



KENDRIYA VIDYALAYA SANGATHAN
(JAIPUR REGION)



BRIDGE COURSE FOR PRIMARY CLASSES
(JODHPUR CLUSTER)

Prepared By –

**Kendriya Vidyalaya No.2 AFS Jodhpur with the Collaboration of
Kendriya Vidyalaya Pali**

CLASS – V
SUBJECT - EVS

MYSELF

1. My name is _____.
2. I am _____ years old.
3. My birthday is on _____.
4. I live in _____.
5. My father's name is _____.
6. My mother's name is _____.
7. The name of my school is _____.
8. I study in Grade _____.
9. The name of my class teacher is _____.
10. My favourite subject is _____.
11. My favourite color is _____.
12. My favourite sport is _____.
13. My favourite food is _____.
14. My hobby is _____.
15. I want to become a/an _____.
16. My father's phone number is _____.
17. My home address is _____.

DAY2-

THIS IS MY FAMILY

- Listen and read about Peter's family.

This is my family. My father John is forty years old. He is a teacher. Sara is my mother. She is thirty-five. She is a nurse. Gustavo is my grandpa. He is a doctor. Ursula is my grandma. She is sixty-two. She is very nice. Tommy is my baby brother. He is one year old. He is always happy. Rebeca is my sister. She is six years old. She is very relaxed. I am Peter. I'm ten and I love my family.

Choose the correct answer about the text.

1) John is Peter's

FATHER GRANDPA BROTHER.

2) John is

50 years old 40 years old 60 years old.

3) John is a

TEACHER DOCTOR DENTIST.

4) Sara is a

DOCTOR TEACHER NURSE.

5) Sara is Peter's

GRANDMA MOTHER SISTER.

6) Ursula is Peter's

SISTER GRANDMA MOTHER.

7) Ursula is very

HAPPY SAD NICE

8) Ursula is

61 years old 62 years old 63 years old

9) Tommy is Peter's

BROTHER FATHER COUSIN

10) Tommy is always

SAD ANGRY HAPPY

11) Rebeca is Peter's

SISTER MOTHER COUSIN

12) Rebeca is very

SHY RELEXED NICE

DAY- 3

a. Complete The Sentences with the help of given words:

(SISTER, MOTHER, GRAND FATHER, GRAND MOTHER, BROTHER,)



