



IWF WORLD YOUTH

CHAMPIONSHIPS

SHIV-NARESH

INDIA

# Dhenkanal Girl creates World Record In 2024 IWF World Youth Championships

ଢେଙ୍କାନାଳ Update

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2024 IWF WORLD YOUTH CHAMPIONSHIPS

TOTAL RESULTS - WOMEN 40 kg

			BEST SNATCH	BEST
1	BHOI Preetismita (IND)	<b>GOLD</b>	57	7
2	SABAR Jyoshna (IND)	<b>SILVER</b>	56	6
3	KOLCAK Fatma Sena (TUR)	<b>BRONZE</b>	55	6

IWF.SPORT

**Congratulations to Preetismita Bhoi**

**She wins Gold 🏆 and sets a World Record**

Update

[www.dhenkanalupdate.com](http://www.dhenkanalupdate.com)

# Preetismita wins World youth 40kg title with world record

## WEIGHTLIFTING

### Sports Bureau

Fifteen-year-old Preetismita Bhoi became the first weightlifter from the country to win a title with a clean and jerk World record and led an unprecedented Indian 1-2 finish in the women's 40kg in the World youth championships in Lima (Peru).

Preetismita, hailing from the high performance sub-centre in Dhenkanal (Odisha), lifted 57kg in snatch and 76kg in clean and jerk, which was 1kg better than the previous world record of 75kg set five years ago, to win the women's 40kg crown with a total of 133kg. She claimed three golds for her snatch, clean and jerk and total performances.

"I am honoured and thrilled to have set a new world record. This is a



**Power-packed show:** Preetismita claimed three golds for her snatch, clean and jerk and total performances. SPECIAL ARRANGEMENT

dream come true and I couldn't have done it without the support of my coaches, family, and Indian Weightlifting Federation (IWLF). I hope this inspires others to pursue their dreams with determination and hard work," said Preetismita.

"Preetismita is a true role model for aspiring weightlifters," said IWLF president Sahdev Yadav.

Another Odisha girl Jyoshna Sabar claimed silver with an aggregate of

125kg (56kg, 69kg).

Payal (women's 45kg) and Babulal Hembrom (men's 49kg) also ensured podium finishes. Payal got a silver with an aggregate of 147kg, while Hembrom claimed bronze with 193kg. A. Maharajan (men's 55kg) narrowly missed a podium finish by 1kg (215kg) as he finished fourth.

Indian lifters collected three gold, three silver and five bronze medals, including their performances in snatch and clean and jerk.