

Each One Reach One



Love, Connection and Light

"Each hand extended is a life uplifted"

An initiative of KVS RO Guwahati
Based on a simple but powerful principle
"One person can change another person's world."

What is "Each One Reach One"?

"One person can change another person's world."

Simple but powerful principle

"Each One Reach One"

"An invitation to educators: Be the one who makes a difference — commit to supporting one child in need."

A simple act that sparks significant change in a child's world



WE ASKED OURSELVES A QUESTION

What if... each of us could change the life of just one child? What if our role extended beyond the Classroom?

Thus, was born an initiative not of policy—but of purpose.

Change begins with small, meaningful steps...

At KVS RO Guwahati, we dared to take one such step.

- A step toward empathy.
- A step toward empowerment.
- A step where every teacher becomes a lifeline for a child in need.

We call this journey— 'Each One Reach One'
HIGHLIGHTS

- Personalized mentorship building closer bond between Mentor and Mentee.
- Building effective and open communication amongst teachers and students.
- Mental Health support: Anxiety reduction and stress management workshops and counselling to address student stress especially in Board classes.

INVITATION TO ADOPT A CHILD



Driving Force Behind Each One Reach One



UNSPOKEN TRUTHS

- Fear for future, exams, parents,....
- Performance Anxiety
- Academic Pressure
- Lack of confidence
- Suffocation from parental pressure





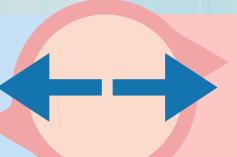




WHAT'S NEW?



EXAM ORIENTED ADOPTION BY TEACHER



EACH ONE REACH ONE ADOPTION BY MENTOR

One teacher take care of entire class room and adoption centered around Board exam time for X/XII

1

Mentee adopted from any class and personalized attention is given by the teacher

Slow bloomers adoption

2

Need based learner centric adoption in all domains

Care extended for a few months before exam

3

Holistic care all through out the session

Student-Mentor Pairing

Consultation with Parents & Counselors

Personalized Development Plan

Regular Monitoring

Final Evaluation and Future Planning

HOWIT WORKS



IDENTIFY A CHILD IN NEED(MENTEE)

Mentee from any class who is in need of academic or mental support is adopted by the mentor

GET TO KNOW YOUR MENTEE

Know child family background and mentor becomes mentees's friend and guide

PLAN ALIGNED WITH NEEDS

Suggestive home based study plan with wellness practices prepared and given by mentor

EXECUTE THE PLAN

Mentor-Mentee strong bonds help to create supportive learning environment and helps the mentee to grow

EVALUATE & REFLECT

Feedback from child, parents and subject teachers help to evalute the progress and reflect on further remedial action



PERSONALIZED HOME TEACHING









EVERY HOUR COUNT, REACH-TEACH-INSPIRE

SUPPORT SCHEDULE AT SCHOOL

Period Alloted

Activity tailor made to suit the needs of the mentee &

Teacher I/C

Assembly

- Affirmations to enhance focus and attention
- Mindfulness activity

Substitute

- Boost self confidence through tracking mentee's progress.
- Motivation for sustained progress

Lunch break • Check nutritious content of the child's tiffin/ water intake/ sleep schedule

Remedia

- Worksheets given to monitor concept clarity and doubt clearance
- Monitoring Holistic Progress of Child & Record Maintenance daily

Feedback

• Feedbacks to other subject teachers for necessary remedial actions

Mindfulness Club I/C

> Teacher Allotted

Class Teacher

> Mentor Teacher

Subject Teachers

Learner centric Tentative TIME TABLE

TIME	E ACTIVITY/SUBJECT	@ FOCUS
3:30 - 4:20 PM	Mentor-Guided Task / Doubt Solving	MATHS/SCIENCE
4:20 – 4:30 PM	Short Break	Relaxing activity
4:30 – 5:20 PM	Subject 2 (Conceptual Learning)	ENGLISH
5:20 - 5:50 PM	Break + Snack	Light refreshment
5:50 - 6:40 PM	Mentor-Guided Task / Doubt Solving	MATHS/SCIENCE
6:40 – 7:30 PM	Creative / Skill Work	Drawing / Reading / Music / Coding
7:30 – 8:00 PM	Dinner Break	Quality Family time
8:00 – 8:50 PM	Revision / Practice Tests	Mental visualization (Recapitulate & Revisiting topics learnt)
8:50 – 9:00 PM	Short Break	Calming breaths / Relaxation
9:00 – 9:30 PM	Self-Reflection / Planning	Mind mapping of concepts learn and planning for the next day
9:30 PM	Sleep	Unwind, no screen time,gratitude exercise



