## केन्द्रीय विद्यालय संगठन, कोलकाता संभाग KENDRIYA VIDYALAY SANGATHAN, KOLKATA REGION

अभ्यास सेट-II / PRACTICE SET-II : 2024-25

कक्षा/CLASS: - X अधिकतम अंक/MAX. MARKS – 80

विषय/SUBJECT: - English Lang & Literature. समय/ TIME: - 03 घंटे /Hours.

## **General Instructions:**

Read the instructions very carefully and strictly follow them:

- 1. This question paper comprises 11 questions. All questions are compulsory.
- 2. The question paper contains THREE sections Section A: Reading Skills

Section – B: Grammar and Creative Writing Skills

Section – C: Literature Textbook

3. Attempt questions based on specific instructions for each Part.

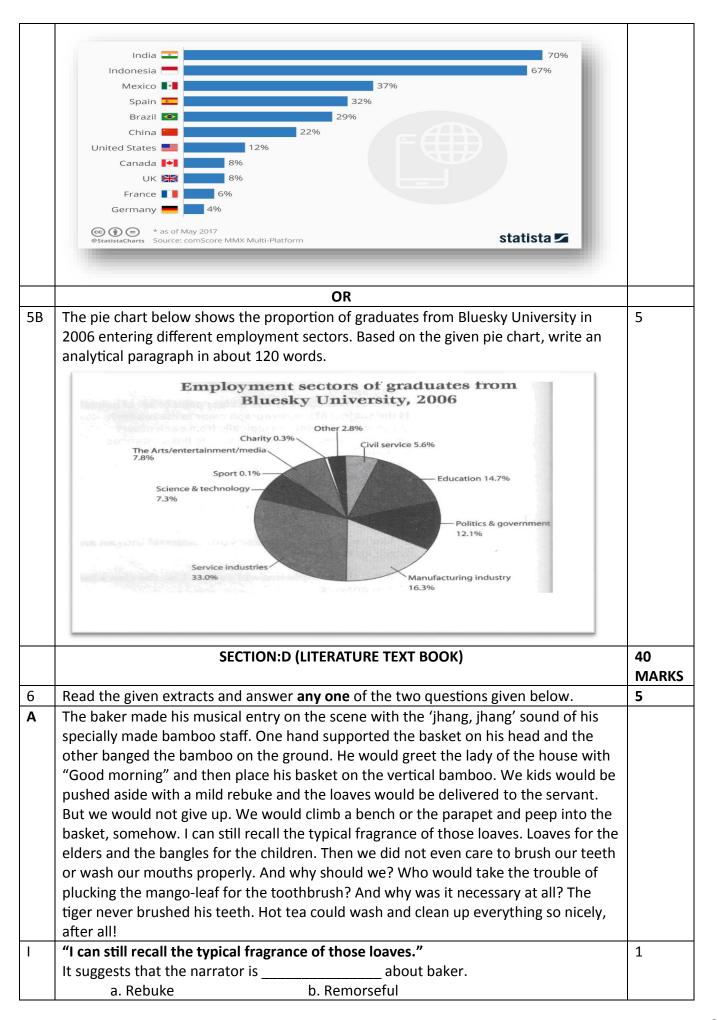
	SECTION: A (READING SKILLS)	20 MARKS
1.	Read the following text.  Homes and schools must help students battle exam stress	10
	Students often find it a formidable challenge to strike a balance between achieving academic excellence and maintaining physical and mental health in a fiercely competitive environment. This balance becomes particularly vital during examinations. Students face academic pressure and suffer performance anxiety, which deeply impacts their mental health and overall well-being. Exam preparedness is, no doubt, important. But much more important is to maintain a reasonably good balance between study and healthy living.	
	Here are some tips for students to improve physical health and mental well-being during examinations:	
	<b>Small breaks and physical activity</b> : Regular exercise not only improves cardiovascular health but also serves as a stress-buster. It enhances cognitive function, and the ability to recall information, both of which are crucial to enhance exam performance. While preparing for the exams, students invariably attach priority to their studies over their health. They should incorporate physical activities like stretching, walking, jogging, or yoga that can significantly alleviate stress.	
	Balanced diet and nutrition: Nutrition plays a crucial role in dealing with the demands of rigorous study and staying healthy. Food is the fuel that nourishes both our body and mind. The quality of food that we eat significantly determines our overall health and mental well-being. A common mistake that students often make during this crucial period is to eat poorly or opt for junk fast food, chocolates, energy drinks and chips in place of nutritious homemade meals. Following a balanced diet helps in optimising brain function. Adequate hydration is often overlooked but is equally important.	
	Adequate sleep for good health: Quality sleep is vital during exam time. There is a direct correlation between sleep and cognitive function, memory retention, and emotional resilience. Students should maintain consistent sleep patterns by going to bed and waking up at the same time, daily. Students who have proper sleep can recall better and do well in exams.	

