KANWALJEET ARORA
Officer on Special Duty (DHJS)

Azadi Ka Amrit Mahotsav

HIGH COURT OF DELHI
Sher Shah Road
New Delhi-110 503
Off. : 23387989
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No. 1424 /DHC/Prot.

Dated 16/6/ 2022

To

The Principal District & Sessions Judge (HQ)
Room No. 301, Tis Hazari Courts, Delhi.

Sub: - Organizing a yoga session on 21st June, 2022 to celebrate International Yoga Day.

Sir,

I am directed to refer to the O.M. F.No. 15011/161/2021-Jus (AU)/6508 dated 08.06.2022 received from Ministry of Law and Justice, Department of Justice, conveying the decision that International Day of Yoga, 2022 as a part of Azadi Ka Amrit Mohotsav at 75 iconic locations to be celebrated by the Ministry of AYUSH, Government of India on 21st June, 2022 throughout the country.

Further, as per the O.M. dated 09.06.2022, it is directed that the International Day of Yoga may also be observed in District and Subordinate Courts with the participation of the members of judiciary, Bar and other associated individuals and entities.

In pursuance of it, a meeting was convened on 10.06.2022 at about 04:00 pm by way of video conferencing with the outcome that an International Yoga Day event to be celebrated on 21st June, 2022 with the theme "Yoga For Humanity" on one arm of the white and blue coloured T-shirt. The District and subordinate judiciary is to be requested for participation on voluntary basis with arrangement of forty minutes protocol from 07:00 AM to 07:45 AM.

I am happy to inform you that the yoga sessions are already being held in this Court under a certified yoga trainer since 06.06.2022 twice a day i.e. from 11:30 to 12:30 pm and from 03:30 pm to 04:30 pm, pursuant to a letter dated 07.04.2022 received from Minister of Law and Justice, Government of India. This event was inaugurated by Hon'ble Mr. Justice Manmohan along-with other Hon'ble Judges of Delhi High Court on 06.06.2022.

In pursuance of the said O.M. dated 08.06.2022 an International Yoga Day event is proposed to be organized in the premises of this Court on 21st June, 2022, on voluntary basis and in a uniform manner.

Therefore, you are requested to organize a yoga event on voluntary basis and to conduct it in uniform manner with the theme 'Yoga For Humanity' written on one arm of the T-shirt together-with the participation of the members of judiciary, Bar and other associated individuals and entities with a request to circulate the same amongst the Principal District Judges of all the District Courts of Delhi, Principal Judge (Family Court) (Head Quarter), and staff of all the District Courts of Delhi.

Yours sincerely,

KANWAL JEET ARORA

Digitally signed by KANWAL JEET ARORA
Date: 2022.06.16 13:03:20 +05'30'

(Kanwaljeet Arora)
Officiating Registrar General

Encls:-

1. Copy of O.M. F.No. 15011/161/2021-Jus (AU)/6508 dated 08.06.2022
2. Copy of letter dated 09.06.2022 received from the Supreme Court of India.