KENDRIYA VIDYALAYA WASHIM Session – 2024-25 Write-Up of Swachhata Pakhawada (01 to 15 September 2024)

Day 1: Swachhta Shapath Day (Cleanliness Pledge Day)

Date: 1st September 2024

Venue: Kendriya Vidyalaya, Washim

As part of the nationwide initiative to promote cleanliness and hygiene, Kendriya Vidyalaya, Washim, commenced its **Swachhata Pakhawada** celebration on 1st September 2024 with great enthusiasm and commitment. The day was marked as **Swachhta Shapath Day**, dedicated to instilling a sense of responsibility towards cleanliness among students and staff members.

Proceedings of the Day:

- 1) Morning Assembly: The program began with a special morning assembly where all students, teachers, and staff gathered to participate. The Principal addressed the gathering, emphasizing the importance of cleanliness in daily life and how Mahatma Gandhi envisioned a clean India.
- 2) Swachhta Pledge: Following the Principal's address, the students and staff took the Swachhta Pledge. The pledge, inspired by Mahatma Gandhi's ideals, highlighted the personal and collective responsibility of keeping the surroundings clean. The entire school community vowed to devote time towards cleanliness, refrain from littering, and spread awareness about the Swachh Bharat Mission.
 - a. The key points of the pledge included:
 - i. Commitment to spending 100 hours annually on cleanliness activities.
 - ii. Promoting cleanliness in personal, family, and community spaces.
 - iii. Encouraging 100 others to take the cleanliness pledge.
- 3) Discussion on Cleanliness: After the pledge, a short session was conducted in each classroom where teachers discussed the significance of cleanliness in detail. The discussion included the impact of cleanliness on health, well-being, and the environment. Students shared their ideas on how they can contribute to keeping their homes, classrooms, and surroundings clean.

Conclusion:

The first day of the Swachhata Pakhawada set the tone for the upcoming days of action, reflection, and learning. The collective commitment shown by the students and staff to cleanliness is expected to continue throughout the event and beyond, contributing to the larger goal of a **Swachh Bharat**. The event concluded with a reaffirmation of the pledge to maintain cleanliness and a reminder of the various activities scheduled for the following days.



Day 2 & 3: Swachhata Awareness Day

Date: 2nd & 3rd September 2024 Venue: Kendriya Vidyalaya, Washim

Continuing the series of events under the Swachhata Pakhawada, Kendriya Vidyalaya, Washim, organized a special awareness program on the second and third days, aimed at engaging parents and other stakeholders in promoting cleanliness, sanitation, health, and hygiene. The objective was to foster a holistic approach toward cleanliness both at school and in students' homes.

Proceedings of the Days:

- 1) Welcome and Introduction: The school administration invited parents and local community stakeholders for a short meeting on both days. The Principal welcomed the attendees and introduced the purpose of the meeting, stressing the importance of cleanliness and hygiene in daily life, especially for students. It was noted that active participation from parents is crucial to reinforce the messages of cleanliness that are imparted in school.
- **2) Discussion on Cleanliness and Hygiene:** Teachers led discussions on various aspects of cleanliness, sanitation, health, and hygiene. The following key topics were covered:
 - a. Importance of Personal Hygiene: Maintaining cleanliness in daily activities such as washing hands, bathing, and wearing clean clothes to prevent diseases.
 - b. Household Sanitation: Keeping homes clean and tidy, proper waste management, and avoiding littering inside and outside the house.
 - c. Health and Well-being: The link between good hygiene practices and the overall health of students, highlighting how cleanliness impacts physical and mental well-being.
 - d. Guiding Children at Home: Encouraging parents to actively guide their wards to follow cleanliness routines at home, such as proper disposal of waste, keeping study areas clean, and developing personal hygiene habits.
- 3) Interactive Session: Parents and stakeholders participated in an interactive session where they shared their concerns and suggestions regarding cleanliness at home and in the community. The school provided practical tips on how parents can encourage children to maintain cleanliness and hygiene in their daily routines.
- 4) Collaborative Efforts: The meeting emphasized the collaborative effort needed between the school and parents to instil the values of cleanliness in children. Stakeholders were encouraged to support the school's initiatives by maintaining a clean environment at home and involving their wards in household cleanliness activities.
- **5) Awareness Materials:** Informational pamphlets and posters on cleanliness and hygiene were distributed to parents, summarizing the main points discussed during the meeting. These materials were designed to serve as a reminder for parents to actively engage their children in maintaining hygiene practices.

