### **Annexure VI-A**

# Undertaking for Achievements in Sports (For Institutes of Panjab University)

| I, _<br>Shri  |   |                     |                           | (father's           | son/daughter of name), born or |
|---------------|---|---------------------|---------------------------|---------------------|--------------------------------|
|               | (a  | ddress) hereby sole | emnly declare and a       | nffirm as under:-   |                                |
| _             | That as Sportsma<br>presented the team(s<br>the table below:- |                     | n(s) on date(s) and       |                     |                                |
| Sr.           | Sports Disciplines  | Team represented    | Name of the competition & | Venue/Date          | Position secured               |
| No.           |   |                     | year                      |                     |                                |
| 1.<br>2.      |   |                     |                           |                     |                                |
| 3.            |   |                     |                           |                     |                                |
| (i)           | at the certificate(s)   | mentioned below a   | are produced by me        | in support of the a | bove are authentic             |
| (ii)<br>(iii) |   |                     |                           |                     |                                |
|               | nderstand that in cas<br>forged, my admission                 |                     |                           | •                   |                                |
|               |   |                     |                           | (Signature          | e of the candidate             |

(Signature of the candidate)

NOTE: IN CASE OF MINOR, THE UNDERTAKING SHALL BE FILLED IN BY HIS/HER PARENTS/ GUARDIANS WITH SUITABLE AMENDMENTS.

# Annexure VI-B (For institutes of Panjab University)

## LIST OF SPORTS DISCIPLINES ELIGIBLE FOR ADMISSION UNDER RESERVED CATEGORY OF SPORTS

Sports disciplines to be considered for admission under reserved category of sports will be based on the following conditions: -

- 1) The sports disciplines should also be part of proceeding Olympic / Asian Games / Commonwealth Games immediately preceding the year of admission.
- 2) Apart from the above the following four sports disciplines are included based on popularity / indignity.
- a) Chess
- b) Cricket
- c) Kho-Kho
- d) Yoga

#### LIST OF GAMES

| Sr. | Game                        | Sr. No. | Game                          |
|-----|-----------------------------|---------|-------------------------------|
| No. |                             |         |                               |
| 1   | Aquatics (M & W)            | 23.     | Roller Skating (M & W) (Speed |
|     |                             |         | Skating)                      |
| 2   | Archery (M & W)             | 24.     | Rowing (M & W)                |
| 3   | Athletics (M & W)           | 25.     | Rugby (M & W)                 |
| 4   | Badminton (M & W)           | 26.     | Sailing / Yachting (M & W)    |
| 5   | Baseball (Men)              | 27.     | Sepak Takraw (M & W)          |
| 6   | Basket (M & W)              | 28.     | Shooting ( M & W)             |
| 7   | Boxing (M & W)              | 29.     | Soft Tennis (M & W)           |
| 8   | Bridge (M & W)              | 30.     | Soft Ball (Women)             |
| 9   | Canoeing & Kayaking (M & W) | 31.     | Squash (M & W)                |
| 10  | Cycling (M & W)             | 32.     | Table Tennis (M & W)          |
| 11  | Equestrian (M & W)          | 33.     | Tennis (M & W)                |
| 12  | Fencing (M & W)             | 34.     | Triathlon (M & W)             |
| 13  | Football (M & W)            | 35.     | Volleyball (M & W)            |
| 14  | Golf (M & W)                | 36.     | Weight Lifting (M & W)        |
| 15  | Gymnastic (M & W)           | 37.     | Wrestling (M & W)             |
| 16  | Handball (M & W)            | 38.     | Wushu (M & W)                 |
| 17  | Hockey (M & W)              | 39.     | Cricket (M & W)               |
| 18  | Judo (M & W)                | 40.     | Kho-Kho (M & W)               |
| 19  | Karate (M &W)               | 41.     | Chess (M & W)                 |
| 20  | Netball (Women)             | 42.     | Yoga (M & W)                  |
| 21  | Kabaddi ( M & W)            | 43.     | Pencak Silat (M & W)          |
| 22  | Taekwondo (M & W)           | 44.     | Tenpin Bowling (M & W)        |

