे,
देश को स्वच्छ बनाएँगे |
ये धरा प्रदूषित हो गई है,
पानी भी काला हो गया है |
हम धरा व पानी के,
प्रदूषण को दूर भगाएँगे |
स्वयं को स्वच्छ बनाएँगे,
देश को स्वच्छ बनाएँगे |

द्वारा :
डॉ. जितेन्द्र कुमार मनोचा
स्नातकोत्तर हिंदी शिक्षक

हमारे मार्गदर्शक



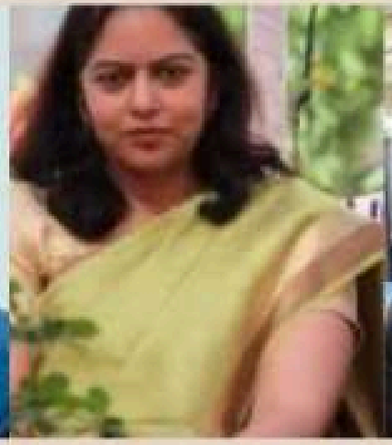
श्री चंद्रशेखर आज़ाद
उपायुक्त
केंद्रीय विद्यालय संगठन गुरुग्राम संभाग



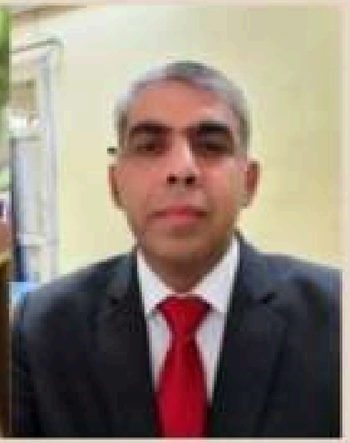
श्री दीदार सिंह
सहायक आयुक्त



श्री भूपेश भट्ट
सहायक आयुक्त



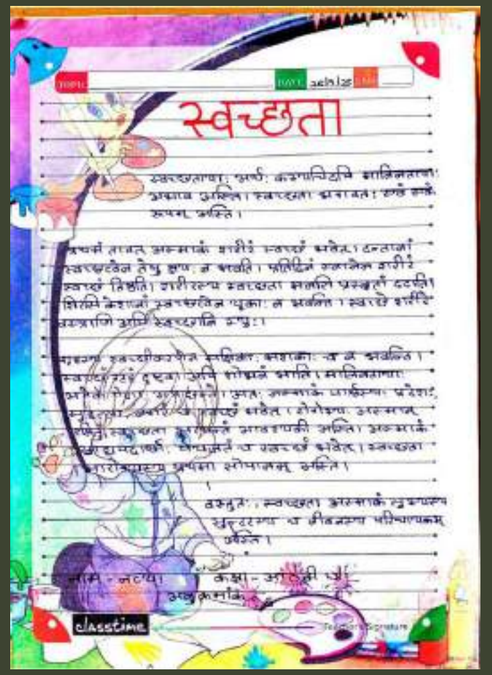
श्रीमती अर्चना जायसवाल
सहायक आयुक्त



अनिल कुमार
सहायक आयुक्त

बच्चों की कल्पना

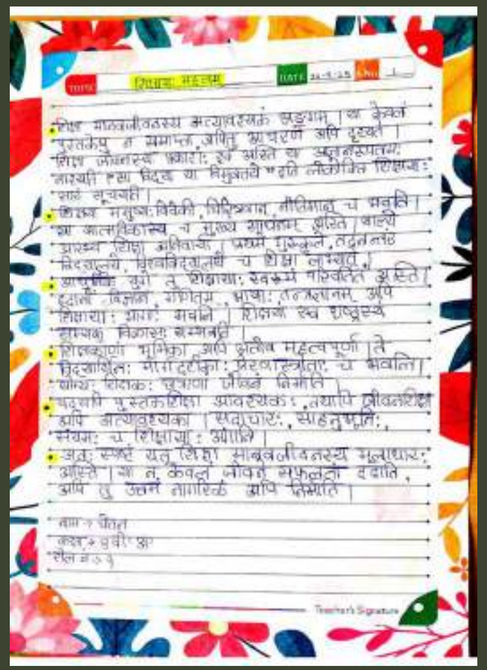

BE POSITIVE ACTION


स्वच्छता
classtime


Notes
पृथ्वी पर कविता
पेड़ धरती की शान हैं,
हमारे जीवन की मुस्कान हैं।
आओ मिलकर पेड़ लगाएं हम,
अपनी धरती को हरित बनाएं हम।
धरती की ये यही पुकार,
पेड़ लगाओ बार बार,
धरती में बसी हैं सबकी जान,
इसका सब रखवाले करो।
पेड़ - पौधे और पानी को बचाएंगे,
धरती को सुंदर बनाएंगे।
पेड़ धरती की शान हैं,
हमारे जीवन की मुस्कान हैं।
IDEA


Notes
पुस्तक समीक्षा
शीर्षक :- विज्ञान सीखना
लेखक :- इन्द्रमती रॉय
प्रकाशक :- राष्ट्रीय पुस्तक न्यास, भारत
विज्ञान हमारे जीवन का एक अंश बन गया है। विज्ञान के अनुप्रयोगों ने हमको कई सुविधाएँ तथा जीवन की एक बेहतर गुणवत्ता प्रदान की है। अतः यह महत्वपूर्ण होता है कि हम विज्ञान की भाषा सीख लें।
यह पुस्तक विज्ञान के विभिन्न पहलुओं को सरल भाषा में वर्णित करती है।
'विज्ञान सीखना' पुस्तक की रचना चार भागों में की है।
भाग 1 - विश्व, सौर-मंडल, पृथ्वी
भाग 2 - भौतिक विज्ञान का ज्ञान और उसके भौतिक सिद्धांतों को सीखना
भाग 3 - वस्तुओं और सामग्रियों का रसायन-विज्ञान का ज्ञान: हमारे चारों तरफ की वायु, जल के बारे में कुछ कुछ
भाग 4 - जैविकी और जीवन
IDEA

