

## **Guidance & Counselling**

The implementation of psychometric tests for students in classes 9-12 has been a pivotal component of our holistic approach to student well-being and career development. The mental health assessment aimed to provide valuable insights into students' emotional well-being, identifying potential stressors and facilitating early intervention strategies. Through this test, students gained a deeper understanding of their mental health status, empowering them to prioritize self-care and seek support when needed.

Similarly, the career fields assessment served as a compass for students navigating the vast terrain of professional opportunities. By evaluating their interests, strengths, and aptitudes, the test guided students toward compatible career paths aligned with their aspirations and potential. It fostered self-awareness and informed decision-making, enabling students to embark on a journey of exploration and self-discovery as they charted their course toward future success.

Complementing these assessments, the workshop on career guidance and counselling provided a nurturing space for students to delve deeper into their aspirations and ambitions. Facilitated by seasoned career counsellors and industry experts, the workshop offered personalized guidance, practical insights, and actionable strategies to help students navigate the complexities of career planning. Through interactive sessions, mock interviews, and mentorship opportunities, students gained valuable skills and resources to confidently pursue their dreams and carve out a fulfilling career path.

As we continue to prioritize the holistic development of our students, these initiatives stand as pillars of support, empowering them to thrive academically, emotionally, and professionally. In the words of Albert Schweitzer, "Success is not the key to happiness. Happiness is the key to success. If you love what you are doing, you will be successful." Let us continue to nurture the passions and potentials of our students, guiding them toward a future filled with purpose and fulfilment.