PM SHRI KENDRIYA VIDYALAYA, DHARMAPURI

MULTIDISCIPLINARY PROJECT,TERM-II

(FOOD-BALANCE YOUR PLATE,BALANCE YOUR LIFE)

CLASS IV

Theme :_____

Name of the school :_____

Name of the student :_____

Class IV **Section _____** **Roll no_____**

Guide teachers _____

_____

_____

_____

Project date : From _____ to _____

CERTIFICATE

This is to certify that _____ student of class _____ section_____ has successfully completed his/her project on the theme_____and title_____ under the guidance of _____ of KV_____for the academic year 2025-2026.

Date :_____ Teacher's signature:_____

RUBRICS

Activity	**Neatness (2)**	**Creativity (3)**	**Content (3)**	**Presentation(2)**	**Total(10)**
1					
2					
3					
4					
5					
6					
7					
8 **9** **10**					

ENGLISH:

Project 1

Writing a short essay or paragraph on "Why I need a balanced diet."

Project 2

Creative writing – slogan making (e.g., "Eat right, live bright!").

MATHS :

Activity -1 Grocery Budgeting

1. With parents prepare your shopping list for 5 food items

*** Note their prices from Bill/ market.**

*** calculate the total cost**

*** write the minimum cost and maximum cost of the itemof the item.**

*** Find how much money will be left if you had rupees Rs 300.**

2. Make 2 patterns or Rangoli of vegetable print

Activity 2

1. How many times a day do you eat food show your food timing routine through pictures of different Clocks.

EVS:

Activity 1: make a chart of (Balance diet)and write the impotance of diet in our life.

- **Make a food diary for 1week. Students note down everything they ate in a day.(breakfast ,lunch, snacks, dinner)**

Activity 2 collage making -healthy vs junk food.

- **Food survey activity-students to survey 5 family member or classmates ‘what is your favourite food?’make a tally chart to show the data**

HINDI :

- गतिविधि:1 संतुलित थाली का चित्र बनाये |
- भोजन पर एक कविता लिखे |
- गतिविधि:2 एक दिन के भोजन में ली गई चीजो की संख्या गिने और ताली चार्ट बनाये |

WHAT I LEARNED FROM THE PROJECT:

_____

_____

_____

_____

_____

_____

BIBLIOGRAPHY:

I _____of class_____have done this project with the help of my parents teachers and following resources.