



पीएम श्री केन्द्रीय विद्यालय जी सी सीआरपीएफ बनतालाब , जम्मू
PM SHRI KV GC CRPF BANTALAB , JAMMU
181123

समाचार पत्रिका (उपवन)



NEWSLETTER - उपवन



अप्रैल - जून 2026-27
APRIL - JUNE 2026-27



ज्ञान से प्रगति

संस्कार से पहचान

सेवा से राष्ट्र निर्माण



Quality Education



Holistic Development



Global Citizenship



Innovation &
Creativity



Teamwork &
Collaboration



Environment
Consciousness

EMPOWERING MINDS • ENRICHING VALUES • EXCELLING TOGETHER



**“The wealth of
a nation is measured
in the dreams of
its students,”**

— A P J Abdul Kalam

**A Message from
the Deputy
Commissioner**

For Our Young Stars

Harshit Mishra
DC KVS RO JAMMU

Learn • Grow • Dream • Achieve

Dear Children,

Education is the light that shows us the right path. At Kendriya Vidyalaya Sangathan, we believe every child is special and full of amazing possibilities. Let's learn, explore, be kind, and always keep dreaming big!

You Are the Future!

Each one of you has big dreams. Study with curiosity, ask questions, and never stop believing in yourself.

Dream today,
Achieve tomorrow!



Learning is an Adventure

Books, stories, activities, and experiences help us discover new things every day.

Enjoy learning
inside and outside
the classroom!



Be Kind, Be Respectful

Be polite, help others, and respect your teachers, friends, and everyone around you.

Kind hearts make
our world better!



Stay Healthy, Stay Happy

Eat healthy food, play outside, do yoga, and keep your body and mind fit.

A healthy you is
a happy you!



Think, Create, Innovate

Use your imagination, be creative, and try new ideas.

You can be a
scientist, artist,
writer, leader —
anything you dream!



India is Our Pride

Be proud of our culture, language, and values.

Let's grow together
as good citizens
and make our
country great!



For Parents

Your love and support help children grow with confidence. Let's work together to build a bright future for our young learners.



Little Steps, Big Changes

Every small step you take today brings you closer to your dreams.

Be brave, be curious,
be you!



Remember

- ★ I am a learner
- ★ I am kind
- ★ I am confident
- ★ I can do great things!



Keep learning, keep smiling, and keep shining!
We are proud of you today and always.

With best wishes,
Harshit Mishra
DC KVS RO JAMMU



MESSAGE FROM THE PRINCIPAL'S DESK

FIRST QUARTER MAGAZINE
SESSION 2026-27



Success Strategy - Purpose, Principle, Planning
Practice, Perseverance.



SHRI MANOJ KUMAR
I/C PRINCIPAL
PM SHRI KV GC CRPF BANTALAB JAMMU

“
Every child
has a spark.
Together,
we light
their future.”

Dear Parents, Children and Well-wishers,

Welcome to the first Quarter Magazine for the session 2026-27.

The Magazine of the Primary Section is a vibrant reflection of the creativity, curiosity and confidence of our young learners. It captures their joyful experiences, meaningful activities and the countless moments that shape their growth.

Our children continue to explore, invent and express themselves in remarkable ways. Their achievements in academics, co-curricular activities and life skills remind us that every small step today builds a strong tomorrow.

I sincerely appreciate the dedication and hard work of our teachers, the encouragement of parents and the support of all our stakeholders. Together, let us continue to nurture a positive, inclusive and inspiring environment for our children.

May this session be filled with new opportunities, joyful learning and wonderful achievements.

Happy reading to all!

I/C Principal,
SHRI MANOJ KUMAR



LEARN



EXPLORE



CREATE



ACHIEVE



GROW



FROM THE HEADMASTER'S DESK



“Education is not the filling of a pail,
but the lighting of a fire.”