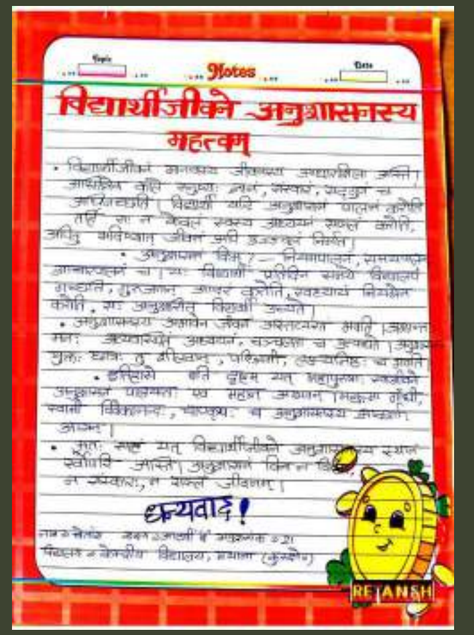

Notes
सफलतायाः मार्गः




पर्यावरणम्
classtime


कविता→बेटी


प्रकृति का संदेश

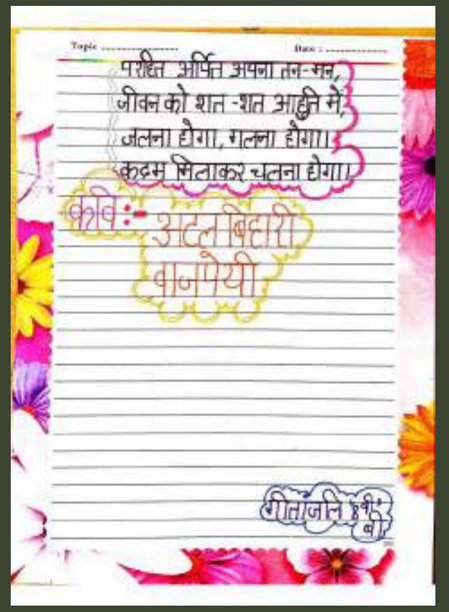

Notes
विद्यार्थीजीवने अनुशासनस्य महत्वम्
धन्यवाद!
RETANSH

बच्चों की कल्पना

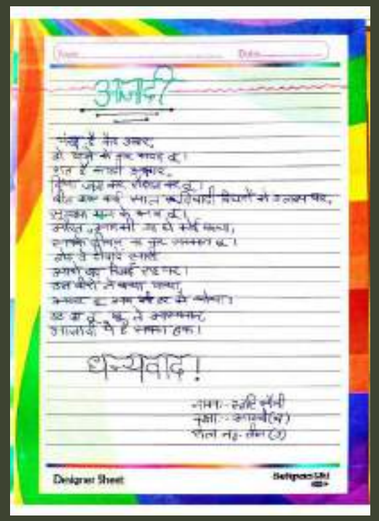


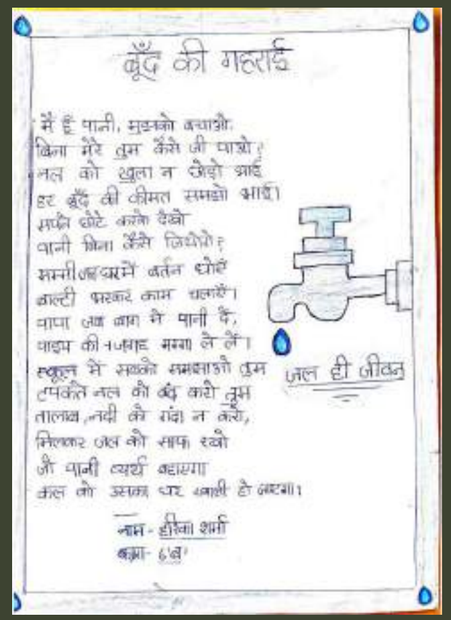

कवि: अटल बिहारी वाजपेयी


आ अब लौट चलें
Rubel
Designer Sheet


कवि: अटल बिहारी वाजपेयी

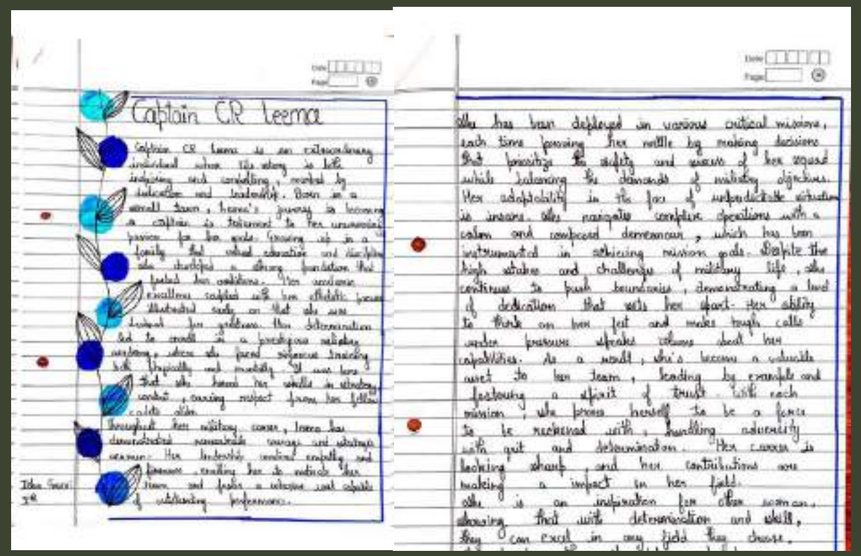

Bestbapu
2010


धन्यवाद!
Designer Sheet


बूँद की गहराई
जल ही जीवन


कदम मिलाकर चलना होगा

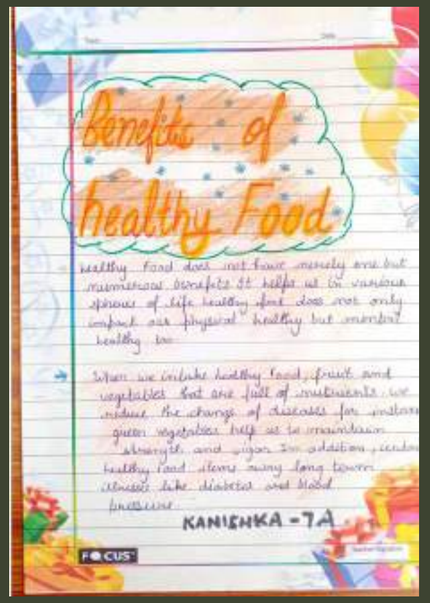
बच्चों की कल्पना


Captain CR Leema

Captain CR Leema is an extraordinary individual whose life story is both inspiring and compelling, marked by dedication and leadership. Born in a small town, Leema's journey to becoming a captain is testament to her unwavering spirit for the wide. Growing up in a family that valued education and discipline she developed a strong foundation that fueled her ambitions. Her academic excellence earned her a full scholarship to a prestigious military academy, where she faced numerous challenges both physically and mentally. It was here that she honed her skills in strategy, conduct, earning respect from her fellow cadets alike.

Throughout her military career, Leema has demonstrated remarkable courage and strategic acumen. Her leadership instilled confidence and loyalty among her troops, making her a respected and admired figure within the ranks. She has been deployed on various critical missions, each time proving her mettle by making decisive and courageous decisions that prioritize the safety and success of her squad while balancing the demands of military objectives. Her adaptability in the face of unpredictable situations is unparalleled, she navigates complex operations with