

केन्द्रीय विद्यालय संगठन
शिक्षा मंत्रालय, भारत सरकार के अधीन स्वायत्त संस्थान
संभागीय कार्यालय, कोलकाता
ई.बी. ब्लॉक, सैक्टर-1, लाबोनी, साल्ट लेक,
कोलकाता 700064 –

<https://rokolkata.kvs.gov.in/>



KENDRIYA VIDYALAYA SANGATHAN
An Autonomous Body under Ministry of
Education, Govt. of India
Regional Office, Kolkata, EB Block, Sector-I,
Laboni, Salt Lake,
Kolkata-700064
Ph : 033 23376998)DC/(23219490)ACs(
Email : kvskolkata64@gmail.com,
acadrokolkata@gmail.com

F.25350/2025-26/KVS(Kol)/Acad/

Date: 01.04.2025

Dear Students of Classes X & XII,

Warm Greetings to you and your parents for the new Academic Session 2025-26!

"A dream doesn't become reality through magic; it takes sweat, determination and hard work"

Every year we witness Students aspiring and struggling to achieve high percentage in CBSE Examinations. Such achievement of high score can't be achieved without meticulous planning, self-discipline and focused preparation. Here, I would like to share few strategies and habit formation for exceling in examination-

1. Develop a good book reading habit. Consider the textbooks as your only holy books. Read all textbook chapters thoroughly, at least twice with proper understanding. Underline all important points. Remember that Board Question Papers are based on the textbooks only.
2. Prepare hand written quality notes on all chapters. This is a must. This will help you in systematic and quick revision at the time of examination.
3. Develop a home based time table and sincerely devote 4-5 hours every day for self-study and this timing should be religiously followed. Set weekly targets for coverage of chapters with follow-up revision and practice.
4. Do attend your school regularly and listen to your teachers attentively during the course of a class. Ask questions to clear your doubts. Develop deep understanding of the topics/chapters. Take class notes and properly maintain your class work/homework copy.
5. Discuss chapters/topics with your friends. Practice together and get help from friends/teachers/online educational sites in understanding concepts. Ask one word/one liner questions to each other to check on your retention power and understanding of chapters. Beware of the distractions while using online resources.
6. Avoid rote memorization from different guidebooks. Instead, practice creating your own CBSE pattern questions and answers out of your understanding of topic. Once you develop this skill you need not memorize hundreds of questions from any guide book.
7. Keep distance from all kind of distractions. Minimize your screen time and save time by not wasting too much of time in Social media.

8. Do Yoga/Exercise for 15-30 minutes every day, take balanced diet, lots of fluid and take 8 hours of sound sleep. This will keep you physically healthy, mentally alert and motivated from within. Read articles on success stories of people and spend quality time with your family members.
9. Keep on revising and practicing questions from completed chapters. Attempt questions from sample papers on completed chapters.
10. Don't ignore or run away from your weak areas. Work hard on those areas under the guidance of your teachers or take assistance from your friends and educational sites and overcome your fear.
11. Don't compare yourself with others. Set personal targets and work hard to improve on your targets every time you sit to take a school based preparatory test. Inculcate zeal for continuous improvement.
12. On completion of syllabus, thoroughly revise and re-revise all the chapters and attempt solving previous years question papers/latest practice papers. Submit answers of attempted practice papers to your teachers to get feedback for further improvement.
13. Conduct a self-audit every day: ask yourself whether you have spent your time judiciously and purposefully or not.

I hope, in this new session, you will seriously devote your time to sincere preparation from the very beginning, employing the strategies as enumerated and any other individually-suited plans to successfully achieve your aspired goals.

Remember, it is the Consistent Hard Work that leads to success.

With a lot of blessings!


(Arun Kumar) 01/04/21
Deputy Commissioner