Conclusion:

The meetings held on the second and third days of the Swachhata Pakhawada successfully created awareness among parents and stakeholders about the importance of cleanliness and hygiene. By involving parents in the process, the school aims to ensure that students are supported in maintaining cleanliness not only at school but also at home. The school community is committed to continuing these efforts throughout the Swachhata Pakhawada and beyond.

The feedback received from parents was positive, and many expressed their willingness to take an active role in guiding their children toward cleanliness and hygiene.





Day 4 & 5: Cleanliness Awareness Rally

Date: 4th & 5th September 2024

Venue: Kendriya Vidyalaya, Washim & Local Community

As part of the ongoing **Swachhata Pakhawada**, Kendriya Vidyalaya, Washim, organized an impactful awareness rally on the fourth and fifth days, aimed at engaging the local community in the message of cleanliness, hygiene, and sanitation. The rally served as a platform for students to take their learnings beyond the school premises and raise awareness about these important issues within the society.

Rally Highlights:

- 1) Participation of Students and Staff: Students from various classes, accompanied by teachers and staff, enthusiastically participated in the rally. They held banners and placards displaying powerful slogans, which they had written at home. These slogans conveyed messages about the importance of keeping the environment clean, maintaining personal hygiene, and following proper sanitation practices.
- 2) Slogans by Students: The students creatively crafted their own slogans, which they chanted loudly during the rally. Some of the slogans included:

- "Swachh Bharat, Swasth Bharat!" (Clean India, Healthy India!)
- "Hygiene First, Stay Safe Always!"
- "Don't Litter, Keep It Better!"
- o "Our Cleanliness, Our Responsibility!"
- o "Clean Surroundings, Healthy Living!"

These slogans echoed through the streets, capturing the attention of the residents and inspiring them to think about their own role in maintaining cleanliness.

- 3) Route of the Rally: The rally started from the school premises and moved through nearby localities, ensuring the message reached as many people as possible. Students, along with their teachers, stopped at key locations, encouraging community members to join hands in the cleanliness movement.
- **4) Community Engagement:** Throughout the rally, students interacted with the local residents, explaining the significance of cleanliness and sanitation in everyday life. Many people from the community showed their appreciation and expressed their willingness to follow the principles of cleanliness promoted by the students.
- **5) Teacher's Role:** Teachers guided the students throughout the rally, ensuring that the messages were delivered effectively and in an organized manner. They also answered questions from community members, further strengthening the bond between the school and the society in the joint effort to maintain cleanliness.

Conclusion:

The rally on the fourth and fifth days of **Swachhata Pakhawada** was a great success, as it effectively raised awareness about cleanliness, hygiene, and sanitation in the local community. The enthusiasm of the students and the active involvement of the local residents made the rally a significant step towards creating a cleaner environment. The school hopes to continue such initiatives in the future to contribute to the Swachh Bharat Mission.

The rally not only spread awareness but also instilled a sense of responsibility and pride in the students for being active participants in the cleanliness drive.







Day 6: Green School Drive Day Date: 6th September 2024

Venue: Kendriya Vidyalaya, Washim

On the sixth day of the ongoing **Swachhata Pakhawada**, Kendriya Vidyalaya, Washim, celebrated **Green School Drive Day** with a focus on enhancing the environment and promoting ecological awareness among students. The event involved active participation from students, teachers, and staff in planting trees and saplings within the school premises, symbolizing the importance of a clean and green environment.

Highlights of the Day:

1) Tree Plantation Activity: The event commenced with a brief introduction by the Principal, emphasizing the importance of trees in maintaining a healthy and sustainable environment. The Principal also highlighted how planting trees aligns with the broader goals of the Swachh Bharat Mission, focusing on cleanliness and the environment.

Following this, students from various classes, along with their teachers, participated in the **tree plantation drive**. Different types of trees and saplings, including fruit-bearing and ornamental plants, were carefully planted in designated areas around the school.

