PM SHRI KV CRPF BIJNAUR, LUCKNOW (2025-26)

CLASS-7

HOLIDAY HOME WORK (Winter Break)

1. SUB- English Language and Literature

Q1. Describe your experience of your journey by Train in 80 to 100 words.

Q2. Write about Arunima Sinha's achievement as mountaineer in about 100 words.

Q3. You are Mithun/ Mithali Cultural Secretary of your school. Your school is going to organise a group dance competition under CLA. Write a Notice for the Notice Board informing the students to participate in the program from all 4 houses.

Q4. Write the paragraph on any Two of the following topics.

(A) Dream of My Life
(B) Books Are Our Best Friend
(C) Good and Bad Effect of Social Media

Q5. Rearrange the following jumbled words to make meaningful sentences:

(i) astronaut/wants/my brother/become/to/an
(ii) money/you/lend/me/some/can/?
(iii) Dress/on/this/you/beautiful/looks
(iv) I/homework/my/complete/timely
(v) told/mother/my/me/story/every night/one

Q6. Draw a picture of a tunnel with railway track and describe it in 50 words.

7. Complete learner diary and MDP.

2. विषय: – हिंदी

1. निम्नलिखित वाक्यों में सर्वनाम शुद्ध कीजिए।

(क) जूस में कोई पड़ा है।

(ख) वे खा रही है।

(ग) जो करे तो भरे।

(घ) उस रमन का भाई है।

(ङ) यह किताब पढ़ रहा हूँ।

2. नीचे दिए गए किया शब्दों से वाक्य बनाएँ।

(क) चढ़ना

(ख) हलवा

(ग) दौड़ना

(घ) मेहनत

(ङ) समय

3.निम्नलिखित शब्दों के पर्यायवाची शब्द लिखिए-
आकाश,बगीचा,दिवस,कोयल,गंगा,सरिता,चन्द्रमा,दिन,धरती।,पत्ता,जगत,हवा,भागीरथी,रास्ता,घर,शशि,
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4.निम्नलिखित शब्दों के विलोम शब्द लिखिए-

अमृत, आयात,कोमल, न्याय,मँहगा, सुख,सद्‌बुद्धि सार्थक, विजय, बलवान, चल, उपस्थित,
सजीव,आदान, सदाचारी

5. विद्यालय में खेलकूद का सामान मँगवाने हेतु प्राचार्य को पत्र लिखिए|

6.सब्जी बेचनेवाले और महिला के बीच हुई बातचीत को संवाद के रूप में लिखिए

7.अभी तक पढ़ाए गए पाठ के प्रश्नोत्तर और भाषा की बात की पुनरावृत्ति कीजिए|

3. MATHS

Instructions for Students
✔ Write neatly in your notebook.
✔ Write chapter title before answering each section.
✔ Draw diagrams clearly with a pencil.
✔ Show all steps of your working.
🎯 1. Large Numbers Around Us
Write the following in words and figures:
a) 5,08,309 b) 3,45,670
Arrange in ascending order: 98,765; 1,23,456; 56,789; 2,34,567.
Estimate each of the following to the nearest thousand:
a) 8,247 b) 14,789
Create two real-life problems which use large numbers (e.g., population of cities).
➗ 2. Arithmetic Expressions
Evaluate:
a) 25 + 3 × 4 − 6 ÷ 2
b) 48 − (5 × 6) + 9
Write the expression for:
a) “Multiply 8 by the sum of 12 and 15”.
Find the value of each expression using brackets:
a) 8 × (5 + 7) − 6
Make up a word problem using an arithmetic expression.
🔍 3. A Peek Beyond the Point
Write the decimal for:
a) 7 tenths + 3 hundredths
Compare using >, < or =:
a) 3.258 __ 3.285
Add: 4.75 + 2.309

Convert:
a) 450 cm in meters b) 1250 g in kilograms
Draw number lines to show positions of 0.5 and 0.75.
🔤 4. Expressions Using Letter-Numbers
Simplify:
a) 5a + 3a
b) 7m − 4m
If p = 6, evaluate:
a) 4p + 3
Make up two algebraic expressions based on daily life (e.g., total cost = 50x + 30).
🔺 5. Parallel and Intersecting Lines
Draw and label:
a) Parallel lines
b) Intersecting lines
What do you call:
a) Lines that never meet no matter how far they are extended?
Draw lines and label a transversal and corresponding angles.
🔢 6. Number Play
Prime factorise:
a) 84 b) 110
Find:
a) HCF of 36 and 48
b) LCM of 12 and 15
Explain with examples the difference between prime and composite numbers.

