

केन्द्रीय विद्यालय संगठन

KENDRIYA VIDYALAYA SANGATHAN



परमाणु ऊर्जा विद्यालयों के संगीत शिक्षकों के लिए क्षमता
निर्माण कार्यशाला

CAPACITY BUILDING WORKSHOP FOR MUSIC TEACHERS OF
ATOMIC ENERGY SCHOOLS

06/04/2026 TO 10/04/2026

Zonal Institute of Education & Training (ZIET) Mysuru
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Director's Message

It gives me immense pleasure to present this workshop manual, thoughtfully developed for our music teachers. This initiative, centered on the *Bansuri* series, reflects our collective commitment to nurturing not only musical proficiency but also a deeper aesthetic sensibility among learners.

Music education, in its truest sense, transcends the boundaries of melody and rhythm; it becomes a language of cultural continuity, emotional articulation, and intellectual refinement. The present workshop has endeavoured to engage teachers with this holistic vision—integrating multilingual song pedagogy, movement and dance, theatre elements, and structured assessment practices into a cohesive teaching framework.

Particularly commendable is the emphasis on contextual and experiential learning through practical classes conducted in nearby schools. Such engagement ensures that pedagogical strategies are not merely theoretical constructs but living practices, responsive to the diverse needs of students. The inclusion of lesson planning models and assessment methodologies further strengthens the teacher's role as both facilitator and reflective practitioner.

I am confident that this manual will serve as a valuable resource—guiding educators to approach music teaching with renewed creativity, sensitivity, and scholarly rigour. It stands as a testament to the dedication of our teachers and coordinators, whose efforts continue to enrich the educational landscape of our institutions.

May this endeavour inspire sustained excellence and innovation in the teaching of music.

With warm regards,

Ms. Menaxi Jain

Director

ZIET Mysuru

Preface

This manual has been developed as an outcome of a focused workshop for music educators, with the *Bansuri* series serving as its central framework. It seeks to document both the processes and insights that emerged through collaborative engagement and reflective practice.

The primary objectives of the workshop were to strengthen pedagogical approaches in teaching multilingual songs, to integrate elements of movement, dance, and theatre into music education, and to enhance competencies in lesson planning and assessment. An additional emphasis was placed on experiential learning through practical classes conducted in nearby schools, enabling teachers to situate their learning within real classroom contexts.

The expected learning outcomes include the ability to design inclusive and well-structured music lessons, to employ diverse teaching strategies that address varied learner needs, and to incorporate performance-based and continuous assessment methods effectively. Teachers are also encouraged to develop greater confidence in facilitating creative expression and interdisciplinary connections within the classroom.

This manual, therefore, is intended not as a fixed prescription but as a guiding resource—one that supports thoughtful adaptation and innovation. It reflects a shared commitment to enriching music education with depth, relevance, and sensitivity.

It is hoped that this work will continue to inform and inspire meaningful teaching practices in the years to come.

Acknowledgement

The successful conduct of this workshop and the preparation of this manual have been made possible through the guidance, support, and collaborative efforts of many individuals.

We express our sincere gratitude to **Ms. Menaxi Jain**, Deputy Commissioner, Kendriya Vidyalaya Sangathan and Director, ZIET Mysore, for her invaluable leadership and encouragement as Course Director. Her vision has been instrumental in shaping the direction and purpose of this initiative.

We extend our heartfelt thanks to **Ms. N. Gayathri**, PRT (Music), PM Shri KV No. 2 Tambaram, for her dedicated role as Associate Course Director, and to the Resource Persons—**Ms. Sudha Rawat**, PRT (Music), PM Shri KV No. 1 AFS Jalahalli West, and **Mr. Vikesh Sharma**, PRT (Music), PM Shri KV Chikkodi—for their insightful sessions and committed engagement throughout the workshop.

We also acknowledge with appreciation all participants from AECS who actively contributed to the workshop through their enthusiasm, interaction, and shared learning.

This collective endeavour stands as a testament to the spirit of cooperation and dedication to excellence in music education.

