

Clay modelling

Clay modelling is a sensory activity that can help children develop a variety of skills, including:

- Motor skills: Clay modelling helps children refine their manual dexterity and control their hand movements.
- Imagination and creativity: Clay modelling can help children think outside the box and bring their imagination to life.
- Self-confidence: Children can feel a sense of accomplishment when they create something from scratch.
- Problem-solving skills: Children can explore their problem-solving skills by deciding how far they can shape the clay before it breaks.
- Emotional intelligence: Clay modelling can help children understand and manage their feelings.
- Attention span: The intricate process of clay modelling requires sustained focus. The touch and feel of clay can have a naturally relaxing quality. Children can express their thoughts and emotions in three dimensions through clay modelling.

