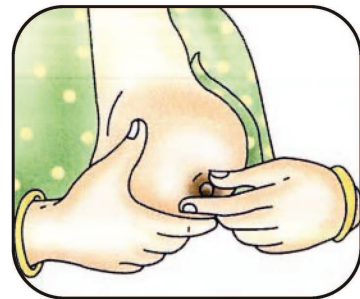


4. IF BABY STOPS SUCKING BREAST

Mother has to find out the cause such as

1. Engorged breast



2. choking of the baby due to rapid milk flow from the breast.
3. Baby used to bottle
4. Blocked nose
5. Mouth infection (oral thrush)
6. Dull and seriously ill child

Consult a doctor for any of the above problems.

5. BABY NOT GAINING WEIGHT

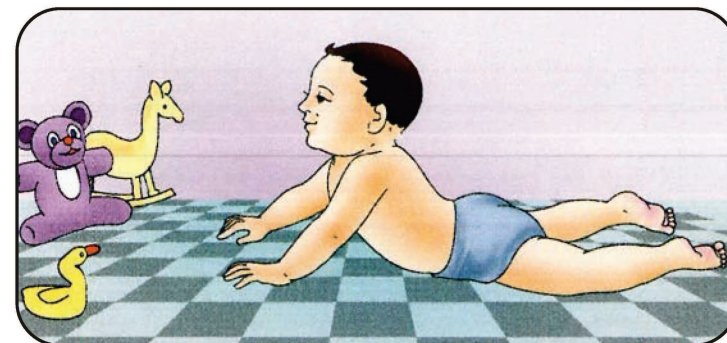
Be concerned if the child does not gain 1/2 kg every month in the first 6 months. Poor gain in weight may be due to

1. Not sucking because of weakness or sickness
2. Less breast milk
3. Wrong preparation of milk formula. Wrong way of giving milk.
4. Feeding problems
5. Birth injury

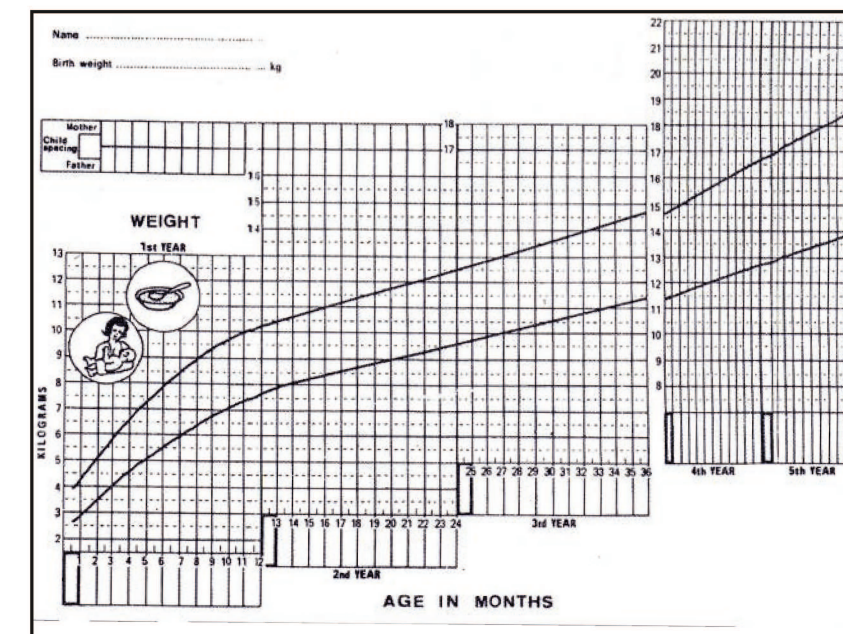
Mother should see a doctor immediately if he is not growing well.

6. RECOGNISING HEALTHY CHILD

1. Playful and active



2. Arm circumference 14cm. at 1 year.
3. Pink lips and conjunctive
4. No disease signs
5. Complete immunization
6. Normal development
7. Rising growth curve.



Prepared under project:
Early Intervention to IUGR Children At risk for Developmental Delays

EARLY INTERVENTION SERIES



CARE TO BECOME A GOOD PARENT FOLLOW THESE....



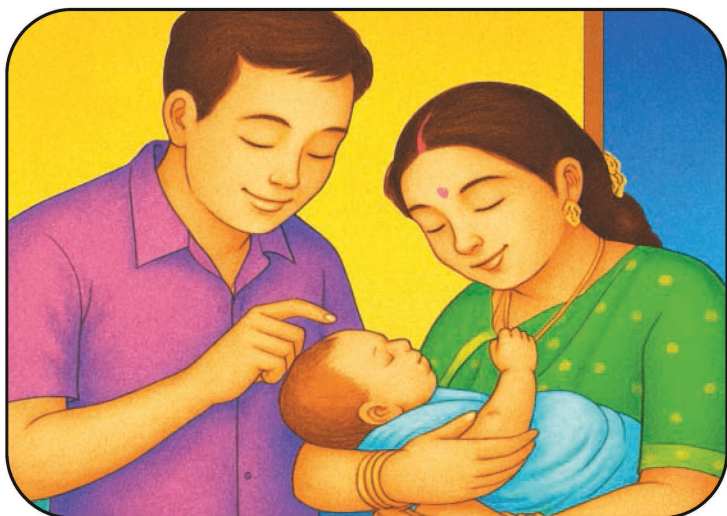
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1. CARE OF THE NEW BORN CHILD

Birth of a new born baby is gift nature to parents.

Baby needs adequate care and warmth to ensure good growth and development.

Parent is the best nurse to provide care to newborn



1. Warmth-Baby should be kept warm at birth and subsequently.
2. Baby after birth should be thoroughly wiped and wrapped in a dry towel or neat sheet.

3. Baby to be kept with mother to promote bonding between mother and child.
4. Umbilical stump to be kept dry, Cord dries up and falls off by 5 to 10 days.
5. Any redness, bleeding or pus from the umbilical stump needs consultation from doctor.
6. The mucus, blood fragments and secretion on the skin of baby is to be wiped dry.
7. Baby to be sponged daily from the next day after birth with special attention to axilla, neck and groin.
8. The diaper area should be cleaned well with soap and water.
9. A soft unmedicated soap should be used.
10. Care of Eyes - Eyes of newborn should be cleaned with the sterile cotton swab.
11. Avoid using synthetic material clothing for the baby.
12. Kazal application is to be discouraged as it can cause eye infection.

13. Parents are advised no to put oil into the ears, nose and umbilicus.

2. CARE OF A VERY SMALL BABY

Babies below 2 kg. need special care:

1. Do not bathe a very small baby. Wipe him clean. Encourage side-lying position. Move the baby as little as possible.
2. Keep the baby warm with mother's body contact or a bottle of warm water wrapped in a cloth.
3. Wash hands with soap and water every time before handling the baby.



4. If the baby is not sucking well at the breast, expressed breast milk can be fed with a dropper or a spoon.



If the baby does not cry well, suck or swallow the milk, looks blue or pale, or limp consult a doctor.

3. DO NOT GET ANXIOUS

If in first 2 weeks the baby has

1. Vaginal bleeding
2. Sticky vaginal discharge
3. Breast engorgement
4. Birth marks on the skin

Do not treat the baby on your own. If needed, consult a doctor.