	Exercise and meditation practices: Meditation can be a secret weapon to manage			
	exam stress. Students should practise meditation, deep breathing, or yoga, which can			
	help calm the mind, improve concentration and reduce anxiety. These can help to avoid			
	stress.			
	Time management: Students should adopt strategies to manage study timings to			
	reduce any last-minute rush.	There i	s now excessive dependence on electronic gadgets.	
	These have become a necessi	ity thes	se days. However, students need to strike a balance.	
	A digital detox will help durin	ng exan	n preparation.	
	By handling exam stress effect	ctively,	our young students will be able to perform to their	
	potential and emerge as cor	nfident	youth committed to realising the goals of Vikasit	
	Bharat @2047.			
	• • •		times.com/opinion/homes-and-schools-must-help-	
	students-battle-exam-stress-	101706	5482501173.html)	
	Answer the following question	ons, ba	sed on the passage above.	
ı	What challenges students fac	ce durii	ng the examination?	2
II	Complete the sentence.			1
	Students who have proper sle	eep		
III	Choose the correct option.			1
	<del>-</del> , ,		eat stress during the examination:	
	I) Consume junk		activities	
	II) Incorporate pl III) Proper intake	-		
	IV) Overnight stud		ei.	
	a. I & IV	uy.	b. 1&II	
	c. II & III		d. III & IV	
IV	Complete the sentence.			1
	Increasing	has (	deeply impacted mental health and wellbeing of	
	the students.		1 / 1	
٧	Match the suitable practices,	its bei	nefits & select the appropriate option.	1
	S.no <b>Practices</b>	<u>B</u> 6	<u>enefits</u>	
	a Regular Exercise.	i Bo	post cognitive function.	
	b Balanced diet.	ii In	nprove cardiovascular health.	
	c Adequate sleep.	iii M	lange stress.	
	d Meditation.	iv N	ourishes both body and mind.	
	a. a– ii, b – iii, c – i , d -	– iv	b. a– iii, b – iv, c – i , d – ii	
	c. a– ii, b – iv, c – i , d – iii d. a– i, b – iv, c – ii , d – iii			
VI			sage which means "difficult to deal with".	1
VII	How sleep and cognitive fund		<del>-</del>	2
VIII				1
	stress.			
2.	Read the following text.			10
	Blushing Parrots			
	A cute, colourful companion is the parrot. Found in warm climates almost all over the			
	world, these parrots are a diverse species. Be it a macaw, parakeet, cockatoo and many			

others, all of them have curved beaks and can mimic and imitate many sounds including human speech. Ever heard of the blushing parrots? There are some interesting facts about parrots that blush: 1. Parrots may blush and ruffle their head feathers to communicate visually, according to a study which helps better understand the complex social lives of these highly intelligent birds. Researchers in France studied five hand-reared captive blue-andyellow macaws interacting with one another and with their human caretakers. 2. They assessed their feather position-ruffled or sleeked-on the crown, nape, and cheek, as well as the presence or absence of blushing on the bare skin of the cheek. They found that feather ruffling was more common when the birds were not in motion, such as during social interactions and resting periods. 3. Blushing may not be a characteristic unique to humans: the featherless cheek of the blue-and yellow macaw parrot reveals rapid skin colour changes in situations associated with emotion. The macaw's particularly complex face enabled communication of emotion via colour and feather displays. 4. Crown feather ruffling and blushing were both more common when the human caretaker was actively interacting with the parrot by talking and maintaining eye contact than when the keeper was in the room but ignoring and turning their backs to the bird. Together, these results suggest that head feather ruffling is associated with positive social interactions. Source:https://www.thehindu.com/sci-tech/science/parrots-blush-when-happily communicating/article24779365.ece Answer the following questions, based on the passage above. Match the titles below to the four paragraphs given above. There are two extra titles 2 given. a. Colour me pink b. Facial features c. Studying the birds d. Beautiful France e. Talk to me, human! f. Birds of feather! Para 1 Para 2 Para 4 Para 3 Ш The word Characteristic used in the paragraph is NOT the same as 1 a. attribute b. feature d. trait c. phase f. e. level aspect Ш State any two common characteristics of different species of parrot. 1 IV Parrots visually communicate with each other using: a. mimic and imitate. b. blushing. c. ruffling & blushing. d. eye contact. ٧ Rapid change in colour of the skin is associated with 1 V١ How it may be concluded that parrot is a social bird? 2 VII Choose the correct option and fill in the blanks. 1

