KENDRIYA VIDYALAYA UMARIA SPORTS REPORT

INTRODUCTION

Physical Education is an integral part of the total education system. It helps in the attainment of the ultimate aim of education i.e. the achievement of holistic development. Games and Sports Considering the concept of "SPORTS FOR ALL" throughout the entire session we organized Inter-house tournaments for students.

SPORTS ACTIVITY

The following events have been organized for the inter-class sports tournaments for students:

- КНО-КНО
- KABADDI
- CHESS

STUDENTS PATICIPATION

IN **REGIONAL SPORTS MEET** 26 students participated in various games:

EVENTS	NO. OF PARTICIPENTS
BADMINTION	04 (KV JCF NO.2)
КНО-КНО	12 (PM SHRI KV REWA NO.1)
KABADDI	07 (KV O.F KHAMRIYA)
YOGA	02 (PM SHRI KV SAGAR NO.3)
TABLE-TENNIS	01 (PM SHRI KV SATNA)

1 student selected in **NATIONAL SPORTS MEET** in table tennis game under-17.

ACTIVITY IN SCHOOL

In school following playgrounds are present such as kho-kho ground, kabaddi ground ,volleyball ground ,in which different games and activity related to games are performed, along with students are taught by smart board and also in classroom, about games technique and their related rules and regulations.

ROLES AND RESPONSIBILITIES

Participation: Students are also responsible for actively participating in the sports day events and maintaining a spirit of fair play and sportsmanship, Encouraging and supporting fellow students in their respective events and fostering an environment of teamwork and camaraderie.