INDEX

PAGE NUMBER	TOPIC
1	TRAINING TEAM AND PARTICIPANTS
2	TIME TABLE
3	REPORT OF DAY1
4	REPORT OF DAY2
5	REPORT OF DAY3
6	REPORT OF DAY4
7	REPORT OF DAY5
8	A WRITE UP ON THE SESSIONS TAKEN BY DR. SWAPNIL SATYAMBADA. GUEST SPEAKER
9	A WRITE UP ON THE SESSIONS TAKEN BY MS. N GAYATHRI, THE ASSOCIATE COURSE DIRECTOR
10	A WRITE UP ON THE SESSIONS TAKEN BY MS.SUDHA RAWAT, RESOURCE PERSON
11	A WRITE UP ON THE SESSIONS TAKEN BY MR.VIKESH SHARMA, RESOURCE PERSON
12	PHOTO GALLERY
13	GROUP PHOTO
14	CHIEF TAKE AWAYS FROM THE WORKSHOP

	TRAINING TEAM AND PARTICIPANTS	
SNO	NAME IN ENGLISH	SCHOOL
ACD	Ms. N Gayathri	PM SHRI KV NO2, AFS Tambaram
RP	Ms. Sudha Rawat	PM Shri KV NO1 ,AFS Jalahalli West
RP	Mr. Vikesh Sharma	PM Shri KV Chikkodi
1	Smt M. Chamundeeswari	AECS Anupuram
2	Miss Sukriti Pal	AECS Indore
3	Shri Pranay Daulu Belekar	AECS Kakrapar
4	Shri Navalkumar Dilip Jadhao	AECS Kudankulam
5	Shri Vinay Kharwar	AECS Jaduguda
6	Shri Akshay Meshram	AECS-2 Tarapur
7	Dr Manager Lal Bairwa	AECS-3 Tarapur
8	Shri Pawan Kumar Chaubey	AECS Turamdih
9	Shri Devesh Singh	AECS Pazhayakayal
10	Shri Dattatray Maroti Jayewar	AECS Manuguru
11	Shri Nagaraj Subramanyam	AECS-3 Mumbai
12	Dr Pawan Kalambe	AECS-4 Mumbai
13	Smt Sarita Raj	AECS-5 Mumbai
14	Shri Vijay Ashok Wade	AECS-6 Mumbai
15	Shri Anna Sadashiva	AECS Mysore
16	Shri Rohitashv Gautam	AECS-2 Rawathbhata
17	Shri Ashish Kumar	AECS-3 Rawathbhata
18	Dr M Venugopal Chary	AECS-2 Hyderabad
19	Ms. HY Kathyayini	Amruta Vidyalayam, Mysuru

TIME TABLE KVS ZONAL INSTITUTE OF EDUCATION AND TRAINING MYSURU

TIME TABLE PRT MUSIC

DATE		SESSION 1 (9.30 -11.00 AM)		SESSION 2 (11.15-1.00 PM)		SESSION3 (1.00 PM -3.30 PM)		SESSION4 (3.45 PM-5.30 PM)
06.4.2026	Inauguration	Understanding “Bansuri” Textbook Philosophy, learning outcomes, and structure in relation with NEP 2020 MS. N GAYATHRI	TEA BREAK (11.00-11.15 AM)	Music for Emotional Well-being and Mindfulness Role of sound and rhythm in stress relief - PM SHRI SCHEME MS.SUDHA RAWAT	LUNCH (1.00-2.00 PM)	Exploring Songs from “Bansuri” Textbook class 3 Melody, rhythm, vocal skills, regional flavor MS. N GAYATHRI	TEA BREAK (3.30 PM-3.45 PM)	Exploring Songs from “Bansuri” Textbook class 3 Melody, rhythm,vocal skills, regional flavor MS. N GAYATHRI
07.4.2026	ASSEMBLY	Integrating Music with Other Subjects (EVS, Language, Math) Designing cross-curricular lesson plans MS. N GAYATHRI		Instrumental Learning – Basics of Harmonium / Tabla Handling, posture, sound production MR. VIKESH SHARMA		Exploring Songs from “Bansuri” Textbook class 4 Melody, rhythm, vocal skills, regional flavor MS. SUDHA RAWAT		Exploring Songs from “Bansuri” Textbook class 4 Melody, rhythm.vocal skills, regional flavor MS. SUDHA RAWAT
08.4.2026	ASSEMBLY	Assessment in Music Education Rubrics, Lesson plans for music classes MS. SUDHA RAWAT		Integration of ICT with Music Teaching MR. ASHISH KUMAR ,(AECS RAWATHBHATA)		Integrating Music with Movement and dance GUEST SPEAKER		Integrating Music with Movement and dance GUEST SPEAKER
09.4.2026	ASSEMBLY	Child-Centered Pedagogy and Joyful Learning in Music:Play-based learning and scaffolding MR. VIKESH SHARMA		Music for Foundational Literacy & Numeracy Rhythm, pattern, and phonemic awareness through songs MS. CHAMUNDESWARI (AECS, ANUPURAM)		Exploring Songs from “Bansuri” Textbook class 5 Melody, rhythm,vocal skills, regional flavor MR. VIKESH SHARMA		Exploring Songs from “Bansuri” Textbook class 5 Melody, rhythm,vocal skills, regional flavor MR. VIKESH SHARMA
10.4.2026	ASSEMBLY	An introduction to theatre MS.SUDHA RAWAT		Creative Composition & Improvisation , Creating short tunes and rhythm patterns MS. N GAYATHRI		Inclusive Music Classroom Differentiated activities for all learners - PM SHRI SCHEME MR. VIKESH SHARMA		ASSESSMENT, FEEDBACK AND VALEDICTORY FUNCTION

