# What is Mediation?

Mediation is one of the Alternative Dispute Resolution Methods contemplated under Section 89 of the Code of Civil Procedure enacted by the Parliament. Mediation is a process in which a neutral third party assists the disputing parties to creatively resolve their disputes without going to trial.

Mediation presents a unique opportunity for dispute resolution with the involvement and participation of all the parties and their advocates. A neutral third party called "mediator" uses special negotiation skills and communication techniques to help litigants bridge their differences and find a solution to their dispute. Mediation always leaves the decision making power with the parties.

A Mediator does not decide what is fair or right or apportion blame. Rather, a mediator acts as a catalyst to bring the two disputing parties together by defining issues and eliminating obstacles for communication and settlement.

## **Benefits of Mediation**

1. Disputes can be dealt with promptly.

2. It provides an opportunity to address the situation before the problem accelerate.

3. Parties control the outcome of the dispute. It provides a win win situation for both the parties as they play an important role in formulating the terms of the settlement.

4. Improves relationship between disputing parties.

5. Creates a forum where disputes and issues can be heard and addressed by the parties with the help of a neutral third party.

6. It saves money as the disputes are promptly settled or if not settled are referred back to the court immediately.

### Mediation is ...

1. Voluntary.

2. Confidential - only you decide what information may be shared with the other party or the court.

3. Transparent - there are no surprises in mediation.

4. Time and cost efficient.

5. Informal - focusing on the parties' interests rather than the rules of procedure and evidence.

6. Flexible - enabling the parties to resolve the dispute by themselves.

#### **CONTACT DETAILS**

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