1. She is my_____.



2. He is my_____



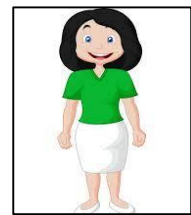
3. She is my_____



4. He is my_____



5. He is my_____



6. She is my_____

b. Arrange the below given words-

1. S S E T I R - _____

2. R B T H R E- _____

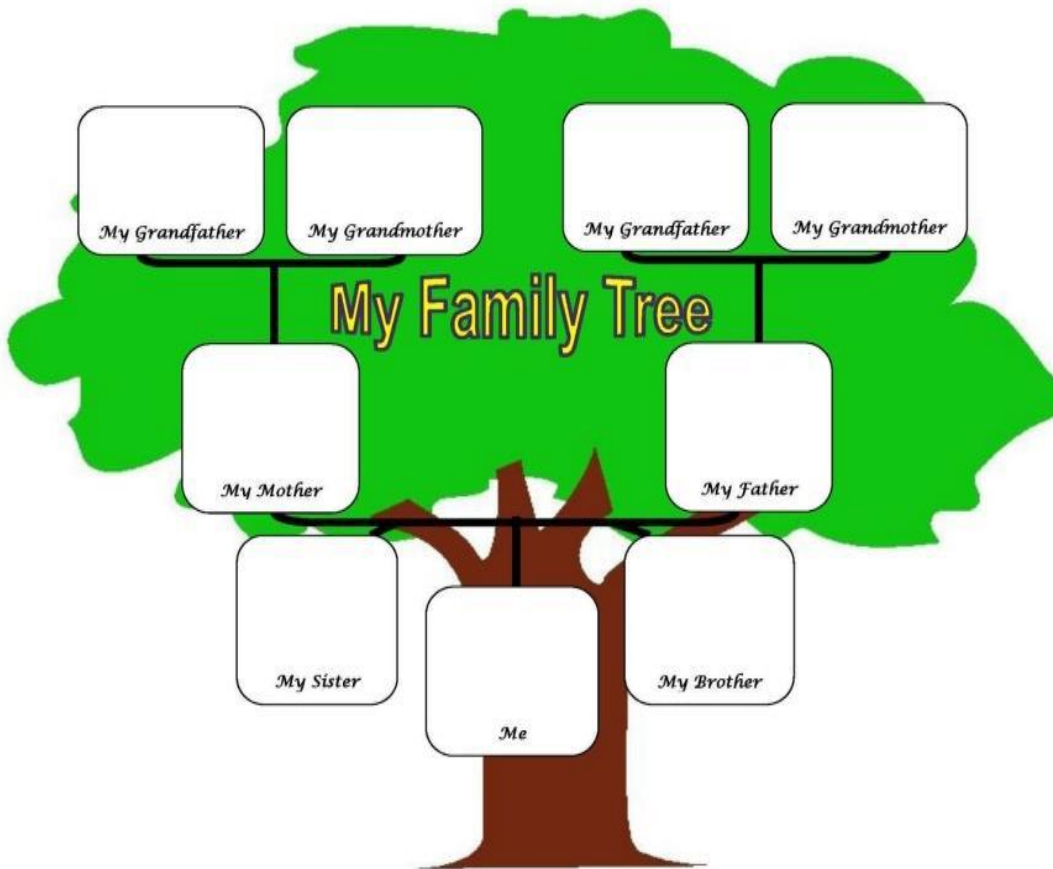
3. T H R E F A- _____

4. S I O U C N- _____

5. P H E N W - _____

DAY -4

1. Complete the Family Tree.



Answer the below given questions-

1. How many members are there in your family?

Ans. _____

2. What do you think? – Is it a big family or small family?

Ans. _____

3. Your uncle gets married and his wife joins your family. What is her relation to you?

Ans. _____

4. Your Bua gets married and goes to her husband's house. Now, how many members in your family?

Ans. _____

5. Your uncle blessed with a daughter. What is her relation to you?

Ans. _____

DAY-5 THEME - FOOD

Identify the things given below and write their names:



DAY – 6 THEME-FOOD

DESCRIBING FOOD BY COLOR, TASTE AND TYPE

TASTE
SWEET
SALT
SPICY

COLOR
YELLOW
GREEN
RED
WHITE
BROWN
ORANGE

TYPE
DRINK
VEGETABLE
FRUIT
FOOD



NAME- _____
TASTE- _____
COLOR- _____
TYPE- _____

NAME- _____
TASTE- _____
COLOR- _____
TYPE- _____

NAME- _____
TASTE- _____
COLOR- _____
TYPE- _____

NAME- _____
TASTE- _____
COLOR- _____
TYPE- _____



NAME- _____
TASTE- _____
COLOR- _____
TYPE- _____

NAME- _____
TASTE- _____
COLOR- _____
TYPE- _____

NAME- _____
TASTE- _____
COLOR- _____
TYPE- _____

NAME- _____
TASTE- _____
COLOR- _____
TYPE- _____

DAY – 7

Fill in the blanks with correct words-

1. We get our food from _____. (plants/ plant and animals.)
2. We make ghee, butter and curd from _____. (milk /eggs)
3. Eating a lot of _____(vegetables/candies) is unhealthy.
4. We need food to _____. (breathe/live and grow.)
5. Always wash your _____(head/hand) before and after eating food.

Give two examples of each-

- | | | |
|-----------------------------|-------|-------|
| 1. Food we get from Plant | _____ | _____ |
| 2. Food we get from animals | _____ | _____ |
| 3. Food that are healthy | _____ | _____ |
| 4. Food that are un healthy | _____ | _____ |

Write any 3 advantages of Healthy and Balanced diet?














