



**E-NEWS LETTER**  
**PM SHRI KV NO.2 AFS,**  
**TAMBARAM,**  
**CHENNAI-73**

# THE COMMUNIQUE 2025

PM SHRI KENDRIYA VIDYALAYA NO.2, AFS,  
TAMBARAM, CHENNAI - 73

பிஎம் ஸ்ரீ கேந்திரிய வித்யாலயா எண்.2, ஏ.ஏஃப்.ஏஸ்,  
தாம்பரம், சென்னை.

पीएम श्री केंद्रीय विद्यालय सं० २, ए० एफ० एस०, ताम्बरम, चेन्नई-७३



## Principal Message



MR.B.SELVAM

Dear members of our academic family,

As we continue through the year I'm thrilled to share the many accomplishments and milestones our students have achieved. From academic success to extra curricular triumph, our school community is buzzing with energy and enthusiasm. Our dedicated teachers work tirelessly to provide a supportive and stimulating environment, helping the children reach there full potential. I'm grateful for their passion and commitment to our students' growth. In this magazine you will find the updates on upcoming events and students achievements. I encourage you to stay involved and engaged in your education and I am always happy to hear your thoughts and feedback. Thank you for being part of our school family. Together let's make this year an exceptional one for our students. Thanks you.

Regards,  
B.Selvam

## Headmistress Message

Dear students, parents and faculty,

As we continue our journey of learning and growth I'm glad to share some exciting updates and achievements with you. Our school community has been working hard to provide a nurturing environment that fosters academic excellence creativity and character development. Our student have excelled in various competitions showcasing their talents and skills. Our teachers have been working tirelessly to develop innovative lesson plans and projects. we have also introduced new extra curricular activities to promote student interests. I would like to express my gratitude to our students, parents and teachers for their dedication and hard work. Your support and partnership are invaluable in shaping the future of our students. Thank you.

Sincerely,  
Padma Balakumar



MRS.PADMA BALAKUMAR



# DISTINGUISHED SUPPORTERS



**MS.PRACHI PANDEY**

**IA &AS, COMMISSIONER,  
KENDRIYA VIDYALAYA  
SANGATHAN  
CHENNAI REGION**

**DR. R. SENTHIL KUMAR**

**DEPUTY COMMISSIONER  
KENDRIYA VIDYALAYA  
CHENNAI REGION**



**SHRI M VEALLAICHAMY**

**ASSISTANT COMMISSIONER,  
KENDRIYA VIDYALAYA  
SANGATHAN  
CHENNAI REGION**





Monday, April 7, 2025.

"HEALTHY BEGINNINGS, HOPEFUL  
FUTURES."

Healthy Smiles Shine Bright! :)

### **Eat a Balanced Diet:**

- Include plenty of fruits, vegetables, and whole grains in your meals.
- **Stay Hydrated:** Drink plenty of water throughout the day.

### **Exercise Regularly:**

Engage in physical activities like sports, dancing, or simply playing outside.

### **Get Enough Sleep:**

Aim for 8-10 hours of sleep each night to help your body grow strong.

### **FUN HIGHLIGHTS !**

- **Health Quiz:** Tested knowledge on healthy habits
- **Healthy Plate Making:** Created colorful plates with fruits and veggies
- **Exercise Session:** Enjoyed physical activity and fun exercises
- **Poster Making:** Showcased creativity with posters on healthy habits



# WORLD HEALTH DAY



Our school celebrated World Health Day with enthusiasm! Students participated in activities promoting health awareness and wellness. On this special day our headmistress shared valuable advice with our students on maintaining good health.

"A healthy outside starts from the inside."



PM SHRI KV NO. 2 AFS, TAMBARAM, CHENNAI-73

# INTERNATIONAL YOGA DAY

SATURDAY , JUNE | 21.6.2025



## INTERNATIONAL YOGA DAY

Our school marked it International Yoga Day with a special ceremony, welcoming distinguished chief guests Mrs.Nagamani and Mrs.Sheela (Yoga Experts) from Brahmakumaris.