a calm and composed demeanour, which has been instrumental in achieving mission goals. Despite the high stakes and challenges of military life, she continues to push boundaries, demonstrating a level of dedication that sets her apart. Her ability to think on her feet and make tough calls under pressure speaks volumes about her capabilities. As a result, she's become a valuable asset to her team, leading by example and fostering a spirit of trust with each mission, she proves herself to be a force to be reckoned with, handling adversity with grit and determination. Her career is looking bright, and her contributions are making a impact in her field.

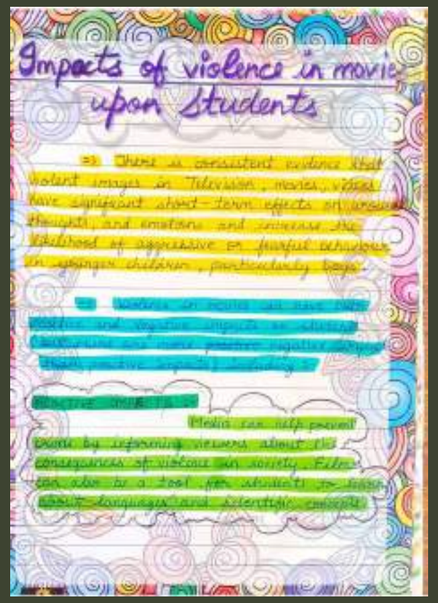
She is an inspiration for other women, showing that with determination and skill, they can excel in any field they choose.


Benefits of Healthy Food

Healthy Food does not have merely one but numerous benefits it helps us in various spheres of life healthy food does not only confirm our physical healthy but mental healthy too.

When we include healthy food, fruit and vegetables but are full of nutrients. We reduce the chance of diseases for instance green vegetables help us to maintain strength and vigor. In addition, certain healthy food items may long term diseases like diabetes and blood pressure.

KANISHKA -7A


Impacts of violence in movies upon Students

=> There is consistent evidence that violent images in Television, movies, Video have significant short-term effects on arousal thought and emotions and increase the likelihood of aggressive or fearful behaviors in youngest children, particularly boys.

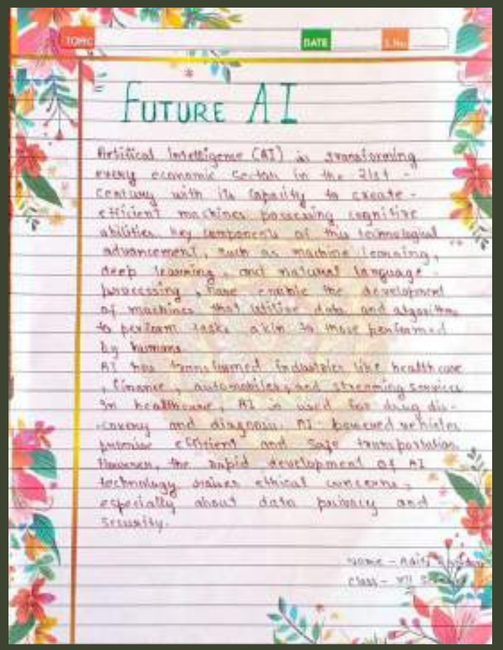
=> Violence in movies can have both positive and negative impacts on viewers. Violence can be more pervasive together than positive aspects in movies.