- 2) Student Participation: Students enthusiastically took part in the activity, learning about the significance of trees in combating climate change, improving air quality, and providing shelter to various species. Each student group was responsible for planting and watering their assigned sapling, ensuring proper care and maintenance in the coming days. This hands-on experience helped the students understand the practical aspects of environmental conservation.
- **3) Teachers' Involvement:** Teachers guided the students throughout the plantation drive, explaining the environmental benefits of planting trees and how even small actions can contribute to a greener planet. They also encouraged students to continue taking care of the plants they had planted, fostering a sense of responsibility and long-term commitment toward environmental conservation.
- 4) Awareness on Green Initiatives: In addition to the plantation drive, a brief session was held to discuss various green initiatives that students could take up in their daily lives, such as reducing plastic usage, conserving water, and protecting natural resources. The focus was on creating awareness about the role of individuals in contributing to a healthier environment.

Conclusion:

The **Green School Drive Day** was a resounding success, with students and teachers collectively working toward making the school greener and eco-friendlier. The tree plantation drive not only beautified the school campus but also reinforced the importance of environmental conservation. This activity will continue to serve as a reminder of the school's commitment to a cleaner, greener, and more sustainable future.

The day concluded with a sense of accomplishment, as students pledged to take care of the saplings they had planted and to spread the message of environmental conservation in their homes and communities.



Day 7 & 8: Drawing, Painting, and Poster-Making Competition

Date: 7th & 8th September 2024

Venue: School Library, Kendriya Vidyalaya, Washim

On the seventh and eighth days of **Swachhata Pakhawada**, Kendriya Vidyalaya, Washim, conducted a **Drawing, Painting, and Poster-Making Competition** in the school library. The event aimed to encourage students to express their thoughts and creativity on the theme of cleanliness, hygiene, and environmental sustainability through art.

Highlights of the Event:

- 1) Theme and Focus: The competition centered around the theme of Swachh Bharat, with a particular focus on cleanliness, hygiene, sanitation, and environmental protection. Students were asked to create artwork that conveyed strong messages promoting a clean and healthy environment.
- 2) Participation of Students: The event saw active participation from students of various age groups, each bringing their unique perspectives to the theme. The students displayed remarkable creativity in their drawings, paintings, and posters, using vibrant colors and thoughtful concepts to spread awareness about cleanliness and hygiene.
- 3) Artistic Expression: The competition provided a platform for students to showcase their artistic talents while also reflecting on their role in maintaining cleanliness in their surroundings. Some of the artwork depicted scenes of clean cities, proper waste disposal, tree plantations, and the harmful effects of pollution.
- **4) Judging and Appreciation:** Teachers and staff served as judges for the competition, evaluating the artwork based on creativity, relevance to the theme, and overall presentation. The effort and hard work of the students were appreciated, and the top entries were selected for special recognition.

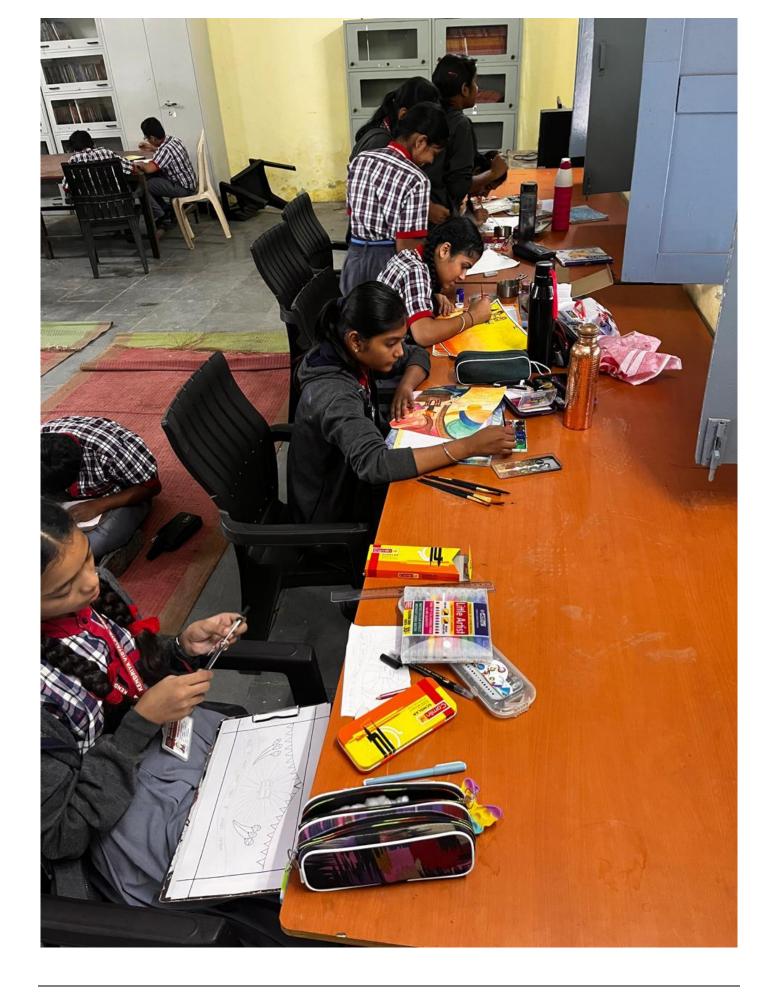
5) Posters on Display: The posters created during the event were displayed in the school library and around the school premises. These artworks will continue to remind students and staff of the importance of cleanliness, spreading awareness about the **Swachh Bharat Mission**.

