# OFFICE OF THE DISTRICT & SESSIONS JUDGE (NORTH-WEST DISTRICT) ROHINI COURT COMPLEX, DELHI.

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Dated 21st May, 2019

To

Dr. K.K. Aggarwal
National President
Heart Care Foundation of India (HCFI)
E-219, Greater Kailash-I
New Delhi-110048.

Sub: Workshop for preventing Heart Attacks, Warning Signals, First AID, CPR Training-Reg.

Respected Sir,

Pursuant to your letter No. HFCI/March/2019/048 dated 18.03.2019, this is to apprise you that the undersigned is pleased to grant you permission to organize workshops for preventing Heart Attacks, Warning Signals, First AID and CPR Training for the Ld. Judicial Officers & Supporting Staff posted in North-West District, Rohini Courts, Delhi as per the below mentioned schedule:-

S.N.	Audience	Time and Date of workshop
1.	Ld. Judicial Officers (North-West)	4.00 p.m. on 25.05.19
2.	Supporting Staff (North-West)	4.00 p.m. on 28.05.19

The above said workshop shall be organized in Room No.-406, 4th Floor, Rohini Courts, Delhi.

It is further to inform you that Sh. Jagdish Bakhuni, Branch In-Charge, Care Taking Branch, Rohini Courts, Delhi has been appointed as Nodal Officer of this office to facilitate you and for any assistance, he may be contacted on his Mobile No.- 9818223455.

Thanking you,

Yours sincerely,

(RAJNISH BAHTNAGAR)
DISTRICT & SESSIONS JUDGE (NORTH-WEST)
ROHINI COURT COMPLEX: DELHI.

No.F2(2)/Judl/NW/RC/19 6808-16

Dt. 22/05/19

Dated 21st May, 2019

Copy forwarded, along with copies of letter No.-HCFI/March/2019/048 dated 18th March, 2019 and No.-Nil dated 03.05.2019 received from Heart Care Foundation of India to:-

- 1. The Ld. Registrar General, Hon'ble High Court of Delhi, New Delhi for information.
- The Ld. District & Sessions Judge (North), Rohini Courts, Delhi for information and necessary action.









(National Postal Commemorative Stamps)

Reference: HCFI/March/2019/048

Date: 18th March, 2019

To

Hon'ble District & Sessions Judge

District - North West

Rohini District Court

Rohini, Delhi

Carle (il ing units) Rohini District Court, Delhi

SUBJECT: WORKSHOP FOR HON'BLE **TUDGES** PREVENTING HEART ATTACKS, WARNING SIGNALS, FIRST AID, CPR TRAINING

# Respected Hon'ble District & Sessions Judge,

We at Heart Care Foundation of India were shocked to hear the untimely and sudden death of Justice Valmiki I Mehta who was the sitting judge of Hon'ble Delhi High Court. We are with all his colleagues and friends in this hour of mourning.

We are also shocked to hear about the death of another sitting judge of Shri Sandeep Sharma who was the Additional District Judge in Delhi District Courts.

To offer them the homage, we at HCFI would like to organise workshops in their memory in the Hon'ble Rohini District Court, District North West, Delhi for all judges. The workshop will be on following topics:

- Prevention of heart attack
- Warning signals
- First aid for angina, heart attack and cardiac arrest
- Need for every-body to learn Cardio Pulmonary Resuscitation (CPR)

Subsequently, we can also organise a similar workshop for the office staff of the court and also for the lawyers practicing in the court.

# Helpline No: 9958771177

Only NGO to have two National Postal Commemorative Stamps & one State Postal Cancellation Stamp released on its events.

Limca Book of Record holder (2014) for most people trained in CPR and most people trained in CPR in least time.

# Founders

Mrs Pushpa Chopra Dr (Col) K L Chopra Sh G L Sanghi

Chaliman Dr Deepak Chopra

#### President

# Dr K K Aggarwal

Recipient of Pedma Sbri, Vishwa Hindi Sammen, Il Scisnoe Communication Award & Dr B C Roy National Award.

### **Head Office**

E-219, Greater Kallash F New Delhi - 110048 Mobile: 9811090206 Phone: 011-40587512/13

## Major Initiatives

- Sameer Malik Heart Care Fo und: An initiative to provide technical Internal support for patients in need of heart care into ventions. Hands Only QPR 10: Training program
- for revival after sudden cardiac arrest. Perfect Health Mela: Mega community event which uses infotalmment as a medium of raising health awareness Heart to Heart. An initiative to raise
- health awareness amongst the masses through lectures, recent publications & media advacacy

Registered u/s 12A of the IT Act

Objectives and activities of the Trust are charitable within the meaning of section 2(45) of the IT Act 1961

All Donations exempted under Section 80G of IT Act (1961)

FCRA Reg. No. 231650979

Sudden death is preceded by symptoms in preceding one hour in 80% cases but symptoms are often unrecognized or minimized by patients.

51 percent patients have warning symptoms within four weeks preceding cardiac arrest and eighty percent of patients experience symptoms at least one hour before sudden cardiac arrest and 34 percent having symptoms more than 24 hours before the arrest. Also, timely CPR and cardiac shock can save upto 50% of cases.

Heart Care Foundation of India ("HCFI") is registered charitable trust which was incorporated in the year 1986 for creating awareness about all aspects of health using innovative low cost informative ways. In two of its events, one Run for the Heart in 1991 and Perfect Health Mela in 1993, Government of India has released National Commensurate Postal Stamps. Also, in 2012 Government of Rajasthan released Cancellation Stamps for organizing first ever telemedicine camp. Also, for organizing Mega CPR Camp, the HCFI's name has been recorded in Limca Book of Records.

The National President of HCFI namely Dr KK Aggarwal has been honoured with the highest national award "Padma Shree" in the year 2010. Presently, Dr. K K Aggarwal is a Vice President of CMAAO and also Past National President of Indian Medical Association.

HCFI has been working on the subject of heart care since its inception and regularly conducts programmes to train people in essential life saving techniques like hands only Cardiopulmonary Resuscitation (CPR) for revival of patients after sudden cardiac arrest.

Thanking You,

Yours truly,

Dr K K Aggarwal Padma Shri Awardee

National President - Heart Care Foundation of India

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(National Postal Commemorative Stamps)

3rd May 2019

Usha Khatter

Sr. A.O. (J)

Judicial Branch N/W

Office of the District & Sessions Judge (North -West District) Rohini Court Complex Delhi

Subject: Reply of Letter No. F2/Judl/NW/RC/19/4981 on 12th April 2019

Respected Madam,

This is in response to your letter dated 12.4.2019 issued to HCFI whereby you have requested to appoint a nodal officer for organizing a workshop on CPR in Rohini Court. The details of the Nodal Officer is as follows:

> Ms. Ira Gupta, Advocate Advisor Legal Cell-Heart Care Foundation of India 9818976099

it is also informed to you that the date for the workshop be fixed after 17th May 2019.

f any other information is required, then feel free to ask the

nanks and regards

Mr. Saurabh Aggarwal Director - Strategic Affair Helpline Nov.9958771177

Only NGO to have two National Postal Commemorative Stamps & one State Postal Cancellation Stamp released on

Limca Book of Record Holder in CPR 10

Mrs Pushpa Chiepra em (Con K. L. Oglobna ShiG L. Sangrij

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President.

Dr.K.K. Aggarwal

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HCFI Heart 2 Heart An initiative to