Dear Students, Parents, and Teachers,

It gives me immense pleasure to present this edition of our Primary Section Newsletter, highlighting the vibrant learning experiences and achievements of our young learners during the months of April to June 2026.



SHRI SANDEEP KUMAR
HEAD MASTER
PM SHRI KV GC CRPF BANTALAB, JAMMU

Every Child is Unique, Every Child Can Shine.



Every child possesses unique talents, limitless potential, and the ability to shine in their own special way. At PM SHRI KV GC CRPF Bantalab, Jammu, we strive to provide a nurturing, joyful, and inclusive environment where children can learn, explore, create, and grow with confidence. Our focus remains on developing not only academic excellence but also values, creativity, critical thinking, and life skills.

Learning Beyond Textbooks



The enthusiasm participation of our students in classroom activities, co-curricular events, sports, yoga, art, and various experiential learning programmes reflects their curiosity and eagerness to learn. Initiatives such as FLN, Vidya Pravesh, Toy-Based Pedagogy, and activity-based learning continue to strengthen foundational skills and foster holistic development.

Together, We Grow Stronger



I sincerely appreciate the dedication of our teachers, the unwavering support of parents, and the hard work of our students. Together, we are building a strong foundation for lifelong learning and responsible citizenship.

You Are the Future!

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**Dream today,
Achieve tomorrow!**



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Keep learning, keep smiling, and keep shining!
We are proud of you today and always.

With best wishes,
Sandeep Kumar
Head Master
PM SHRI KV GC CRPF
Bantalab, Jammu



PM SHRI
KENDRIYA VIDYALAYA (GC)
CRPF BANTALAB, JAMMU



Vidya Pravesh

Welcoming Tiny Tots to Class 1

A Joyful Beginning... A Brighter Tomorrow...♥

Every child
brings a new story,
a new dream
and a new hope...

**Welcome little
learners!**



May your journey in
Kendriya Vidyalaya be filled with
happiness, knowledge and success!♥

Learn...
Explore...
Grow...



PM SHRI KENDRIYA VIDYALAYA

GC CRPF BANTALAB, JAMMU

CLASSROOM AWARD

CERTIFICATE DISTRIBUTION



PROUD MOMENTS, BRIGHT FUTURES!

Keep Learning, Keep Growing, Keep Shining!





PM SHRI KENDRIYA VIDYALAYA GC CRPF BANTALAB



Making Every Child a Confident Learner



FLN ACTIVITY



Foundational Literacy & Numeracy

Fun • Learn • Grow

NUMBER RECOGNITION



We learn numbers with joy
and build a strong foundation.

COUNTING WITH ABACUS



Beads move, minds grow –
counting becomes easy!

LETTERS & PHONICS



We play with letters and
discover the magic of words.

ACTION SONGS



We sing, we move, we learn
together!

COLOUR SORTING



Sorting colours builds thinking
and observation skills.

FUN WITH NUMBERS



Hands-on activities make
numbers our friends.



At PM SHRI KV GC CRPF BANTALAB,
we make learning joyful, meaningful
and effective for every child.



STRONG FOUNDATION • BRIGHT FUTURE



FUN LEARNING ACTIVITIES

FOR CLASS 1



PM SHRI KENDRIYA VIDYALAYA (GC)

CRPF BANTALAB, JAMMU

1. RECOGNITION OF ALPHABETS (A-Z)



2. MATRA & LETTER RECOGNITION



3. COLOURING ACTIVITY



4. PATTERN & BLOCK ACTIVITY



5. PICTURE TALK (SPEAK & SHARE)



6. STORY TIME



OBJECTIVES

- ★ Enhance observation and identification skills
- ★ Develop fine motor skills and creativity
- ★ Encourage independent thinking
- ★ Build confidence and communication skills
- ★ Make learning joyful and meaningful



LEARNING OUTCOMES

- ★ Improved recognition of letters and sounds
- ★ Better concentration and memory
- ★ Enhanced creativity and expression
- ★ Confident speaking and sharing
- ★ Joyful and active participation in classroom activities



CONCLUSION

These fun learning activities made the classroom a happy place where our little learners explored, enjoyed and learned with excitement.