REPORT OF DAY NO1

The workshop on CAPACITY BUILDING OF MUSIC TEACHERS OF AECS was inaugurated at ZIET Mysore with great enthusiasm and academic spirit. The programme was thoughtfully organized into four sessions, focusing on the integration of music education with the vision of NEP 2020.

The programme commenced with a prayer song, creating a serene and positive atmosphere. All AECS Music teachers and Art teachers were present on the occasion, in the esteemed presence of Deputy Commissioner Ms. Meenaxi Jain.

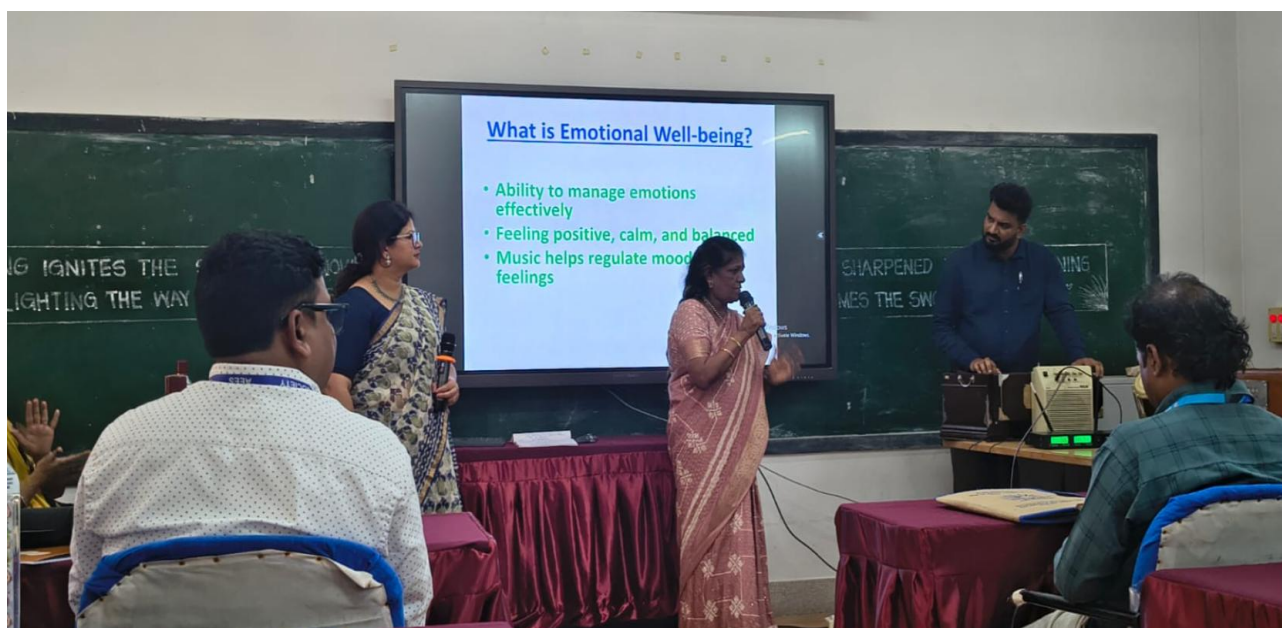
The first session began with an introductory address by Ms. Vineeta NC TA English, ZIET Mysuru and the Course Coordinator, who warmly welcomed all participants and introduced the distinguished resource persons. Her introduction set a positive tone for the sessions ahead.

