

World Physiotherapy Day 2024

Report

On World Physiotherapy Day, we recognize the vital role that physiotherapists play in enhancing health and well-being across the globe. This year's focus is on the importance of physical functional screening in the community.

On this day CRC- AHMEDABAD organised a physical functional screening in the community.

Physical functional screening involves assessing individuals' physical abilities, body composition, strength, balance, flexibility, and endurance to identify potential health risks, prevent injuries, and promote optimal function. It provides an opportunity to detect mobility limitations early, address pain, and encourage active lifestyles. Physical functional screening performed by Dr Neha Rana (Lecturer in Physiotherapy, CRC-AHMEDABAD) and Dr Arpit Patel (Clinical therapist, CDEIC, CRC -AHMEDABAD).

Community-based screening brings health services closer to where people live and work, increasing access and raising awareness of physical health on World Physiotherapy Day, we recognize the vital role that physiotherapists play in enhancing health and well-being across the globe. This year's focus is on the importance of physical functional screening in the community.

On this day CRC- AHMEDABAD an organized a physical functional screening in the community. In this program welcome speech given by society chairmain Sh. Chinmay Patel followed by keynote address given by Dr. Neha Rana, Lecturer in Physiotherapy.

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Community-based screening brings health services closer to where people live and work, increasing access and raising awareness of physical health's role in overall well-being. It allows for early intervention, helping to prevent more severe health problems, improve quality of life, and reduce healthcare costs.

Let's celebrate World Physiotherapy Day. Together, we can empower our communities to stay active, healthy, and engaged in life's role in overall well-being. It allows for early intervention, helping to prevent more severe health problems, improve quality of life, and reduce healthcare costs.

After the physical screening program kit distributed to beneficiaries under the vayoshree yojna from PMDK(ALIMCO) CRC Ahmedabad.

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