Positive impacts:

Media can help prevent crime by informing viewers about the consequences of violence on society. Films can also be a tool for students to learn about languages and literature concepts.

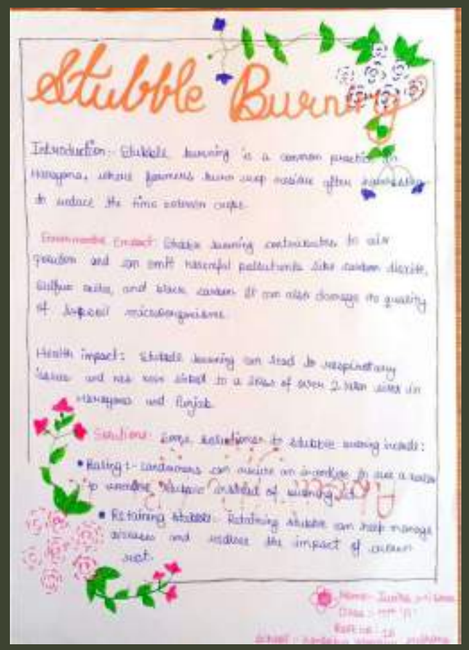

The beauty of an imperfect




FUTURE AI

Artificial Intelligence (AI) is transforming every economic sector in the 21st century with its capacity to create efficient machines possessing cognitive abilities. Key components of this technological advancement, such as machine learning, deep learning, and natural language processing, have enabled the development of machines that utilize data and algorithms to perform tasks akin to those performed by humans.

AI has transformed industries like healthcare, finance, automobiles, and streaming services. In healthcare, AI is used for drug discovery and diagnosis. AI-powered vehicles promise efficient and safe transportation. However, the rapid development of AI technology raises ethical concerns, especially about data privacy and security.


Stubble Burning

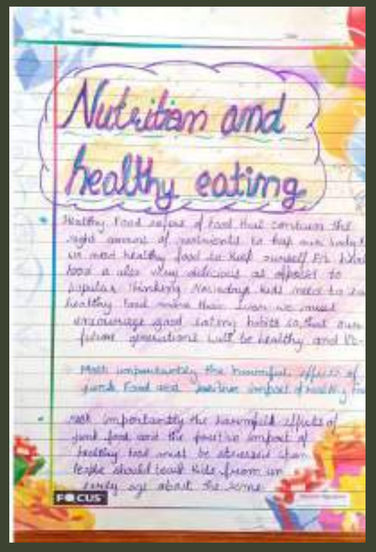
Introduction: Stubble burning is a common practice in Haryana, where farmers burn crop residue often intentionally to reduce the time between crops.

Environmental Impact: Stubble burning contributes to air pollution and can emit harmful pollutants like carbon dioxide, sulfur oxide, and black carbon. It can also damage the quality of topsoil microorganisms.

Health Impact: Stubble burning can lead to respiratory issues and has been linked to a rise of even 2 km cases in Haryana and Punjab.

Solutions: Some initiatives to address burning include:

- Ban: Governments can impose an penalties to use a ban to combine harvester instead of burning it.
- Retaining straws: Retaining straws can help manage erosion and reduce the impact of carbon dioxide.


Nutrition and healthy eating

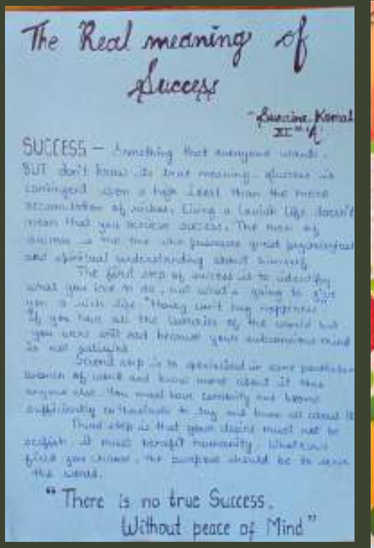
Healthy food consist of food that contains the right amount of nutrients to help our body in and healthy food to keep yourself fit. Who food is also very delicious as opposed to popular thinking. Nowadays kid relate to healthy food with a bad taste. Even we must encourage good eating habits so that our future generations will be healthy and fit.

Most importantly the harmful effects of junk food and positive impact of healthy


The Sky Beyond the Universe

If even the higher people in this universe are subjected to birth and death why do great souls strive for liberation for them? Or the higher people it is useless to live for incredibly long lifetimes. The true satisfaction is obtained by true seekers. By human calculation, a thousand ages taken together is the duration of Brahma's one day. And such one duration of his night. In such a night 14,112,000 years, life on earth planets is totally lost, yet even after billion of years, the inhabitants of brahmaloka have to face death. Hence we go to the spiritual planets, there is no scope to death. Krsna Krsna manifest very much at the advent of Krishna's rapid day are all annihilated. Yet, there is another nature, which is eternal and is transcendental to the manifested and unmanifested matter. It is supreme and is never annihilated. We cannot calculate the actual of the material universe, but we have vedic information that there are millions of universe within the entire creation and beyond the material universe there is another sky, that is spiritual.

— BHAGVAD GITA


The Real meaning of Success

- Lavanya Kamal XI "A"

SUCCESS – Something that everyone wants. BUT don't know its true meaning. Success is contingent upon a high level than the mere accumulation of wealth. Living a fulfilled life doesn't mean that you receive success. The main objective is not the only guarantee great personal and spiritual understanding about ourselves.