The second session was conducted by Ms. N Gayathri, the Associate Course Director who delivered an insightful lecture on the vision of NEP 2020, particularly emphasizing its application in music education and its interdisciplinary correlation with other subjects. She also provided a detailed understanding of the Bansuri textbook series introduced for classes 1 to 8, highlighting its structure, objectives, and pedagogical importance.

In the third session, Ms. Sudha Rawat, the Resource Person conducted an engaging session on stress management through yoga and meditation. She elaborated on techniques for relaxation and emphasized the role of music in promoting innovative well-being and mental health.

The fourth session was highly interactive and practical, where all the songs from the Bansuri Book 3 were taught in a well-composed melodic format. This session was collaboratively conducted by Ms. Sudha Rawat, Mr. Vikesh Sharma and by Ms. N Gayathri ensuring active participation and musical engagement among the attendees.

Overall, the inaugural day was enriching, informative, and inspiring, successfully aligning with the objectives of NEP 2020 and enhancing the participants' understanding of music education in a holistic and integrated manner.



REPORT OF DAY NO 2

The second day went off well with a huge amount of active participation from all participants. The day began with a morning assembly conducted by Group 1 and Group 2 which set a positive atmosphere for the day. Following this, there was an interactive session with the Deputy Commissioner Ms. Menaxi Jain during which many important aspects of the training and its implementation were discussed.

The formal session began with Ms.N Gayathri ,the ACD'S presentation of a shloka which successfully created a calm and focused atmosphere for learning.

The first session of the day was focused on integrating music with other subjects (such as EVS and Mathematics); Ms. Sudha Rawat, the RP explained how to integrate music as part of classroom instruction and how to provide children with engaging and experiential opportunities in their learning. The first session also outlined the science behind music and how it can evoke different feelings/emotions in individuals by means of their effect on one's mental health and/or emotional well-being.

These included Bhajans, Varnmala Geet, and songs made from Nouns and Pronouns, reflecting unique ways to teach language concepts via music.

Further, a detailed session was given by Mr. Vikesh Sharma ,the RP,regarding the types of harmoniums along with the proper ways of operating them including their working mechanism, how to handle them, and the posture to keep while playing. This session was greatly beneficial for music teachers who wanted to improve their basic skills.

Further, an interesting session regarding classical music was held in which music teachers enthusiastically participated by learning and appreciating classical features of music.

After having lunch, the participants learned about the songs performed using bansuri (flute) along with melodies, rhythms, and the regional flavor suitable for Class 4 students.

Lastly, a session was held regarding basic training in playing the tabla with proper holding and posture.

In conclusion, the second day of CPD training proved to be highly beneficial for music teachers as this day included both theory and practice, and was consistent with the requirements of NEP 2020.



REPORT OF DAY NO 3

The third day began on a positive and enthusiastic note following the successful completion of the first two days of training.

The day commenced with a prayer, creating a calm and focused atmosphere. A group of teachers then presented a beautiful performance demonstrating the assembly procedure, which was both engaging and informative.

Following the assembly, Ms.Sudha Rawat, RP conducted a session that began with a soulful bhajan. This session smoothly transitioned into important academic topics such as lesson planning, assessment, and the use of rubrics in education, providing valuable insights into effective teaching practices.

The next session focused on the outline of the “Basuri” book, giving participants an understanding of its structure and objectives. This was followed by a discussion on the importance of music in primary education, emphasizing its role in holistic child development. Further sessions covered teaching strategies and assessment approaches, equipping teachers with practical methods for classroom implementation.

The second session of the day was conducted by Mr.Ashish Kumar(AECS, Rawatbhata) on Information and Communication Technology (ICT). His session highlighted the integration of digital tools in education and their significance in modern teaching-learning processes.

In the third and fourth sessions, a special lecture was delivered by Dr. Swapnil Satyambada who focused on the classical dance form Kathak. She explained and demonstrated various shapes, postures, and mudras, making the session interactive and enriching.

The day concluded on a high note with a mesmerizing Kathak recital by Dr. Swapnil, leaving the participants inspired and appreciative of the integration of arts in education.