Learning through play helps children grow with **confidence, curiosity and joy!**



Subject Enrichment Activity



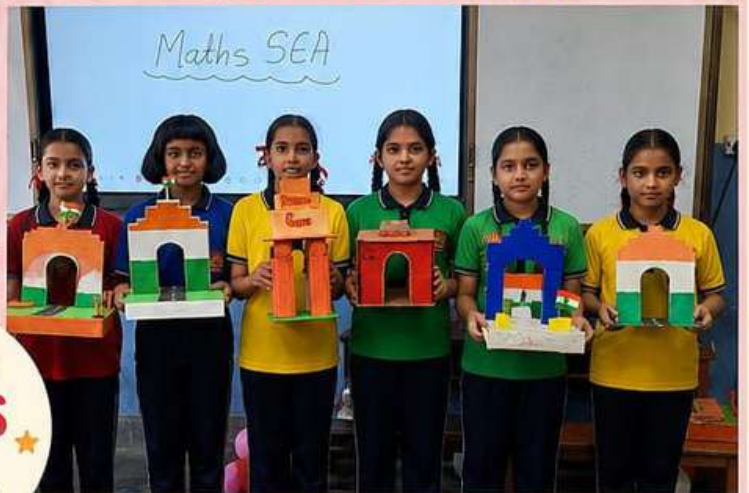
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MATHS

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Exploring
MATHS
Through
Creativity

Learning • Exploring • Creating • Understanding

Students enthusiastically participated in the Subject Enrichment Activity (Maths) by creating innovative 3D models and learning concepts through hands-on experiences. A step towards **joyful and meaningful learning!**





PM SHRI KENDRIYA VIDYALAYA
GC CRPF BANTALAB



SUBJECT ENRICHMENT ACTIVITY



क

रु

हिन्दी

अ



“भाषा हमारी पहचान है, अभिव्यक्ति की यही शान है।”



हमारी भाषा – हमारी धरोहर
हिन्दी है हम, हिन्दी है हमारी शान।



✿ सृजन | अभिव्यक्ति | संस्कार | संवेदना ✿



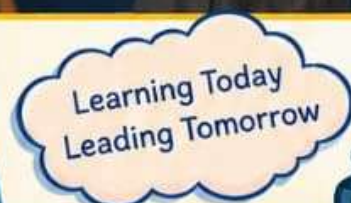
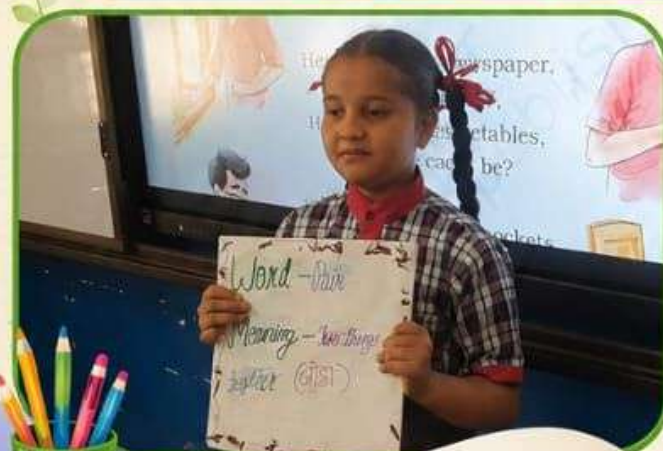
PM SHRI KENDRIYA VIDYALAYA GC CRPF BANTALAB



