

BEST PRACTICE UNDER PM SHRI KV MORENA

A small initiative to make effective use of the two CCA periods on Saturdays in the Vidyalaya to further improve the school's examination results.

Students who generally hesitate to ask questions during regular classroom sessions were provided with a valuable opportunity to interact freely and clarify their doubts.

PM SHRI
KENDRIYA VIDYALAYA
MORENA

★ ज्ञानम् परमम् ध्येयम् ★

पीएम श्री केंद्रीय विद्यालय मोरेना
PM SHRI KENDRIYA VIDYALAYA MORENA

QUALITY EDUCATION HOLISTIC DEVELOPMENT DISCIPLINE & VALUES SPORTS & FITNESS ARTS & CULTURE INCLUSIVE & CARING

EXCELLENCE ★ INTEGRITY ★ CREATIVITY ★ SERVICE

To improve and enrich the academic performance of students, the Mathematics teacher in my Vidyalaya has prepared this action plan. Under this plan, students are being provided with the following support:

1. With the permission of the class teacher, any student can attend the '**Maths Help Desk**' during the CCA period. At the help desk, students receive individual guidance and have each of their Mathematics-related doubts explained by the teacher.



LEARNING TOGETHER

Growing Together

Guidance. Support. Success.





Encouraging Curiosity



Building Confidence



Inspiring Growth



Achieving Excellence

A teacher takes a hand, opens a mind, and touches a heart.
Thank you for being our guide and inspiration.



MENTORSHIP
Guiding every step



SUPPORT
Always there to help



MOTIVATION
Inspiring to do better



PROGRESS
Moving forward together



SUCCESS
Celebrating achievements

2. At the same time, all students who visit the **Maths Help Desk** are continuously motivated and encouraged to develop a positive attitude towards learning. They are also guided on how to prepare and effectively follow a study timetable. In addition, students receive proper guidance on maintaining good health and adopting healthy habits so that they remain fit, avoid illness, and do not suffer any academic loss due to health-related issues.
3. Discussions are also held on the significance of Vitamin B12, Vitamin D, and proper hydration to help students maintain good health and prevent nutritional deficiencies.
4. Students present in the Maths Help Desk sessions are encouraged and guided to implement the following action plan in order to secure good marks in the forthcoming examinations:

Golden Rules for Scoring 95%+ in Mathematics

*Study Mathematics every day—never skip practice.

*Revise formulas daily for 15–20 minutes.

*Solve questions without looking at the solution first.

*Learn from mistakes by maintaining an Error Notebook.

*Attempt one timed test every Sunday.

*Ask doubts immediately through your teacher or Maths Help Desk.

*Sleep for 6 hours every night.

*Stay hydrated and eat a balanced diet rich in Vitamin B12, Vitamin D, protein, and fruits.

*Limit mobile phone and social media use during study hours.

*Believe in consistent practice—Mathematics improves through regular problem-solving, not memorization.

Recommended Time Slot

Question Type	Approx. No. of Questions	Marks	Time per Question	Total Time
MCQ / Assertion-Reason	18-20	20	2 minutes	40 minutes
Very Short Answer (2 Marks)	5	10	4 minutes	20 minutes
Short Answer (3 Marks)	6	18	6 minutes	36 minutes
Long Answer (5 Marks)	4	20	11 minutes	44 minutes
Case Study / Source-Based	3	12	10 minutes	30 minutes
Final Revision & Checking	—	—	—	10 minutes
Total	—	80	—	180 minutes



$$a^2 + b^2 = c^2$$

GOLDEN RULES

FOR SCORING

95%+

IN MATHEMATICS

$$a_n = a_1 + (n-1)d$$


$$= ax^2 + bx + c = 0$$

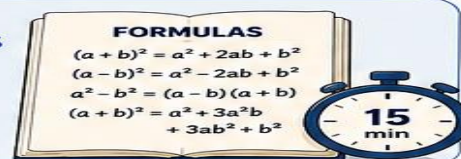
1

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2

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Daily Mathematics Targets

-  Solve 25–30 MCQs
-  Solve 10–15 Subjective Questions
-  Revise 15–20 Formulae
-  Practice 2 Case Study Questions
-  Solve 2 Previous Year Board Questions
-  Spend 15 minutes reviewing mistakes in an Error Notebook

Best Study Timetable for CBSE Class X & XII

Session 2026-27

Time	Activity	Purpose
5:30 – 6:00 AM	Wake up, freshen up, drink water	Refresh body and mind
6:00 - 6:10 AM	Yoga	For body and brain health
6:10 – 6:40 AM	Physics – Learn New Concepts	Fresh mind for difficult topics
6:40 – 7:05 AM	Formula Revision of maths/Physics/ Chemistry	Daily recall
7:05 - 7:15 AM	Ready for school	**
7:15 AM – 2:30 PM	School	Pay attention in all subjects classes
2:30 – 3:00 PM	Return to home	**
3:00 - 3:30 PM	Lunch & Rest	Relaxation
3:30 – 4:00 PM	Homework Completion	Finish school work
4:00 – 5:00 PM	Mathematics Practice (NCERT + Examples)+ Error Notebook	Strengthen concepts
5:00 – 6:00 PM	Outdoor Games/Exercise	Improve concentration and health
6:00 – 6:20 PM	Healthy Snacks	Energy boost
6:20 – 7:20 PM	Mathematics Problem Solving (Previous Year Questions)	Exam preparation
7:20 – 8:20 PM	Physics	Strengthen concepts+ definitions & Formulas
8:20 – 9:00 PM	Dinner & Family Time	Relaxation
9:00 – 10:00 PM	Chemistry	Strengthen concepts+ definitions & Formulas
10:00 - 10:30 PM	English	Strengthen concepts
10:30 - 11:00 PM	Hindi	Strengthen concepts
11:00 - 5:30 AM	Sleep	Quality sleep