# INVESTITURE CEREMONY 2025-2026

## Empowering Young Leaders

Our school's investiture ceremony was a grand success, marking a new chapter in our academic year. The event celebrated the appointment of our new student leaders, who will lead by example, inspire their peers, and uphold our institution's values.



### Highlights of the Ceremony



#### Investiture

The student leaders were invested with badges and sashes, symbolizing their roles and responsibilities.



#### Oath-taking

The newly elected student leaders took a pledge to fulfill their duties and responsibilities with integrity and dedication.



#### Instilling responsibility

The ceremony reinforced our school's values, including integrity, loyalty, and service.







# FPS



## AWARD WINNERS

### MIDHUNYA.A.N

She emerged victorious in the Drawing competition, which focused on raising awareness about child abuse (Class V-A).



### PRAGATHI M.A

She won first prize at the Regional Level competition organized by the Postal Department for students at Chennai City Region Office in January - February 2025 Class V-A).

### SAI SIDDHARTH

He has earned a Black Belt status in Karate, excelling in Kata and Fighting techniques and has received accolades in Malaysia (Class V-B).



**"The measure of achievement is not winning awards. It's doing something that you love."**

**- Julia Child**



# HONOREES



**YOU DON'T HAVE TO BE GREAT TO START, BUT YOU HAVE TO START TO BE GREAT." - ZIG ZIGLAR**

## **KEVIN RICHARDSON**

He has earned a spot in the Nova Book of Records (Class IV-D).



## **AARAV KUMAR**

He obtained Purple 2 recognition in maternal art (Class V-A).

## **PRAGATHI**

Achieved the prestigious International Pride Word Record in Classical Dance(Class III-B)



**"Chase your dreams relentlessly; the awards will follow."**





# TROPHY HOLDERS

"THE FUTURE BELONGS TO THOSE WHO BELIEVE IN THE BEAUTY OF THEIR DREAMS."

## **S. LOGA MAGIZHIN**

She participated in part in VS ROCKS CREATION in the name of "THILLAI AMBALAM".  
This Achievement is Recorded in INTERNATIONAL PRIDE WORLD RECORDS(Class III-A)



## **S.DEEPIKA**

She claims 3rd place in Silambam for Age 8 group.  
(Class III-B)

## **S.AKSHAYALAKSHMI**

Her record-breaking Chakrasana attempt sets a new benchmark in the Nova Book of Records, highlighting the importance of wellness  
(Class IV-D)



"CHASE YOUR DREAMS RELENTLESSLY; THE AWARDS WILL FOLLOW."



SAVE

WATER

SAVE

LIFE

# JAL PAKHWADA

WATER CONSERVATION  
EVERY DROP COUNTS!



As part of our ongoing efforts to promote sustainability and environmental awareness, we'd like to remind our students and staff about the importance of saving water.



## Water Conservation Tips

- 1. Turn off the tap:** While brushing teeth or washing hands, turn off the tap to avoid wasting water.
- 2. Fix leaks:** Report any leaks or drips to the school administration to prevent water waste.
- 3. Use water wisely:** Use water only when necessary, and encourage others to do the same.



**"SAVE WATER TODAY FOR A BETTER TOMORROW."**



# JAL PAKHWADA BALVATIKA-3

"जल है तो कल है"



**OUR LITTLE  
EXPLORERS  
CELEBRATED  
SAVE WATER  
DAY WITH FUN  
AND ENGAGING  
ACTIVITIES!**



**"SAVE WATER, QUENCH THE FUTURE'S THIRST."**



*"The whole purpose of education is to turn mirrors into windows."*



# CLA SPARKS

CREATIVITY AND GROWTH !

## Activities Shine Bright! 🌟

Our school's Co-Curricular, Leadership, and Activities (CLA) programme is in full swing! 🌈  
Here are some highlights from recent events:



## RECENT UPDATES



*"The best way to find yourself is to lose yourself in something you love."*





## SUSTAINABLE DEVELOPMENT: TOWARD A BETTER FUTURE

As we continue to grow and learn, let's not forget the importance of our planet's precious resources. Trees are an integral part of our ecosystem, providing oxygen, shade, and a home for countless species.