SUBJECT ENRICHMENT ACTIVITY

ENGLISH

Speak
Read
Learn
Grow



Building Confidence • Enhancing Language • Enriching Minds



PM SHRI KENDRIYA VIDYALAYA GC CRPF BANTALAB



Subject Enrichment Activity

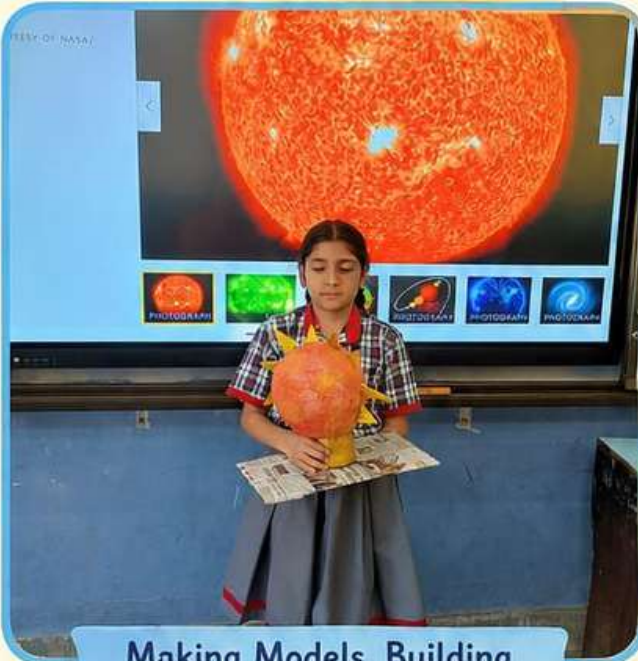
TWAU (The World Around Us)



Our Young Learners Exploring
The Sun – A Star!



Hands-on Learning
Bright Ideas in Action



Making Models, Building
Understanding



Learning Beyond Books –
Experiencing The World



Curiosity * Creativity * Conceptual Learning





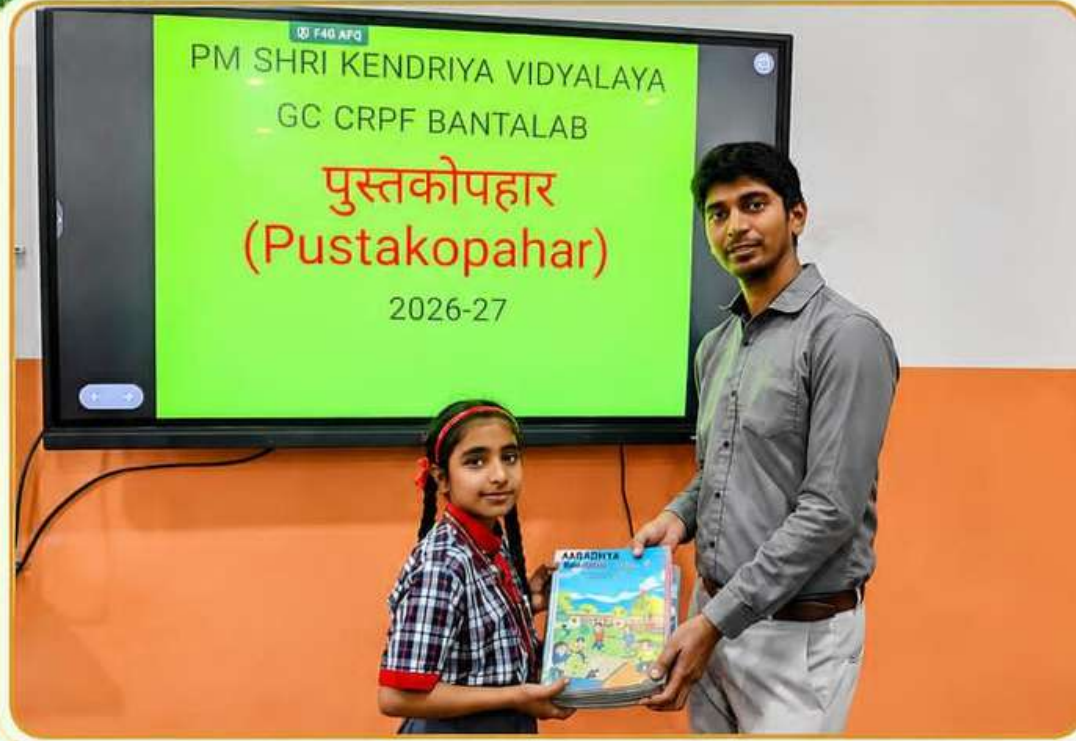
PM SHRI KENDRIYA VIDYALAYA
GC CRPF BANTALAB



