

PM SHRI KENDRIYA VIDYALAYA TAGORE GARDEN NEW DELHI

GUIDANCE AND COUNSELLING

PM SHRI KENDRIYA VIDYALAYA TAGORE GARDEN, organised many workshops on CAREER COUNCELLING. On 13 Feb 2024 such workshop was organised for the students. A NCERT recognised teacher named “Ms. TARU” addressed the students. She first asked us about the problems students are facing after coming to class 11. Some of the students answered “Time management, lack of control in “Decision making “. After that she asked the goal of each and every student. Most common answers were of occupying business of father, or of creating an enterprise by self. It was very disappointing to know that most of the students are afraid of doing hard work they just need short term, secured success.

Students discussed how are goals keep changing with change in our age. She said main cause of this problem is that with growing age we get to know the reality of the world and our mind change's goal accordingly and SELF-DOUBT. Major problem in ourselves is that we don't know ourselves better but know each and every goods/bads of others. We can only pursue our desired goals if we are confident and know ourselves better. We have to spend more time with ourselves for better decision making in our life (MOST IMPORTANT). Main theme of this session was” FIND YOURSELF”. Most importantly, before choosing our career we need a “FRAMEWORK”. While choosing our career we have to make list firstly, of things we are good at. Education system is framed around getting ourself know better about our capabilities. Then we have to look id items in our list be converted into something that people need. We must see if we are getting self-satisfaction from the work we are choosing.

Passion is useful only with hard work, don't just focus on the return you get from it, yes, the fact is true that money is needed for better survival, but if we follow our passion with the same amount of energy on hard work we'll get paid off. We have to always be AWARE and ALERT. In this huge competition we have to work on our skills better to stand out among the crowd and get out of this rat race. It is very important to be street-smart also.

We have to choose our content of entertainment wisely so that our mind didn't get involved with the things that we are not supposed to in this TENDER age. She introduced students with all the sectors of employment available in our country, explained all the points to remember while choosing a career. We have to be selfish for our career planning no matter what others say but respect the sayings of your parents. Then she talked about the 'EMPLOYMENT NEWS' newspaper which is very important for students to know about various job opportunities available in our country. It is extremely important to know about scholarship schemes in the field we are going to choose. In this tender age we have find ourself first and then opt our career wisely.

It is wrong to disrespect financially weak people among us. besides all the things discussed we also have to work on our thought process for better personality and efficient use of brain. don't make distractions your weakness. At the end everything pays well, respect every type of job, be passionate and hardworking.





Psychometric Test

Students from classes 6 to 12 were provided expert support to help them in choosing career options. Psychometric test was conducted for the students through **NCERT BOOLET TAMANNA**. A team of expert took conducted test and after the test result was handed over to students. On the basis of test Experts guided the students which option is best for them to choose in career. Their all doubts were cleared.

Students were benefited from these workshops and got all their doubts clear.



Seminar

Different seminars were also organised for the students for the guidance and counselling. Experts from different institutions were called upon to guide and counsel the students. At the adolescent age there are many questions in the mind of children which disturb them. Through these seminars in PMSHRI KV Tagore Garden students asked their doubts and benefited. These seminars not only helped them mentally but also helped in securing better marks.



Tarunotsav

Class 11th students are provided guidance and counselling through 15 days Tarunotsav program. During the program students were given exposure by different language, subject experts and counsellors. They got opportunity to know their interest and it helped them in choosing the stream.