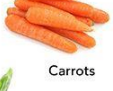






























Write any 3 disadvantages of unhealthy and junk food?

Write 5 example of each: Healthy Food, Junk food

Healthy food

Junk food

DAY-8 – FOOD NUTRIENTS

Dairy	Vegetables	Fruits	Grains	Protein
Milk, Yogurt, Cheese			Bread, Cereal, Pasta	Meat, Beans, Nuts
 Yogurt  Milk  Cheese  Chocolate Milk  String Cheese  Cottage Cheese  Smoothie  Pudding	 Broccoli  Asparagus  Bell Peppers  Corn  Avocado  Carrots  Spinach  Sweet Potatoes  Tomatoes	 Strawberries  Apple  Banana  Blueberries  Orange Juice  Watermelon  Grapes  Mango  Pear	 Cereal  Tortillas  Rice  Bread  Pasta  Popcorn  Crackers  Bagel  Oatmeal	 Eggs  Tuna  Hamburger  Nuts  Chicken  Tofu  Beans  Salmon  Pork Chops

Fill in the blanks with the words from the box below

Balanced	Energy	Eyes	Minerals	Muscles
Sick	Store	strong	Warm	Water

- Carbohydrates give the body _____.
- Proteins help our _____ grow.
- Fats help the body _____ energy.
- Fats help to keep the body _____.
- Vitamins and _____ help the body work properly.
- Vitamin A is good for our _____.
- Vitamin C keeps us from getting _____ easily.
- Calcium helps to build _____ bones and teeth.
- The main component in our body is _____.
- To have a _____ diet means to eat a variety of food and to eat in moderation.

Put each food in the correct nutrient group



Bread



Butter



Meat



Orange



Spinach

Carbohydrates	Proteins	Fats	Vitamins	Minerals

DAY-9 Theme –Animals

Identify and write the names:



DAY-10 THEME – ANIMALS

Arrange the following animals according to the place where they live-

(Crow, lion, tiger, fish, parrot, crocodile, octopus, bees, sparrow, zebra, dog, tortoise)

LAND	WATER	AIR
-----	-----	-----
-----	-----	-----
-----	-----	-----
-----	-----	-----

Write the names of the animals which can fly other than birds.

Ans: _____






Name any 2 animals

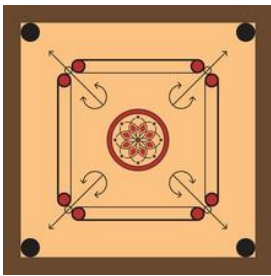
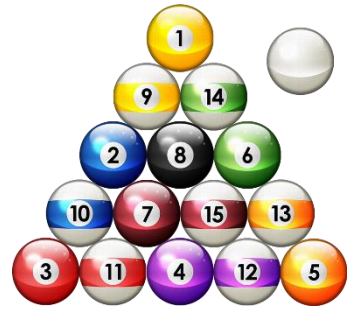
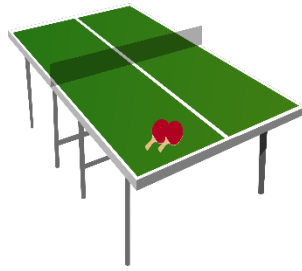
1) You have touched -- _____

2) You can touch -- _____

3) You cannot touch -- _____

Match the habitat with its description and an animal that lives there.

Habitat	Description	Animal
Ocean	Very cold places where snow is on the ground most of the year.	 Camel
Forest	Very hot and dry with little vegetation.	 Seal
Desert	Most of the plants here are grasses.	 Deer
Arctic	Lots of trees and plants, and plenty of water.	 Zebra
Grassland	Huge bodies of salt water.	 Shark



DAY – 12 WORK AND PLAY

Write five examples of each: Indoor Games, Outdoor games

Indoor Games

Outdoor Games

Write any 5 lines about your favorite sports:

How many players are there in a cricket team?

Ans: _____

Write the definition of indoor games?