पुस्तकोपहार | Pustakopahar

पुस्तकें बाँटें, ज्ञान बढ़ाएँ।

Share Books, Spread Knowledge.



“एक पुस्तक
हजार सपनों
की शुरुआत।”

One Book
Can Change
a Thousand
Lives.



पुस्तकें हैं ज्ञान का खजाना,
आओ मिलकर इसे बढ़ाएँ नयेयां।
Books are the Treasure of Knowledge,
Let's Share and Grow Together.





21 June

LET US STRETCH TODAY
FOR A STRONGER TOMORROW

YOGA IS THE JOURNEY
OF THE SELF, THROUGH THE SELF, TO THE SELF.

HEALTHY BODY • CALM MIND • POSITIVE LIFE



BHARATNATAYAM WORKSHOP

PM SHRI

KENDRIYA VIDYALAYA GC CRPF BANTALAB
JAMMU





PM SHRI KENDRIYA VIDYALAYA GC CRPF BANTALAB



House Meeting under CLA

Collaboration • Leadership • Activity



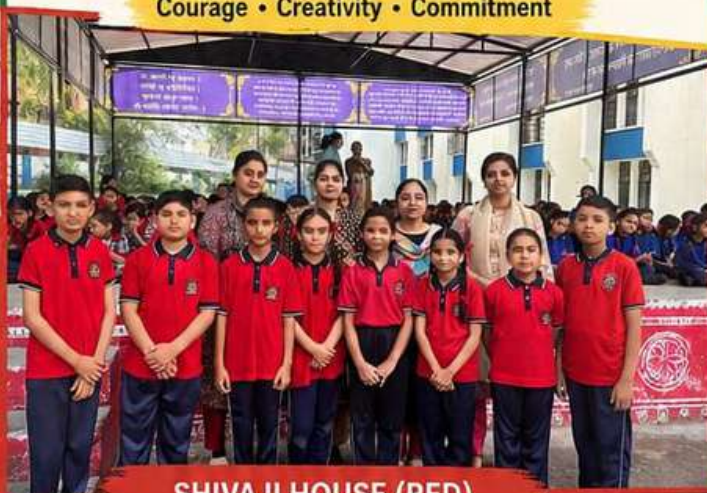
TAGORE HOUSE (YELLOW)

Courage • Creativity • Commitment



RAMAN HOUSE (GREEN)

Scientific Temper • Curiosity • Excellence



SHIVAJI HOUSE (RED)

Strength • Determination • Valour



ASHOKA HOUSE (BLUE)

Peace • Unity • Harmony



Through House Meetings under CLA,
we build leaders, encourage teamwork,
and nurture a spirit of togetherness.

Four Houses, One Vision!





EDITOR'S PAGE

Primary Newsletter – Upvan



Kendriya Vidyalaya
GC CRPF Bantalab, Jammu



Thank you to our students, parents, teachers
and staff for making every learning journey
joyful and meaningful.

Together, we continue to nurture young minds
with knowledge, creativity and values.

We hope you enjoyed this edition of **UPVAN**
and look forward to bringing you more
inspiring moments in the next issue.



Editors



Ms. Sudha



Ms. Tanvi



Together We Learn • Together We Grow

Thank You!

*With heartfelt gratitude, we thank
everyone for your support, encouragement,
and kindness.*



*Your support has been invaluable
in helping us grow and achieve together.*

✧ We Truly Appreciate You! ✧