Overall, the third day was highly informative, engaging, and enriching, contributing significantly to the professional development of the participants



REPORT OF DAY NO 4

The assembly for the 4th day of the workshop for Capacity Building of PRT Music was conducted by the Vasanthi Group. The assembly included pledge, thought for the day, news reading, and word of the day. As a special segment, a story was beautifully narrated by a team member. The assembly concluded with a brief report of the activities of the previous day.

The Course Director Ms. Menaxi Jain, DC, KVS, held a discussion on various aspects of the course after the assembly. She asked individual participants what their chief take aways from the course have been, so far. She clarified the participants' doubts regarding the academic and non academic aspects of their profession.

The session then continued with a session on Foundational Numeracy and Literacy through music conducted by Smt. Chamundeshwari, from AECS, Anupuram. She elaborated on how students can be helped to read easily by the help of music and gave the participants samples of letter and number songs. The workshop was unique, engaging, and highly useful.

Next, a session on Child-Centered Pedagogy and Joyful Learning in Music: Play-based learning and scaffolding was taken up by Mr. Vikesh Sharma, RP. The session highlighted the significance of joyful learning by creating an engaging and supportive environment where students could explore music with enthusiasm and confidence. Emphasis was placed on child-centred pedagogy, encouraging active participation, creativity, and responsiveness to individual learning needs in the music classroom.

Then, for hands-on classroom training practice all the music teachers visited Kendriya Vidyalaya Mysore. Teachers were allotted classrooms in groups of two and three and were asked to conduct classes according to the lesson plans they had prepared the previous day. It was a wonderful and enriching experience for both the teachers and the KV students.

After lunch, Bansuri text book, class v, was taken up for discussion. The Himachali folk song-“Mayeni mariye” was beautifully explained and performed by Mr. Vikesh Sharma, RP creating a soothing atmosphere. He explained the differences between the original folk song and the printed version. The other folk songs in the book too were explained and performed in the same fashion. The vibrant presentation of Malayalam, Bengali, Kannada, and Marathi songs, rendered by the training team showcased the diversity and richness of Indian music as envisioned by NEP 2020.

The day concluded with a fantastic final touch by Shri Venugopal Chary from AECS, Hyderabad who demonstrated the use of the GeoShred app on the iOS platform. The app, based on physical modelling synthesis, enabled features like pitch bending, slide, and vibrato, offering a high-tech and fascinating musical experience for everyone present.



REPORT OF DAY NO 5

On the 5th day, which was the final day of the workshop, the training began with the morning assembly.

After the assembly, the first session was conducted by Ms. Sudha Rawat, RP on the topic *Theatre*. She initiated an engaging activity in which all teachers were asked to form a chain and share positive things about one another. This activity created a warm and positive atmosphere in the room. In continuation, teachers were divided into pairs and performed short acts based on situations written on paper chits, which enhanced their creativity and expression.

The second session was led by Ms. N Gayathri, ACD, where she discussed how to create compositions that are useful and engaging for children. She further invited teachers to present their own compositions. Several teachers showcased their talents and shared their perspectives in their respective fields, including tabla, violin, clapbox, keyboard, and the use of iPad applications for music.

The third session was conducted by Mr. Vikesh Sharma. RP on the topic *Inclusive Classroom*. He emphasized the importance of creating an inclusive environment where every child feels valued and actively participates in the learning process, regardless of their abilities or background.

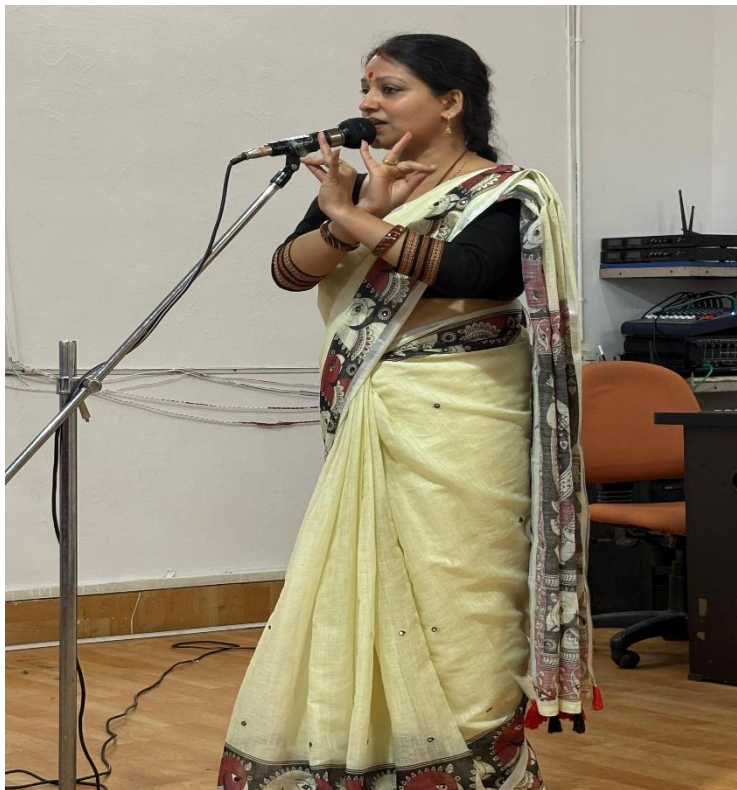
The Teaching – learning sessions came to an end with enriching experiences and practical insights, making the entire workshop highly informative and beneficial for all the participants.