Ans: _____

Write 2 names of each : Single event(sport)and team event (sport)

Single : _____

Team: _____

Write the names of five sports person with their sports:

Name of player

Sports name

DAY – 13 PERSONAL HYGIENE

Cleaning your body every day. Washing your hands with soap after going to the toilet. Brushing your teeth twice a day. Covering your mouth and nose with a tissue (or your sleeve) when sneezing or coughing. Washing your hands after handling pets and other animals.



This quiz tests what you know about good hygiene habits.

1. Why is it important to wash our hands?
 - [A] To kill bacteria
 - [B] To smell nice
 - [C] Because mum says
 - [D] To keep skin soft
2. If bacteria from our hands is put into our mouth what could happen?
 - [A] We can get spots
 - [B] We can get ill
 - [C] Nothing
 - [D] We will be hungry
3. How often should we wash our hands?
 - [A] Twice per day
 - [B] Once a week
 - [C] Whenever we may have touched bacterial
 - [D] Before eating
4. If we don't wash our face very often what can happen?
 - [A] You will be ugly
 - [B] You may get spots
 - [C] Your skin will dry up
 - [D] Nothing

5. What happens to our body if we don't wash regularly?
- [A] It will smell
 - [B] Nothing
 - [C] Our skin will dry up
 - [D] We will be tired
6. How often should we change our underwear?
- [A] Once per week
 - [B] Twice per month
 - [C] Every day
 - [D] Every hour
7. How often should you brush your teeth?
- [A] At least once per day
 - [B] At least twice per day
 - [C] At least once per week
 - [D] At least once per month

DAY – 14 PERSONAL HYGIENE

Personal Hygiene

E	F	P	U	L	E	N	N	A	L	F	H	S	R
T	S	P	E	R	F	U	M	E	E	H	Y	O	W
S	T	A	W	A	T	E	R	O	W	R	A	A	R
A	S	S	O	S	P	A	O	S	O	S	S	B	S
P	Y	H	O	W	G	U	T	T	T	H	O	H	M
H	H	A	G	E	R	A	G	O	S	A	F	O	S
T	T	V	E	A	I	S	O	A	R	M	M	T	O
O	L	I	R	T	E	T	O	S	G	P	O	T	R
O	A	N	M	B	H	O	R	H	S	O	T	N	A
T	E	G	S	B	E	G	A	N	T	O	O	T	L
P	H	F	R	H	S	C	R	U	B	B	I	N	G
T	A	U	D	E	O	D	O	R	A	N	T	R	A
W	S	W	S	H	O	W	E	R	C	R	A	H	I
H	A	Y	L	S	S	F	G	N	I	H	T	A	B

DEODORANT
 SHAMPOO
 PERFUME
 TOOTHBRUSH
 HEALTHY
 TOOTHPASTE
 SCRUBBING
 GERMS
 TOWEL
 SHOWER
 FLANNEL
 BATHING
 WATER
 WASH
 SOAP
 RAG
 SHAVING
 SWEAT

COVID-19 PREVENTION RULES

Do not touch your nose!

Elbow bump!

Foot shake!!

Do not touch your mouth!

Don't share food!

Wave!

Do not touch your eyes!

Avoid hugging!

Keep a distance!

Don't share things!

Don't play with a ball!

Sneeze and cough in your elbow!

Wash your hands!

Bring your own bottle of water!



DAY – 16 GOOD MANNERS

Match the question with the correct answer.

- | | |
|--|-------------------|
| 1) What should you say if you walk in front of someone? | Are you Ok? |
| 2) Letting someone use something you are using is called? | I'm Sorry! |
| 3) When you ask for something you say? | Respect |
| 4) When you receive something you say? | Nice to Meet You! |
| 5) When you receive a gift you send a what? | Thank You! |
| 6) If your parents ask you to do something, you show them what? | Good day |
| 7) If you make someone else upset or sad, you say? | Thank You Card |
| 8) If someone is having a bad day and you see them upset, you ask? | Sharing! |
| 9) When you meet someone you say? | Excuse me! |
| 10) When you leave the school you say to teacher? | Please! |



Q: Write "G" for Good and "B" for Bad habits for each picture:



()



()



()



()



()



()



()



()



()

DAY – 17 TABLE MANNERS

Read the quiz and tick the correct option.