# ANNEXURE-VI-C (For institutes of Panjab University)

## CRITERIA FOR MARKING OF MERIT / PARTICIPATION SPORTS CERTIFICATE OUT OF MAXIMUM 100 MARKS

**Note:** – Tournaments/Championships other than Inter University/Inter College/Inter School will be considered for Gradation provided they are recognized by International Olympic Committee/ Indian Olympic Association/respective National Federation / State Association / BCCI / SGFI / **MYAS\*** 

| Level of Game/ Sport Competition(s)   | Ist | IInd | IIIrd | Participation |
|---|-----|------|-------|---------------|
| CATEGORY 'A'  1. Sports performance as a player in Olympic Games / Paralympic Games (under senior / open category).   | 100 | 97   | 95    | 91            |
| 2. Sports performance as a player in World Cups/ Championship (Four Year Cycle) under senior / open category  | 97  | 95   | 93    | 89            |
| 3. Sports performance as a player in Asian Games (under senior / open category)   | 95  | 93   | 91    | 87            |
| 4. Sports performance as a player in Asia Cup / Asian Championship (Four Year Cycle) under senior / open category   | 93  | 91   | 89    | 85            |
| 5. Sports performance as a player in Common wealth Games (under senior / open category).  | 91  | 89   | 87    | 83            |
| 6. Sports performance as a player in Common wealth Championships (Four Year Cycle) (under senior / open category).  | 89  | 87   | 85    | 81            |
| 7. Sports performance as a player in World cups / World Championships (Two Years Cycle) under senior / open category  | 87  | 85   | 83    | 79            |
| 8. Sports performance as a player in Asia Cup / Asian Championship (Two Years Cycle) under senior / open category.  | 85  | 83   | 81    | 77            |
| 9. Sports performance in Common Wealth Championships (Two Years Cycle) under senior / open category.  | 83  | 81   | 79    | 75            |
| 10. Sports performance as a player in World University games / World University championships (Two year Cycle)  | 81  | 79   | 77    | 73            |
| 11. Sports performance as a player in World Cup / Championship (one year cycle) under senior / open category.   | 79  | 77   | 75    | 71            |
| 12. Sports performance as a player in Asia Cup / Asian Championship (One Year Cycle) under senior / open category / Sports performance as a player in Common Wealth Championships (One Year Cycle) under senior / open category / Sports performance as a player in South Asian Games (under senior / open category), Asian University Games and Championships. | 77  | 75   | 73    | 69            |

Note: Marks for World Cup/ Championships, Asian Cup/ Championships / Common wealth Championships under Junior/ Youth/ Cadet categories will be awarded  $\frac{3}{4}$  of marks awarded to the respective senior categories of same tournament / championship / category e.g. for Junior World Cup / Championship for  $1^{st}$  87x3/4 = 65.25, for IInd  $85 \times \frac{3}{4} = 63.75$ , for IIIrd  $83 \times \frac{3}{4} = 62.25$  and so on.

| CATEGORY 'B' 1. Sports performance as a player in National Games (under senior/ open category)   | 50 | 48 | 46 | 42              |
|--|----|----|----|-----------------|
| 2. Sports performance as a player in National University Games / Inter Zonal Universities Games for Universities (under senior / open category) / Sports performance as a player in senior National / Inter State Championships for seniors / Federation Cup for seniors / Khelo India school games / Khelo India University Games (under 21) // Sports performance as a player in Khelo India School Games / SGFI National School Games. Sports performance as a player in Junior National / Cadet Nationals / Youth Nationals  | 48 | 46 | 44 | 40              |
| 3. Sports performance as a player in Zonal University Championships / National Zonal Championships (under senior and open category)  | 46 | 44 | 42 | 38              |
| CATEGORY 'C'  1. Sports performance as a player in A division Inter College tournament other than professional Universities/ Deemed Universities / Agricultural Universities / Law Universities / Technical and Management Universities / Senior State Championship / Inter District Championships / State School Games / Junior / Cadet / Youth State Championship. Position as a player in Inter University Tournament / Competitions for professional Universities / Deemed Universities / Agricultural Universities / Law Universities / Technical and Management Universities, School Nationals other than SGFI | 36 | 34 | 32 | 28              |
| CATEGORY 'D'  1. Sports performance as a player in inter college of professional universities / residential universities / PU Campus Championships / B and C division Inter college.   | 26 | 24 | 22 | Not<br>Eligible |
| Note: The certificates not mentioning the level of tournament i.e. Senior /Junior / Youth / Schools will be considered as per the following age criteria:  1. Under 17 Junior  |    |    |    |                 |
| 2. Under 19Youth   |    |    |    |                 |
| 3. Above 19Senior  |    |    |    |                 |
| * BCCI: Board of Control for Cricket in India<br>* SGFI: School Games Federation of India<br>* MYAS: Ministry of Youth Affairs & Sports  |    |    |    |                 |

#### Note:

1. Sports Certificate of Invitational / Memorial /Open/ Prize Money League/ Ranking

competitions will not be considered for admission under reserved category of sports.