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IMPACT SO FAR (2024-2025)



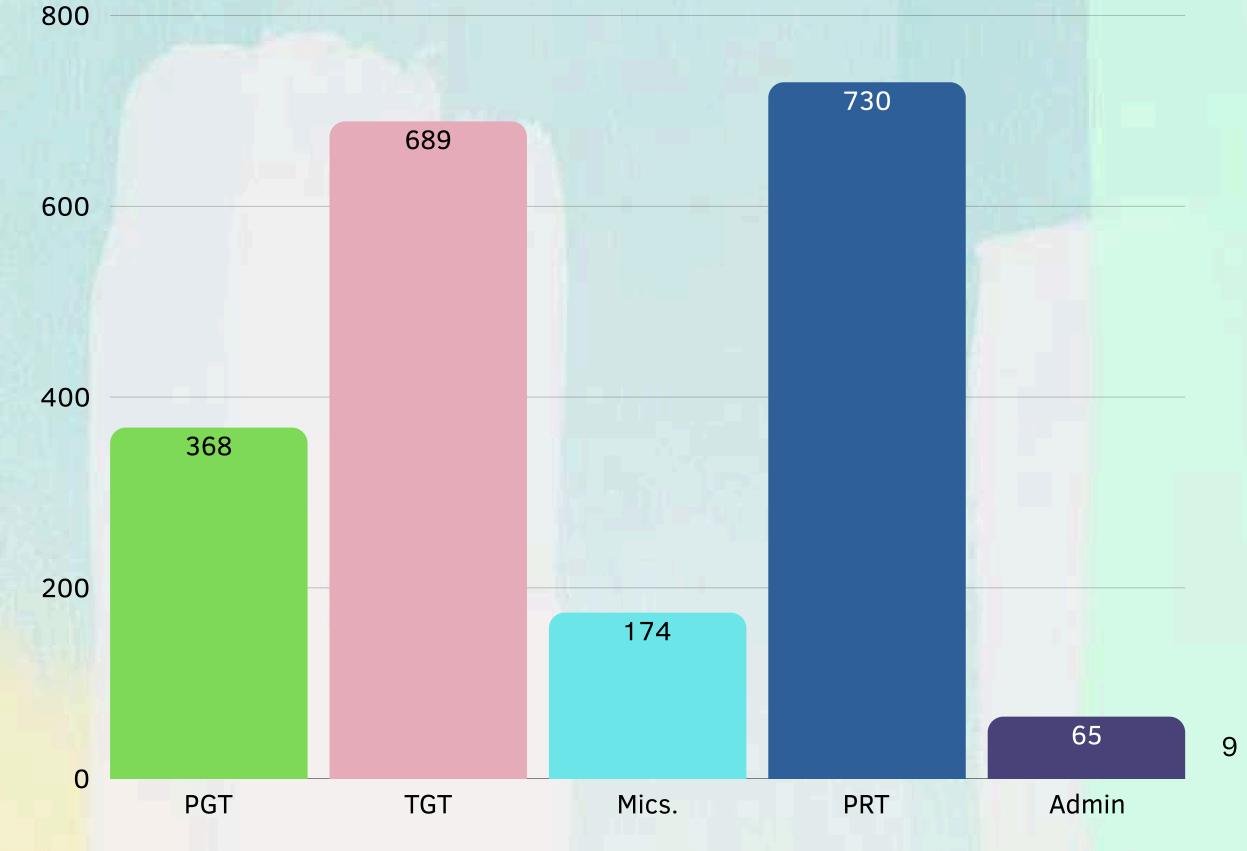
TOTAL NO. OF SCHOOLS
42

TOTAL STUDENTS ENROLLED 41541

MENTEES
BENEFITTED
2026(5%
COVERED)

