



तत् त्वं पूषन् अपावृणु
केन्द्रीय विद्यालय संगठन

ELEMENTARY EXPRESS

A PM Shri Kendriya Vidyalaya No. 3 Jalandhar Cantt.
Publication





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केन्द्रीय विद्यालय संगठन

PM Shri Kendriya Vidyalaya No. 3 Jalandhar Cantt.

proudly presents

ELEMENTARY EXPRESS

2025-26



PM SHRI K.V. NO. 3 JALANDHAR CANTT.



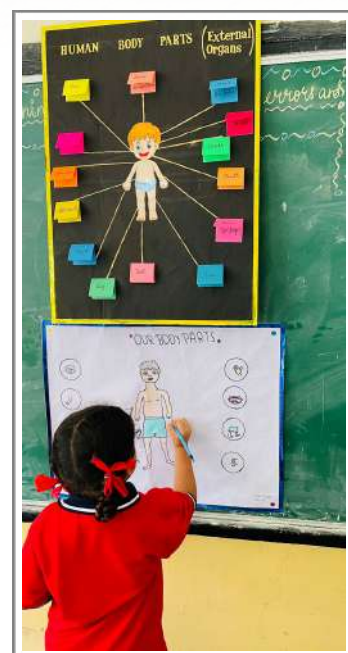
ABOUT US

PM Shri KV No.3 Jalandhar Cantt. is a Defence Sector segment of Kendriya Vidyalaya Sangathan New Delhi, Under the Ministry of Human Resource & Development, Govt. of India. Spanning in an arcade of 10 Acres it houses classes I to XII with Science, Commerce and Arts stream at +2 level. This K. V. is providing academic as well as other curricular training in various fields. Students from different categories are enrolled each year, in the Vidyalaya, from the surrounding areas to get benefits and proper personality growth, from this blooming Vidyalaya. We are the best school you could ever imagine. Visit- <https://no3jalandhar.kvs.ac.in> for more information.



About us.....

Excellence in education, fostering the love of learning and overall development of children is the aim towards which we have been striving hard at PM Shri Kendriya Vidyalaya No. 3 JRC since its inception in 1985. Every session brings new challenges with it for which the team of our school has to prepare itself to face them and achieve the desired results. But, the last two years threw unprecedented challenges not only for educational institutions but also for every field. Our school team also was committed to meet the demands of the new adverse circumstances and equipped itself well with the knowledge of the technological advancement needed to carry out the teaching-learning process and motivate the students.



PM SHRI KV NO. 3 JALANDHAR CANTT.

Building leaders of tomorrow

The standard of the Vidyalaya has been maintained because of the leader of the team along with the highly qualified, experienced and dedicated team members. Our organization also conducts In-service courses for teachers from time to time for updating the knowledge and to aware them with latest methodology and the technology of education. There is a system for an academic supervision by the senior educationists, specialist and experts to bring about the desired changes in the academic attitude and aptitude of the teachers.

To keep the students abreast with the latest technology, Vidyalaya has most modern computers along with internet facility and other audio-visual aids. Computer education is being provided from class-1 onwards. Activity based teaching is being done in primary classes.

A library in a school can be a valuable resource for students and teachers alike. Here are some benefits of having a library in school:

Access to books: A school library provides students with access to a wide range of books, which can help to broaden their knowledge and stimulate their imaginations. It can also help to develop their reading skills and enhance their vocabulary.

Research support: A library can also provide students with the necessary resources for conducting research projects. With access to a variety of books, journals, and other materials, students can find information to support their research and learning.

Quiet study space: A school library can also provide students with a quiet space to study and work on assignments. This can be especially useful for students who may not have a quiet place to study at home.

Technology access: Many school libraries also have computers, printers, and other technology resources that students can use for research, writing, and other academic pursuits.

Overall, a school library can be a valuable resource for students and teachers alike, providing access to books, research materials, quiet study spaces, and technology resources.

Ms. Usha Gupta, TGT Library

Message

"A Child's mind is not a vessel to be filled, it is a lamp to be ignited."