- 2. Merit / Participation Sports Certificates of preceding three years will be considered from  $1^{st}\,July\,2018\,to\,30^{th}\,June\,2021$
- 3. Applicants are required to upload Self-Attested copies of two Merit / Participation Sports Certificates.
- 4. Only the Highest Merit / Participation Sports Certificates will be considered for Marking.

#### **Annexure VI-D**

### (For institutes of Panjab University)

### **Undertaking for Attendance in Sports Ground**

| I,                 | son/daughter |
|--------------------|--------------|
| of                 | resident     |
| of                 | do hereby    |
| declare as under:- |              |

- (i) That I am seeking admission in one of the participating institutes of Panjab University (under JAC-2021) under the Sports Category.
- (ii) That in case I am admitted to the above said institute, I shall regularly attend the grounds for practice and I shall also participate in P.U. Campus Sports Activities including P.U. Campus Annual Athletic Meet/Inter-College/Inter-University/ National/International Sports Tournament on behalf of the P.U. Campus and the Panjab University if selected.
- (iii) That in case I fail to regularly attend the Grounds for practice or fail to participate in the tournaments as and when required, my admission to the allotted institute shall be liable to be cancelled.
- (iv) That in case my admission to the allotted institute is cancelled due to my failure to regularly attend the grounds for practice or to participate in the P.U. Campus Sports Activities (including Annual Athletic Meet) / Inter-University / National / International Sports Tournaments as may be required by the Campus Sports Department, Panjab University, Chandigarh. I shall have no claim on any account whatsoever against the institute or against the University.

(Signature of the candidate)

#### **Annexure VI-G**

### (For institutes of Panjab University)

# CRITERIA FOR GENERAL FITNESS TEST, SKILL & GAME PERFORMANCE TEST FOR ADMISSION UNDER RESERVED CATEGORY OF SPORTS

#### **General Fitness Test**

It is essential for the candidates to qualify **any one** of the following General Fitness Test items for considerations of admission in Archery, Chess, Shooting and any two of the following fitness test items for consideration of admission in other games / sports as per the following standards.

|    | T         |                        |                      |
|----|-----------|------------------------|----------------------|
| 1. | Strength  | Standing broad jump    | Two attempts allowed |
|    |           | 1.65 mts. For Men      |                      |
|    |           | 1.15 mts. For Women    |                      |
| 2. | Endurance | 1000 mts. Run/Walk     | One attempt allowed  |
|    |           | 5.00 minutes for Men   |                      |
|    |           | 6.00 minutes for Women |                      |
| 3. | Speed     | 50 mts. Dash           | One attempt allowed  |
|    |           | 8.00 seconds for Men   |                      |
|    |           | 9.00 seconds for Women |                      |

Note: It is essential to qualify the General Fitness Test for appearing in the Skill & Game Performance test.

- 1. No Physical Fitness Test for specially challenged candidates / players.
- 2. All the candidates are to appear in the General Fitness Test in proper sports kit.
- 3. Any injury / casualty caused to the applicant during sports trials shall be the sole responsibility of the applicant.

| Skill and Game Performance Test |  |  |  |  |  |
|---------------------------------|--|--|--|--|--|
| It is esse                      | It is essential for the candidate to qualify the Skill and Game Performance Test for |  |  |  |  |
| consideration of admission.     |  |  |  |  |  |
| 1.                              | Fundamental Skills in the concerned game   |  |  |  |  |
| 2.                              | Game Performance in Trials.  |  |  |  |  |

Note: It is essential to qualify the Skill & Game Performance Test for Verification of Original Sports Certificates for awarding Marks.

| Merit / Participation Sports Certificates   |
|---|
| Maximum 100 Marks for Merit / Participation Sports Certificates                                 |
| Maximum 100 Marks for Merit / Participation Sports Certificate as per the criteria in Annexure- |
| V. Only the Highest Merit / Participation Sports Certificate will be considered for Marking.    |