REPORT ON FREE EYE CHECK-UP CAMP



A Free Eye Check-up Camp was organised at PM SHRI Kendriya Vidyalaya, Sector 3, Rohini, on 9 October 2026 to promote eye health awareness and facilitate the early detection of refractive errors and other vision-related problems among students and staff. The camp also aimed to provide professional guidance on primary eye care.

The programme commenced at 9:00 AM with a welcome address by the School Principal, who highlighted the importance of regular eye check-ups for academic performance, overall health, and well-being.

A team of qualified ophthalmologists and optometrists conducted systematic eye examinations. The screening included distance and near vision testing using the Snellen Chart, assessment of refractive errors such as myopia and hyperopia, and basic screening for eye strain, dryness, and infections.

Students from various classes, along with teaching and non-teaching staff members, actively participated in the camp. Special attention was given to students who reported frequent headaches or difficulty reading the blackboard. The medical team provided appropriate advice on maintaining good eye health, adopting healthy visual habits, and seeking further consultation whenever required.

The camp proved to be an informative and beneficial initiative, raising awareness about the importance of regular eye examinations and the early identification of vision problems. It also reinforced the importance of preventive healthcare in ensuring students' academic progress and overall well-being.

The school appreciates the efforts of the medical team and all those involved in organising the camp. The initiative was a valuable step towards promoting health awareness and fostering a culture of preventive healthcare among students and staff.

Conclusion: The Free Eye Check-up Camp was conducted successfully and served as a meaningful initiative towards ensuring better vision, promoting eye health awareness, and encouraging regular health check-ups in the school community.