## **SUPREME COURT OF INDIA**

(ADMN. GENERAL BRANCH)

F.No 31/YD/2024/SCA(G) 19 June 2024

## **CIRCULAR**

On the occasion of the 10<sup>th</sup> International Yoga Day on 21 June 2024, a Yoga Event will be organised for Officers and staff members of the Registry in Congregation Hall, 2<sup>nd</sup> floor, 'C' Block and Yoga and Recreation Hall, 4<sup>th</sup> Floor, 'A' Block, Additional Building Complex, Supreme Court of India. Hon'ble the Chief Justice of India and Hon'ble Companion Judges will participate in the event. The schedule of events is as under:

08:00 to 08:30 a.m.	Special Yoga Session
08:30 to 09:00 a.m.	Live performance of Yoga Asanas & Yoga Fusion Dance
09:00 to 09:15 a.m.	Awareness Programme on Healthy Lifestyle by AIIA
09.15 a.m.	Brief conversation with Hon'ble the Chief Justice of India on 'Yoga Awareness & Holistic Lifestyle'.

Officers and staff members are requested to make the event a success by their participation. Yoga Asanas will be supervised by Yoga Experts.

Yoga T-Shirt will be distributed in Yoga and Recreation Hall, 4<sup>th</sup> Floor, 'A' Block, Additional Building Complex, Supreme Court of India from 07:00 a.m. onwards.

Participants are requested to be present at the venue latest by 07:30 a.m. on 21 June 2024 and suitably attired for Yoga.

Event will be followed by healthy breakfast.

Sd/(Mahesh T. Patankar)
Registrar (Court & Building)

Copy to: All concerned