Childhood is the most important phase of life and children learn from their ways of living at this stage. Implementation of CMP and CCE has provided children the opportunities to express themselves.

It is with immense pleasure that we are putting Kendriya Vidyalaya No. 3 Jalandhar cantt. Primary wing itinerary for this year for your perusal.

Our school magazine serves as a reflection of our collective achievements, showcasing the incredible talents, achievements, and stories of our students. It is a testament to the hard work, dedication, and passion that our school community exhibits every day.

I congratulate the 'Editorial Board' on its tireless efforts in bringing out this issue in a befitting way. I hope this spirit of enthusiasm continues in future also.

(Mr. Harjinder Bhatia)
Principal



"By education, I mean an all-round drawing of the best in child & man in body, mind and spirit."

Education is about awakening –Awakening the power and beauty that lies within all of us. Our school aims at the all round development of the students including creativity, observation and knowledge empowerment.

CMP strengthens the Primary education and mould children into better citizens with sterling character. CMP inculcates Responsibility, Integrity, Care, Respect, Academics and Cooperation that will enable our students to take a leadership in life.

Within these pages, you will find a vibrant tapestry of knowledge, creativity, and innovation. From thought-provoking articles and essays to captivating artwork and literary pieces, our students' brilliance shines through in every aspect.

I congratulate the contributors, teachers and editorial board for bringing out this CMP newsletter.

(Mr. Shishpal)
Vice Principal

Message



"Education is not the learning of facts, but the training of the mind to think."

It is the knack of a teacher to awaken joy in creative expression and provide conducive environment where children can learn. It has been rightly said 'Let the child be the scriptwriter, the director and the actor in his own play.'

This newsletter gives a glimpse into the activities of the students, organised by the Vidyalaya. Through this literary, we aim to cater to the emotional, social and behavioural needs of our students to promote their all round development.

At KV no.3, Jalandhar cantt. we ensure that every student is given the opportunity to exhibit their abilities and become successful compassionate citizens of our country.

(Ms. Ravinder Kaur)

