PM SHRI KENDRIYA VIDYALAYA BSF CAMPUS RAJOURI

MULTI DISCIPLINARY PROJECT[MDP]

CLASS- 3rd THEME-Food

S.No	SUBJECT	MDP
1	ENGLISH	**ACTIVITY 1** Make any sweet without sugar , you can use Jaggery as an alternative. Share it with your family and write about your experience. **ACTIVITY 2** Make a list of food items you eat when you are sick. In 2 lines write how it helps you get well. **ACTIVITY 3** Paste articles/ pictures/write headlines of food related news from Newspaper. **ACTIVITY 4** Choose 3 cartoon characters, draw their picture and the food items that they like to eat. Also write if it is healthy or unhealthy.
2	HINDI	1.अपनी मनपसंद भोजन के बारे में पांच वाक्य लिखें । 2.विभिन्न खाद्य पदार्थ के चित्र बनाएं । 3. एक थाली बनाएं जिसमें संतुलित भोजन हो – रोटी , सब्जी , दाल, सलाद तथा दूध । 4. पोस्टर बनाएं- स्वस्थ भोजन , स्वस्थ जीवन ।
3	MATHS.	**Activity 1.** Purchase some food items from market like one packet of biscuits, one packet of namkeen , one chocolate etc. Note down their cost along with the name of the food item and prepare a bill. **Activity 2** The food item you like to eat. (at least 5) Collect their wrappers and paste it on project paper. **Activity 3** How many times a day do you eat food, show your food timing routine through pictures of different clocks.

4	EVS	**Activity 1.** Make a food pyramid. **Activity 2.** Write about 5 festivals and the food that is prepared on that festival. **Activity 3.** Make a table/ chart of things that you eat in a day. At the end of the day analyse whether the things you ate were healthy or unhealthy. **Activity 4.** Prepare a healthy drink of your choice and write its ingredients along with the recipe. Write how that drink benefits you .

General instructions

1.MDP can be done in A4 size sheets and make a proper file for it.

2. The following common pages must be there in MDP.

3. Covering page containing logo of the KVS, school name, students name, Class, Section, Roll no. and the theme on which MDP is being prepared.

4. Acknowledgement Page which contains a brief note showing gratitude towards a person assisting in

preparing the MDP.

5. Index containing the name of the subject along with the Page numbers.

6. Conclusion page mentioning the overall learning and experiences they have gained while preparing.