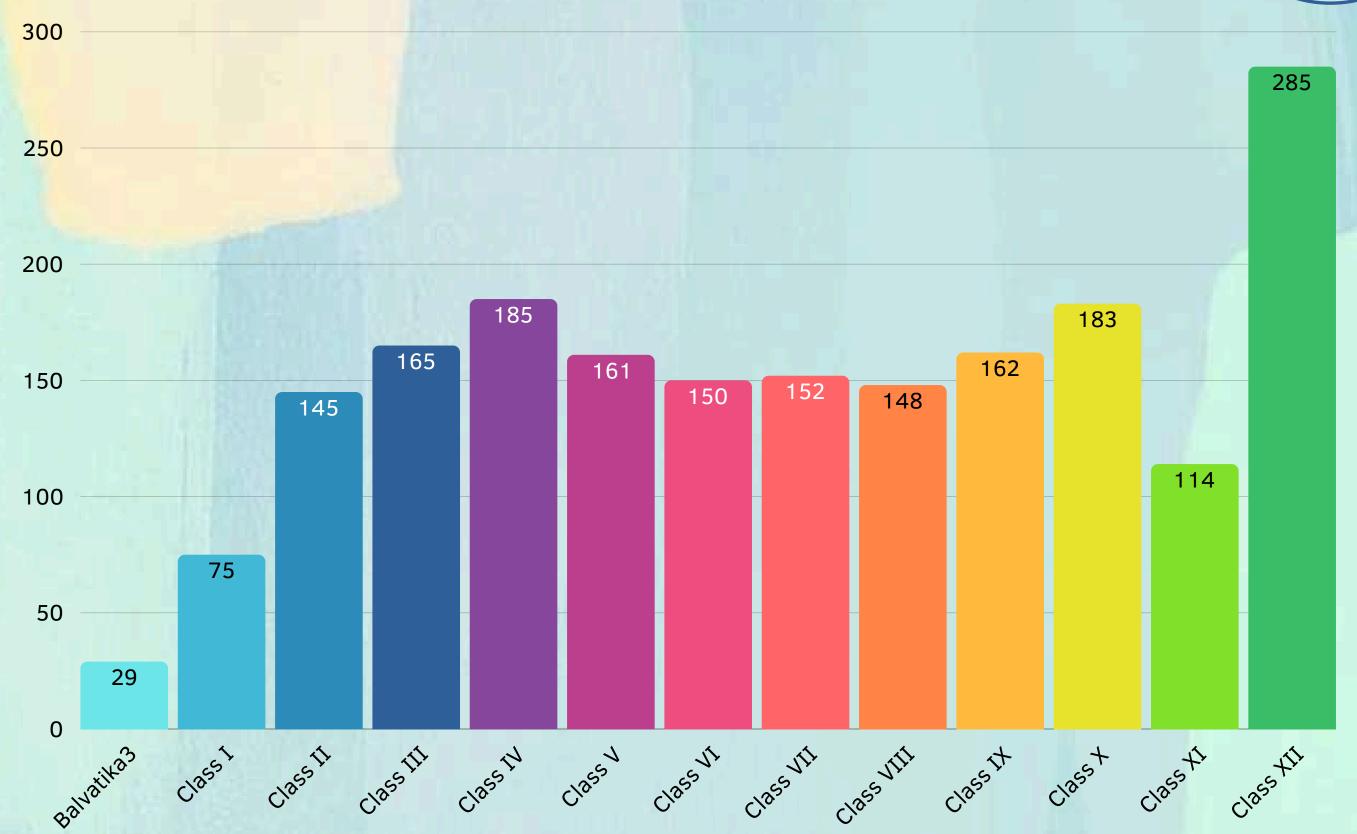


NO. OF MENTEES ADOPTED BY MENTOR CADRE WISE

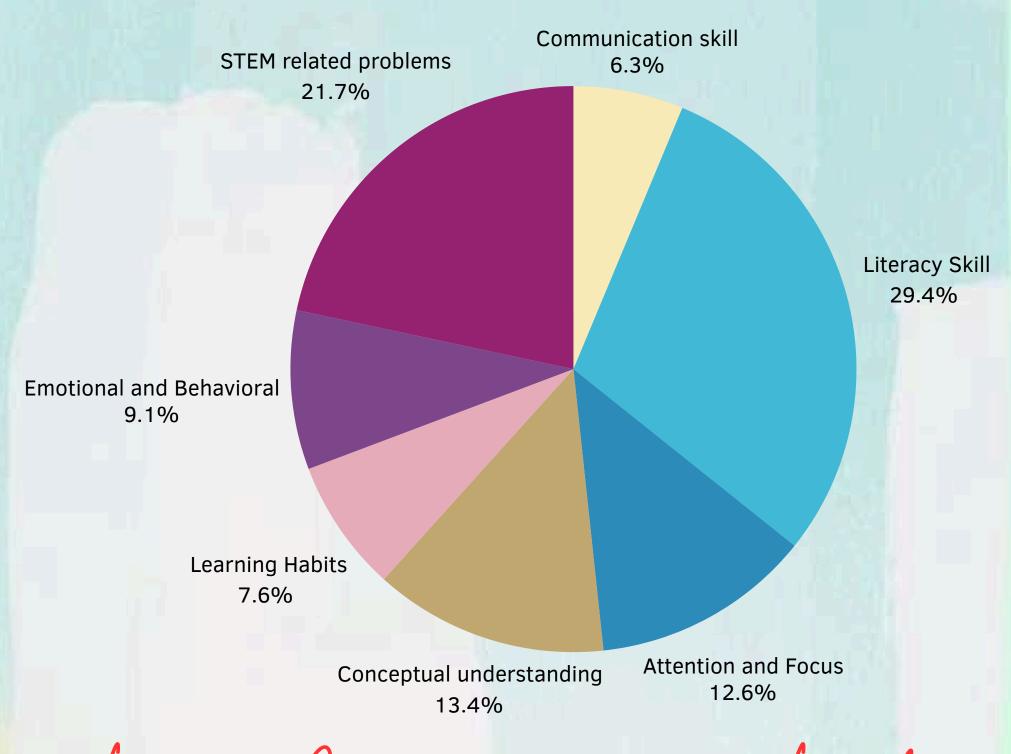


CLASS-WISE ADOPTED STUDENTS





LEARNING GAPS IDENTIFIED BY MENTORS



SNAPSHOTS OF CHANGE















SNAPSHOTS OF CHANGE





SNAPSHOTS OF CHANGE











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'Each One Reach One' is more than just a campaign. It is a heartfelt commitment to inclusivity, compassion, and community building. Through this initiative, we are not only empowering our students and staff to support one another, but also reinforcing the core values of the Kendriya Vidyalaya Sangathan. I am proud of the way our Region has embraced this mission creating a culture of care, connection and transformation.

Shri. Chandrashekhar Azad

Deputy Commissioner, KVS RO Guwahati Chief Advisor, 'Each One Reach One'





"The 'Each One Reach One' initiative reflects true spirit of KVS culture of dedication and concern. This initiative has inspired and encouraged Mentors to reach out, uplift, and empower their Mentees in all domains. It is heartening to witness the collective effort and progress of our Vidyalayas. 'Each One Reach One' reinforces the idea that every act of kindness and empathy strengthens our Kendriya Vidyalaya family and brings about transformation.

Mr.R.K.Panigrahi
Assistant Commissioner, KVS RO Guwahati
Co-ordinator, 'Each One Reach One'

'Each One Reach One' is a concept with a wider preview of life - going beyond classroom to society - a movement encouraging a teacher and a student to share and incorporate their knowledge, skills, care and respect for each other emphasizing that even a small contribution from each person can have a significant impact in the lives of both.