By taking small steps, we can make a significant impact. Let's join hands to protect our environment and preserve the beauty of nature for future generations.

**"EK PED MA KE NAAM."**







## **“EK PED MA KE NAAM” FOR BOTH OUR MOTHER AND MOTHER EARTH !**

This essence is a symbolic gesture---planting a tree in the name of one's mother. This simple act serves a dual purpose: honoring the role of mothers in nurturing life and contributing to the health of the planet.



Trees are life-sustaining, and just like a mother they provided sustenance, protection and a future for the next generation. Through this initiative participants can create a lasting memory planting a tree as a living tribute to their mother while also addressing the pressing need for environmental preservation.





# **YELLOW DAY**

**"A DASH OF YELLOW OPTIMISM MAKES THE JOURNEY BRIGHT."**



**"S.SAIANANYA  
OF BALVATIKA  
ACHIEVES  
YELLOW BELT  
IN KARATE!"**

**"SHADES OF YELLOW STIMULATES OUR LITTLE ONES WITH  
HAPPINESS, ENERGY AND OPTIMISM....."**



# A HEARTFELT REMINDER OF A TEACHER'S LASTING IMPACT



A token to treasure memories  
of a remarkable teacher.



Best Wishes, Ma'am!



we're going to miss you a  
lot,...Ma'am..!



you've been an amazing  
teacher !



Thankyou for your dedication and hard work. Best  
wishes for your next chapter !





# FAREWELL AND GOOD LUCK!



**You'll always be remembered as  
an inspiration"**



**You've been more than just a teacher-you've been  
mentor and a friend. Wishing you happiness and  
success in your future!**







# हिंदी कविता

गुरुजी आप बहुत अच्छे हैं  
आपके पढ़ाने से हम सीखते हैं  
आपकी मुस्कान हमें खुशी देती है  
आपके साथ पढ़ना हमें पसंद है  
धन्यवाद गुरुजी, आप सर्वश्रेष्ठ हैं



जीया  
V C



# ARTBUZZ



**GASHIK.P**  
**II B**



**AKILESH**  
**V A**



# हिंदी कविता



स्कूल में हम सीखते हैं  
नई चीज़ें पता चलती हैं  
शिक्षक हमें प्यार से पढ़ाते हैं  
हमारे सवालों का जवाब देते हैं  
स्कूल में मज़ा आता है  
यहां हम बड़े होते हैं



एस. वेदा  
V A



# ARTBUZZ



**PRAJITH.R**  
**V B**



**GOWTHAM.M**  
**IV B**



**AYUSH PALI**  
**BV 3**



**V NALAN AADHARSH**  
**BV 3**



# MODEL MAKING

## RAIN WATER HARVESTING

"HARVEST RAINWATER,  
QUENCH THE FUTURE."





# BALVATIKA

## JANJATIYA PHAKWADA

NOVEMBER | 15/11/2024

## TRIBAL HERITAGE

“HIGHLIGHT FROM THE  
THE PAST YEAR”



## WHY IT MATTERS:

Janjatiya Gaurav Divas is celebrated on November 15 every year to honor the contributions of tribal communities, particularly in India's freedom struggle. The day commemorates the birth anniversary of Bhagwan Birsa Munda, a renowned tribal leader and freedom fighter.

## KEY HIGHLIGHTS:

We encouraged students to explore and learn about India's rich tribal heritage. By doing so, we can promote cultural understanding and appreciation.



# BEHIND THE PAGES

COMPILED AND  
CURATED BY

*Ragavi.R*

**MCA,MBA**



"WELCOME TO OUR  
LATEST EDITION.I'M  
THRILLED TO BE PART OF  
THE SCHOOL MAGAZINE  
TEAM AS BOTH CONTENT  
WRITER AND EDITOR.  
HOPE YOU ENJOY  
READING IT AS MUCH AS  
WE ENJOYED CREATING  
IT!"

GREATRFUL THANKS TO

**Mrs.Padma Balakumar  
(FPS HEADMISTRESS)**

FOR HER GUIDANCE  
AND SUPPORT.