	The researchers didn't assess	while studying about parrot.	
	a. feather position.	b. Sleek on the crown.	
	c. colour of the feather.	d. Blushing on the bare skin	
VIII	Which of the following is not the characteris	tic of the parrot as sated by the author?	1
	a. cute.	b. Colourful.	
	c. intelligent.	d. asocial.	
	e. blushing.	f. ignorant.	
	SECTION: B WRITIN	NG & GRAMMAR	20
			MARKS
	GRAM	MAR	10
3.	Complete <i>any ten</i> of twelve of the following	tasks, as directed.	
I	Read the given sentence, Identify the error a		1
	The uniquely flavoured dish was interesting		
	Use the format given below for your respons		
	Error	Correction	
II	Raashi and Ratul had a conversation about v	olunteer work.	1
	Report Raashi's question.		
	Raashi: What challenges have you faced wh	_	
	Ratul: The main challenge is dealing with di	fferent personalities, but it's also a great	
	learning experience.		
Ш	Select the option that identifies the error an	d supplies the correction for the sentence	1
	from a public health campaign.		
	The campaign's goal is to increase physical		
	Option No. Error	Corrections	
	A activity	activities	
	B goal	goals	
	C younger	youth	
	D Is	are	
IV	Report the dialogue between a vendor and l	nis customer, by completing the sentence:	1
	Vendor: You look a little different today!		
	Customer: Yes, I just got a new haircut.		
	The vendor noticed that his customer's appe	_	
V	about it. The customer admitted this, citing		1
V	Fill in the blank by choosing the correct opti- the result of the regional fair:	on to complete the sentence to update	1
	We have exciting news to share!		
	_	egional science fair.	
	a. awarded	b. was awarded	
	c. had awarded	d. has been awarded	
	e.	d. Has been awarded	
VI	Manthan and Sonalika had a conversation al	nout Sonalika's job interview	1
V 1	Report Manthan's question.	oode Johanna J job meer view.	_
	How are you preparing for the interview?		
VII	Complete the given sentence with appropria	ate verbs.	1
•••		dawn. Each of its members	
	for three hours before taking a break.		
	a. Begin, work	b. Begins, work	

	c. Begin, works	d. Begins, works		
VIII	Choose the option that correctly completes the sentence below.			
	She is highly creative and likes to work at her own pace. I doubt whether			
	she cope with the stress of a corporate job.			
	a. could have to	b. will be able to		
	c. may not have to	d. must not be able to		
IX	Choose the option that completes the sentence correctly.			
	The cash prize will be awarded to	student who scores the highest in		
	English across all sections.			
	a. a	b. the		
	c. this	d. that		
Χ	Fill in the blank by choosing the correct opt	ion:	1	
	Drivers wear helmets for	their safety.		
	a. must	b. can't		
	c. don't	d. ought		
ΧI	Identify the error in the given sentence from	m a school magazine report and supply the	1	
	correction:			
	When I was a child, my grandfather often	· ·		
	Use the format given below for your respon			
	Error	Correction		
XII	Complete the given narrative, by filling in the blanks with the correct option:			
	NO news good news.			
	a. Has	b. Had		
	c. Is	d. are		
	WRI	_	10	
	<b>NOTE</b> : All details presented in the questions	s in writing section are Imaginary and		
	created for assessment purpose.			
4A	•	agar, New Delhi. You believe that pedestrian	5	
	, , , , , , , , , , , , , , , , , , , ,	r city need repair and on the some stretch		
	they need to be constructed.			
		sioner of your area in 120 words, stressing		
	the need of footpaths for pedestrian safety	•		
	0	.D		
4B	You are Aman/ Amani, sports secretary of S		5	
46	want to place an order for sports articles fo	. •	J	
	Janakpuri, New Delhi. Write a letter in 120	• •		
	quantity and quality of products, specific de			
	mode of payment.	ctails, scribble discount, actively date and		
	mode of payment.			
5A	The below given bar graph shows the perce	entage of internet user across the different	5	
5/1	countries who only use mobile devices to access the internet. Based on the given			
	countries who only use mobile devices to a	ccess the internet. Based on the given		
	countries who only use mobile devices to a graph write an analytical paragraph in about	_		