The first step to success is to identify what you love to do, and what a value to give you. A wise like "Money can't buy happiness". If you have all the luxuries of the world but you were still not because your subconscious mind is not satisfied.

Second step is to specialized in some particular branch of work and know more about it than anyone else. You must have curiosity and become confidently enthusiastic in day and know all about it.

Third step is that your desires must not be selfish, it must benefit humanity. Whatever field you choose, the purpose should be to serve the world.

"There is no true Success.
Without peace of Mind"


Digital Fasting

Digital fasting is the practice of intentionally taking a break from screens, gadgets, and the internet. In today's world, where smartphones and social media dominate our time, digital fasting helps improve mental clarity, reduce stress, and foster real life connections. Just like our bodies need rest from food, our minds need rest from digital overload. By setting aside specific hours or days to disconnect, people can focus on hobbies, nature, or quality time with family. It encourages mindfulness and better sleep. Digital fasting isn't about rejecting technology but about using it wisely - a little disconnection in that is a deeper connection.

Pachpan

पुस्तकोपहार









विश्व स्वास्थ्य दिवस (7 अप्रैल)











अभिविन्यास बाल वाटिका-3

एवं कक्षा -1









अभिविन्यास बाल वाटिका-3

एवं कक्षा -1



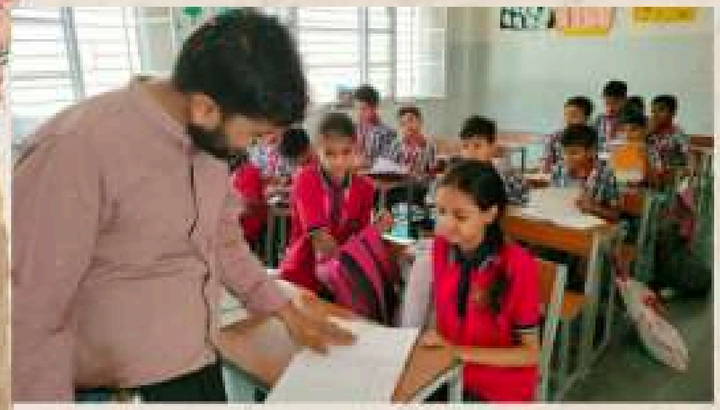








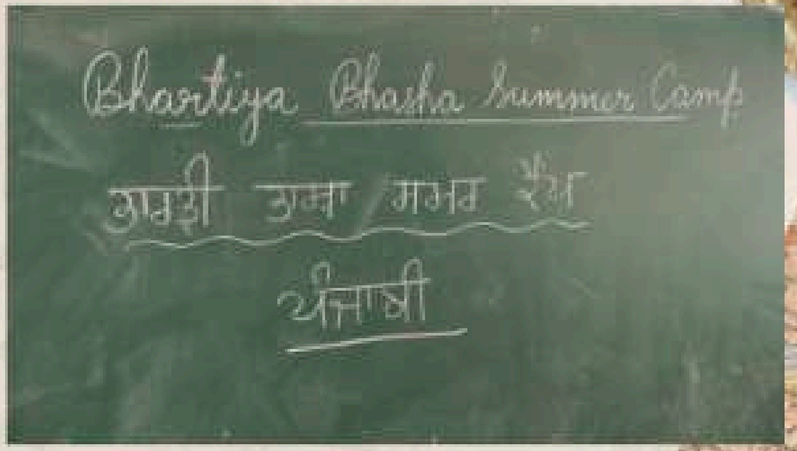
भारतीय भाषा उत्सव











अन्तराष्ट्रीय योग महोत्सव -2025











SCHOOL VISIT

(विद्यालय भ्रमण)

बालवाटिका एवं कक्षा -1















BALVATIKA-3


ZEBRA
DAYS OF THE WEEK
SUNDAY
MONDAY
TUESDAY
WEDNESDAY
THURSDAY
FRIDAY
SATURDAY
बाल वाटिका
BAL * VATIKA
BOY
SUN
DAYS OF THE WEEK
SUNDAY
MONDAY
TUESDAY
WEDNESDAY
THURSDAY
FRIDAY
SATURDAY
BEAR
MONKEY
BEAR
NUMBER NAME
1. ONE
2. TWO
3. THREE
4. FOUR
5. FIVE
6. SIX
MONKEY
BEAR
NUMBER NAME
1. ONE
2. TWO
3. THREE
4. FOUR
5. FIVE
6. SIX
ELEPHANT

बालवाटिका

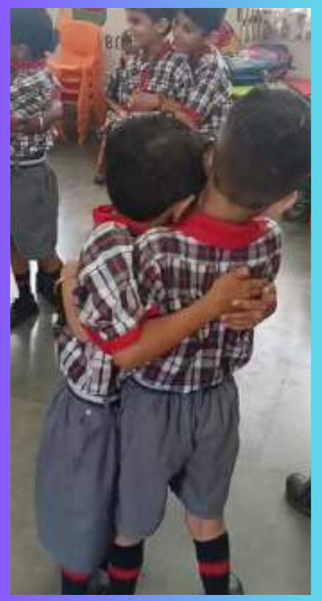
(विभिन्न गतिविधियां)







छोटे मन में सपने बड़े होते हैं,
पूरे करने के इरादे कड़े होते हैं।



वृक्षारोपण













प्रार्थना सभा की झलकियां















SCHOOL BUILDING AS LEARNING AID (BALA)

