

GUIDANCE AND COUNSELLING

Guidance and counselling is the process of helping individuals discover and developed their educational , vocational and psychological potentialities and thereby achieve an optimal level of personal happiness and social usefulness.



Guidance and counselling is important for school students because it helps to shape a student behaviour and also instill enough discipline in them. Proper guidance achieves their goal and well guided and counselled student to know what to do and how things in the best possible way and also, they learn how to live in peace and harmony with other in the school community and also learn how to deal with psychological problem. It allows student to talk to teacher about various experiences that make them uncomfortable they can openly share problems that they cannot share with their parents.