

GUIDANCE AND COUNSELING

A REPORT

DATE	TOPIC	EXPERT	DESIGN. & DEPARTMENT	FOR CLASSES	REMARK
16.10.2023	21st CENTURY SKILLS	PROF S K SINGH	DEPARTMENT OF ELECTRONICS AND COMMUNICATION, GOVT ENGG. COLLEGE	VIII & IX	Students were able to learn about the requisite skills that will be helpful to them in the future endeavours.
23.12.2024	ARTIFICIAL INTELLIGENCE	DR PREETI RAI	HOD AI Gggits jabalpur	IX & X	Students were able to learn about the ROLE OF AI in todays world and its hazards.
16.01.2024	21st CENTURY SKILLS	PROF S K SINGH	DEPARTMENT OF ELECTRONICS AND COMMUNICATION, GOVT ENGG. COLLEGE	VIII & IX	Students were able to learn about the requisite skills that will be helpful to them in the future endeavours.
19.01.2024	MENTAL HEALTH AND WELL BEING	DR RATNESH KURAR	CMO VICTORIA HOSPITAL	IX TO XII	Students were benefitted as to how to combat stress and increase EQ and HQ
		DR WARKADE	VICTORIA HOSPITAL		
		MS ARTI SONI	JABALPUR		

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The sessions were held keeping in mind the alround development of the students t minimise stress and fear in the students thereby increasing the Happiness and Emotional Quotient.									
The session on Mental Health and Well being was particularly enjoyed by the students where they were told how to be happy with the responsibilities.									
The sessions on 21st Century skills will help the students to develop their personality traits that would help them to succeed in life and also make a remarkable place in the society.									
The session on soft skills will help the students to groom their personality in the right way									
Deepti Satsangi									