ABNORMAL POSITION

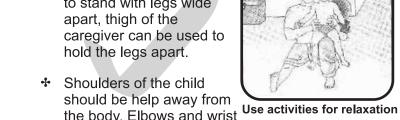
- The child stands with support and crossing of legs present
- Hands bent at elbow and
- · Palms held in fisting position
- Hands held close to the body



(Stiff child)

CORRECTION

- The child should be made to stand with legs wide apart, thigh of the caregiver can be used to hold the legs apart.
 - Shoulders of the child should be help away from the body. Elbows and wrist Use activities for relaxation should be in straight position
- Fists of the child should be opened to hold objects

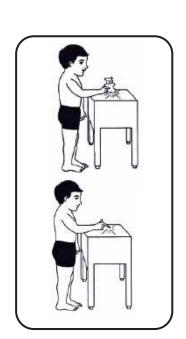


ACTIVITIES FOR STIMULATION

Visual Stimulation: Make the child stand in front of a low table or a chair. Put bright color toys such as blocks or plastic containers on the table or chair. Help the child stack blocks or plastic containers and knock them down.

Auditory Stimulation: Allow the child to play with a spoon on a table and enjoy the activity by standing.

Tactile Stimulation: Take a large waste cardboard carton with a different textured material on each side of the box. Place the child in the box and speak to the child to looking into the box. On hearing your speak the child is inclined to stand holding on to the side of the carton.





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Ministry of Social Justice & Empowerment, Government of India Department of Empowerment of Persons with Disabilities (Divyangjan)



MIEPID/DMS/AUX/22:A

EARLY INTERVENTION FOR MOTOR PROBLEMS

STANDING - Stiff Child

NORMAL CHILD STANDING

- Head and trunk are in alignment (in straight line)
- * Hips and knees are straight with feet taking proper weight





ABNORMAL POSITION

- The child stands with head bent forwards.
- The child has stiffness in hands and back
- Child can't keep his hips straight



(Stiff child)

CORRECTION

- make the child stand against the wall supporting the back and holding straight
- Pace a stool/table in front of him
- Keep the hands free
- Allow the child to play



Use activities for relaxation

ABNORMAL POSITION

- the child stands with head bent forwards.
- The child has stiffness in hands and back
- there is no proper weight shifting
- Child doesn't play with both hands



(Stiff child)

CORRECTION

- Make the child stand against the support of the caregiver
- Legs of the caregiver supporting hips and back of the child



Use activities for relaxation

The child is made to see toys placed above him

ABNORMAL POSITION

- Stiffness more in lower limbs
- The child sits with legs folded under his thigh and the heels touching his buttock (w sitting)



(Stiff child)

CORRECTION

- Make the child sit between the legs of the caregiver with legs extended and straight
- The child's head and back should be straight and supported by the caregiver.



Use activities for relaxation

- Hands of the child should be kept free to play and manipulate
- Ensure that the caregiver legs are streched out and thighs of the chid are held close

ABNORMAL POSITION

- The child stands with stiff crossed hands and stiffness in the neck.
- ❖ Child's knees are bent
- Fisting of hands may be present



(Stiff child)

CORRECTION

- ♣ The child should be made to stand in between the legs of the caregiver, holding the hips of the child with his knees
- Facilitate opening of hands and straightening of fingers



Use activities for relaxation

❖ The child's hands should be opened and made to hold the objects.

ABNORMAL POSITION

- The child is standing with stiffness in hands and legs
- Body titled forwards



(Stiff child)

CORRECTION

- The child should be made to stand straight
- Support the hips of the child with caregiver's hands
- * Knees to be held straight in between
- straight in between cargivers thighs



Use activities for relaxation

 Allow the child to play with toys at elbow level