- 1) You should wash your hands
 - a) Before meal
 - b) After meal
 - c) Both a and b

- 2) Where should you place your napkin while eating?
 - a) In the plate you just used
 - b) In your lap
 - c) On the chair you sit

- 3) When eating you should.
 - a) Lean towards the plate
 - b) Sit straight
 - c) Lean backward

- 4) When you need to get something e.g. salt or sugar.
 - a) Stretch out to get it
 - b) Lean across someone else food to get it
 - c) Ask the closest person to pass it to you

- 5) When you are eating; keep...
 - a) The elbow on the table
 - b) One elbow on the table
 - c) The elbow off the table

- 6) Keep knife and fork after they have been used.
 - a) On the plate
 - b) On the table
 - c) Either on the plate or the table


- 7) When you have finished eating
 - a) Push your plate back
 - b) Push your plate to one side
 - c) Leave your plate in place


- 8) At the end of the meal, place your napkin.
 - a) On the table
 - b) On your chair
 - c) On your plate


School facilities and activities to do


Look at the pictures and answer these questions :

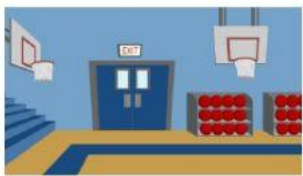
- Where is it?
- What can you do there?


1.  It is a _____.
I can _____

2.  I can _____

3.  I can _____

4.  I can _____

5.  I can _____

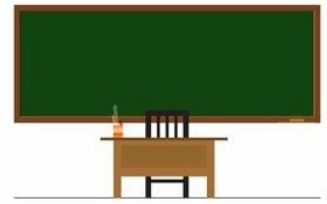
6.  I can _____

CLASSROOM LANGUAGE

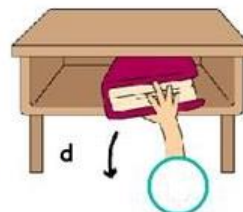
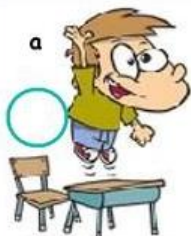
- Can I go to the board?
- Can I come in?
- Can I pull up the blinds?
- Can you help me, please?
- Can I go out?
- Can I answer the question?
- Can I switch off the lights?
- Can I go to the toilet?
- Can I open the window?
- Can we pack our things now?
- May I join the class/group?
- Can you explain it once more, please?
- What page are we on?



- Is this correct?
- Is this right?
- Which book?
- I am ready. May I start it?
- What is the homework?
- Do we have to write this down?
- Sorry, for being late.
- May I open / close the window?
- May I go out please?
- I am sorry. I did not hear.
- Can you speak louder, please
- Can you explain that again?
- I have done this.



1 Match the instructions to the pictures.



1 Take your book out. 2 Clean the board. 3 Do your homework. 4 Bring your supplies. 5 Don't cheat. 6 Write on the board. 7 Work in pairs. 8 Answer the questions. 9 Help each other. 10 Don't talk.



Write the correct classroom language under the picture.

How do you say???	Close your book.	Write.
Read.	Raise your hand.	Stand up.
Sit straight.	Listen to the instructions.	Open your book.



















