

PM SHRI KENDRIYA VIDYALAYA DWARKA SECTOR 5

FUN DAY ACTIVITIES

In an ongoing effort to make primary education more engaging, interactive, and aligned with the National Education Policy (NEP) 2020, PM Shri Kendriya Vidyalaya, Sector 5, Dwarka (Shift 1) has been integrating various vibrant 'Funday' activities into its academic routine throughout the session. Rather than treating co-curricular engagement as a one-off annual event, these activities are periodically organized across the school year, offering young learners a continuous balance of creative expression, physical development, health awareness, and experiential life skills.

1. Creative Arts, Clay Modeling & Watercolor Painting

Hands-on artistic expression forms a cornerstone of the Funday initiatives. Students actively participate in guided clay modeling and watercolor painting sessions designed to nurture fine motor skills, color theory understanding, and 3D spatial thinking. Children experiment with fluid colors, sculpting techniques, and imaginative craft making in an atmosphere of free artistic exploration.

2. Bagless Day, Healthy Community Lunch & Hand Puppetry

In alignment with national Poshan Ma'ah (Nutrition Month) celebrations, the school observes 'Bagless Days' where traditional textbooks give way to experiential life skills. During the 'Community Healthy Lunch', students bring and share nutritious fresh fruit salads, sprouted grain bowls, and healthy home-made snacks. Additionally, creative storytelling and hand puppet workshops allow young learners to showcase their narrative skills, craftsmanship, and theatrical confidence using handmade models and vibrant props.

3. Games, Sports & Physical Wellness

Physical vitality and teamwork are integral components of the Funday routine. Outdoor sports sessions feature structured yet fun games such as frog jump races, catch and throw drills, hopscotch, and yoga-inspired chair poses.



