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NIEPID/DMS/ANX/29:A

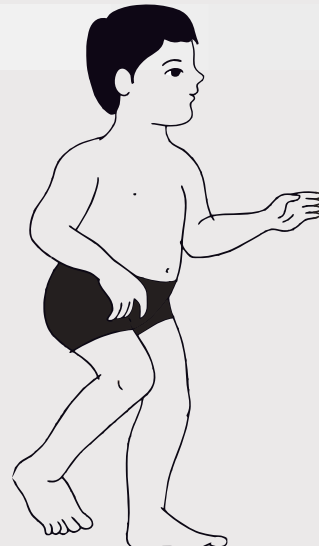
EARLY INTERVENTION FOR MOTOR PROBLEMS

WALKING- Floppy Child

NORMAL CHILD WALKING

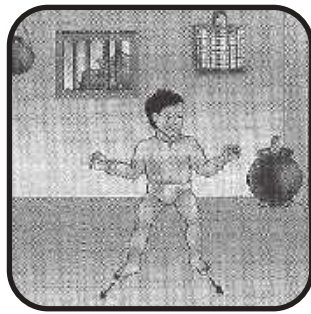
- ✦ Head and trunk are in alignment (in a straight line)
- ✦ Alternate leg movements with proper weight bearing
- ✦ Alternate arm swing movement with trunk rotation

IF THERE IS A DELAY OR ABNORMALITY
SEEK PROFESSIONAL HELP.



ABNORMAL POSITION

- ❖ The child walks with wide based legs and
- ❖ Stretching the hands to the sides
- ❖ Unstable walk



(Floppy child)

CORRECTION

- ❖ The child should be made to walk in a narrowed path holding the toys with hands.
- ❖ Caregiver is supporting with hands over the child's shoulders to avoid forwards bending.



use activities to build up tone

ABNORMAL POSITION

- ❖ The child walks with wide based legs and
- ❖ Stretching the hands to the sides
- ❖ Unstable walk



(Floppy child)

CORRECTION

- ❖ the child should be made to climb stair along with the parent holding child's hand. The child should be made to walk on uneven surface, like walking on sand without support.



use activities to build up tone

ACTIVITIES FOR STIMULATION

Visual Stimulation : Place the child at one end of the room and stand at the other end of the room holding a bright toy or a candle or a torch. Encourage the child to walk and come closer to you to reach the toy or torch.

Auditory Stimulation : Encourage the child to walk with the help of a walker. Tie a bell to the handle of the walker so that the child enjoys the sound while walking.

Tactile Stimulation : Make a tactile board by pasting triangular or square shaped pieces of different textures such as coconut coir, sand graded and rice bran on the basis of its coarseness. Make the child walk on it by guiding him with your support if he is not able to walk independently.

The material used should be smooth and soft for a spastic child and rough and coarse for a floppy child.

