



# POWERLIFTING INDIA

Affiliated to : International Powerlifting Federation  
Affiliated to : Asian Powerlifting Federation  
Affiliated to : Commonwealth Powerlifting Federation

03/08/2024

F4/1910/PI/2024

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Sri. SACHIN MATHANE (W)

The Secretary  
Karnataka Powerlifting Association.

Dear Sir,

**Sub : Commonwealth Equipped & Classic Sub Junior, Junior Powerlifting and Equipped and Classic Sub Junior, Junior, Senior & Masters Bench Press Championship to be held at Sun City, South Africa from 04<sup>th</sup> to 13<sup>th</sup> October 2024.**

We have pleasure in informing you that based on the meritorious performance at the immediate preceding nationals, the following lifters of your state stand selected to the Indian team for the ensuing Commonwealth Championship mentioned above:

Sl. No	Name	Division	Weight Category	Powerlifting Classic	Powerlifting Equipped	Bench Press Classic	Bench Press Equipped
1	PRADEEP KUMAR	OPEN	83 KG				EQ
2	ARSHAD ULLA	OPEN	120 KG				EQ
3	SANTOSH SHETTY	MASTER 1	74 KG				EQ
4	VAISHALI B M	OPEN	76 KG				EQ
5	DHISHA MOHAN	SUB JUNIOR	57 KG				EQ
6	DEVIKA ASHWIN DESAI	SUB JUNIOR	84+ KG	CL	EQ		
7	MOHAMMED AZLAN W	JUNIOR	120+ KG		EQ		

You are requested to collect and submit to us the following (documents Soft copy through WhatsApp) from your lifters by 04/08/2024.

1. ADEL Certificate.

2. IPF Anti doping consent from duly signed.

3. Passport size photo of high definition on white back ground.

Yours sincerely,



P.J. Joseph (Arjuna)  
Secretary General