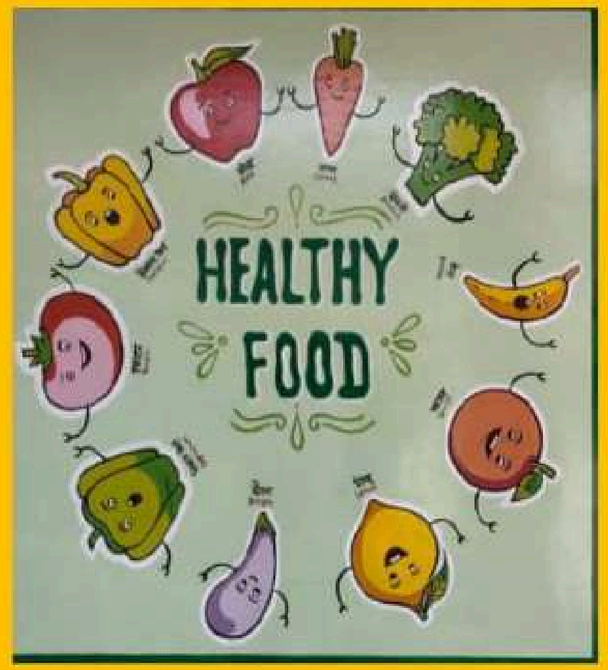
USING THE PHYSICAL SPACE AROUND THE CHILD AS A LEARNING RESOURCE IN A CHILD FRIENDLY MANNAR.











शारीरिक एवं मानसिक विकास







ENGLISH POEM RECITATION







कब बुलबुल प्रवेश







CCA सहगामी गतिविधियाँ















CCA सहगामी गतिविधियाँ













अलंकरण समारोह













अलंकरण समारोह





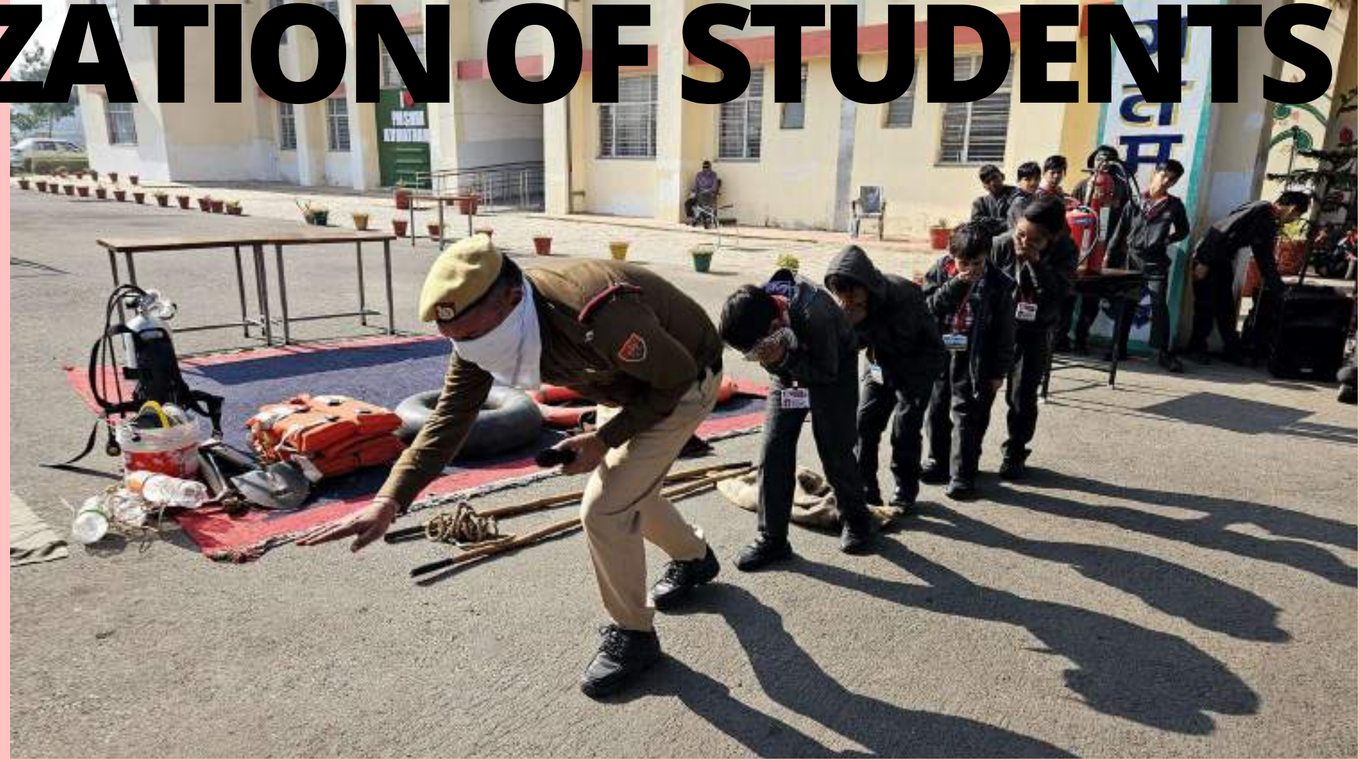








SENSITIZATION OF STUDENTS BY SDRF









स्वतंत्रता दिवस









हिन्दी माह




asure my height.