A WRITE UP ON THE SESSIONS TAKEN BY DR. SWAPNIL SATYAMBADA. GUEST SPEAKER

Dr. Swapnil Satyambada, the distinguished guest speaker, conducted two enriching sessions on the integration of music with dance and movement on the 3rd day of the workshop. A noted and nationally famous exponent of Kathak, she combined scholarly insight with artistic finesse, offering participants a holistic understanding of how rhythm can be both heard and embodied. Her sessions highlighted the importance of aligning musical concepts with physical expression, enabling teachers to make learning more immersive and meaningful for students.

Elaborating on the technical aspects, she introduced participants to fundamental postures and expressive elements such as mudras, along with coordinated movements of the eyes and neck. Concepts like *sama bhanda*



were explained in relation to balanced and symmetrical positioning, while rhythmic patterns such as *pipeelika yati* and *gopuchha yati* were demonstrated to show progression and variation in tempo and structure. Through creative illustrations, including movements inspired by animals, she emphasized how imagination can be effectively integrated into pedagogy. Her exploration of different *tālas* further deepened the participants' understanding of rhythm as a dynamic and visual experience rather than a purely auditory one.

The sessions culminated in a vibrant performance by Dr. Satyambada, where she seamlessly wove together posture, rhythm, and expression. Her graceful execution brought to life the very concepts she had discussed, serving as a powerful demonstration of integrated learning. The

performance not only captivated the audience but also reinforced the pedagogical value of combining music with movement. Overall, the sessions were highly engaging and insightful, equipping participants with practical strategies to incorporate dance and expressive movement into music teaching with greater confidence and creativity.

A WRITE UP ON THE SESSIONS TAKEN BY MS. N GAYATHRI, THE ASSOCIATE COURSE DIRECTOR

Ms. N. Gayathri, Associate Course Director, conducted a series of comprehensive and thoughtfully curated sessions that provided deep insight into the pedagogical framework of the *Bansuri* textbook. She began by unpacking the philosophy underlying the series, aligning it with the vision of National Education Policy 2020. Emphasis was placed on competency-based learning, holistic development, and the integration of arts as an essential component of education. The structure of the textbook was examined in detail, highlighting how its design supports progressive skill development while fostering creativity and cultural awareness among learners.

A significant part of the sessions focused on exploring songs from the Class 3 *Bansuri* textbook. Ms. Gayathri guided participants through various musical elements embedded within the songs, such as melody, rhythm, and vocal techniques. She also drew attention to the regional flavour of the compositions, enabling teachers to appreciate the cultural diversity reflected in the curriculum. Through practical demonstrations and discussions, participants gained clarity on how to teach these songs effectively while nurturing musical expression and confidence in students.



The sessions further explored the integration of music with other subjects such as EVS, Language, and Mathematics, in line with interdisciplinary learning approaches. Ms. Gayathri demonstrated how cross-curricular lesson plans can be designed to create meaningful connections between music and everyday learning. This approach not only enriches the learning experience but also helps students develop a deeper understanding of concepts across disciplines, making education more engaging and relevant.

Another key highlight was the focus on creative composition and improvisation. Participants were encouraged to experiment with creating short tunes and rhythm patterns, thereby enhancing their own musical creativity as well as their ability to guide students in similar explorations. The sessions were highly interactive and practical, equipping teachers with effective strategies to foster creativity, adaptability, and joyful learning in the music classroom.