Head Mistress



**"Children are not
things to be moulded,
but are people to be
unfolded."**



Classroom activity at PM Shri KV No. 3 JRC

PM Shri K.V. No. 3 JALANDHAR CANTT. PRIMARY STAFF

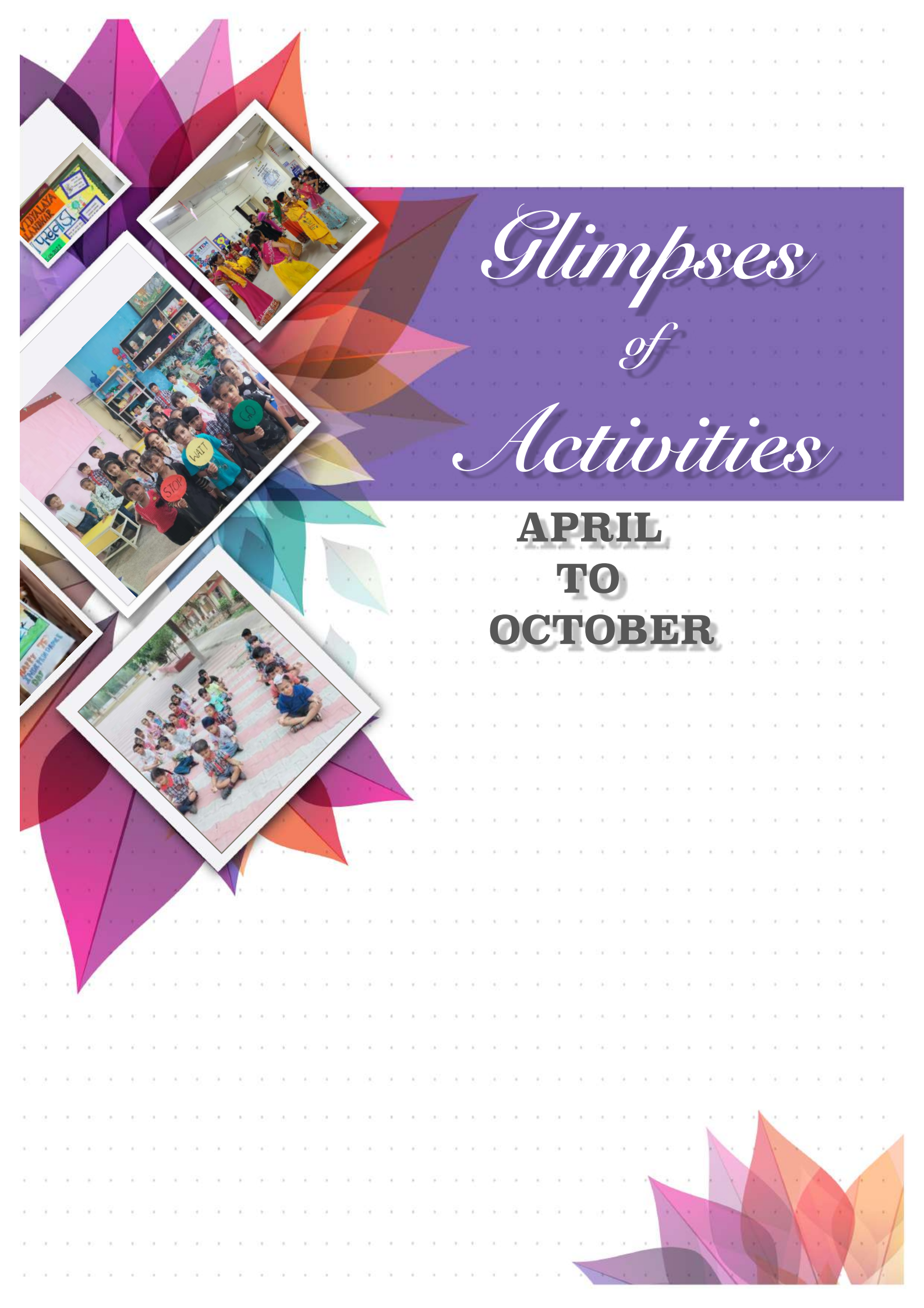
SNO	NAME	DESIGNATION
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4	Ms. SURINDER KAUR	PRT
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12	Ms. ANITA	PRT
13	Ms. SUMIT	PRT
14	Ms. MANJEETA	PRT
15	Mr. AJIT	PRT
16	Ms. SRISHTI	PRT
17	Ms. INDERJEET KAUR	PRT (MUSIC)
18	Ms. MANISHA	PRT

Thank you! 

"What a teacher writes
on the blackboard of life
can never be erased."

TABLE OF CONTENTS

Editorial Board	2
About KV No. 3 Jalandhar Cantt.	4-6
Messages	7-8
KV No. 3 Staff JRC Primary Staff list	10
Glimpses of Activities	
Talents of Primary	
Art Gallery	



Glimpses of Activities

**APRIL
TO
OCTOBER**



Welcome of class 1 students



WORLD HEALTH DAY CELEBRATION

"World Health Day: Promoting Health and Well-Being among students"

‘The greatest gift you can give your family and the world is a healthy you...’

Raising awareness about physical health and mental wellbeing, and various measures to combat global health challenges, we celebrated World Health Day on 8th April, 2024 Capturing the theme of 2024 given by the World Health Organization “My Health, My Right” , the Cubs and Bulbuls participated in Poster Making activity, discussions, talks and sharing awareness messages. They made beautiful posters with slogans, and videos depicting how taking healthy food , doing regular exercise, etc. will help us in maintaining good health , thereby making the world a fairer and healthier place to live in.

The celebration fulfilled its objective of developing a deep understanding of the essential link between individual and collective health for a sustainable life.



International Yoga Day Celebration (21.06.2025)

International Yoga Day, celebrated on June 21 every year, is a great opportunity to introduce children to the benefits of yoga. Yoga is a holistic practice that offers a range of physical, mental, and emotional benefits, making it an ideal practice for children.