हिंदी माह


निज भाषा उन्नति अहै, सब उन्नति को मूल
बिन निज भाषा-ज्ञान के, मिटत न हिय को सूल।।
हिंदी माह


हिंदी माह

स्वच्छता पखवाड़ा


PM SHRI
केन्द्रीय विद्यालय मथाना, कुरुक्षेत्र(हरियाणा)-136131
KENDRIYA VIDYALAYA MATHANA,KURUKSHETRA(HARYANA)-136131
दूरभाष/Telephone No. 01744-299746







स्वच्छता पखवाड़ा









शैक्षणिक भ्रमण











शैक्षणिक भ्रमण









शैक्षणिक भ्रमण



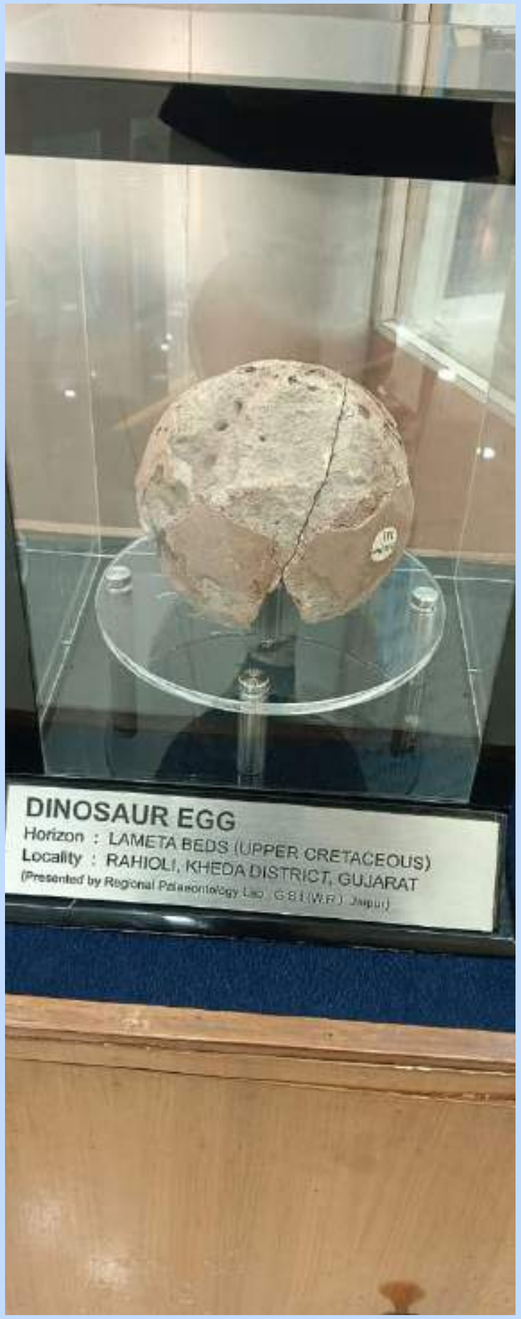











DINOSAUR EGG
Horizon : LAMETA BEDS (UPPER CRETACEOUS)
Locality : RAHIOLI, KHEDA DISTRICT, GUJARAT
(Presented by Regional Palaeontology Lab., G.S.I.(W.R.) Jaipur)

वार्षिक शैक्षणिक निरीक्षण(2025)











वार्षिक शैक्षणिक निरीक्षण(2025)













CYBER AWRAENESS PROGRAM





YOUTH PARLIAMENT











TWINNING PROGRAM UNDER HARYANA GOVT. WITH GSSS BIR MATHANA







बाल दिवस

















परीक्षा पर चर्चा















परीक्षा पर चर्चा







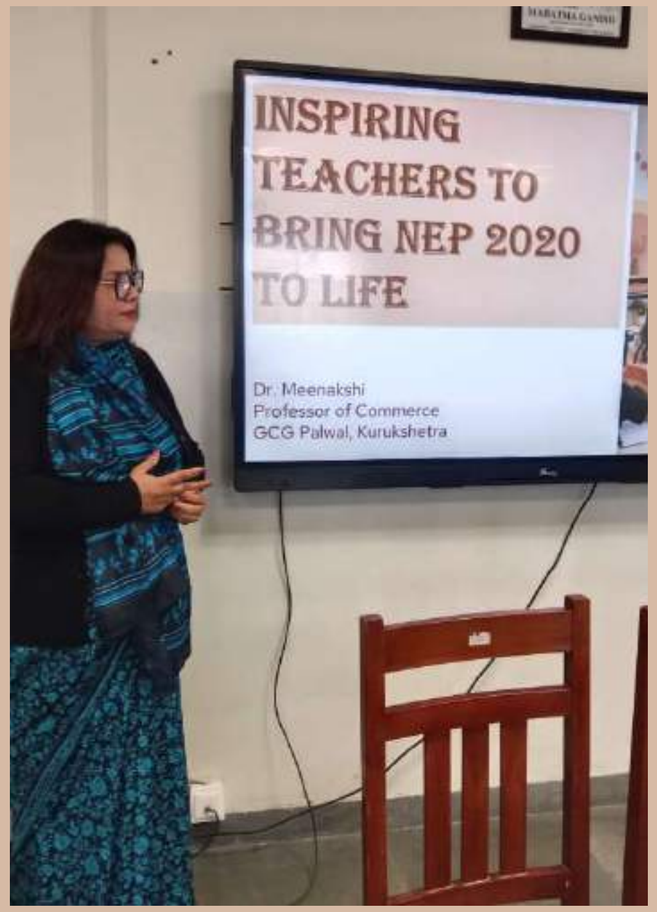




सेवानिवृत्ति श्री बाबू राम(सब–स्टाफ)



