

PM SHRI KENDRIYA VIDYALAYA NO 2 INF LINE, JAMNAGAR

COUNSELLING REPORT 2024-2025

- ❖ Counselling is not only to assist special need children but also looks into each and every child's learning, behavioural and emotional issues in their day to day life.
- ❖ The goal is to emphasize on the holistic development of students and their support groups in particular and promoting school mental health in general.
- ❖ It works towards sensitizing, awareness building and educating wellness teachers, school teachers, peers and parents towards dealing with their children in this challenging and exigent environment.
- ❖ Our school has a counsellor that is available to help the students deal with their problems and make their school days happy.
- ❖ Our school counsellors are formulating strategies for the school counselling, treatment plan and workshops, etc, all working towards the goal of inclusion for diverse learners.
- ❖ A student counsellor plays a vital role in any of the educational institutions and their job does not involve directly with teaching, but giving advices and providing guidance to the students about their personal or academic life. A student counsellor often helps the students to deal with the pressures of life and is also responsible for monitoring the overall psychological growth of the students. He/She may help students with issues such as bullying, disabilities, low self-esteem, poor academic performance and relationship troubles. In addition, student counsellor will evaluate student's abilities, interests and personalities to help them develop realistic academic and career goals.

✓ **GOALS & WORK :**

- ❖ Listen to students' concerns: I will listen to students' about their concerns regarding academic, emotional or social problems. I will help the students to understand their skills, sets and provide them ways to utilize it. During this period, I will be responsible for guiding the students regarding their career decisions and helping them to understand their potential to pursue their goals. Further I will also provide equal
- ❖ opportunity practices and encourage students' association and identify behavioural problems or act appropriately and provides solutions to handle them.

- ❖ Assist with Career and Academic Development: Another important duty of mine will be to facilitate academic and career development activities among students. I will encourage them to participate in extracurricular activities, hold test and learn new skill development program. Further I will also provide materials related to careers which are important for students and would suit their skills.
- ❖ Evaluate and Improve the Counselling Program: I will strive to counselling program for school to generate best output for the school. It will be my responsibility to cast a critical eye over existing counselling practices and identify areas that could be improved. I will also take their recommendations up with the school board or principal and campaign for changes that will benefit all staff members, students, and their family members.
- ❖ Handle pressure: I will help, students to cope with examination anxiety. The fear of failure and a craving for high grades are major stress factors among students nowadays. Handling this pressure become difficult for students. I will guide them, it helps students to overcome with this fear and achieve good marks.
- ❖ Working as a school counsellor can be challenging, but these professionals insist that such responsibilities come with great rewards.



MS. HIRAL ISLANIYA
COUNSELLOR



Mr. AMIT DAVE
O/f Principal