Remember, yoga is not only for adults. Children can also benefit from this ancient practice. Celebrating International Yoga Day for children is a great way to introduce them to yoga and promote a healthy lifestyle.





**“ Yoga is
not about
touching your toes.
It is what you learn
on the way down.”**



CLAY MODELLING/ THUMB PRINTING



BOOKMARK MAKING



GROUP SONG COMPETITION



SOLO SONG COMPETITION



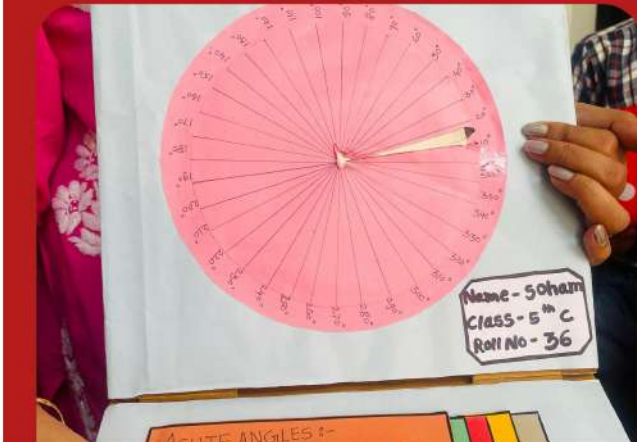
ORIENTATION OF PARENTS



WELCOME OF BALVATIKA AND CLASS 1



TLM



TREE PLANTATION



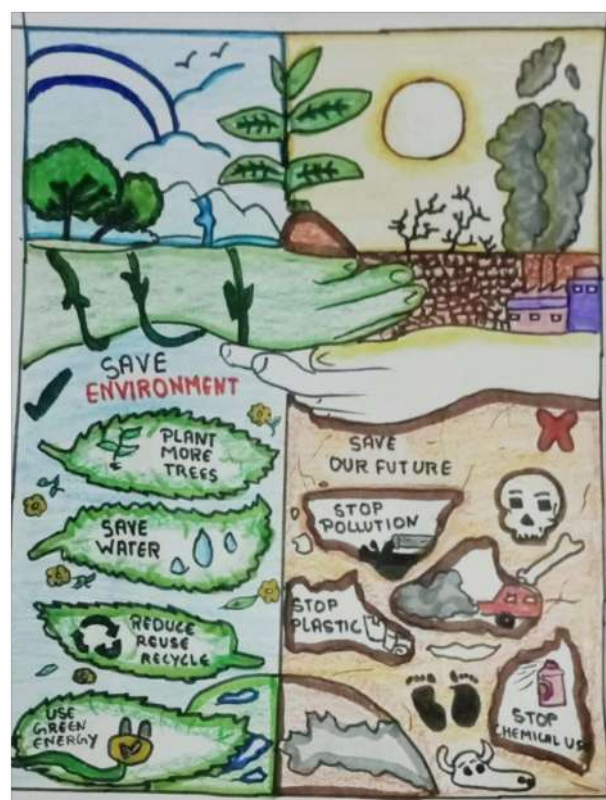
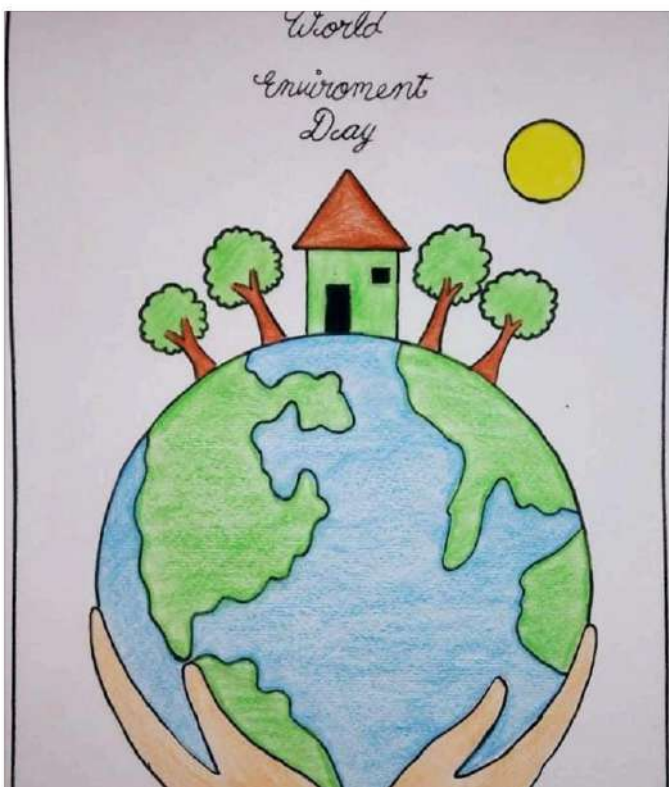
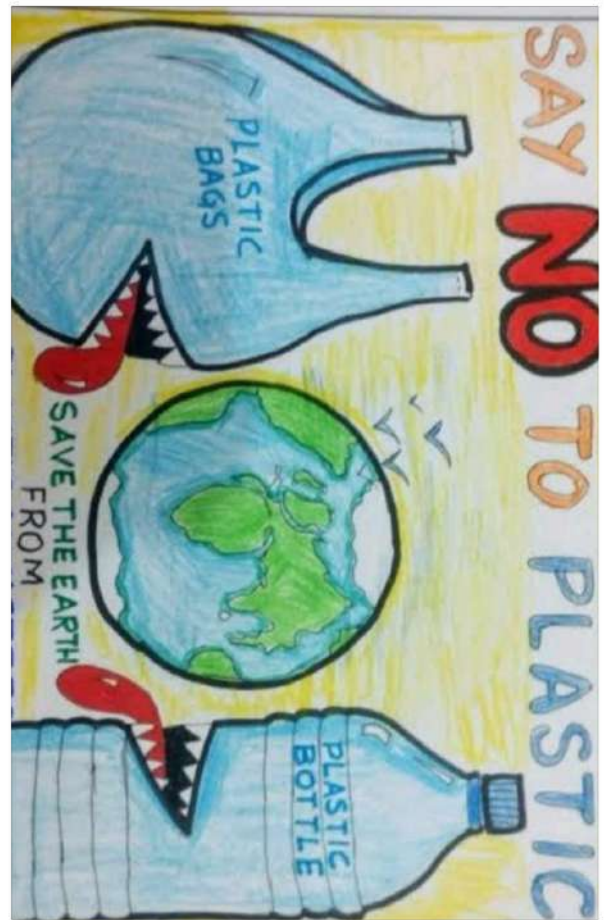
Rakhi Making Competition



