

6-12 months

12. Starts to show hand preference (eg. left hand - right hand).



13. Pushes or pulls large toys, cars, trucks etc.



14. Will imitate - ringing bell stirring spoon in cup etc.



15. Starts to show interest in pictures



TOYS REQUIRED : Rattles, mobiles, ball, small objects, soft toys, squeezing toys, blocks, pegs, simple puzzle boards (2-3 pieces) spoon, cup, pull along cars, trucks, buses, bell, picture cards, books with clear pictures etc.

12-18 months

1. Holds a crayon and imitates scribble.



2. Builds tower of two cubes or beakers.



3. Enjoys putting objects in and out of container.



4. Plays with dolls, involves in acts like combing, feeding, dressing etc.



5. Enjoys playing with musical toys.



6. Enjoys watching pictures in books (turns several pages at a time).



7. Enjoys nursery rhymes and tries to join in.



8. Obeys simple instruction eg. : sit down, come here, give, take etc.



TOYS REQUIRED : Crayons, notebooks, drawing sheets, blocks, build-up beakers, construction toys, pegs, containers, tea set, kitchen set, drums, telephone, picture books, rhymes cassettes/ book etc.

FEW MORE TIPS

1. Always select the toys which can be used in various situations.
2. Also use household objects for play which are safe for the child to use.
3. Prepare toys at home using available materials which are less expensive and it also makes you feel proud and happy when your kid plays with them.

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Early Intervention to IUGR Children At risk for Developmental Delays

EARLY INTERVENTION SERIES



PLAY



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Children learn through play. The right play material at the right time is not only enjoyable but also helps the child to learn new things.

Avoid following things while selecting the toy.

- ◆ Toys with sharp edges.
- ◆ Metal toys as they get rusted, hurt the baby if baby mouths it.
- ◆ Small objects, beads, buttons on toys which could be swallowed by child.
- ◆ Painted toys, when paint can be toxic.

Select toys that are

- ◆ Colourful and attractive
- ◆ Non-toxic
- ◆ Washable

Some of the toys can be sound making, dangling and mobile or animated type.

The following table gives you the approximate age of child, child's activity and toys to be bought or made at home.

Age	Activity
0-6 months	1. Being social play with mother or care taker



0-6 months

2. Can hold and look steadily at a small toy given to him.



3. Can grasp an offered rattle with whole palm.



4. Shakes rattle, takes it to mouth and leaves it.



5. Can drop rattle by opening hands.



6. Can hold rattle between two hands with support.



6-12 months

1. Stretches to grasp toy in sitting position.



2. Can hold a small toy or object in both hands simultaneously (without any support).



3. Can pass a toy from hand to hand.



4. Starts looking for a toy hidden in front of him.



5. Will drop a toy and see how and where it falls.



6. Bangs/shakes/slides toys to produce sounds.



7. Picks up an object/toy from floor.



8. Pokes a toy or an object with an index finger.



9. Grasps small toys/objects between thumb and finger.



10. Can take pegs out of holes.



11. Picks up small objects with thumb and index finger.

