

POSHAN MAH

PM SHRI KV Command Hospital successfully organized Poshan Mah with active participation from both students and parents. The month-long celebration aimed to raise awareness

about nutrition and healthy living, featuring a range of engaging activities like

nutrition-

themed exhibitions, cooking without fire competitions, and informative sessions on balanced diets. These activities not only enhanced knowledge but also encouraged family bonding over the importance of nutrition, reinforcing our commitment to a healthier future.

