

REPORT ON GUIDANCE & COUNSELLING, 2025-26

The following activities are conducted under Guidance & Counselling in the 2025-26 session to benefit students, teachers, and parents, aiming to uplift the educational conditions in the classroom & school as well.

<u>DATE</u>	<u>ACTIVITY</u>	<u>PURPOSE</u>	<u>RESOURCE PERSON</u>	<u>BENEFICIARY</u>
05/04/2025	Parent-Teacher Meet	Detention policy Discipline issues	Principal	Students of class 8 th , teachers & Parents
07/04/2025	World Health Day Celebration	To imbibe Healthy habits for a Healthy Life	Committee members- Science Dept.	Students of 6 th to 8 th standard
11/04/2025	Ambedkar Jayanti	To embrace principles of equality, justice & education	Committee members – Soc. Sc. Dept.	Students of classes 6 th to 12 th standard
04/04/2025	Tarunotsav	To bridge the long gap after board exams, exploring career opportunities	Mrs. Aruna & Team	Students of Class 11 th
01/04/2025	Pustakouphaar	To encourage students to donate their old books for the benefit of those in need, hence developing kindness & empathy	Committee members	Total Donors: 352 • Receivers of these books
17/04/2025	Child Marriage Free Bharat	To raise awareness about the importance of preventing child marriage	Committee members, in collaboration with Canara Bank	Students of class 9 th & 10 th

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16/04/2025 to 30/04/2025	Jal Pakhwada	To create young, active, water-conserving ambassadors.	Committee members	Students of Classes 6 th to 12 th
19/04/2025	World Earth Day Celebration	To be an active member to protect & preserve our Mother Earth.	Committee Members	Students of Classes 8 th to 12 th
30/04/2025	Anxiety Management Retrieval Practices Improve academic performance	To help students manage their anxiety because of increasing academic stress	Dr. Narendra Nath Ms. Prachi NIIMHANS	Teachers
19/06/2025	Career Guidance: SBI Scholar Quiz	To assess banking sector knowledge, promote financial Learning & government. Schemes,	SBI Team	Selected Students (4)
21/06/2025	Yoga Day Celebration	Yoga for nurturing the holistic well-being of children	Mr. M L Srikant Upnishad Yoga Centre	All teachers & students
26/06/2025	International Day against Drug Abuse & Illicit Trafficking	Educating about the harmful effects of Drugs. Promoting a healthy & safe lifestyle.	Officials from Bharathi Nagar Police Station	All students & Teachers
06/06/2025	BBMP Climate Action Event	Exhibition visit to understand the importance of environmental change.	“BBMP Climate Action” dignitaries	Student-participants (10)

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19/07/2025	Financial Literacy & Mindset	To explore the power of mindset & its impact on financial decision-making.	Mrs. P Madhavi	Students of 11 th & 12 th standards
16/09/2025	Stress Management	Strategies for Managing Stress	Mr. SP Verma Ex. Principal & KVS Director-Training & Innovation	Teachers
25/10/2025	Yakshagana Performance	Imbibing the value of Indian Culture	Karnataka Mahila Yakshagana (Through Canara Bank)	All students & Teachers.
28/10/2025	Tour to Merck Life- Explore & Experience Work Conditions in Labs.	To offer a unique blend of knowledge & Practical insights.	Team of Merck Life Sciences	Students & teachers associated with Class 9 th
3/12/2025	Expert Talk on Soft Skills Required to Face College Interviews	To build strong body posture & communication skills required.	Ms. Anamika Career Counsellors Christ University	Class 11 th & 12 th Students.
15/12/2025	Young Chef India Competition	To cultivate interest in CHEF as an emerging career	Team IIHM Bengaluru	Students of classes 6 th to 8 th 80 Participants.
25/12/2025	Commissioner's Visit	Empowering education through technology for secondary & Toy Pedagogy for Primary students	Mrs. Prachi Pandey Commissioner Joint Secretary Ministry of Education	Teachers & Students

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29/12/2025	Science Exhibition	To imbibe critical Thinking and Experiential Learning	Science Dept. Teachers	All student Participants
29/12/2025	Grandparents' Day Celebration	To imbibe the value of the Joint Family, Respect for the elderly, etc.	Primary Teachers	Primary Students
05/12/2025	Career Guidance: Banking Sector	To provide the key to success in banking & in life as a whole.	Mr. N S Vishwanathan Former Deputy Governor of the Reserve Bank of India	Students of class 11 th & 12 th
06/12/2025	Career Guidance	Exploring a career in the hospitality Sector.	Mr. Mayank Shrivastava F&B Dept. IIHM , Bengaluru Associates: Mr. Satish & Ms Sneha	Students of Class 11 th & 12 th
08/12/2025 & 09/12/2025	Workshop on Implementation of Rupantar Initiatives		Ms. J Rose Caroline & Ms. Hansa Bora Team Aurobindo Society	Primary Teachers
1 st to 31 st October 2025	Psychometric Test	To create an interest inventory for students	Mrs. Manu Pathak	Class9th Students

1st to 30th November 2025	Psychometric Test	To know the inclination of aptitude of students in different fields of	Mrs. Manu Pathak	Class 9th Students
July 2025 To November 2025	Individual and group counselling	Raising awareness for the negative impact of bullying, anger and stress management, dealing with exam anxiety, and mental well-being	Ms Mansi Counsellor	Class 6th to 12th students
13/11/2025	Adolescence Education	Personal safety and menstrual hygiene	Mrs. Monica Malhotra	Class 9th C Students
30/10/2025	Group Counselling	Stress Management	Mrs. Monica Malhotra	12th A Students
30/10/2025	CPD Session	Role of teachers as healers	Mrs. Monica Malhotra	All Teachers
30/11/2025	CPD Session	How to inculcate Responsibility among adolescents	Mrs. Monica Malhotra	All Teachers