





## Ayushman Arogya Mandir – Arogyam Paramam Dhanam

## **Introduction and Objectives**

- Government of India has launched Comprehensive Primary Health Care campaign to address critical issue of access to health care. Comprehensive Primary Health Care (CPHC) is essential to avert disease and promote well-being, ensure continuity of care and enable gate-keeping so as to reduce the burden on secondary and tertiary level facilities, thus saving costs to system and the individual.
- AAM delivers, these set of comprehensive services through team based approach. A primary health care team trained and equipped in a set of skills and redesigned work processes to ensure a continuum of care that places emphasis on preventive and promotive health.
- To provide CPHC near to the community, State is moving forward with strengthening of all the SCs, PHCs, UPHCs, Ayush facilities and UHWCs as Ayushman Arogya Mandirs along with additional provision of health promotion & wellness activities like Yoga. State is committed to transform all SCs, PHCs & UPHCs Ayushman Arogya Mandirs

## The AAMs provide preventive, promotive, curative and rehabilitative care for a package of 13 services as below

- 1. Care in Pregnancy and Child-birth.
- 2. Neonatal, Infant, Childhood and Adolescent Health Care Services
- 3. Family Planning, Contraceptive Services & other Reproductive Health Care Services
- 4. Management of Communicable Diseases: National Health Programmes
- 5. General Out-patient Care for Acute Simple Illnesses and Minor Ailments
- 6. Screening, Prevention, Control and Management of Non-communicable Diseases
- 7. Care for Common Ophthalmic and ENT Problems
- 8. Basic Oral Health Care
- 9. Elderly and Palliative Health Care Services
- 10. Emergency Medical Services including Burns and Trauma
- 11. Screening and Basic Management of Mental Health Ailments
- 12. Yoga & Ayush
- 13. Teleconsultation