A WRITE UP ON THE SESSIONS TAKEN BY MS.SUDHA RAWAT, RESOURCE PERSON

Ms. Sudha Rawat, Resource Person, conducted a series of engaging and insightful sessions that highlighted the transformative role of music in education. She began by addressing the significance of music for emotional well-being and mindfulness, particularly within the framework of the PM SHRI Scheme. Emphasizing the therapeutic potential of sound and rhythm, she demonstrated how structured musical activities can help in stress relief, emotional regulation, and the creation of a positive classroom environment conducive to learning.

The sessions also included an in-depth exploration of songs from the Class 4 *Bansuri* textbook. Ms. Rawat guided participants through key musical components such as melody, rhythm, and vocal techniques, while drawing attention to the regional diversity embedded in the repertoire. Through practical demonstrations, she enabled teachers to approach these songs not merely as instructional material but as tools for cultural appreciation and expressive learning. Her approach reinforced the importance of nurturing both technical

skills and emotional connect in music education.

Another important dimension of her sessions was assessment in music education. She introduced participants to the use of rubrics as effective tools for evaluating musical skills in a structured and objective manner. Detailed discussions on lesson planning further equipped teachers with strategies to design well-organized and purposeful music classes. The emphasis was on aligning assessment practices with learning outcomes, thereby ensuring that evaluation supports and enhances the overall learning process.

The sessions concluded with an introduction to theatre, highlighting its relevance in enriching music education. Ms. Rawat demonstrated how elements of drama can be integrated into music classes to enhance expression, creativity, and

student engagement. Overall, her sessions were comprehensive and practical, providing participants with valuable insights and tools to create a more holistic, inclusive, and engaging music learning environment.



A WRITE UP ON THE SESSIONS TAKEN BY MR. VIKESH SHARMA, RESOURCE PERSON

Mr. Vikesh Sharma, Resource Person, conducted a series of practical and engaging sessions that focused on strengthening both musical skills and pedagogical approaches. He began with an introduction to instrumental learning, familiarizing participants with the basics of harmonium and tabla. Emphasis was placed on correct handling, posture, and techniques of sound production, enabling teachers to develop clarity in foundational skills and guide students effectively in instrumental practice.

A significant component of his sessions addressed child-centred pedagogy and joyful learning in music. Mr. Sharma highlighted the importance of play-based learning and scaffolding, demonstrating how structured yet flexible approaches can make music learning more accessible and enjoyable for young learners. Through interactive activities, he illustrated how teachers can gradually build skills while maintaining student engagement, thereby fostering confidence, creativity, and sustained interest in music.



The exploration of songs from the Class 5 *Bansuri* textbook formed another key aspect of the sessions. Participants were guided through elements such as melody, rhythm, and vocal techniques, along with an appreciation of the regional flavour embedded in the repertoire. Mr. Sharma's approach encouraged teachers to move beyond rote learning and focus on expressive and meaningful engagement with the songs, helping students connect with the cultural and musical richness of the material.

The sessions also emphasized the creation of an inclusive music classroom, in alignment with the PM SHRI Scheme. Mr. Sharma discussed differentiated activities designed to cater to diverse learning needs, ensuring that every child can participate and benefit from music education. Overall, his sessions were highly practical and learner-focused, equipping teachers with effective strategies to create inclusive, engaging, and joyful music learning experiences.

PHOTO GALLERY





CHIEF TAKE AWAYS FROM THE WORKSHOP

- Developed understanding of the *Bansuri* curriculum, including its philosophy, structure, and alignment with competency-based learning as envisaged in NEP 2020.
- Skills to integrate music with movement, dance, and theatre, enabling more expressive and experiential classroom practices.
- Ability to implement child-centred and joyful pedagogies, using play-based learning and creative engagement strategies.
- Enhanced proficiency in teaching musical elements such as melody, rhythm, and vocal techniques, along with appreciation of regional diversity in songs.
- Competence in designing interdisciplinary lesson plans, integrating music with subjects like EVS, Language, and Mathematics.
- Capacity to create inclusive classrooms, using differentiated activities and adapting teaching to diverse learner needs.
- Strengthened skills in assessment and planning, including the use of rubrics, structured lesson plans, and reflective teaching practices.

Link to ppts:

https://drive.google.com/drive/folders/1FW2xYxX4kB0nwkXzdW3gYSAQdZJRpt2s?usp=drive_link