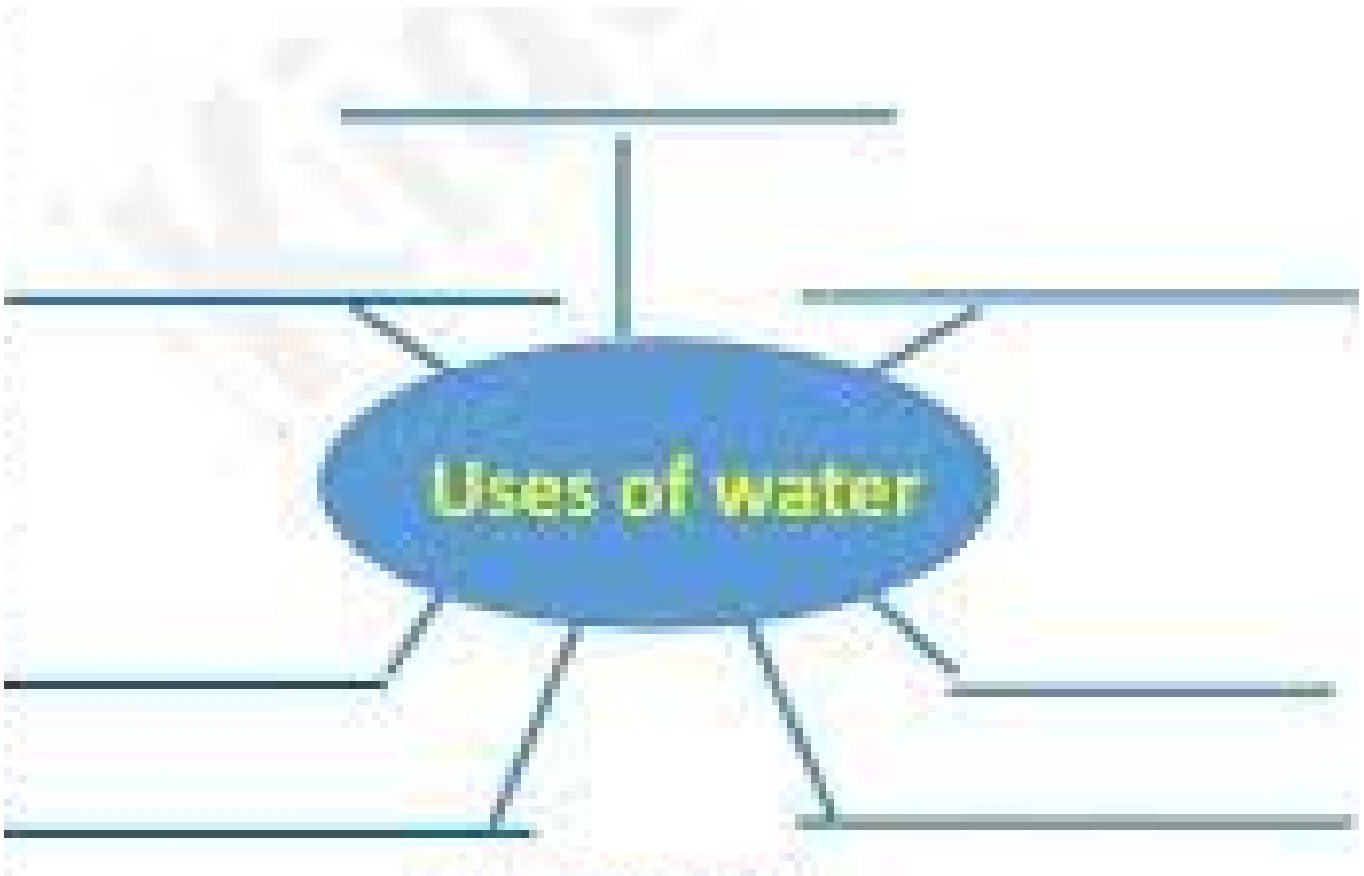
DAY – 20 WATER

Water is very essential for living beings. It is used for various purposes. It is very important for survive. Water fulfills basic requirements of our body. We have limited resources of water, it should be used wisely.

A) Fill in the blanks.

