OFFICE OF THE PRINCIPAL DISTRICT & SESSIONS JUDGE
SOUTH WEST DISTRICT, DWARKA COURTS, NEW DELHI

CIRCULAR

Sub: International Day of Yoga – 2026 – Yoga Session at Dwarka District Court Complex.

It is hereby informed that, in compliance with the directions of the Hon'ble High Court of Delhi, a Yoga Session is being organized to mark the International Day of Yoga, 2026. The session will be held on **21.06.2026** from **09:00 A.M. to 10:00 A.M.** in the Lunch Room, 7th Floor, Dwarka District Court Complex, South-West District, New Delhi.

The Yoga Session will be conducted by a professional and experienced yoga instructor, who will guide participants through various yoga exercises and meditation techniques. The objective of the session is to promote a healthy lifestyle and enhance overall physical and mental well-being.

Participation in the session is voluntary. However, all concerned are encouraged to take part in this initiative and benefit from the practice of yoga, which contributes to improved health and a positive and harmonious work environment.

Participants are requested to arrive at the venue on time and wear comfortable clothing suitable for yoga practice to ensure the smooth conduct of the session.

All Ld. Judicial Officers and staff members posted at Dwarka District Courts, including Family Courts and South-West DLSA, as well as members of the Dwarka Court Bar Association, are requested to participate in the Yoga Session and make the event a success.

(Santosh Kumar Singh)
Pr. District & Sessions Judge (Officiating)
South-West District, Dwarka Courts,
New Delhi

No. 26299-26428**/Sectt./DWK/2026** **Dated** 19/6/26

Copy forwarded for information and necessary action to:

1. Ld. Registrar General, Hon'ble High Court of Delhi, New Delhi (for information through email).
2. Ld. Principal Judge, Family Court (HQs), Dwarka Courts, New Delhi, with the request to bring this circular to the notice of the staff members posted in the Family Court (HQs) establishment.
3. All Ld. Judicial Officers posted in the South-West District, Dwarka Courts, New Delhi, with the request to convey their willingness for participation to the Caretaking Branch or to Sh. Narayan Singh, Caretaker (Mobile No. 8743006623), and to bring this circular to the notice of the staff under their respective control.
4. The Secretary, South-West DLSA, Dwarka Courts, New Delhi, for necessary action.
5. All Branch In-Charge(s), Dwarka Courts, New Delhi, with the request to bring this circular to the notice of the staff posted under them.
6. The Hony. Secretary, Dwarka Court Bar Association, Dwarka Courts, New Delhi.
7. Branch In-Charge, Computer Branch, Dwarka Courts, New Delhi, for uploading the circular on the official website of Dwarka Courts.
8. Branch In-Charge, R&I Branch, Dwarka Courts, New Delhi, for uploading the circular on LAYERS.
9. Caretaker, Dwarka Courts, New Delhi, for making necessary arrangements.

19/6/26

Pr. District & Sessions Judge (Officiating)
South-West District, Dwarka Courts,
New Delhi