	c. Hostile d. No	ostalgic	
П	To whom the loaves of bread were delivered?		
Ш	Why the children run to meet the Pader?		
IV	Why the children never care to brush their teeth?		
В	"Richard would always give that extra effort," Mr Weiherer said. "What pleased me		
	was, here was this person who put in three or four hours at night doing debate research		
	besides doing all his research with butterfli		
	"Richard was competitive," Mr Weiherer		
	explained, "Richard wasn't interested in win		
	prize. Rather, he was winning because he v	vanted to do the best job he could. For the	
	right reasons, he wants to be the best."  And that is one of the ingredients in the ma	uking of a cciontict. Start with a first rate	
	mind, add curiosity, and mix in the will to w	_	
	qualities. From the time the book, <i>The Trav</i>		
	science to him, Richard Ebright has never lo		
1	What does "Opened the world of science"		1
II	The tone of Mr. Weiherer in the above extra		1
Ш	According to the speaker what are the ingre		2
IV	What personality traits do we conclude abo	·	1
7	Read the given extracts and answer any on	e of the two questions given below	
Α	All night the roots work		
	to disengage themselves from the cracks		
	in the veranda floor.		
	The leaves strain toward the glass		
	small twigs stiff with exertion	•	
	long-cramped boughs shuffling under the roof		
	like newly discharged patients		
	half-dazed, moving to the clinic doors.		
1	What does the poet describe in the given stanza?		1
-	a. The poet describes the misery of the		_
	b. The poet describes the exertion of t		
	c. The poet describes the cracks of the	e veranda floor.	
	d. The poet describes the struggle of the trees(women) to free themselves.		
II	Why do the leaves keep straining?		2
Ш	Which of the following expression is Correct		1
	a. Half rigged	b. Half torn	
	c. Half asleep	d. Half spoilt	
IV	7		1
	patients"		
В	The pirate gaped at Belinda's dragon,		
	And gulped some grog from his pocket flagon,		
	He fired two bullets, but they didn't hit,		
ı	And Custard gobbled him, every bit.		
'	How did the pirate attack the Dragon?  a. He fired two bullets at him.		1
	b. He plunged his knife into custard's tail.		
	c. He threw a barrel at custard.		
	d. None of these.		
П	What did the dragon do to the pirate?		2
·	<u> </u>		

Ш	What did the pirate gulp?		
IV	What was pirate's first reaction to see Custard?		
	a. He gulped	b. He cackled	
	c. He gaped	d. He smirked	
8	Answer <i>any four</i> of the following five quest	ions, in about 40-50 words.	4x3=12
I	What does Lencho's act of writing letter to	God reveals about his trait?	3
П	At the beginning of his speech, Mandela me	entions "an extraordinary human	3
	disaster". What does he mean by this? What is the "glorioushuman achievement"		
	he speaks of at the end?		
Ш	How it may be concluded that Mr. Kessing	took the joke in right way?	3
IV	Why does Maxwell say the airhostess was "	the very queen of her kind"?	3
V	Buddha states "Death is common to all." W	hat, he compares death to?	3
9	Answer <i>any two</i> of the following three questions, in about 40-50 words.		
I	"He had no medical treatment of any kind but"		
	How Mr. Herriot carried out the treatment	?	
П	Horace was a meticulous planner but still h	e flattered. Where did he go wrong? Why?	3
Ш	Think tank misinterpret innocent nursey rhymes as a threat to the Martians. How did		
	it save the earth from Martians invasion?		
10	Answer any one of the following two quest	ions, in about 100-120 words	6
1	Siddhartha's (Buddha) and Valli's induction	into the outside world introduced them to	6
	suffering and woes of the mortals. Elaborat	e.	
П	According to Mandela Freedom is transitor	y in nature. How it changed with age? How	6
	it transformed his life?		
11	Answer any one of the following two quest	ions, in about 100-120 words	6
1	Horace Danby and Griffin both were succes	·	6
	into trouble due to their follies. What accor	ding to you is the reason of their landing	
	into distress? What advices would you offe	r to lead a contended life?	
П	Write a diary entry as Anil, narrating his im	pression about Hari Singh and what he has	6
	observed about him. (The Thief's Story)		