

PHYSICAL EDUCATION AND SPORTS

Physical education and sports encompass a wide range of activities and benefits for students. In this subject, students can engage in various sports such as basketball, football, kabaddi, and athletics. These activities provide an opportunity to develop both basic and advanced skills. Additionally, students can participate in competitive tournaments, including regional and national events.

Beyond the competitive aspect, physical education plays a crucial role in promoting a healthy lifestyle. Regular participation in sports and physical activities helps students maintain physical fitness, build endurance, and develop teamwork and leadership skills. Overall, physical education and sports contribute significantly to the holistic development of students, supporting their physical, mental, and social well-being.

ATHLETICS REGIONAL MEET

2024-2025



The Athletic Regional Meet Tournament was organized at Kendriya Vidyalaya No. 2 AFS Hindan from July 1 to July 8. Students in both the under-14 and under-17 age categories, including boys and girls, participated in the event. This was a great opportunity for students to showcase their enthusiasm and skills in athletics at the regional level.