सतत व्यक्तित्व विकास कार्यशाला









गणतंत्र दिवस


DO YOGA
AND
STAY
HEALTHY






DO YOGA
AND
STAY
HEALTHY


DO YOGA
AND
STAY
HEALTHY

दादा-दादी दिवस



















संविधान दिवस





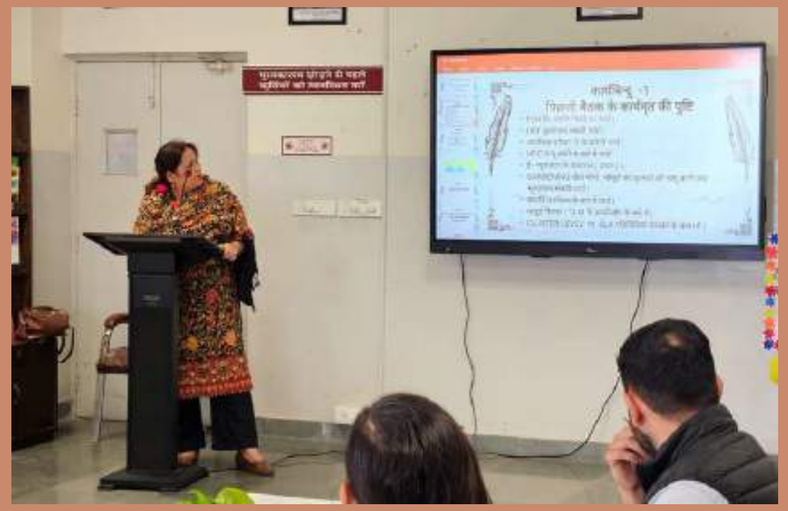






संकुल स्तरीय मूलभूत साक्षरता और संख्यात्मकता बैठक





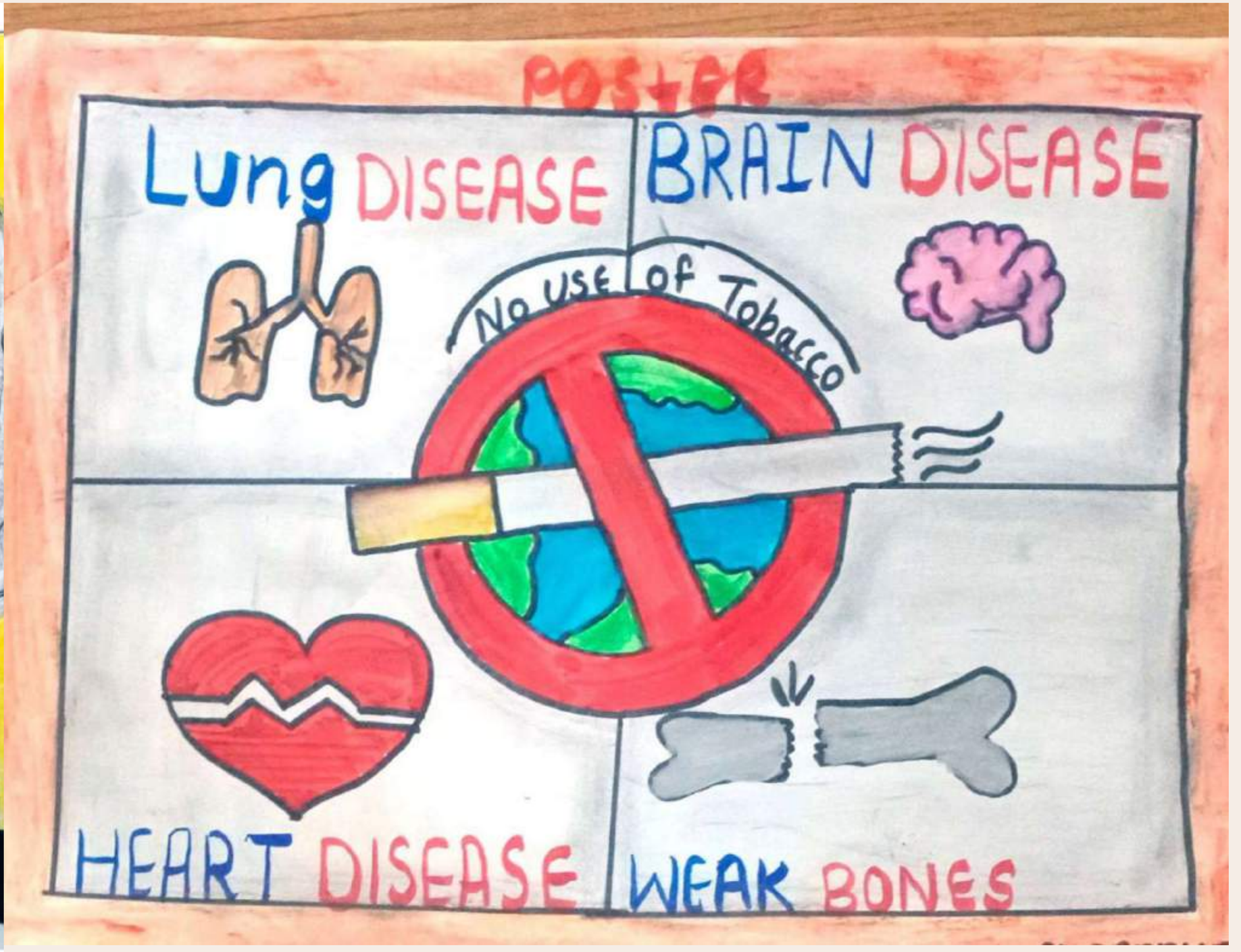









SAY NO TO
Tobacco


POSTER
Lung DISEASE
BRAIN DISEASE
No use of Tobacco
HEART DISEASE
WEAK BONES