

1) Home Delivery (THR)

Purpose :	For proper physical development and nutrition of children and reduction of malnutrition, food is distributed at home for proper nutrition of pregnant and lactating mothers and birth of healthy children.
Beneficiary	6 months to 3 years child, pregnant mother, breastfeeding mother.
Nature of Benefit:	Wheat/Mugdal/Channa/Chilli powder/Salt/Sugar etc. Food is given in the form of dry grains.

2) Hot fresh diet (HCM)

Purpose :	Meeting the health and nutritional needs of children in Anganwadis.
Beneficiary:	All children in the age group of 3 to 6 years attending Anganwadi.
Nature of Benefit :	Porridge / Usal / Dal Rice / Khichdi etc.