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EARLY INTERVENTION FOR MOTOR PROBLEMS

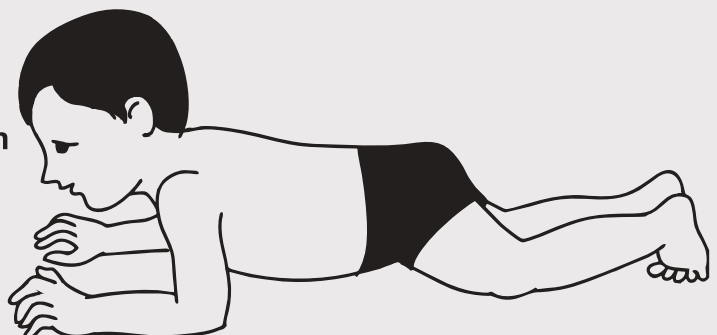
HEAD CONTROL- Floppy Child

NORMAL CHILD'S HEAD CONTROL CRAWLING

With normal head control the child is able to:

- ✦ Maintain the head in midline
- ✦ Turn the head from side to side and up and down
- ✦ Hold the head upright

**IF THERE IS A DELAY OR ABNORMALITY
SEEK PROFESSIONAL HELP.**



ABNORMAL POSITION

- ❖ The child lies on his tummy. Head and shoulders are pressed down against the floor
- ❖ Arms tucked underneath his body. Is unable to lift the head, back, and shoulders
- ❖ Cannot bring arms forward to take weight on them



(Floppy Child)

CORRECTION

- ❖ Caregiver to lie on the back
- ❖ Use a pillow to support the head
- ❖ Place the child on the chest facing the caregiver
- ❖ Hold up the child by placing hands under the chest
- ❖ Encourage the child to look at the face of the caregiver
- ❖ Encourage the child to lift and hold the head



Use activities to build up tone

ABNORMAL POSITION

- ❖ Incorrect way to carry a 'floppy' child who has no head or trunk control
- ❖ Head falling on the chest
- ❖ Head falling back
- ❖ Trunk bent forward
- ❖ Rounded back
- ❖ Legs held wide apart or hanging down



(Floppy Child)

CORRECTION

- ❖ The correct way to carry a 'floppy' child his legs are bent and held together
- ❖ Firm support is given at the hips
- ❖ This helps the child to extend his head and back



Use activities to build up tone

ACTIVITIES FOR STIMULATION

Visual : Stimulate the child to lift his head up and watch the mother's face or bright colored toys. Stimulate the child to lift his head upwards and watch himself in mirror, placed above his head. In this position on the child is able to see persons and faces in front, track toys or objects from one side to another, see self image in the mirror.

Auditory : For auditory stimulation sing or talk to the child as much as possible. Musical toys, alarm clocks can also be used for auditory stimulation. These help the child to turn towards the sound, track sounds, respond to calling, Helps in movement of the head upwards and from side to side.

Tactile : Stimulate the child to touch the face of the mother and tickle the child at the neck. Rubbing on the back of the neck may help in lifting the head.

