

# **Report on Guidance and Counselling**

**Kendriya Vidyalaya No.2 Sohna Road Gurugram.**

**30<sup>th</sup> August 2024**

Guidance and counselling play a crucial role in schools by supporting students' academic, emotional, and social development. School counsellors provide individualized and group counselling, helping students set academic goals, manage stress, and navigate social challenges. They offer workshops on important topics such as career planning and study skills, while also collaborating with teachers and parents to address students' needs. Additionally, counsellors provide crisis intervention and connect students with external resources when necessary. Overall, effective guidance and counselling create a supportive environment that fosters student success and well-being.

In Kendriya Vidyalaya No.2 Sohna Road Gurugram, guidance and counselling are integral to student development, offering essential support in academic, emotional, and social areas. The school counsellor, Mrs Tripti Sain provide individualized and group sessions, helping students set academic goals, manage stress, and enhance their social skills. Workshops on career planning and study techniques are regularly conducted, fostering a proactive approach to personal and academic growth. Counsellors also collaborate with teachers and parents to ensure a well-rounded support system for students. By prioritizing these services, KVSRRGN School creates a nurturing environment that promotes overall well-being and success for all students. Some guests Speakers are also invited to counsel the students to guide them for their career options.

The Principal Mrs. Anjana Gangwar takes lots of initiative to guide the students and also counsel when and where necessary.