🎨 Math Journal Project: Choose any two chapters above and create a Math Journal Page.
Include:
* A short summary of the chapter
* Two solved examples
* One real-life application
🧮 Daily Practice (Mental Math)
Do 10 questions every day:
✔ Multiplication tables up to 20
✔ Decimal additions
✔ Simple expression
✔COMPLETE MDP WORK
✔COMPLETE LEARNERS DIARY

4. SUB: SCIENCE

Watch Science--based shows/videos (like National Geographic Kids or DY Science Experiments) and write about one interesting thing you learned.(in your science notebook)
2. Describe the role of acids, bases, and salts in daily life.
3.Conduct a small experiment: Dissolve salt in water and explain whether it's a physical or chemical change.

COMPETENCY BASED QUESTIONS
Q1)A farmer notices that his crops have yellow leaves and are not growing well. What could be the possible reasons? Suggest two ways to solve this problem. . 02) If a person skips breakfast regularly, how will it affect their body? Explain the importance of a balanced diet
03) You mix vinegar with baking soda and observe bubbles forming. What type of change is this? Explain the process with reasoning.

Q5. What is MCB and what is it used for?
Q6. Draw a mind map of Digestive system and Respiratory system.
7. Boolho and Paheli were eating their food hurriedly so that they could go out and play during the recess. suddenly boojho started coughing Violently. Think of the Reasons why he was coughing and discuss with your friends

5. SUB: SOCIAL SCIENCE

Q1. MULTI-DISCIPLINARY PROJECT (MDP) (ON A4 SHEET)
A.Write fundamental rights and duties.
B.Draw and colour any famous sacred place of India which you like most
Q2. Research-Based Question(Write in HW note/HW side)
A. List the sacred sites in your region. Enquire into why they are considered sacred. Are there stories connected with these sacred places? Write a short essay of 150 words. (Hint: You could speak to elders in your family and community)
B.It is said that 'All citizens in India are equal before the law'. Do you think this is a fact? If yes, why? If not, why not? Formulate you're arguments.
Q4 . Map Work
On a political map of India, locate and label sacred places in India
Paste an OUTLINE POLITICAL. MAP OF INDIA in your notebook and neatly mark and label THE INDIAN STATES and their CAPITALS. Colour each state lightly (optional).
Q5. LEARNERS DIARY SOCIAL SCIENCE ON NOTE BOOK CHAPTERS
1.Climates of India
2.The Age of Reorganisation
3.From Barter to Money
WRITE ANSWERS OF FOLLOWING QUESTIONS OF EACH CHAPTERS
1.What did you understand from the chapter?
2.Write the main idea of the chapter in your own words.
3.How is this chapter connected to our daily life?
4.Give one real-life example related to the chapter.

6. Sanskrit

1. **शब्द रूप लिखत – नदी, बालक**
2. **धातुरूपाणि – पठ,लिख धातु**
3. **एक से 100 तक संस्कृत गिनती लिखो l**
4. **10 सुभाषित श्लोक लिखित्वा कण्ठस्थं कुरुl**
5. **संस्कृत में छात्र प्रतिज्ञा लिखिए और याद कीजिए l**
6. **कोई पांच श्लोक लिखिए और उसको याद कीजिए**

7. Art Education

Draw any one Object Drawing use with Pencil.

Draw any festival drawing use with colour.

Draw one warli painting.

8. Work Experience

Theme: Basic Hands-on Skills and Safety

1. Tool Identification Chart

Find or draw 10 tools used in different vocations (carpentry, sewing, electrical).

Label: Name, Use, Safety Tip.

2. Safety Poster

Make a poster: “Safety at Workplaces”.

Add 10 safety rules with pictures.