Conclusion:

The **Drawing, Painting, and Poster-Making Competition** was a highly successful event, allowing students to combine their creativity with a socially significant message. Through their artwork, students not only expressed their understanding of cleanliness and hygiene but also reinforced the values of the **Swachh Bharat Mission**.

The event helped create a sense of responsibility among students to actively contribute to cleanliness efforts in their school and community, and it will be remembered as a creative highlight of the **Swachhata Pakhawada** celebrations.





Day 9 & 10: Handwash Days
Date: 9th & 10th September 2024
Venue: Kendriya Vidyalaya, Washim

On the ninth and tenth days of the **Swachhata Pakhawada**, Kendriya Vidyalaya, Washim, organized an educational and interactive activity for primary students focused on the importance of handwashing and maintaining hygiene. This initiative was aimed at instilling healthy hygiene habits in young children, helping them understand the significance of washing their hands regularly.

Key Activities:

- 1) Demonstration by Teachers: Teachers conducted a hands-on demonstration to show students how to properly wash their hands using soap and water. The step-by-step process was explained thoroughly, emphasizing the need to wash between fingers, under nails, and the back of hands to ensure thorough cleanliness.
- **2) Importance of Handwashing:** The teachers explained the importance of washing hands frequently, especially:
 - a) Before meals
 - b) After using the restroom
 - c) After playing outdoors
 - d) After coughing or sneezing
 - e) Handling dusty or dirty objects

They also stressed how proper handwashing can prevent the spread of germs and protect against illnesses, creating a safer environment both at home and in school.

- 3) Precautions Against Dirty and Dusty Hands: The session also covered precautions that students should take regarding dirty and dusty hands. Teachers emphasized the risks associated with touching one's face, eyes, or mouth with unwashed hands and highlighted the need to stay clean throughout the day.
- **4) Interactive Participation:** After the demonstration, students were invited to practice handwashing themselves, following the steps taught by their teachers. The interactive nature of the activity made it both engaging and educational for the primary students, ensuring they understood the importance of maintaining hygiene in their daily lives.

Conclusion:

The handwashing activity on the ninth and tenth days of **Swachhata Pakhawada** was a successful initiative aimed at promoting hygiene among primary students. By teaching them proper handwashing techniques, the school ensured that students were equipped with practical knowledge to maintain cleanliness and avoid common health risks associated with unclean hands.

The students actively participated, and the activity has left a lasting impact, reinforcing good hygiene habits that will benefit their overall health and well-being.





Day 11: Personal Hygiene Day Date: 11th September 2024 Venue: Kendriya Vidyalaya, Washim

On the eleventh day of **Swachhata Pakhawada**, Kendriya Vidyalaya, Washim, observed **Personal Hygiene Day** with a series of engaging and informative activities aimed at educating students about maintaining personal cleanliness and hygiene. The day-long event encouraged students to adopt healthy habits that contribute to their overall well-being.