ART ACTIVITIES



POSTER MAKING



Independence Day Celebration (15.08.2025)

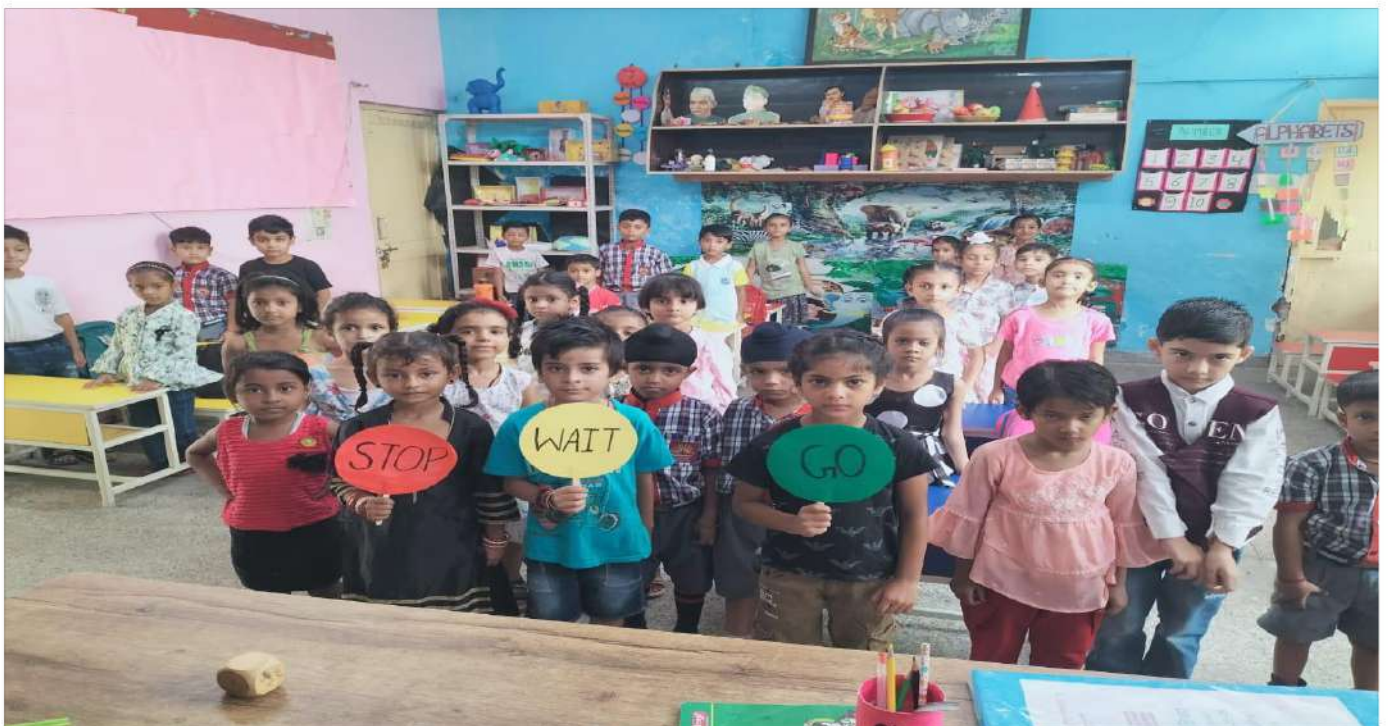


The school celebrated Independence Day with great enthusiasm and patriotism. The event aimed to instill a sense of pride and appreciation for the country among the young students.

The highlight of the celebration was a vibrant dance performance by the primary students. Dressed in traditional attire, the children showcased a colorful dance routine that depicted the spirit of freedom and unity. Their choreography included movements that symbolised joy, resilience, and togetherness, captivating the audience and eliciting applause.

Following the dance, the students performed several patriotic songs. Each song was carefully selected to reflect the themes of freedom and national pride. The children sang with enthusiasm, their voices echoing the values of courage and sacrifice that define the nation's history. The audience joined in for some songs, creating a sense of community and shared celebration.

CLASSROOM ACTIVITY



CLASSROOM ACTIVITY



JANMASHTAMI CELEBRATION



Diya Decoration Competition (26.10.2024)



Our school hosted a delightful Diya Making Competition for Classes BALVATIKA to V students in celebration of Diwali, the festival of lights. The event aimed to foster creativity, enhance motor skills, and deepen students' understanding of the cultural significance of Diwali.

Objectives

To encourage artistic expression and creativity among students.

To teach the importance of diya in Diwali celebrations.

To promote teamwork and collaboration through a fun, hands-on activity.

The competition resulted in a colorful display of beautifully crafted diya lamps, each reflecting the unique creativity of the students. The variety of designs ranged from traditional motifs to imaginative creations, highlighting the students' artistic talents.

Rangoli Making Competition (26.10.2024)



On the occasion of Diwali, our school organized a Rangoli Making Competition for Class 4 students to celebrate the festival of lights with creativity and cultural expression. The event aimed to foster teamwork, artistic skills, and appreciation for Indian traditions. The competition saw enthusiastic participation from all four houses:

Shivaji House
Tagore House
Ashoka House
Raman House

Each house displayed teamwork and creativity, contributing to a vibrant atmosphere filled with colour and festivity.

Special thanks to the organizing committee, judges, and all participants for making this event memorable.



ELEMENTARY EXPRESS

Primary Wing



Kendriya Vidyalaya No. 3 JRC

<https://no3jalandhar.kvs.gov.in>