- 1) _____ kind of water cover most of the earth. (Sea water/ Fresh water)
- 2) A _____ is a body of water that flows from one place to another. (River/ Lake)
- 3) We use _____ water for drinking. (Dirty/ Fresh)
- 4) Saline water is usually found in _____. (Well/ Sea)
- 5) The most common source of water is _____ . (Rain/ River)

B) Uses of Water



Match the following



POND



RIVER



Hand Pump



Tap



waterfall



Tube well



well

DAY – 21 SAFETY RULES

- **AT HOME**
 1. Don't touch hot water or hot utensil in kitchen.
 2. Don't touch electric wires and plugs with wet hands.
 3. Don't play alone on terrace or near the railing.
 4. Never play with sharp objects.
 5. Don't open the doors to strangers.
- **AT SCHOOL**
 1. Don't stand or jump on the desk or chairs.
 2. Don't run up and down on the stairs.
- **ON THE ROAD**
 1. Always use zebra crossing to cross the road.
 2. Always walk on the footpath.
 3. Always check the traffic lights before crossing the road.
 4. Always wear helmet on two wheelers.
 5. Always wear seat belt in cars, etc.
- **CYBER SECURITY**
 1. Don't give anyone your personal information.
 2. Be careful about what you share.
 3. Use the privacy setting of social media sites.

1) Write T for true and F for false:

1. We should play with fire



2. We should not play with electric switches



3. We should play in the stairs



4. Always walk on the footpath.



5. Always use Zebra Crossing



2) Answer the following question.

- a) Write two rules you must follow when you are alone at home?

Ans _____

- b) Write the name of two sharp objects found at home?

Ans _____

- c) Write any two safety rules which we follow in school?

Ans _____

- d) Write two safety rules when use internet?

Ans _____

3) What should you do when you are alone at home?

- a) Open the door to any one? (Do / Don't)
- b) Pay attention if there is a stranger outside? (Do / Don't)
- c) Invite all your friends to your house? (Do / Don't)
- d) Call your parents in case of emergency? (Do / Don't)
- e) Stay inside until your parents return home? (Do / Don't)

DAY – 22 PEOPLE & PLACES IN OUR NEIGHBOURHOOD

A) Fill in the blanks:

- 1) A _____ sells different things in a single building.
- 2) A _____ is a red coloured vehicle.
- 3) A _____ and _____ assist the doctors.
- 4) An _____ repairs electrical appliances.

5) A cobbler mends our _____.

6) A _____ weaves clothes for us.

B) Unjumble the letters to find out the names of people who help us:

1) ECRAEPNTR _____

2) TAHECER _____

3) THCEISM _____

4) ROPTTE _____

5) ROCBBEL _____

6) WCOLN _____

C) Write the name of following places:



DAY – 23 KITCHEN APPLIANCES & UTENSILS

LOOK AT THE WORDS IN THE LIST BELOW AND WRITE THEM UNDER THE CORRECT PICTURES

- | | | | | | |
|--|--|---|--|--|---|
| <ul style="list-style-type: none"> • mixer • fridge • knife • stewpot • microwave | <ul style="list-style-type: none"> • cup • squeezer • teapot • cleaver • bowl | <ul style="list-style-type: none"> • fork • rolling pin • scales • jug • toaster | <ul style="list-style-type: none"> • pan • strainer • cooker • grill • tray | <ul style="list-style-type: none"> • pressure cooker • spoon • dishwasher • glass • spatula | <ul style="list-style-type: none"> • plate • ladle • mincer • grater • frier |
|--|--|---|--|--|---|

 1) _____	 2) _____	 3) _____	 4) _____	 5) _____
 6) _____	 7) _____	 8) _____	 9) _____	 10) _____
 11) _____	 12) _____	 13) _____	 14) _____	 15) _____
 16) _____	 17) _____	 18) _____	 19) _____	 20) _____
 21) _____	 22) _____	 23) _____	 24) _____	 25) _____
 26) _____	 27) _____	 28) _____	 29) _____	 30) _____

DAY – 24 SITUATIONAL QUESTIONS

1) What will you do if you miss your auto or van on your way home from school?

Ans _____

2) What would you do if you were locked in the toilet at school?

Ans _____

3) What would you do if senior class child harassed you in school?

Ans _____

4) What should you do to protect yourself from strangers?

Ans _____

5) What should you do if you smell gas at home?

Ans _____

6) What precautions should you take in a crowd?

Ans _____