'Each One Reach One' कार्यक्रम के अंतर्गत मैंने स्वयं ये अनुभव किया कि इस कार्यक्रम के अंतर्गत अपनाएं गए छात्रों के लिए जो प्रयास किए गए वह बहुत ही गहनता एवं विश्लेषण के साथ किये गए क्योंकि इसमें छात्रों की विभिन्न प्रकार की समस्याओं को समझना एवं उनके निराकरण हेतु सतत प्रगतिशील रहना है।अतः इस प्रक्रिया में शिक्षकों को छात्र को पूर्ण रूप से समझने में सहायता मिली जिसके कारण शिक्षक ने छात्र की समस्या के निदान हेतु अपना पूर्ण समर्पण प्रदान किया।

श्री विवेक कुमार प्राचार्य, के. वि. भा. प्रौ. सं. गुवाहाटी

A sustainable mission 'Each One Reach One' has given us insights into our students hitherto unknown. It helped us to realise our true potential.

V.N Sasidhar Valluri, PGT Maths KV4 Central University, Tezpur







My mentee was battling severe anxiety and lack of self confidence. Through 'Each One Reach One' initiative, my mentee began to open up, regain confidence, and is now a much happier and cheerful Child. This initiative didn't just help a student—it saved a life.



Mentoring a Class X girl under the 'Each One, Reach One' initiative, who initially struggled with learning gaps and low self-esteem, has been one of the most rewarding experiences of my teaching journey. This initiative has truly proved transformative.

Manju Sarmah, TGT English PM SHRI KV CRPF Amerigog Guwahati

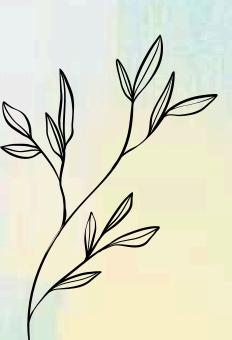
This 'Each One Reach One' totally changed my life under the guidance of my mentor Shri. Lokesh Gupta. I am thankful for initiative - It showed me that I am not alone.

Javin Changsen, Class-XII PM SHRI KV Haflong









CONTACT US

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QR - CODES FOR TRACK, REFLECT, GROW



Students' Progress
Tracking Guide

PREPARED BY
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Sample Proforma

PREPARED BYPOONAM (PRT),KV IIT GUWAHATI



Voices from the field

PREPARED BY
PRINCIPAL KV CRPF & TEAM



Success stories

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