Highlights of the Day:

- 1) Handwashing Workshop: Teachers organized a practical workshop where students were taught the correct way to wash their hands. The demonstration covered the importance of washing hands at crucial times, such as before meals and after using the restroom. After the demonstration, students practiced the steps themselves, ensuring they learned the proper technique.
- 2) Dental Hygiene Awareness Session: A special session on dental hygiene was conducted, where students were shown the correct way to brush and floss their teeth. The importance of brushing twice a day and visiting the dentist regularly was emphasized. The session also covered the importance of a healthy diet in maintaining strong teeth.
- 3) Nail Care Demonstration: A demonstration on the importance of keeping nails clean and trimmed was conducted. Teachers explained how dirt under nails can lead to infections and showed students the correct way to clean and maintain their nails.
- 4) Poster-Making Competition: A poster-making competition was held, where students showcased their creativity by designing posters related to personal hygiene. The posters focused on various aspects such as handwashing, dental care, and the importance of cleanliness. The best posters were displayed in the school premises to promote hygiene awareness.
- 5) Personal Hygiene Checklist Activity: Students were given a hygiene checklist to track their personal hygiene habits, such as brushing teeth, washing hands, and bathing regularly. This activity helped them become more conscious of their daily hygiene practices.
- **6) Skits and Role Plays:** Students performed skits and role plays on hygiene-related topics, demonstrating the consequences of poor hygiene and the benefits of staying clean. The interactive performances were both educational and entertaining, driving home the importance of personal cleanliness.
- 7) Healthy Eating for Hygiene Session: A session was held to educate students about the link between a healthy diet and hygiene. Teachers explained how consuming nutritious food contributes to clean skin, strong nails, and overall hygiene. Students were encouraged to eat balanced meals to support their personal health and cleanliness.

Conclusion:

Personal Hygiene Day was an enriching experience for the students of Kendriya Vidyalaya, Washim. The various activities conducted throughout the day helped students understand the importance of maintaining personal cleanliness and instilled lifelong hygiene habits. The interactive workshops, competitions, and demonstrations made learning fun and engaging, leaving a lasting impact on the students.

This day of the **Swachhata Pakhawada** successfully promoted personal hygiene awareness among students, empowering them to take responsibility for their own health and cleanliness.

Day 12: Swachhata School Exhibition Day

Date: 12th September 2024

Venue: Kendriya Vidyalaya, Washim

On the twelfth day of **Swachhata Pakhawada**, Kendriya Vidyalaya, Washim, celebrated **Swachhata School Exhibition Day** with a grand exhibition showcasing the various activities and projects conducted during the cleanliness fortnight. The exhibition provided a platform for students to present their work and share their learnings with their peers, teachers, and visitors.

Highlights of the Day:

1) Exhibition Setup: The exhibition was set up in the school premises, with different sections dedicated to various themes of Swachhata Pakhawada. The setup included displays of student artwork, models, and projects related to cleanliness, hygiene, and environmental conservation.

2) Student Displays:

 Art and Posters: Students' drawings, paintings, and posters from the earlier competition were displayed, highlighting the messages of cleanliness and hygiene.

3) Interactive Sessions:

- Students conducted interactive sessions explaining their projects and the importance of various cleanliness initiatives.
- There were live demonstrations on topics such as tree planting, recycling, and personal hygiene.
- **4) Awards and Recognitions:** At the end of the exhibition, awards and certificates were distributed to students who excelled in various activities and projects. The recognition aimed to encourage continued involvement in cleanliness and environmental initiatives.
- 5) Feedback and Reflections: Students and teachers shared their reflections on the Swachhata Pakhawada activities and how the event had influenced their perspectives on cleanliness and hygiene. Feedback from visitors was positive, noting the creativity and effort put into the projects.

Conclusion:

Swachhata School Exhibition Day was a resounding success, providing students with an opportunity to showcase their hard work and understanding of cleanliness themes. The exhibition not only highlighted the achievements of the past twelve days but also reinforced the importance of cleanliness and environmental responsibility. The event served as a culmination of the **Swachhata Pakhawada**, celebrating the students' contributions and inspiring continued commitment to a cleaner, healthier environment.

