एप्रिल २०२५ | पृ.: ५२

महाराष्ट्र

आरोग्य पत्रिका

जागतिक आरोग्य दिन

"आरोग्यदायी सुरुवात, आशादायी भविष्य"

जागतिक आरोग्य दिनानिमित्त विविध आरोग्य योजनांचा शुभारंभ

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आरोग्य पत्रिका

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जागतिक आरोग्य दिनानिमित्त विविध
आरोग्य योजनांचा शुभारंभ सोहळा

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आरोग्य पत्रिका

अंतरंग

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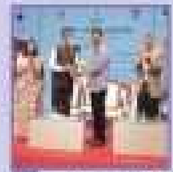

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संचालकांचे मनोगत

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संपादक

सर्वसामान्य नागरिकांपर्यंत आरोग्य योजनांचा लाभ देण्यासाठी सातत्याने प्रयत्नशील राहावे

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दुर्मिळ रोग दिवस

"It's not how much we give but how much love we put into giving"

- Mother Teresa

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उष्माघातापासून बचाव करा!

उष्माघाताशी संबंधित आजारांपासून बचाव करण्यासाठी आहारासंबंधी घ्यावयाची खबरदारी

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अभ्यासाबरोबरच मुलांचे आरोग्यही महत्त्वाचे!

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अवयवदान
अनेकांचे जीवन वाचविण्यासाठी
चला शपथ घेऊ या,
अवयव दान करण्याची...
मी दाता आहे
नॅशनल ऑर्गन अँड टिश्यू ट्रान्सप्लांट ऑर्गनायझेशन (NOTTO)
www.notto.gov.in

मानसिक आरोग्य

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मन आणि आहार

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रस्त्यावरील सुरक्षा: अपघाताने नको

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कविता

॥रस्त्यावरील सुरक्षा अपघाताने नको॥

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जागतिक
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डाऊन सिंड्रोम असलेल्या लोकांना आधार द्या
त्यांच्याकडे दुर्लक्ष करू नका

जागतिक हिवताप दिन

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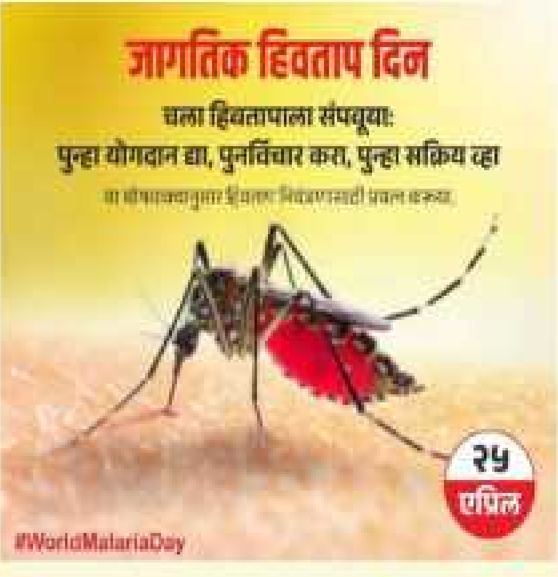
जागतिक हिवताप दिन
चला हिवतापाला संपवूया:
पुन्हा योगदान द्या, पुनर्विचार करा, पुन्हा सक्रिय व्हा
२५
एप्रिल
#WorldMalariaDay

हिवताप (मलेरिया) आजाराविषयी जनजागृती करणे काळाची गरज

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दहा वर्षात हिवताप बाधित रुग्ण संख्येत 62.76 टक्के घट

हिवताप दुरीकरणाकडे राज्याची यशस्वी वाटचाल

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यशोगाथा:

एका मातेसाठी जीवनदायिनी बनलेली संघर्षाची गोष्ट

IICARE FOUNDATION

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गरोदर मातेची काळजी

अशी काळजी घ्या

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यशोगाथा

आरोग्य विभागाच्या अथक प्रयत्नाने मेळघाटातील 22 दिवसांच्या नवजात बालकाला नवजीवन

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जिल्हा परिषद
अमरावती

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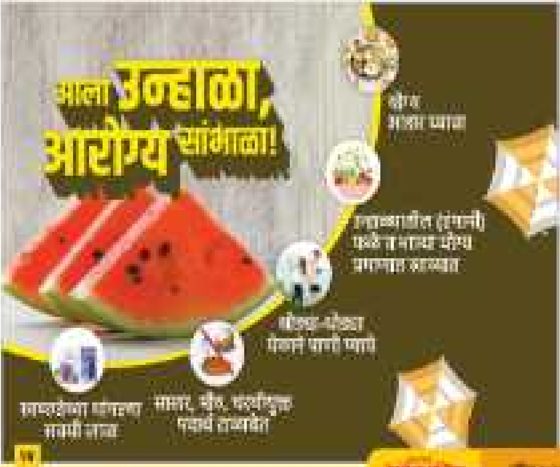
आला उन्हाळा,
आरोग्य सांभाळा!
मसाले, तेल, चरबीयुक्त
पदार्थ टाळावेत

राज्य आरोग्य यंत्रणा संसाधन केंद्र महाराष्ट्र पुणे

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कविता

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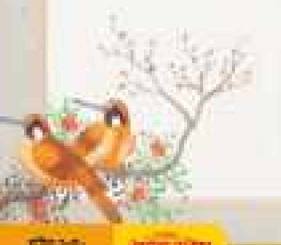

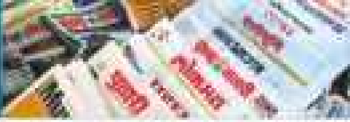

औंध छावणी येथील आरोग्य व कुटुंब कल्याण प्रशिक्षण केंद्रामध्ये विविध उपक्रमांद्वारे जागतिक आरोग्य दिन साजरा

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नांदेडच्या जिल्हा आरोग्य अधिकारी डॉ संगीता देशमुख पोहचल्या वीट भट्टी पालावर

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GPS Map Camera
Nanded, Maharashtra, India

लेखकांना विनंती

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जागतिक आरोग्य दिनानिमित्त विविध आरोग्य योजनांचा शुभारंभ

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उष्माघाताचा त्रास झाल्यास करावयाचे प्रथमोपचार...

- त्रास झालेल्या मुलाला/मुलीला लगेच घरात/सावलीत आणावे.
- हवा येण्यासाठी पंख्याचा वापर करावा.
- अंगावरील दागिने काढून त्यांचे कपडे सैल/ढिले करावेत.
- पायाखाली उशी किंवा तत्सम काही ठेवून त्यांना आडवे पडायला सांगावे.
- साध्या पाण्याने ओल्या केलेल्या पट्ट्या शरीरावर ठेवाव्यात.
- मूल जागे असल्यास थोडेथोडे साखर आणि थंड पाण्याचे घोट पाजावेत.
- उलटी होत असल्यास त्यांना एका कुशीवर वळवावे, जेणेकरून ते गुदमरून जाणार नाहीत.
- मूल बेशुद्ध असल्यास त्यांना खायला / प्यायला काहीही देण्याचा प्रयत्न करू नये.

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