



National Institute for the Empowerment Of Persons with Intellectual Disabilities (Divyangjan)

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NIEPID/DMS/ANX/25:A

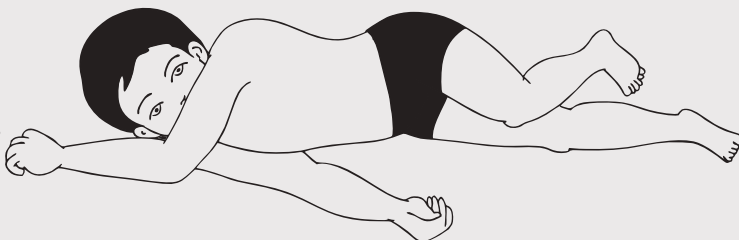
EARLY INTERVENTION FOR MOTOR PROBLEMS

ROLLING - Floppy Child

NORMAL CHILD ROLLING

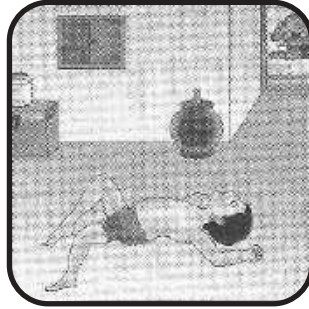
- ✦ A normal child rolling from back on to the abdomen.
- ✦ Rotation twisting movement between shoulder and hips
- ✦ Movement starts with head turning to side followed by shoulder, trunk, hips and legs

**IF THERE IS A DELAY OR ABNORMALITY
SEEK PROFESSIONAL HELP.**



ABNORMAL POSITION

- ❖ As the child rolls head and shoulders are known back
- ❖ Movement of rolling starts at hips and legs



(Floppy child)

CORRECTION

- ❖ the child is made to lie on the back with legs raised straight at hip and support by the caregiver

The child is made to turn to one side with hip and knee bent and supported

The child is made to roll on to his tummy from side lying

Head is raised and weight is borne on elbows.



Use activities to build up tone

ACTIVITIES FOR STIMULATION

Visual Stimulation: Tie a beaded band of bright colors or black and white to the wrist on the side on which the child is lying or is to turn. Encourage the child to reach the beads with the other hand thereby guiding him to roll over.

Auditory Stimulation: Place a plate on the floor besides the child. Place a spoon in the hand, which is free, and ask the child to strike the plate with the spoon. In the process of this activity, the child should be guided to roll over.

Tactile Stimulation: Place a teddy bear or soft toy on the floor and encourage the child to reach it with hand that is free. Similarly place the ball or a toy in different directions to enable the child to reach for it, which helps in rolling over.

