

## Self-Defence Training for Girl Students Conducted Under PM SHRI Scheme



*Panagarh, March 31, 2024:* A three-month self-defense training program for girl students from classes 9 to 12 was successfully conducted at PM Shri KV Panagarh under the PM SHRI scheme. The training, which ran from January to March 2024, aimed to empower young girls with essential self-defense skills, boosting their confidence and ensuring their safety.

The program included practical sessions on basic self-defense techniques, awareness training, and strategies to handle emergency situations. Professional trainers guided the students, teaching them how to defend themselves in various scenarios. The initiative was well-received, with many participants expressing increased confidence and a sense of empowerment.

The successful completion of the program marked a significant step towards promoting safety and self-reliance among girl students, reflecting the commitment of the PM SHRI scheme to holistic education and development.